

Two of the writer's patients who had sojourned at Morehead last summer express themselves as feeling almost entirely well, while a third was greatly benefited. After discoursing upon the facilities of this place, Dr. Haywood concludes by recommending it not only to consumptives, but also to the anæmic, uterine cases and to persons suffering from general debility.

WRITER'S CRAMP.

M. Wolf (*Le Progrès Medical*, 1882, No. 3) has earned a considerable reputation by his success in the treatment of this class of affections. His system consists in a combination of gymnastics and massage. He makes his patients execute movements in all directions with the affected hand for a half an hour to an hour and a half at a time, three or four times a day; and, in addition, the muscles involved are stretched more or less forcibly three or four hundred times daily. He also uses massage and friction, and attaches considerable importance to percussing the affected muscles. The most essential part is the extension of the spasmodic muscles.—*Alienist and Neurologist*.

LOSS OF HAIR.

In case of general thinning and loss of hair when the exciting cause has been largely due to dandruff of the scalp:

℞. Tinct. of saponin..... ʒ iss.
 Fluid petroleum..... ʒ j.
 Hydrarg. oleate..... ʒ iss.

Sig. Shake well, after which pour a small quantity in the palm of the hand, rub between the hands and then apply with friction to the scalp.—*Medical Times*.

LEFT SIDE PAIN.

We frequently have patients come to us complaining of pain in the left side, who are otherwise apparently healthy, and we are at a loss to account for the pain. At a recent meeting of the Academy of Medicine, in Ireland, Dr. Wallace Beatty read a paper on this subject, which we read in the *Medical Press and Circular*, January 3, 1883. He considers the pain, in many instances, due to fecal accumulation, and it can be removed by getting rid of the accumulation. The pain is felt over the lower few ribs on the left side, associated with great pain on upward pressure of these ribs, but no pain on downward pressure. He ascribes the pain to the dragging of a loaded colon on the pleuro-colic ligament, setting up extreme irritability of the nerves.—*Phil. Med. Reporter*.

TREATMENT OF VULVAR PRURITUS.

M. Bernier (*Journal Med. et de Chir. Pratiques*) after trying all forms of application in a case, found that most benefit was obtained from the following unguent:

℞. Ung. diachylon simpl. (Fr. cod.), ol. olivæ, aa equal parts. M.

On the other hand, M. Delaporte recommends, in the same pruriginous affections, the following lotion:—℞. Sodæ carbolat., ʒ ss.; aquæ colon., iiss.; glycerinæ, ʒ iiss.; aquæ, ʒ x. M.

Lotions with this wash should be made whenever irritation is intense, and particularly at bedtime. The liquid should be applied cold, with a fine sponge.

AN ELECTRIC LAMP.

The *Boston Traveller* of January 2nd says:—Of all the attempts which have been made of late to utilize the wonderful resources of electricity for domestic purposes none have been more strikingly successful, and few are so interesting to a wide range of readers, as the new invention of the Portable Electric Light Company, whose manufactory, at 79 Water Street, is now a scene of the greatest activity, both day and night. The instrument from which this Company takes its name is a small and compact piece of mechanism, occupying a space only five inches square, and it can be readily carried from room to room as it weighs but five pounds. It is so constructed as to furnish electricity whenever desired for a large number of important and constantly recurring domestic uses. When provided with simple window, safe or door attachments, it serves as an unailing and starting burglar alarm, the trespasser being confronted with light and bell instantly; and is equally adapted for the ordinary uses of a call bell. As a lighter, it is perfect, being capable of producing instantaneous light in any part of the house, by adjustments furnished by the company. It can also be attached to a medical galvanic coil by which a powerful current of electricity can be conveyed. Many prominent business men are interested in the Company, which was incorporated under the laws of Massachusetts, and is enjoying already a most gratifying success. Orders or inquiries should be addressed to the business office of the Company, No. 25 Water Street, Boston. We understand that this instrument is sold at the low price of five dollars: ten dollars complete with attachments.

BEEF TEA.

Dr. Ridges gives the following directions for preparing an article, which really is what it purports to be, and far superior to any of the so-called extracts of meat: