

Help

Is needed by tired, weak women, all run down because of poor, thin blood. Help is needed by nervous people and those tortured with rheumatism, neuralgia, dyspepsia, scrofula, catarrh. Help comes quickly when Hood's Sarsaparilla begins to enrich, purify and vitalize the blood and send it in a healing, invigorating stream to all the nerves, muscles and organs of the body.

Hood's Sarsaparilla

Is the One True Blood Purifier. Small size, 2s. 9d.; large, 4s. 6d. Sold by all chemists, or by post of C. I. Hood & Co., 31, Snow Hill, London, E. C.

Hood's Pills are the only pills to take with Hood's Sarsaparilla.

Dominion Stained Glass Co.



Established 1881.
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CHURCH DOMESTIC and ORNAMENTAL GLASS.
Correspondence Solicited.
Designs with Estimates on application.
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Synod of Toronto and Kingston

The Synod of Toronto and Kingston will meet in the Presbyterian church, Collingwood, on Monday, May 11th, 1899, for Conference, at 8 o'clock p.m., and on Tuesday, May 12th, at the same hour for business.

The business committee will meet on May 12th, at 4 p.m.

All papers to be brought before Synod should be sent to the undersigned, at least ten days before the meeting.

All members are requested to procure standard certificates from the railway ticket agents, to enable them to return at a reduced rate.
JOHN GRAY, Synod Clerk.

Orillia, April 10, 1899.

MEN AND WOMEN

Teach to make Crayon Portraits in spare hours at their homes by a new copyrighted method. Those learning my method will be furnished work by me, by which they can **EARN \$8 TO \$16 A WEEK.** Send for particulars to M. A. SHIFF, German Artist, Tyrone, Pa.

Love Thyself Last.

Love thyself last. Look near; behold thy duty
To those who walk beside thee down life's road;
Make glad their days by little acts of beauty,
And help them bear the burden of earth's load.

Love thyself last. Look far and find the stranger
Who staggers 'neath his sin and his despair;
Go lend a hand and lead him out of danger,
To heights where he may see the world is fair.

Love thyself last. The vastnesses above thee
Are filled with Spirit Forces, strong and pure,
And fervently, these faithful friends shall love thee,
Keep thou thy watch o'er others, and endure.

Love thyself last; and oh, such joy shall thrill thee
As never yet such selfish souls was given.
Where'er thy lot, a perfect peace will fill thee,
And earth shall seem the ante-room of heaven.

Love thyself last; and thou shalt grow in spirit
To see, to hear, to know and understand.
The message of the stars, lo, thou shalt hear it,
And all God's joys shall be at thy command.

Love thyself last. The world shall be made better
By thee, if this brief motto forms thy creed.
Go follow it in spirit and in letter,
This is the Christ religion which men need.

"When a boy," said a prominent member of a church, "I was much helped by Bishop Hamline, who visited a house where I was. Taking me aside, the Bishop said, 'When in trouble, my boy, kneel down and ask God's help; but never, climb over the fence into the devil's ground, and then kneel down and ask help. Pray from God's side of the fence.' "Of that," said he, "I have thought every day of my life since." Continuing, he remarked: "Sanford Cobb, the missionary to Persia, helped me in another way. Said he: 'Do you ever feel thankful when God blesses you?' 'Always.' Did you ever tell him so?' 'Well, try it, my young friend; try it, my young friend; try it, try it. Tell him so; tell him aloud tell him so that you will hear it yourself.' That was a new revelation. I found that I had only been glad, not grateful. I have been telling Him with grateful feelings ever since, to my souls help and comfort." - *Young M.'s Era.*

self=help

You are weak, "run-down," health is frail, strength gone. Doctors call your case anæmia—there is a fat-famine in your blood. **Scott's Emulsion** of cod-liver oil, with hypophosphites, is the best food-means of getting your strength back—your doctor will tell you that.

He knows also that when the digestion is weak it is better to break up cod-liver oil out of the body than to burden your tired digestion with it. Scott's Emulsion does that.

Scott & Bown, Belleville, Ont.

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Taken Internally, It Cures Diarrhoea, Cramp, and Pain in the Stomach, Sore Throat, Sudden Colds, Coughs, etc., etc.

Used Externally, It Cures Cuts, Bruises, Burns, Scalds, Sprains, Toothache, Pain in the Face, Neuralgia, Rheumatism, Frosted Feet.

No article ever attained to such unbounded popularity - *Science Observer.*
We can bear testimony to the efficacy of the Pain-Killer. We have seen its magic effects in soothing the most violent pain, and know it to be a good article - *London Standard.*
Nothing has yet surpassed the Pain-Killer, which is the most valuable family medicine now in use. - *Travellers' Guide.*
It has real merit as a means of removing pain, no medicine has ever acquired a reputation equal to Perry Davis' Pain-Killer. - *Newport News.*
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Piles, Sores, Burns, Colds, **CURES** Rheumatism, Sore Throat, Hoarseness, Catarrh, Chilblains, Inflamed Eyes, Wounds, Bruises, Sprains, Headache, Toothache.

Use POND'S EXTRACT after Shaving—No Irritation
Use POND'S EXTRACT after Exercising—No Lameness
POND'S EXTRACT OINTMENT is simply a marvel. How instantly it cures Piles. What relief from excruciating pain 50 cts.
For CURATIVE Pond's Extract for genuine cures. Buy imitations for imitation cures.
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