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A pinch of sait added to the white of eggs will make them beat up quicker and lighter.

Prick a nutmeg with a pin, and if it is fresh and good oil will instantly spread about the punture.

To ascertain if an egg is fresh put it in a pail of water. If good it will sink immedi-ately; if it floats it is doubtful.

Half a teaspoonful of sugar will nearly always revive a dying fire, and it is always a safe thing to use for this purpose.

Carpet moths do not like to make their nests where salt has been, and one may often get rid of them by scrubbing the floor with strong, hot salt and water before laying the carpet. Sprinkle the carpet lightly with salt every week before sweeping; this not only destroys moths, but brightens the colors in the carpet.

Fried Beefsteak.—Pound the steak well, roll it in flour as you would fish, and fry it in a tablespoonful of very hot lard. When it is nicely browned, add one and one-half cupfuls of boiling water, and let it boil for two or three minutes. Steak is very tender when cooked in this way, and the gravy is simply delicious.

Tomato Wine.—In canning tomatoes use the extra juice, adding three pounds of sugar to each gallon of juice, and proceed as by other wine. It has no taste of the tomato.



Chops and Sauce.-Dip in egg and crumbs and fry. Pour over gravy of braided flour, hot water, capers, and soy in the proportion of one small tablespoonful to four chops

Calf's Heart Roasted .- Put the heart in lukewarm water for an hour, then wipe it dry; stuff it with a nice and highly seasoned veal stuffing, cover it with buttered paper and let it roast in a good oven from one-half hour to one hour, depending on the size; serve it with any good gravy.

Ginger Pudding .- Ingredients: Halfpound of flour, quarter-pound of suet, halfpound of nour, quarter-pound of suet, half-pound of moist sugar, two large teaspoonsful of grated ginger. Shred the suet very fine, mix it with the flour, sugar and ginger; stir all well together. Butter a basin, put the mixture in dry, tie a cloth over, and boil for three and a-half hours.

Pound Cake.—One-half pound butter, one-half pound sugar, four eggs, one-half pound flour, one-half nutmeg, one ounce candied peel chopped finely, one ounce ground almonds. Beat the butter and sugar to a cream, add the nutmeg, almonds, and peel, lastly stir in the flour, bake in buttered patty-pans or dariole moulds for one-half

To stop a burning chimney, close the doors and throw two or three handfuls of salt on the fire. The reason for the efficacy of this method is that salt generates mur-iatic acid gas, which is a prompt extinguish-er of fire. If the entrance to the chimney be constantly swept around when the grate is cleaned the danger of fire is reduced to a minimum.

Golden Toast-Cut bread into even pieces, toast and butter them, and moisten them with hot water. Boil six eggs hard. Separate the whites from the yolks; chop the whites and press the yolks through a colander or sieve. Make a white sauce, using one tablespoonful each of butter and flour cooked together, and then add a cup-ful of cream or milk. When it is well thickened add the chopped whites and season with pepper and sait. Spread this mixture on the slices of toast and cover the top with the mashed yolks. Sprinkle the yolks evenly over the pieces until they look very yellow. low. Serve very hot.

Sauce.—One large tablespoonful of but. ter, one cup of pulverized sugar, one tea-spoonful of vanilla, one large cup of boiling water, one teaspoon heaping full of flour. Beat butter, sugar and flavoring till very light and creamy. Put water in saucepan and add the flour, mixed in a little cold water. Cook this until like thin starch; add to butter and sugar mixture, beating briskly and pouring gradually. If the beating is not stopped for a moment the whole sauce will rise and be very toamy.

Beefsteak Pie. - Cut one pound of round steak in pieces about two inches square and when turned once, add one tablespoonful of butter. This must not be thoroughly cook-ed—just browned on outside. Parboil two potatoes, and when about half done cut in eights. Put both meat and potatoes in pud-ding pan, and season with one-half teaspoonful of salt and one-quarter teaspoonful of pepper. Cover with crust made as follows. pepper. Cover with crust made as follows. One cup sifted flour, one-quarter teaspoon in it is at and one heaping teaspooniul of baking powder. Into this rub one small tablespoonful of lard or butter. Moisten with milk until just soft enough to roll out, which usually requires about three quarters of a teacupful of milk. Cut slits in top and hake twenty minutes. Sometimes I and bake twenty minutes. Sometimes I add a few dumplings made of the crust to the inside of the pie.

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