

# Two Years in Bed and Rolling Chair

## Mrs. Wilson Gave up Hope. Gains 25 Pounds on Tanlac and Is now a Well Woman

"For two years I spent all my time either in the hospital, in bed, or in a rolling chair and during that time I was given up to die and I don't guess I would be here now if it hadn't been for Tanlac," said Mrs. E. O. Wilson, Mrs. Wilson is well known in Atlanta, Ga., her husband having been employed by The Constitution for a number of years.

"I was a great sufferer from chronic indigestion," continued Mrs. Wilson "and don't guess anybody ever had to go through with what I did. I was very weak and nervous and at times had those dreadful smothering sensations to the point of fainting. I had dreadful headaches, severe pains in my back and over my kidneys and my joints ached all the time. For two years I had to live entirely on boiled milk, toast and soft boiled eggs, and even that didn't digest well and would sour on my stomach. I didn't know what it was to get a good night's sleep. I took one kind of medicine after another until our house was almost filled with empty bottles, but instead of improving I was getting worse all the time. Finally they took me to the hospital for treatment, and I lay there for five long months, but even that didn't make me well. It was taking nearly every cent of my husband's wages to pay my doctor and drug bills, our drug bill alone a-

### DISTRICT MEETING

An Important Event Recently Held at Little River

The Annual District meeting of Digby County convened with the church at Little River Monday evening and Tuesday July 14-15. A better place, and a more hearty and generously disposed people, would be hard to find. There was room enough and provision enough for all the delegates in attendance and plenty to spare.

Much sorrow was expressed by our hosts and hostesses at the smallness of the delegation. Apparently they had been anticipating a full delegation from every church in the county. Their anticipations, however, were only partially realized. Their disappointment was considerably assuaged when they were informed that one of the largest and most representative delegations in the history of the work in Digby County was present to take up the work of the District.

All the pastors of the County save one, the pastor of Freeport, were present—and he would have been present had not some unforeseen circumstance arisen at the last moment making his attendance impossible. A goodly number of the churches were also represented by one or more delegates.

The three outstanding features of the meetings were: first, the devotional services led through by Rev. E. P. Calder, from Westport. The spirit and influence of these half hour, well attended, seasons of devotion, will no doubt be felt through the county. Bro. Calder was apparently at his best. His subject was a great one, "The Holy Spirit and the Church"—and was dealt with in a brilliant way. The few aspects of the subject dealt with were, one, "the preparation for the spirit"; two, "the coming of the spirit"; three, "conditions which produced the Pentecost"; and four, "the use of the power conferred by the spirit."

The second outstanding feature of the meetings was the reports of the churches. These were most encouraging. For the first time in many years the whole county, save Centreville, has pastoral oversight. There are eight pastors in the County actively and entirely engaged in the work of the pastorate, and two retired pastors who are giving much of their time to the work in this and Annapolis County.

Two reports of more than ordinary interest were given by Rev. J. H. Copeland, of Weymouth, and Rev. E. O. Steeves, of Tiverton.

About a year ago Bro. Copeland assumed the pastoral oversight of a combination of two pastorates, namely the Weymouth and New Tusket pastorate, and the St. Mary's Bay and North Range pastorate. To do the work on these two fields he had to cover a distance of some thirty miles and preach to some eight congregations scattered over that vast territory. He finds after giving the new arrangement a fair trial that the work is neither possible nor profitable, and so has decided to drop the St. Mary's Bay end and give his whole time to the Weymouth—New Tusket field. Some idea of the estimation of his flock may be gathered from the fact that his present field has decided to pay him the same salary as he received from the combined pastorates. Bro. Copeland is doing good work in the County; may the Lord continue to bless him in his labors.

Tiverton is a newly organized pastorate. Some time ago Freeport decided to hire a minister on its own account, to spend entire time at Freeport. This left Tiverton and Central Grove on their own initiative. Right away they set about the King's business in a kingly way; they having secured the services of Rev. E. O. Steeves at a salary of \$1,000 per year and purchased one of the finest properties in the community for a parsonage and adopted the duplex envelope system for the raising of church funds. This new arrival promises to be a giant amongst us.

The third item of special interest was the address of our missionary on furlough, Rev. Gordon Bars, at the Women's meeting on Tuesday afternoon. In a masterly and statesman-like way he outlined the work undertaken by us on the Telugu field showing an unprecedented opportunity for service with a corresponding responsibility as servants of Jesus Christ for the carrying on of that important work. The crying need of the work is, men and still more men, and money and still more money. This speech was but one of the many Bro. Bars gave in the County in behalf of missionary funds. His itinerary was so arranged that he was able to practically reach the whole County. On Sunday he spoke at Bear River and Greenland; Tuesday Little River; Wednesday, Freeport; Thursday, Westport; Friday, Tiverton. In this way we are hoping that our Denom-

### ANNAPOLIS ROYAL

Spectator  
Mrs. T. M. Buckler went last Friday to visit her old home in Maitland, Hants Co.

Mrs. J. E. Crowe and Mrs. J. A. Langille left last week to visit relatives in Halifax.

Miss Mary O'Dell left on Friday for Halifax, where she will take a course at Business College.

Miss Fannie Nickerson, of Cambridge, Mass., is the guest of her aunt, Mrs. H. B. Burnham.

Miss Eleanor Power, of Wolburn, Mass., Mrs. B. W. White and daughter Marguerite are guests of Mrs. Geo. King.

It is understood that Mrs. Willan, who had been stopping at the Hillside, has rented the house of the late Harry B. Burnham, on St. George St., and that Mrs. and Miss Burnham will go to Boston for the winter.

W. A. Conrod, of Halifax is substituting as teller in the Royal Bank in the absence of Alton Collins on vacation. He will remain here for some weeks to relieve others. Mr. Conrod was at one time in the agency at Weymouth, but is now to Annapolis.

Albert W. Barteaux and wife arrived here Tuesday to visit his uncle and aunt Mr. and Mrs. B. B. Hardwick. It is nineteen years since Mr. Barteaux left here with Mr. Hardwick to join the Pearlina business and was only back once for a few days since then, which was nine years ago. Mrs. Barteaux is a California lady and this is her first trip east. They will remain for some weeks. Mr. Barteaux is well remembered by the friends of his boyhood with whom he is busy renewing old acquaintanceships.

Miss Ruby Wood was bidden goodbye by many warm friends at the railway station yesterday on leaving for Horbert, Sask., which is between Swift Current and Moose Jaw, where she has accepted a position in a town school for a year. She was to be joined at Digby by Miss Crowley, former vice principal of the Academy

here, who would accompany her as far as Montreal on Miss Crowell's way to Red Deer, Alberta. The best of good wishes from Annapolis Royal go with both of them.

### A MOTHER'S TRIALS

Care of Home and Children Often Causes a Breakdown

The woman at home, deep in household duties and the cares of motherhood, needs occasional help to keep her in good health. The demands upon a mother's health are many and severe. Her own health trials and her children's welfare exact heavy tolls, while hurried meals, broken rest and much indoor living tend to weaken her constitution. No wonder that the woman at home is often indisposed through weakness, headaches, backaches and nervousness. Too many women have grown to accept these visitations as a part of the lot of motherhood. But many and varied as her health troubles are, the cause is simple and the cure at hand. When well, it is the woman's good blood that keeps her well; when ill she must make her blood rich to renew her health. The nursing mother more than any other woman in the world needs rich blood and plenty of it. There is one always unfailing way to get this good blood so necessary to perfect health, and that is through the use of Dr. Williams' Pink Pills. These pills make new blood abundantly, and through their use thousands of weak, ailing wives and mothers have been made bright, cheerful and strong. If you are ailing, easily tired, or depressed, it is a duty you owe yourself and your family to give Dr. Williams' Pink Pills a fair trial. What this medicine has done for others it will surely do for you.

A new Episcopal church is to be erected at the head of St. Margaret's Bay and the people there held a bazaar on labor day in aid of the funds.



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# Concerning Your Fall Shoes

**I**f you would secure service and satisfaction from your shoes this Fall, it is more than ever important that you should go to a reputable dealer in whom you have confidence, and see that the maker's trade-mark is on the shoes you buy. This for the reason that leather is now scarcer than at any time during the war, prices are higher, and some grades of leather are to-day almost unobtainable at any price.

Millions of pairs of shoes, millions of feet of leather, have been bought for the Nations of Europe whose stocks of footwear were entirely wiped out by the war. This has more than offset the reduction in demand for army shoes. And coming upon a supply of material which was already scarce, it has resulted in a situation which, for the time being, is serious.

Therefore, unless you have first-hand technical knowledge of shoes and leather, you must rely more closely than ever this Fall upon the reputation of the maker and of the retailer.

The retailer who has a reputation to sustain will not endanger it for the sake of a little extra profit. And no established manufacturer will stamp his trade mark upon goods which do not represent good value at a fair price.

The chances are that you do not feel any great interest in the leather market, or in the conditions which govern the manufacture and distribution of shoes. But you ARE interested—vitaly interested—in securing for yourself and your family reliable footwear at fair prices. And the value which you receive for your hard-earned dollars is inexorably determined by those same conditions which govern what we call the shoe trade. You cannot control them, any more than we can. But you CAN control your method of buying, so as to get the greatest possible value for every dollar you spend.

So we think it only just and proper to tell you, at the commencement of each season, what the conditions really are, so that you may base your buying judgment upon them.

### To Buy Wisely This Fall:

- FIRST:** Go to a reliable dealer whose reputation you know and whose judgment you can trust; and
  - SECOND:** Make sure that the trade-mark of a manufacturer whose standing is known is stamped upon the shoes you buy.
- Our booklet, "How to Buy Shoes," is gladly sent without charge to any address in Canada. Please address inquiries to our head office at Montreal.

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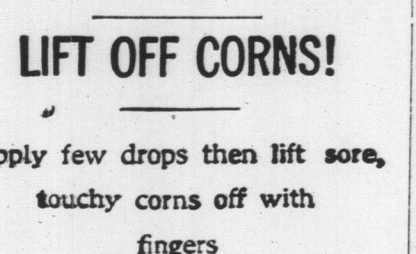
Most of the churches as yet have not raised half their allotment but the pastors are hopeful and will leave no stone unturned to put our County on the Honor Roll. To do this every church must raise its allotment.

What the county most needs at the present time is practised christianity. The question of winning men and women to Jesus Christ and the subscription of the necessary funds to carry on the work will take care of themselves once the membership of our churches practice what they profess. May the Lord grant us such a revival.

F. H. BONE,  
Sec'y.

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### NEW EXPRESS RATES

In accordance with the judgment of the board of railway commissioners, the tariffs of the express companies have been revised effective Sept. 1. While the new schedules provide for increased rates on merchants' shipments weighing 100 pounds and over, the charges on the smaller parcels are in some instances reduced. The special scale of rates on shipments over 50 pounds has been cancelled.

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### TRAVELLER'S GUIDE

## Dominion Atlantic Railway

Time Table Revised to April 1st 1919

| GOING WEST    |         |
|---------------|---------|
| Station       | Express |
| Middleton     | 11:37   |
| Bickton       | 11:44   |
| Lawrencetown  | 11:51   |
| Paradise      | 11:58   |
| Bridgetown    | 12:09   |
| Tapperville   | 12:20   |
| Road Hill     | 12:29   |
| Annapolis     | 12:42   |
| Upr. Clements | 12:53   |
| Clementsport  | 12:59   |
| Deep Brook    | 1:05    |
| Bear River    | 1:15    |
| Bear River    | 1:18    |
| Inverville    | 1:22    |
| Smith's Cove  | 1:28    |
| Digby         | 1:37    |

| GOING EAST    |         |
|---------------|---------|
| Station       | Express |
| Digby         | 12:00   |
| Smith's Cove  | 12:15   |
| Inverville    | 12:19   |
| Bear River    | 12:23   |
| Deep Brook    | 12:33   |
| Clementsport  | 12:43   |
| Upr. Clements | 12:53   |
| Annapolis     | 1:05    |
| Road Hill     | 1:19    |
| Tapperville   | 1:29    |
| Bridgetown    | 1:40    |
| Paradise      | 1:51    |
| Lawrencetown  | 1:53    |
| Bickton       | 2:05    |
| Middleton     | 2:12    |

R. U. PARKER,  
General Passenger Agent  
GEO. E. C. General

## H. & S. W. RA

Accommodation in Effect  
Wednesdays only  
Jan. 5th 1919

| Read down  | STATIONS         |
|------------|------------------|
| 11:10 a.m. | Lv. Middleton    |
| 11:41 a.m. | *Clarence        |
| 12:00 m.   | Bridgetown       |
| 12:32 p.m. | Granville Centre |
| 12:49 p.m. | Granville Ferry  |
| 12:52 p.m. | *Kensdale        |
| 1:30 p.m.  | Ar. Port Wade    |

Connection at Middleton  
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Dominion Atlantic Railway  
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Each Month thereafter

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