

COULD NOT SLEEP NIGHTS

Pains and Headaches Relieved by Taking Lydia E. Pinkham's Vegetable Compound

Dublin, Ontario.—"I was weak and irregular, with pains and headaches, and could not sleep nights. I learned about Lydia E. Pinkham's Vegetable Compound by reading the letters in the newspapers and tried it because I wanted to get better. I have got good results from it as I feel a lot stronger and am not troubled with such bad headaches as I used to be and am more regular. I am gaining in weight all the time and I tell my friends what kind of medicine I am taking. You may use my letter as a help to others."—Mrs. JAMES RACHO, Box 12, Dublin, Ontario.

Halifax Nurse Recommends
Halifax, N. S.—"I am a maternity nurse and have recommended Lydia E. Pinkham's Vegetable Compound to many women who were childless, also to women who need a good tonic. I am English and my husband is American, and he told me of Lydia E. Pinkham while in England. I would appreciate a copy or two of your little books on women's ailments. I have one which I keep to hand. I will willingly answer letters from any woman asking about the Vegetable Compound."—Mrs. S. M. COLEMAN, 24 Uniacke Street, Halifax, Nova Scotia.

MEDICAL

JAMES NEWELL, PH.D., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DR. G. N. URIE, B.A.

Licentiate General Medical Council United Kingdom. Member College Physicians and Surgeons of Ontario.

Successor to Dr. W. G. Siddall
Hours: 8.30 to 9.30 a.m.; 2 to 4 p.m. 7 to 8 p.m. Sunday by appointment.
Office, Residence Main St., Watford Phone 32.

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON

J. McGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

INSURANCE

THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY
(Established in 1875)

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W. G. WILLOUGHBY, Manager and Sec.-Treasurer
ROY E. McPHEDRAN Warden
Agent for Warwick and Plympton

CANADIAN NATIONAL RAILWAYS

TIME TABLE

Trains leave Watford station as follows:

GOING WEST
Accommodation, 11.11 a.m. 8.42 a.m.
Chicago Express, 11.15 a.m. 11.59 a.m.
Detroit Express, 8.30 a.m. 6.51 p.m.
Chicago Express, 9.11 p.m.

GOING EAST
Ontario Limited, 8.00 a.m. 7.48 a.m.
Chicago Express, 6.00 a.m. 11.22 a.m.
Express, 2.50 p.m.
Accommodation, No. 112, 6.08 p.m.
J.E. McTAGGART, Agent, Watford.

Common Sense Mothers

When her son falls in love with the wrong type of girl a mother has two alternative weapons which she may employ—frankness or finesse.

If she uses the first she will tell him quite openly that she does not like the girl to try to dissuade him from taking any further serious interest in her. If on the other hand she decides to use the second she will disguise her real feelings, show no signs of hostility and encourage him to bring the girl home as often as possible.

A few months ago my eldest boy who is twenty years old fell in love with a girl, who, apart from her physical charm had not a single point in her favour. She was selfish illiterate vain. She had no redeeming domestic virtues; she was wholly and absolutely engrossed in herself. What my boy could see in her I was never able to imagine.

But I did not tell him so. Nor did I by word or act ever let him know the estimate I had formed from the first moment I set eyes on her. On the contrary I used finesse, justifiable finesse I believe, didn't show the faintest sign of disapproval but rather encouraged my boy to bring her home on every possible occasion. He did so I think the infatuation lasted for only five weeks. Anyway it passed off to my infinite relief.

If I had acted otherwise I am convinced that my son would have become engaged to this girl. He would have dismissed any dislike or misgivings shown or expressed by me as pure prejudice. Cut off from the opportunity of meeting the girl at home he would have recourse to the movies the music hall and dancing establishments. For opposition invariably adds fuel to the flame of infatuation. When youth is given the chance of bringing a girl of this type to his home and of seeing her in the environment to which he is accustomed the scales of infatuation will soon fall from his eyes. Against such a background faults and defects both in manners and in disposition show up far more clearly than in the atmosphere of the dancing hall.

A HIGH GRADE SCHOOL!

ELLIOTT Business College

Toronto, invites the patronage of those who desire to get the best training for choice business positions. Write to-day for catalogue. Enter any time.

W. J. ELLIOTT, Principal.

USE

ELARTON SALT

—for—

Home-Cattle-Land

Unsurpassed for Strength and Purity

To be obtained from nearly every store in this District.

or

Elarton Salt Works Co.
WARWICK, ONTARIO ml 6-6m

A. D. Hone

Painter and Decorator

Paper Hanging

Watford - Ontario

Good Work, Prompt Attention

Reasonable Prices and Estimates Furnished.

Satisfaction Guaranteed.

Residence St. Clair street

Have You Tried Our

Malto Cream

Bread

IT'S REAL

Not an Imitation

F. H. Lovell

Bakery and Confectionery

Father Delorme Acquitted After Third Trial

Montreal, Oct. 31.—Rev. J. Adolphe Delorme, Roman Catholic priest, who for nearly three years has been in the hands of the police, and who in that time has undergone three trials on the charge of murdering his half-brother Raoul on the night of January 6, 1922, was acquitted late this afternoon after the jury had deliberated for over four hours. At 4:45 p. m., the jury returned to the courtroom and pronounced their verdict of "not guilty."

For a few moments there was some noise in the courtroom, then Alban Germain, counsel for the defence, moved that the prisoner be liberated.

"There is nothing further against this man your lordship," announced R. L. Calder, crown prosecutor.

"Then let the prisoner be freed," declared Mr. Justice Tessier. Turning to the jury, his lordship said: "Gentlemen, you are liberated."

Is Immediately Freed.
Father Delorme was immediately freed, and left the building with Lucien Gendron, one of the defence counsel, by a door which had not been opened for half a century. In this way the liberated priest escaped the thousands who were waiting outside the courtroom for a glimpse of him.

This was the termination of the third trial in one of the most interesting cases in the annals of Montreal. Disagreement of the jury in the first two necessitated the third trial, which has resulted in Delorme's acquittal. Additional to these, Father Delorme in June, 1922, was found insane by a special jury of the court of king's bench and was incarcerated in Beaumont asylum. Several months later he was discharged from the asylum on certificate of the superintendent that he was sane, and his first trial was begun on June 20, 1923. A second trial was necessitated by a disagreement of the jury, and this was begun February 25, 1924. The result of the second trial was the same as that of the preceding one, and Delorme was called upon to submit to a third, which opened October 6 before Mr. Justice Tessier.

Until the last two days there was little public interest in the third trial.

A Grateful Letter

From a Lady Made Well by Dr. Williams' Pink Pills.

"I wish from my heart that I could persuade every person who is run down in health to give Dr. Williams' Pink Pills a trial." Thus writes Mrs. Louie Mitchell, Oak Point, Man., who further says:—"About a year ago I was a weak woman, suffering from a run down system and impoverished blood. Any little exertion would cause my legs to tremble and my heart to throb violently. I could not sweep a room or walk fifty feet without being exhausted. Then I began taking Dr. Williams' Pink Pills and after taking only six boxes I am as well and strong as ever. I can walk and run without stopping every few seconds gasping for breath as previously. Dr. Williams' Pink Pills will be my stand-by in the future if ever my blood needs building up again, and I shall always find pleasure in recommending them to anyone needing a tonic."

There are many troubles due to weak, watery blood which can easily be overcome by a fair use of Dr. Williams' Pink Pills. The sole mission of this medicine is to enrich and purify the blood and when that is done all the varied symptoms of anaemia disappear, and good health returns. You can get these pills through any dealer in medicine or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

To Correspondents

Now that the holiday season is over we would like our correspondents to send in all the news they can. If you are not a regular correspondent and would like the news from your locality in the Guide-Advocate, let us know and we will send you all stationary required.

Speedy Relief

IS GIVEN TO COUGHS, COLDS AND BRONCHITIS WHEN TREATED WITH THIS WONDERFULLY EFFECTIVE HOUSEHOLD REMEDY

ROBERT'S

OF THE EXTRACT OF COD LIVER AND TAR

SYRUP

Thankful Mothers

Once a mother has used Baby's Own Tablets for her little one she would use nothing else. The Tablets give such results that the mother has nothing but words of praise and thankfulness for them. Among the thousands of mothers throughout Canada who praise the Tablets is Mrs. David A. Anderson, New Glasgow, N. S., who writes:—"I have used Baby's Own Tablets for my children and from my experience I would not be without them. I would urge every other mother to keep a box of the Tablets in the house." The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach; drive out constipation and indigestion; break up colds and simple fevers and make teething easy. They are sold by medicine dealers, or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Strangled with Asthma is the only expression that seems to convey what is endured from an attack of this trouble. The relief from Dr. J. D. Kellogg's Asthma Remedy is beyond measure. Where all was suffering there comes comfort and rest. Breathing becomes normal and the bronchial tubes completely cleared. This unequalled remedy is worth many times its price to all who use it.

GONE

He yelled for us
To take his dust
He's gone to—the
Right place we trust.
—Cincinnati Enquirer.

He tooted his horn,
We let his pass;
Now he's gone where
They don't use gas.
—Warren Tribune.

He hogged the road
At least he tried;
The last I heard
He had just died.
—Hastings Tribune.

He bent our fender,
And scratched our paint;
We hope he's gone
Where we know he ain't.
—Houston Despatch.

He passed us with
Much zip and zizz;
We hope he's gone
Where we hope he is.
—Macon Telegraph.

He passed us by
Like a lightning flash;
We were near the lake
And heard the splash.
—Hanover Post.

He turned the bend
On a wheel or two,
The fence looked most
As good as new.
—Carleton Place Canadian.

He tried to beat
The radial car,
But now rests calmly
Where no crossings are.
—Acton Free Press.

He tooted for
The railroad train;
He'll have no chance
To toot again.
—Port Colborne Citizen.

He pleaded great haste
On bended knees;
But St. Peter frowned:
"Five Dollars, Please!"

Discovered in 1513

Four hundred and eleven years ago an intrepid Spanish explorer and adventurer, Juan Ponce de Leon, by name, first set foot on land of luxuriant sub-tropical growth known to-day as Florida.

Since that time Florida has become perhaps the most alluring Winter Resort in the world. A warm-watered ocean offers bathing at its best; a few miles off-shore the monstrous and sporty Tuna and Tarpon await the more adventurous disciples of Isak Walton; a marvellous beach fringed with exotic palms, broad motor highways, scores of green, velvet-smooth golf courses—the whole steeped in glorious sunshine and perfumed with the fragrance of fruit blossoms and sub-tropical flowers.

Nature has lavished her bounties on Florida, and has moulded them for his convenience. There are facilities for every summer recreation—surf-bathing, deep sea fishing, boating, golfing, tennis, riding, motoring. Beautiful hotels, splendid apartments and bungalows house the visitor in luxurious comfort.

Canadian National Railways can offer a splendid service in helping you plan your visit. Any Agent will gladly supply full information and make your reservations. n17.14.21.23

FRUIT TREATMENT HEALS KIDNEYS

Concentrated Fruit Juices Give Astonishing Results

Anyone who has suffered with Weak or Irritated Kidneys—with the accompanying miseries of pain in the back, splitting headaches, swollen hands and feet, rheumatism and constipation—ought to try the Fruit Treatment for their trouble.

To those who use intensified fruit juices—"Fruit-a-lives"—for the first time, it seems almost impossible that the juices of apples, oranges, figs and prunes combined with tonics, could relieve Kidney Trouble.

But a short treatment of "Fruit-a-lives" gives quick relief and the regular use of these intensified fruit juices or "Fruit Liver Tablets" prove their marvellous virtues. Get "Fruit-a-lives" today and begin the Fruit Treatment. At all dealers; 25c. and 50c. a box; or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.



"I simply have to use Long Distance"

"I have sold as many as 32 customers in one morning by Long Distance. There is little difference in the cost of personal letters and Long Distance messages, and the advantage is all on the side of Long Distance. Competition in our line is too keen to take any chances."

When good customers are not too plentiful, why run chances by taking the time to write a letter that may have to be followed by another to straighten out some unexpected difficulty?

Be master of the situation. Call up your prospects by Long Distance and settle things immediately.



You Can Always Rely Upon Zam-Buk

Because it ensures swift, clean, antiseptic healing in cuts, bruises, burns, scalds, etc.

Because it dispels irritation, allays pain and inflammation, reduces swellings, and kills the germs of festering and blood-poisoning.

Because it quickly grows new healthy skin where injury or disease has damaged or destroyed the tissues.

Because owing to its purely herbal origin Zam-Buk is safer than, and superior to, any fatty pore-clogging ointment or salve containing crude mineral drugs.

For its wide range of usefulness and its instant healing power in skin ailments and injuries Zam-Buk is known as "a Surgery in a Two-ouch Box."

All dealers. 25c. box. 5 for \$1.25.

GET A BOX TO DAY!