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Before I took Lydia E. Pinkham's Vegetable Compound I could hardly get about.

Cobourg, Ont.—"For many years I have had trouble with my nerves and have been in a general run down condition for some time. I could not do my work half of the time because of the trouble with my monthly sickness. I was told of Lydia E. Pinkham's Vegetable Compound by friends and advised to try it. It has done me good, and I strongly recommend it. Since I have taken it I have been able to do all my own work, and I also know friends who have found it good. You can use these facts as a testimonial."—Mrs. ELLEN FLATTERS, Box 761, Cobourg, Ont.
Why will women continue to suffer so

Why will women continue to suffer so long is more than we can understand, when they can find health in Lydia E. Pinkham's Vegetable Compound?

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If you want special advice write to ydia E. Pinkham Medicine Co. (conficential), Lynn, Mass. Your letter will so opened, read and answered by swoman and held in strict confidence.

THE RAISING OF SHEEP

Canada has made big strides sheep raising during the past few years and we cannot afford to leave any impeliment in the way of greater sheep production is the gratifying pronouncement of the Chief of the Sheep and Goat Division in the Live Stock Bran h at Ottawa. This gentleman (Mr. A. A. MacMillan) in an article in The Agricultural Gazette of Canada for November gives an outline of the laws that have been from dogs and in tabulated form gives a summary of the provisions in the Acts of all the Line provinces, bywhich can at o ce be seen the differences in the various enactments.

CANDY PRICES COMING DOWN Amherst News: A local confection er informed us yesterday that candy prices had dropped all the way from 8 to 15 cents per pound during the past few weeks, and this was only a time. the beginning. The reason of course is that sugar has fallen almost half its original price and sugar is the main constituent of most candies. It takes some time however for the candy manufacturers to get their high priced sugar used up, and until this is gone, the cost to the consumer will not be reduced very much more Another factor which is naturally influencing the makers to keep the price steady is that the Christmas eason is about here with its usual heavy demand for sweets, and it would hardly be human nature to make a cut before advantage is taken of this abnormal seasonal demand "BUY AT HOME" After New Years, noweles, stant'al drop in the price of all confectionary is looked for.

A Series of Talks On Music

By Prof. C.C. Laugher, Mus. Bac Sarnia, Ont.

III. -EARLY TRAINING IN MUSIC All teachers are aware of the need or the best possible drill in life outline of the laws that have been the idea one to otten hears expression as ed for the protection of sheep sed is: since my child is only begining her studies, any teacher wil do If such a man is about to build a house, sha'l we hear him say: since I am only laying a foundation, any kind of tra hy material will do, but when I get to the roof I will engage

the finest roof makers in the world.

Then we will agree that just as the husbandman carefully prepares the ground before he puts in the seed so does the teacher, for the teacher will confine himself to one thing a

A true teacher will think more of his pulls' musical development than of the class he is likely to obtain, it is certainly up to the teacher to make

it interesting not amusing.

The child who is destined for a musical instruction in early life as is compatible with the child's health and receptivity.

Children learn far more rapidly than adults, the childs power of absortion in music study between the ages of eight and twelve is simply on rmous, between twelve and twenty it is less and still less between twenty and thirty and lamentably small between thirty and forty.

There are yet exceptional cases of asterishing development late in lift to the enormous ambition and indus-

neone separates a chi'ds musical education thus: 20 per cent. teacher, 60 per cent mother con rols the majority, if the mother exerts her majority, lucky will be the chi'd.

It is plainly observed that to obtain dexterity of the hands and the me hanical side of the instrumental performance, one should start young and should certainly make the f technique the most important.

Technic is like-money in the bank. a good thing to draw on when you need it but it is unlike money in the bank in this respect, that you can-not exhaust it by drawing upon it reely and frequently.

Euring the period of practice the major and minor forms will be deat with and it does seem strange that one should feel that the major and minor are opposite for they both present the same fale, now more joyous, now more serious and a mere truch of the pen suffice; to turn the one into the other.

An examiner once said to a can didate, you play very nicely, but why did you omit the two measures in the second line, also the middle section of the second page? Oh, said section of the second page? Oh, said she, Pa cannot bear the minor parts and I always leave cut those bits in order not to distress him when he is

It is needless to add that this is wrong, for the major and minor must be heard in contrast. Major and minor—conte tment and discontent -joy and sorrow—light and shade. These things make varie'y in music and by them you may remember some one piece that stands out from all others.

Often some incident which happen ed in your young student life will

have a lasting influence on you.

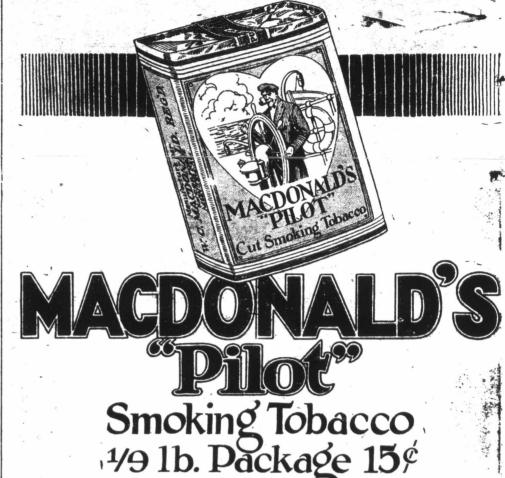
I remember reading of a little boy who's first attempt at instrumental music was with the bass drum, for when as a boy Haydn was studying in Hambourg it happened that his boy friends were invited to church in a grand procession, but the drumme was missing; one boy suggested Haydn, so he was lined up and we can assume that he acquitted himself

In after years he often recalled that he never recalled a prouder moment than when scantly clad and half starved, he marche1 pr udly among his boyish friends beating the las drum.

Acquiring musical knowledge should be a pleasure, because it comes naturally and should help to cultivate and improve our allest ons.

TAXING THE EX-KAIZER Holland has a raw trouble. Like other countries, it has ado, ted heavy income taxes, and the problem is to make the Ex-Kaiser pay his chare. It is reported that his income has been assessed at 1,500,000 guilders, which at normal exchange would equal 1600,000. But the ax-Kaiser apparently protested that his income varies on account of the fine-tuations of exchange, and was allowed a delay, and promised a reassessment. If the ex-Kaiser saved \$6,000,000 a year from the wreck of the war, he did not do so hally, and the thrifty Dutch doubtless hope he will live many years to pay income taxes. Meantime many ex-soldiers have no income to pay taxes or, and are facing the winter with misgivings. TAXING THE EX-KAIZER

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