

## NEWS FROM OVERSEAS

Items of More or Less Interest From Great Britain

Sir Theodore Dostford, of Grindon Hall, South Durham, is again seriously ill.

John Burns, M.P., conducted a large body of Dominion troops through the Houses of Parliament.

Miss Whalley Smythe Gardner, a cousin of Admiral Sir John Jellicoe, at Rowhams, Havants, celebrated her 101st birthday.

Frederick Hempster, who is 21 and 8 ft. 2 in. in height, is by far the tallest recruit in the British Army. He was born in Bayswater.

Charles Horton, of Otham, near Maidstone, who celebrated his 102nd birthday, is believed to be the oldest inhabitant of Kent.

Serjt.-Maj. Hansell, A. S. C., was killed at St. Albans through being run over by a motor lorry under which he slipped when alighting.

George Frederick Moseley, a retired confectioner, of Liverpool, fell from a L. and N. W. Manchester express train near Roby Station, Liverpool.

W. E. Denison, of Ossington Hall, Newark, who died aged 73, was M.P. for Nottingham from 1874 to 1880 and was a familiar figure in the cricketing world.

B. W. Beales will be the new Mayor of Cambridge. He has been on the Town Council since 1905, and is retired lieutenant-colonel of Cambridgeshire Regiment.

The King and Queen inspected, at Buckingham Palace, the new dental surgery car, the first of its kind designed for the use of the British Army in the field.

Jimmy Law who died after a long and painful illness was associated with many forms of sport, and was a close friend of the late W. J. Innes, "Pegasus," of London.

Jas. Cox, general secretary of the Associated Iron and Steel Makers of Great Britain, having completed 25 years' service, it is proposed to give him a national testimonial.

John William Nuttall, a famous bandsman, of Heywood, has been killed in action. He was a stretcher-bearer with Lancashire Fusiliers, and was shot through the head.

Frank Allen, of Moss Empires, appeared at Westminster Tribunal on behalf of the secretary, T. R. Osborn, who was granted a month.

The Chelsea coroner presented Miss Nora Russell, of Cheyne-walk with the Vellum Certificate of the Royal Humane Society for her gallant conduct in attempting to rescue a boy from the river.

Lying on his back, with his gun resting on his right arm, and the back of his head blown off, Chas. Hy. Falcon, a harrister on the Northern Circuit, was found at Kirkgate, Loweswater, Cumberland.

Four young men were at Old street Police Station sentenced to various terms of imprisonment for stealing £10 collected by them in the streets by selling flats on behalf of the "Earl Roberts Rest Home."

During the past season 52,000 crans of herrings were landed on the Northumberland and Berwickshire coasts, six times the quantity landed in 1915. The average price was 50s 3d a cran, as against 69s 5d last year.

We consider a man like you is not fit to be at large," said a northern magistrate, when sentencing a miner to six months for refusing to extinguish a light in his house when ordered by a special constable.

At Liverpool, Alfred Roberts, who wore the uniform of a mercantile

## Hopes Women Will Adopt This Habit As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert—vigorous and vivacious—a good clear skin; a natural, rosy complexion and freedom from illness are assured only by clean, healthy blood. It only every woman and likewise every man could realize the wonders of the morning inside bath, what a gratifying change would take place.

Instead of the thousands of sickly, anaemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking, each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it.

Wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and refreshing the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, should take a quarter pound of limestone phosphate at the drug store which will cost but a trifle but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside.

Because the skin does not absorb impurities to contaminate the blood, while the pores in the thirty feet of rowels do.

marine officer, was charged with giving false information to the alien's officer. He had sailed as third officer in a Bristol steamer. Four months in jail.

A new regulation under the Defence of the Realm Acts makes it an offence for any person to keep any bomb or projectile or any fragment of one, or any other article which may have been carried on an enemy airship.

The extensive works occupied by J. Newsome and Sons, woollen manufacturers at Batley, were totally destroyed by fire with damage of £61,000. A portion of Victoria Mills fell across the tramway lines between Dewsbury and Batley.

The autumn roach angling season has been early marked by an exceptionally heavy catch of 75 lbs., made by Mr. F. Wright in the Avon at Fordbridge, Hampshire. One of the roach weighed 2 lb. 2 1/2 oz. and another 2 lb.

Col. Wood Martyn, Royal West Kent Regiment, has sent a letter to Lord Derby expressing his gratitude to the promoters of the Liverpool Merchants' Mobile Hospital, where he and several of his men were treated for wounds.

In recognition of his services to the shipwrecked crew of the Britannic, of Hull, whom he rescued in the Mediterranean, the Board of Trade awarded a piece of plate to Capt. Telemaco di Pietro Poolinelli, of the Italian brigantine Maria, of Viareggio.

At the Woodside goods stage, Birkhead, a trailer, becoming detached from a motor-wagon when close to the top of the stage, crashed down the decline to the bottom. One horse was killed and several others were injured and other damage done.

A. J. Bolton, of Formby, who is dead, was an authority on coursing, and the kennels attached to his hotel sheltered many notable dogs competing in the Waterloo Cup. He was a district councillor, and chairman of the Formby Conservative Association.

## WOMEN'S INSTITUTE

The Tutella branch of the Women's Institute held its November meeting at the home of Mrs. Hargreaves, the president, Mrs. Hird, in the chair. Mrs. Duncan played the opening ode. A most interesting paper was read by Mrs. Denton on the Mohawk Institute and was nicely rendered by Misses E. Hargreaves and B. Makins. The members decided to continue knitting for the soldiers and to send Christmas gifts to our boys in khaki. The usual collection was taken up for Red Cross work. The singing of the National Anthem brought the meeting to a close, after which a dainty lunch was served by the hostess. The December meeting will be held at the home of Mrs. Littich.

To reach the age of four-score and two without having seen a railroad train was the experience of Ah Ping, a Chinese, who came to Redding, Cal., from Westerville, and left on the train the other morning for Fresno.

Already the parents of twin boys ten years old, Mr. and Mrs. Fred J. Hawley, of Seattle, Wash., adopted by decree of Judge Everett Smith, in the Superior Court, Mary and Margaret Erickson, twin girls sixteen months old.

## SIDE TALKS

By RUTH CAMERON

There are certain qualities in men and women, manifestation of which sends queer, fine thrills through one.

One is a physical courage; another is the moral courage of one's convictions; and another (and to me perhaps the greatest of all) is that splendid squareness that honors superiority even in a rival.

When two great tennis players shake hands after the tournament that has left one of them defeated, and the one who has lost looks the other in the eye and says "The best man won," I can feel a thrill so poignant that it is actually physical.

One can even get this thrill by reading of great men who have held this high humility.

Can You Imagine Anything More Sportsmanlike?

Take, for instance, the case of Turgenev, the Russian writer who was famous all over the world when Tolstol was practically unknown. Yet Turgenev himself considered Tolstol his superior, and tried to make others realize it by sending Tolstol's works to men of letters everywhere. When he lay dying he wrote to Tolstol: "I feel to have been your contemporary."

And yet even then he himself was still regarded as the greatest Russian writer!

I wonder if I have told you my favourite story of Thackeray. A young writer justified himself in some idiomatic expression that had been criticized by saying that Scott also used it. Whereupon Thackeray (who to me at least, is infinitely greater than Scott) replied: "It does not behave either of us to compare ourselves with that great and good man."

Now was Scott himself, deficient in this fine humility. Far from it he was a humble admirer of Jane Austen's works and said that he could do the big bow-wow strain himself!" but could never produce such delicate and wonderfully accurate pictures as she.

Edwin Booth once said that a Christian was one who rejoiced in the superiority of a rival; and Professor Phelps, to whom I am indebted for the quotation, comments: "If this be true, how few are they who will enter into the Kingdom of God."

With My Letter Friends Question—Please publish some game that would be enjoyed at a party of boys and girls between sixteen and twenty-five years old.

Answer—"Jenkins Up" is always fun; also "Pit" or "Pillow Dex," "Letters" or "Charades." If you want more definite information, write me for a personal answer.

## A Daily Treat—Always Acceptable and Delicious.

# "SALADA"

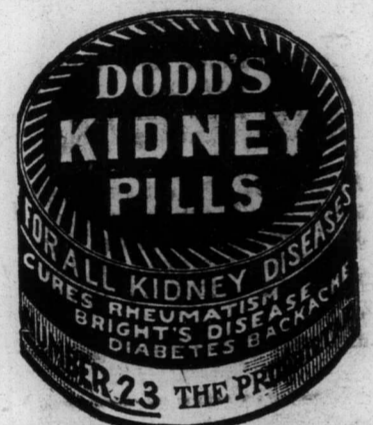
The Tea of all Teas.

Black, Green or Mixed } Get a package and enjoy a cup of Tea "In Perfection".

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Good soap is an economy. It is a necessity in the laundry and for all household purposes.

SOAP is good soap none better!  
N.P. Soap is economical  
—A big bar costs 15¢  
N.P. Soap is thrifty soap!



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Cut this out, fill in, and forward at once, or retain for future use.

## White Label Ale

FULL STRENGTH

## Invalid Stout

FULL STRENGTH.

JAMES A. BLEAKLEY, 1916  
Board of Trade Building, Montreal, Canada.

Dear Sir: Enclosed find \$....., for which forward to me the following:

..... Cases WHITE LABEL ALE, Quarts, at \$4.00..... (2 doz. to case.)	..... Cases WHITE LABEL ALE, Pints, at \$3.00..... (2 doz. to case.)
..... Cases WHITE LABEL ALE, Pints, at \$4.25..... (3 doz. to case.)	..... Cases INVALID STOUT, Quarts, at \$4.00..... (2 doz. to case.)
..... Cases INVALID STOUT, Pints at \$3.00..... (2 doz. to case.)	..... Cases INVALID STOUT, Pints, at \$4.25..... (3 doz. to case.)
TOTAL	

A refund will be made on return of empties as follows: 1 case, 2 dozen bottles, \$1.00; 1 case, 3 dozen bottles, \$1.25, with a deduction of 3c. each for any bottles short.

Name.....  
Street No.....  
Place.....  
Post-Office or express order for full amount of purchase must accompany each order.

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Because we bought our woollens direct from the mills, saving 25% to 40% by placing our orders long ago.

Because we are satisfied with only one small profit on every order---and take thousands of orders where smaller tailors only take one.

Because we buy for cash and sell for cash---eliminating the expense and loss of charge accounts and extended credit.

Because we have done away with all the handicaps of the small one-horse tailoring shop---which costs the consumer \$10 to \$15 extra on each suit or overcoat.

Because we make every order in our own great tailoring shop and employ specialists to do each part of the work---Our cutters and tailors are the best that money can engage. They know their business.

The man who still believes that the Big price alone can give him good clothes hasn't given much thought to the modern progress and efficiency of made-to-measure clothes making in a big way, and has never worn one of the Tip Top Tailors \$15 suits or overcoats.

## TIP TOP TAILORS

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