By FRANCES GREENMAN.

day; and I'm considering Killing Earl Haig."

"Why, Aunt Dell!" Clarissy Ann set down the old blue plate so suddenly and violently that a biscuit bounded off and landed in the pickle dish.

"I thought," said Pa Dallas, "Earl Haig was for Thanksgiving. Must be real special guests."

"Extra," agreed Ma.

The next morning there was assembled in the Dallas kitchen a wonderful assortment of "cookeries"—a term that Peter and Clarissy had coined for lard and flour, eggs and cream, and other wherewithals needful for the creations for which Ma was famous.

Clarissy ran down and up the cellar

creations for which Ma was famous.

Clarissy ran down and up the cellar stairs until she felt like a squirrel. She creamed butter, beat eggs and made six trips to the spring house. While on a flying visit to the barn for strictly fresh eggs she confided to Peter that from indications the King of all the Belgians was to dine with them on the morrow. "But she's weakon Earl Haig; she says she want to overdo her repara-

Overdo what?" Peter laid down a Moverdo what?" Peter laid down a monkey wrench and stared at his sister's flushed cheeks and tousled curls.
"I don't know, and if she'll only leave Earl Haig alone I don't care. He'll weigh a good twenty-five pounds by Thank roiving."

is "f don't know, and if she'll only leave Earl Hang alone I dot a fair which they will be sound financial credit to in your death of the care. If we choose that road, 'said Ted McCons. the other,' said the good treath a good treathy for pounds. The consequence of the consequenc

not defined."

"Now I wonder what Ma's up to?"
said Pa as he started down the step.
"Remember," cautioned Clarissy,
"not to be surplified even if it's a
French general and an extra king—
this is Aunt Dell's day, and we've got
to mind."

a river and flow
it falls into a le
orated into the
into the river.

Central Afric
to get much of

In the farmhouse living room the

"That was a rattling good dinner we ate at Dallas's," remarked Mr. Tom Hart, "and she told us the latchstring.

The next day when a smart gray automobile drove into the farmyard about noon, Mr. Dallas, Peter and Clarissy Ann were as curious as quails. "Well, I do know!" exclaimed Peter as four men climbed out of the car. "If it isn't the commissioners!" "Who are the other two?" asked Clarissy. "I calculate," said their uncle. "that I better go right down to meet them and—find out."

Ma suddenly appeared in the doorway enveloped in a very clean, very much starched gingham apron over her neat sprigged calico dress. Malooked "folksy," but not at all "companified."

"Naw I wonder what Ma's up to?" it fells into a clear and flows back to the ocean, or "tree and flows back to the ocean by subterranean passages, it falls into

it falls into a lake and is either evap-orated into the clouds or finally gets

Central African tribes use fish traps to get much of their food.

Irrigation Development in Southern Alberta.

Rapid development of a new coun try leads to the extensive use of land, with labor as the limiting factor. In

Getting paper and pen and ink, Ma wrote a letter. As she put on the stamp she said aloud, "I'll not try to use one mite of "influence," either There shan't be a word said about roads, not one word." She sighed as ahe pushed up her spectacles. "Seems and when my body can only live one in the world that it has to ride over the sort of road it does; but we letted Tom Hart and Billy Mix, and now we'll have to ablide their decision. I've thought all day, and I don't get any nearer "influence" than I was this morning. I'll lay it away in lavender that road, and tend to the business of making it up to Ted McCool."

In two days the mail carrier on R.R. 4 lette a letter for Mrs. J. Dalias. Every line of her face expressed satisfaction as she read it. "I'm not so sorry I synaked him now," she said to herself. "No, I'm not sorry at all."

"Folks," announced Ma as she poured coffee at the foot of the dimertable, "day after to-morrow we get company for dinner."

"You're going to give us all we confeed the mainty and have time they are here. I don't wantom ow word said about roads, either foreign or domestic. No matter what comes up, or who, roads are to rest all day; and I'm considering killing Earl Haig."

"Why, Aunt Dell!" Clarissy Ann set down the old blue plate so suddenly when he lod blue plate so suddenly when he cold blue plate so suddenly when he cold by the plate so suddenly when he cold by the plate so suddenly when he cold blue plate so suddenly when he cold blue plate so suddenly when he cold when plate so wideling the restant has been and the there were not necessary to the strength of the maintenance of soil gertility. In one strength of the maintenance of soil gertility. In one strength of the maintenance of soil gertility. In one are the foreign or domestic. No matter what comes up, or who, roads are to rest all day; and I'm considering killing Earl Haig."

"Why, Aunt Dell!" Clarissy Ann set down the lold blue plate so suddenly when he cold blue plate so suddenly when he cold when plate so will be a subject

says,
"Another day is gone." Give me the man who sings in thick of

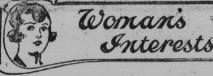
"Soon will be dawn!"

I have no patience with the man who holds
Life as a beggar's tale, Give me the man with iron will to

climb And courage not to fall.

He dies indeed who never sees the sun, Nor hears the song of rain, But his is immortality on earth, Whose every loss is gain!

Alarm clocks, better than the German pre-war models and almost as



The Home Surroundings.

On a long trip the other day in a comparatively long-sattled country, I observed the farm houses along the way. Some were modest little places where the owners were evidently having a hard time to make ends meet, or had very recently moved on to the farm; others were occupied by renters but many of them were the homes of well-to-do resident owners. Not a few well-to-do resident owners. Not a few were backed by a fine set of buildings, surrounded by quite elaborate fences, quite pretentious in their architecture and yet they were barren looking places with nothing cozy and comfy appearing about them. And why? appearing about them. And why? Only because of the lack of a few

Perhaps the owners do not care, but strangers and buyers notice lack of moisture and tends towards the maintenance of soil fertility. In one area where soil-drifting has been eral hundred dollars' difference in the sale value, especially if the buyer happens to have his wife along.

people within those walls, especi-the women, are worked to death the lack of modern conveniences which they could well afford to have, and are so worn out with the duties within doors that they have no time nor energy left to enjoy their worth-while opportunities. Nearly everyone of those tell-tale yards advertises to all who pass by, that the man dwelling and gravy he was a direct descendant of Oliver Twist, Ma felt that her dinner was successful.

The commissioners were astonished that roads were not a topic of conversation. They were fully persuaded, however, that no one except the two experts they had hired could exert a bit of influence. Thinking how kind Ma Dallas had been to invite young Ted McCool to dinner and to bring with him any friends he wished, they showed their gratitude in a way that pleased Ma.

"It takes her to cook a round dinner," thought Pa Dallas. "Some women make a meal too square. I hope Mr. Paul can swim, for he's liable to drown himself in cream if he don't wark out."

The day was older by three hours when the gray automobile passed through the big gate. As the car neared the county town Billy Mix, at the wheel, called to the two men in the tonneau:

"Well, which road are you for? You lave seen both."

"That was a rattling good dinner are at at Dallas's," remarked Mr. Tom at a Dallas's, and over dry land has been to invite young the big date. As the car are not all-Canadian make up a total to the two men in the tonneau:

"Well, which road are you for? You have seen both."

"The Alberta Government has opened to push the Dominion Government with a view to evolving some plan to finance the Daltaria. There are other areas where the lands could be watered from all-Canadian the bound to the two men in the fall, when the sun is a dentify the proper conversation to the tensults been for the results on the results on the first the results on the results of the

"That was a rattling good dinner we ate at Dallas's," remarked Mr. Tom Hart, "and she told us the latchstring was out whenever we happened along."

"We'll have to go out that west road to inspect the work from time to time—if we choose that road," said Ted McCool.

"Considering that one road is about as had as the other," said the goodsection; see what kind they are, and decide where they ought to be located. Then put them down on your docket to Then put them down on your docket to herming on the bed.

Then put them down on your docket to herming on the bed.

Then put them down on your docket to herming on the bed.

Then put t not grow up in time to do you any good. They will be a good size before you realize it. If they are needed, plant them; even if you cannot get the benefit of their shade, the next fellow herein the son in the will; and he is a real man who considers this next fellow, since earlier tree planters have benefitted him.

Reminders for Mothers.

Why should babies be weighed? Because it is one of the best ways by which the steady thriving of an infant

can be ascertained.

How often should children be weighyear, or thereabouts. Twice a year without removing the handkerchief after that.

after that.

If a baby loses weight it shows there is something wrong, probably with its the string. dict. If it loses weight during three successive weeks, a doctor should be the handkerchief and the string has "I had to give up," or "I wanted to breathe." Under conditions that point to unfitness for pilotage the reply may be: "I felt giddy" or "dizzy" or be: "I felt giddy" or "dizzy" or "dizzy"

week or month. Always weight of cloth-a meal, and the same weight of cloth-ing as worn at previous weighing, or wrists. When the loop thus made is a meal, and the same weight of clothing as worn at previous weighing, or if this cannot be done, then weigh the extra clothes separately, otherwise accuracy of increase in weight cannot be arrived at. Remember that accuracy as to even half an ounce is important

weight, is a matter that needs looking into at once, especially during the first year.

Do not trust to memory at these weighing times. Always keep a little book, and in this write down each child's age, with the date and result of each weighing.

Care of a Patient's Bed.

If possible, use a single bed in the ck room. If this is not convenient, be sure that there are no broken springs or missing castors and that the mattress is soft and comfortable and fits the bed well. Place the head of the bed straight against the wall, Content, as men-at-arms to cope not too near the window but near Each with his fronting foe.

that will tuck in well. Be sure that there are no wrinkles under the pa-tient's back. The heat of the body is increased by a rubber sheet making the patient perspire, and the presence of wrinkles in the rubber, or even in the linen sheet, often causes great discomfort if not actual bed sores In making the bed it is a good plan

to use a draw sheet, or narrow sheet, somewhat longer than an ordinary one. This is used with the length across the bed and can be tucked far in on one side of the bed and drawn through to the other side, making a fresh, cool spot for the patient to lie on. When crushed but not soiled, the discarded These bare exteriors tell a pitiful crushed but not soiled, the discarded story; they tell only too plainly that sheet by folding it once lengthwise.

To make the bed without disturbing the patient, proceed as follows: In the first place, have everything

you need at hand.

Loosen the bedclothes all around

without jarring the bed.

Take out the pillows, shake them up and put them to air, unless the

patient objects to being without them
Remove the spread and one blanket Take off the top sheet. If possible use it for a fresh lower sheet, or for draw sheet.

change gown and rub pa-Next, tient's back. Now turn the patient on one side, straighten rubber sheet and

sheet and pull draw sheet through.

If the lower sheet needs changing, roll the soiled one up lengthwise rould the middle of the bed. Place a fresh sheet exactly where it should the side left bare. Tuck it in firmly The month of July is a good time to form an estimate of the value of shade. You have heard of the man solid sheet, both being very close to soiled sheet, both being very close to

Now turn the patient back over both sheets; remove the soiled one. Draw the clean sheet out smooth and tuck firmly. A nervous patient needs a well-made bed.

Put on a clean top sheet and the blankets and spread, tucking them in carefully so that they will not be too tight across the patient's feet.

Ignt across the patient's feet.

In making a bed while the patient remains in it, all care should be taken to work swiftly. Keep the patient warmly covered. Avoid any undue exertion on the part of the patient.
To raise a patient in bed, have him
flex his knees so that his feet rest
firmly on the bed. With one hand

Here is a trick that is startling and puzzling, but so simple that with a puzzing, but so simple that with a little preparation any girl can do it. The performer places her hands together in front of her, holding the palms against each other and the fingers flat. She then allows her fingers flat. She then allows he wrists to be bound together with handkerchief. A string is passed be tween her outstretched arms and behind the handkerchief that binds her How often should children be weighed? Every week regularly until the end of the first year. Once a month until the end of the second year. Once every three months until the twelfth year, or thereabouts. Twice a year

When her wrists have been tied with onsulted. Loss of weight at any per- been passed between her outstretched down tight against the handkerchief The times already given for weight that binds her wrists. Then she steps The times already given for weighing apply to children in health. Delicate babies or children may need to be weighed more often.

Always weigh at the same hour each week or month. Always weigh before a meal, and the same weight of clother with her fingers she takes hold of the string and pulls it through the handkerchief—that is, between the handkerchief—that is, between the large enough, she slips it over one of her hands and asks her assistant to pull steadily on the string. When the assistant pulls, the string slips between the handkerchief and the outside where babies are concerned. Bear in of the performer's wrist; the loop of mind, too, that there should always the string falls to the floor without her be an increase in weight every week during the first year. Even standing out the assistant's letting go the ends

To them life was a simple art Of duties to be done.
A game where each man took his part, A race where all must run.

A battle whose great schemes and

scope
They little cared to know,

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Live While You Live.

O seize the present—it is ours; The clock is ticking on the wall; The sweet dews have bathed the morn. ing's flowers.

And golden sunshine gilds them all Fair Mother Earth in emerald green Her lovely form doth all adorn; Come forth and greet the smiling

O seize the present—it is ours,
No tides delay, my boat is near,
I'm jealous of the fleeting hours, For winter snows are all too near. O'er yonder deep no clouds are seen To stain its depths a deeper hue; Forget the past, the might have been, Full flooded Life once more renew.

This Life is mixed with sweets and sours, Sunshine and shadow, grief and

pain; O seize the present, it is ours, The past is gone nor comes again. If in your eyes the calm serene A sudden moisture should annoy, Forget the past, the might h If any tears, then tears of joy.

France is Scrapping Powder Factories.

France has again refuted the charge that she is militaristic by commencing to transform her powder factories into industrial plants not allied with war, says a Paris despatch. The largest munitions plant in Toulouse is being adapted to the manufacture of phosphate, fertilizer and ammonia through the extraction of nitrates from available powder supplies.

Even the French War Minister has approved the plan, although he has insisted on holding some of the factories supported by Gen. Margin, who assert ed that until universal peace is really established it would be unwise to throw away the sword without even turning it into a ploughshare. The present plan is to maintain small plants, which will be devoted to the manufacture of guncotton, in which form it can be preserved until

The Derelict of Dreams.

Three ships sailed out to win the race Together at the starter's word; While each one kept a goodly pace
Men timed the two, but not the third.

She was the Derelict of Dreams, The two stout ships their efforts spurred,
And though they caught not sight yor

They felt the presence of the third. Successful failure was her goal,

She steered by every wind that stirred: The others fell in her control-She was the winner, though the third.

A horse collar of steel instead of leather has come into use in France. Minard's Liniment used by Physicians

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