

OCEAN WAVES CAN DO

FORCE OF THE EAT ROLLERS.

Wonderful Examples of the Strength of the Mighty Deep.

were not filling every page of newspaper, we should have been by descriptions of the awful which recently swept across the Indies and the Gulf of

Unless you have been in a storm at sea—or, rather, out in the ocean—it is impossible to imagine the strength of the enormous rollers.

These huge ocean waves, cresting with snowy foam, are sometimes forty feet high, and the distance between one crest and the next as much as a quarter of a mile. Such waves travel at a speed of between thirty and forty miles an hour.

350 Feet Above Sea-Level.

These huge ocean waves, disporting themselves on top of water two or three miles deep, are not dangerous unless a ship be driven into them. It is when they come crashing into shoal water that they pile themselves up into real mountains and achieve such extraordinary feats of power.

Carried Over the Tree-Tops. One of the worst hurricanes of which we have any record was that which swept Karatonga, in the Pacific Ocean, in the year 1846. Believe it or not, a vessel from Tahiti was lifted by the great wave, carried over the tops of the palm-trees, and dropped far inland. The captain, who survived, deposed on oath that he felt the tree-tops grating against the schooner's timbers as she was swept along on the crest of this monstrous roller!

DUBLIN'S PITIFUL RUINS. Fairest and Richest Part of City is in Condition of Rheims.

The fairest and the richest part of Dublin, the centre of its life, is in the condition of Ypres or Rheims. The stately thoroughfare in which it justly took pride as one of the finest in Europe is a desert of hideous ruins, and acres of the handsome business streets surrounding it, hives of stirring commerce, are simply obliterated. This is the work chiefly of bombardment and of conflagrations started by bombardment.

House Conscript. A national convention of Austrian women, according to reports published in the latest German papers, unanimously adopted a resolution calling upon the Government to introduce "compulsory service" for women in the form of one year's instruction in housekeeping. The "service" should be performed, the convention further resolved, after girls and young women have concluded their ordinary schooling and before marriage.

How long have they been married? "Only a few months, I think. Anyhow his wife gets up in the morning to have breakfast with him."

Time Will Alter This. "How long have they been married?" "Only a few months, I think. Anyhow his wife gets up in the morning to have breakfast with him."

Beattie's Smile. One evening the mother of a 3-year-old miss said: "Beattie, I see you yawning. It is time you were in bed."

such bombardment would be called for; the rising would be nipped in the bud. No are the streets destroyed, but the money-making and em- bring businesses that were there. And some of the Dublin's claim to be a nation- polis, the marks of her c are gone likewise. Her Ro- lan Academy, which had holding its annual exhibit- tures, looks with its skele and its battered friezes like in Pompeii—or perhaps Library of Louvain.

HOW TO CREATE AN

The Way a Man May Have So
When Old Age Creeps Upon

As a means of preventing pov and as a method by which fami- deprived by death of the providi- member may not become object- of charity, there has never in the world been anything devised which equals the power for good as a well-manag- ed life insurance company.

Life insurance as developed to-day is of the greatest economic value. It is the bonding together of many men, and the paying in of certain sums by each, to minimize the financial loss experienced by other members of the company.

Life insurance in the beginning was solely for protection, but variations in the different forms which exist to-day have been brought forth to meet the demands of the public, as they arose from time to time, but we believe the farther a company varies from the primal idea—namely protecti- on—the less is its power for good.

As an investment we have nothing to say against it, and the vast accumulations of surplus which the differ- ent companies have made and which they hold for policyholders speaks for itself, but the principle of making provision is often lost sight of in the attempt to create an asset, at a future date, for a person's own benefit.

It is a curious thing that no matter how badly a man may need life insurance, he has a tendency to side- step it until he is finally caught, and, as has been aptly said, some men get life insurance to-day much in the same manner as they get religion. His emotions must be appealed to, and he often takes the step in a moment of enthusiasm; generally he is pleas- ed with his self afterwards, and if he is a ri At-thinking and a proper business man he seldom or never lapses his policy.

In going over the daily press week by week and year by year, we see the probates of wills of many people, and we are often astounded by the small- ness of the estate, if any, to take care of those left behind, and in many cases we find that the principal asset, when any, is usually a life insurance policy taken out by the breadwinner.

The building of an estate at the present time, or even at any time, is a tedious and long-drawn-out mat- ter. It is not generally known that fully 95 per cent. of the people who enter business fall during some time or other. Neither is it generally known that fully 97 per cent. of the public, when they attain advanced age, have little or nothing to live upon. If even a small fortune is to be accumu- lated it must be wisely and intelli- gently managed, and when people are so busy, as they are to-day, endeavor- ing to make ends meet, they have not much time at their disposal to look into investments.

By putting aside a small sum year- ly, as one's means permit, the moment the first payment is made on a life insurance policy an estate is created of the face value of the policy, and if a man would only continue to add to this, in the best years of his earning capacity, he would have some- thing when old age creeps upon him which would be security against many of the troubles he might have to meet, and if he has this sum at his disposal when he comes to advanced age he will have many people anxious to give him the comforts to which he is entitled.

Memories of Sermons. Parson Prosy—"We need a night watchman for the church. If I give you the job, do you think you can keep awake?" Applicant—"Do you preach at night?"

Minard's Liniment Lumberman's Friend. A Moving Target. A Highlander with bagpipes enter- ed the street and commenced his plain- tive lay, at the same time marching up and down in time-honored fashion.

Got Him. Two men were cycling past a prison wall. "I wonder where you would be if the prison had its due?" remarked one. "Riding alone," replied the other.

When a man goes into a restaur- ant and is given a tough fowl, he is very apt to lose his respect for old age.

GOODNESS OF THE WHEAT IN A DIGESTIBLE FORM. FOR BREAKFAST WITH MILK OR CREAM; FOR LUNCHEON WITH FRESH FRUITS.

Made in Canada

What remuneration do you receive for your services?

The lady quietly opened the pocket- book, which contained ten notes of one thousand francs each, counted out five of them and, politely handing them to the amazed physician, retired with the remainder.

PUT BAN ON ALL DOCUMENTS.

Unprecedentedly harsh regulations are now in force regarding the carrying of any written or printed matter over the German frontiers.

1. Travellers on principle may take nothing written or printed across the imperial frontiers.

2. Letters, post-cards, or other communications must be sent through the post.

3. Exceptions to the above are letters or documents, written or printed, especially business papers, if (a) the taking of them is absolutely necessary to fulfill the object of the trip; (b) they are confined to the smallest possible dimensions; and (c) they have been officially examined and sealed up before arrival at the frontier.

4. Travellers can only reckon with safety on being permitted to take documents across the frontier if the envelope or packet containing them bears an undamaged seal.

Minard's Liniment used by Physicians. Not the Man.

Arduppe—"My love for you, dear Miss Roxley, is like a consuming fire that burns everything in its path."

Miss Roxley—"Then I fear it would be unwise to choose such a husband to handle my money."

Sore Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort.

Going to an Extreme. "A little learning is a dangerous thing."

"Yes," replied Miss Cayenne, "But that fact doesn't justify some of us in being proud of how little we know."

Utterly Worthless. "No, you can't marry him. He's too no-account."

"You ought not to say that, dad. He may have some good points that you have overlooked."

"No chance. I mopped up the floor with him just now and he didn't even make a good mop."

I bought a horse with a supposedly incurable ringbone for \$30.00. Cured him with \$1.00 worth of MINARD'S LINIMENT and sold him for \$85.00. Profit on Liniment, \$54.

Mrs. Glen—"There are times when I wish I was a man." Glen—"Well, when, for instance?" Mrs. Glen—"When I pass a milliner's shop window and think how happy I could make my wife by buying her a summer hat."

Jones—"Can you tell what ails my wife?" Doctor—"She does not take enough outdoor exercise." "She says she does not feel equal to it." "True. She needs toning up." "What have you prescribed?" "A new bonnet."

"My brooders," said a waggish colored man to a crowd, "in all afflictions of your troubles dar is one place you can always find money and sympathy." "Whar? Whar?" shouted several. "In de dictionary," he replies, rolling his eyes skyward.

How to Keep Yourself Looking Young.

It has been proven that the woman who protects her skin will keep herself free from wrinkles and marks of age, far longer than the woman who says "Oh no, I never do anything for my complexion."

If your skin is not naturally clear and fresh, or if it has suffered from inat- tention—worry—sickness—age or the ravages of wind, sun and weather, the regular and persistent use of DEIT will soon restore to your complexion its natural color and freshness.

DEIT is a valuable formula of an old and famous beauty secret. It feeds and nourishes the skin, wards off wrinkles and makes the complexion clear, smooth and faultless. It is not necessary to use any other treatment during the day. Apply DEIT at night before retiring, and it will tone the skin and give that silky softness and glowing freshness that alone indicates perfect skin health.

DEIT is put up in handsome opal bottles. It may be secured through T. Eaton Co., Limited, Robt. Simpson Co., Limited, Toronto, and other high-class Drug Stores, or direct from us.

Send \$0. (2¢ war tax) to-day for trial bottle sufficient for six weeks use. See our exhibit at National Exhibition, Toronto.

DEIT MFG. CO., LTD., TORONTO, ONT.

THE LIFE OF THE GUNS.

Depends on Their Size Before They Require Relining.

The life of a gun depends upon the progress of erosion, which sooner or later is certain to impair the accuracy of fire. Erosion is caused by the action of the explosive gases at high temperature and pressure. According to the Iron Age, the hot gases cause a thin film of steel to absorb heat. The film expands and becomes set. Upon the release of the pressure, it contracts, which causes minute cracks that grow larger with every discharge. As they increase in size they form passageways for more hot gas, and that tends to enlarge them still further. The inner surface thus becomes roughened, and the hands be- come so corroded. Finally, the bore becomes so enlarged that it allows the gases to escape. The shell does not then acquire its proper rotation, and its flight becomes erratic. All guns except small ones are now constructed with linings in the tube which, when the bore is worn out, are removed and replaced by new ones. The cost of relining a gun is approximately 30 per cent. of the cost of the gun. There appears to be no limit to the number of times that a gun can be relined. The small arms are considered to be worn out after 5,000 to 7,500 rounds have been fired. Small naval guns can be fired about 1,000 times before they are regarded as worn out. Large twelve-inch and fourteen-inch naval guns are considered to have a life, on one lining, of from 150 to 200 rounds. Low-velocity guns, such as howitzers and mortars, have correspondingly longer lives than high-velocity guns of the same caliber, because the pressures they develop, and hence the tempera- tures, are lower.

Agents Wanted

To represent well known Fertilizer Manufacture. At- tractive proposition to energetic and responsible parties. Apply with full particulars to:

FERTILIZER, O/S Wilson Publishing Co., Ltd., 73 Adelaide St., West, Toronto

ABSORBINE

Reduces Strained, Puffy Ankles, Lymphangitis, Poll Evil, Fistula, Boils, Swellings, Stops Lameness, and allays pain. Heals Sores, Cuts, Bruises, Foot Chafes. It is a SAFE ANTISEPTIC AND BERMIGIDE.

Does not blister or remove the hair and horse can be worked. Pleasant to use. \$2.00 a bottle, delivered. Describe your case for special instructions and Book 5 M free.

ABSORBINE, JR., antiseptic liniment for man- kid, cures Strains, Painful, Knots, Swollen Veins. Con- tains only a few drops required in an application. 8¢ per bottle at dealers or delivered.

W. F. YOUNG, P. O. F., 518 Lyman's Bldg., Montreal, Can- (Absorbine and Absorbine, Jr., are made in Canada.)

Machinery For Sale

Wheelock Engine, 150 H.P., 18 x 42, with double main driving belt 24 ins. wide, and Dynamo 30 K.W. belt driven. All in first class condition. Would be sold together or separately; also a lot of shafting at a very great bargain as room is required immedi- ately.

S. Frank Wilson & Sons 73 Adelaide Street West. Toronto.

DODD'S KIDNEY PILLS

CURAL FOR KIDNEY DISEASES. GOUT, RHEUMATISM, BRUISES, DIABETES, GRAVEL.

When a man goes into a restaur- ant and is given a tough fowl, he is very apt to lose his respect for old age.

FOOD PRICES IN GERMANY.

Table Shows War Increase—Butter Over 66 Cents a Pound.

Food stuffs are getting more and more costly in Germany! According to the statistical office prices of some foods have trebled.

No figures are given on the price of different kinds of meat, cheese, farinaceous foods and so on. There are other products also of which no report has been given for more than a year.

The variation of prices of different articles since the war began is shown in the table below.

The prices are given in so many pennig per pound; 100 pennig is equivalent to about 24 cts.

| | 1914. | 1916. |
|-------------------------|-------|-------|
| Potatoes (10 lbs.) | 30 | 95 |
| Landleberwurst | 110 | 240 |
| Herrings (single) | 7½ | 28 |
| Table butter | 144 | 280 |
| Margarine | 80 | 200 |
| Salad oil | 100 | 260 |
| Rye flour | 14 | 22 |
| Wheat flour | 18 | 24 |
| Beans (pr'd. 21 lbs.) | 33 | 58 |
| Carrots (pr'd. 21 lbs.) | 32 | 42 |
| Cocoa | 120 | 550 |
| Chocolate powder | 100 | 339 |
| Sugar | 21 | 30 |
| Salt | 11 | 12 |

It's an easy matter to fool anyone, including yourself.

Grape-Nuts

(Made in Canada)

embodies the full, rich nutriment of whole wheat combined with malted barley. This combination gives it a distinctive, delicious flavour unknown to foods made from wheat alone.

Only selected grain is used in making Grape-Nuts and through skillful processing it comes from the package fresh, crisp, untouched by hand, and ready to eat.

Through long baking, the energy producing starches of the grain are made wonderfully easy of digestion.

A daily ration of this splendid food yields a marvelous return of health and comfort.

"There's a Reason"

Sold by Grocers everywhere. Canadian Postum Cereal Co., Ltd. Windsor, Ont.

ARE CLEAN NO STICKINESS ALL DEALERS G.C. BRIGGS & SONS HAMILTON

FOR SALE CHEAP. FOR silver cross, and red and fisher. T. Chambers, 80 out, Ont.

NEWSPAPERS FOR SA PROFIT-MAKING NEWS A Offices for sale in good Onta- towns. The most useful and interesting of all businesses. Full information of application to Wilson Publishing Com- pany, 73 West Adelaide Street, Toronto.

MISCELLANEOUS CANCER, TUMORS, LUMPS, ETC. Internal and external, cured wit- out pain by our home treatment. Write us before too late. Dr. Hallman Medical Co., Limited, Collingwood, Ont.

MECHANICS WANTED We want a few good mechanics. Have steady work and good wages for lath- hands, fitters, handy men, also a few wood-working machinists and hand- men for wood shop wanted. Apply in person only.

Podge Manufacturing Co. West Toronto.

Become a Registered Nurse and receive pay while learning The Beth Israel Hospital of New York City Founded 1890 Accredited by the New York State Education Dept. Offers a two-and-one-half year course in training for nurses with allowance and maintenance. Applicants must have one year high school instruction or its equivalent equivalent. For particulars address Beth Israel Hospital, 66 Jefferson St., New York.

Seventh Annual Toronto Fat Stock Sale will be held at DECEMBER 8th at 11 For further particulars apply to C. F. TOPPING, Secy. Union Stock Yards.

10-15-20 Years from now the Bissell Silo will be giving good service. It is built of select- ed timber, treated with wood preservatives, that prevent decay. It has strong rigid walls, tight doors, and hoops of heavy steel. Therefore it lasts, simply because it can't rot. It will do anything else. Our folder explains more fully.

F. B. BISSSELL CO., LTD. Bross, Ontario.

Agents Wanted

FERTILIZER, O/S Wilson Publishing Co., Ltd., 73 Adelaide St., West, Toronto

ABSORBINE

Machinery For Sale

Wheelock Engine, 150 H.P., 18 x 42, with double main driving belt 24 ins. wide, and Dynamo 30 K.W. belt driven.

S. Frank Wilson & Sons 73 Adelaide Street West. Toronto.

DODD'S KIDNEY PILLS

ARE CLEAN NO STICKINESS ALL DEALERS G.C. BRIGGS & SONS HAMILTON