THE TRUE WITNESS AND CATHOLic CHRONICLE.



At the devil's booth are all things sold.

gold. For a cap and bells, our lives we

pay; pay; Bubbles we buy with a whole soul's tasking; 'Tis heaven aione that is given away, 'Tis only God may be had is: -James Russell Lowell.

ALWAYS KEEP FAITH.

Many a woman, who would not think of lightly breaking a promise made to a grown-up person, is ut-terly careless about keeping her word with her children. She promises whatever is converient at the mo-ment, and apparently thinks that the breaking or keeping of these the breaking or keeping of thos promises is a matter in which sh can please herself, and that themselves aggrieved if she does not do so

mother who acts thus does her A mother who acts thus does her child grievous harm. She forgets that the sense of justice is strong in quite a little child, and that it is natural and reasonable that he should expect his parents to be as should expect his parents to be as good as their words, and to fulfil their promises even at the cost of convenience. Promises should not be lightly broken, and the parent who is guilty of this soon loses her children's confidence, which is one of the sweetest things our little ones give us.

hen boys and girls learn to doubt their parents, truthfulness, they soon look around for someone else whom look around for someone else whom they can trust, and on that person they shower their affection and bestow their confide

## tow their confidence. BEAUTY, A WOMAN'S BIRTH-RIGHT.

A vast majority of women are fall-ing in love in the good old fashion, marrying and rearing families, and some of them will be able to prepare their boys for college when the time comes, on the strength of their own academic degrees. But whether col-lege bred, or bred in that sweetest of all sthough for a circl break

lege ored, or bred in that sweetest. of all schools for a girl, her own home, this majority is keeping alive the old traditions of chivalry which are-founded not on an ancient feud-al system, nor on the ideals of an aristocratic society, adoring the great dame and scoring the peasant woman as a clod of the field, but on the instinct of strength to protect weakness, or worship beauty to weakness, or worship beauty yield to the sway of mystery beauty. yield to the sway of mystery ; and beauty and mystery are represented in this world chiefly by women. Beauty is their birthright, and mys-tery is a part of their very constitu-tion, being, as they are, nearer than men to the spiritual side of life—the hidden procreative force which peo-ple both beaven and carth

## ple both heaven and earth.

The best-bred women do not fuss They take their gowns and their fur-miture, their jewels and their child-ren as matters of course. They are unconscious of their veils and their gloves and they expect every one else to be equally so. If they see an intimate wearing a handsome gown also preface their comment with also preface their comment with an apology. Their differences with their husbands, are not aired, neither the domestic upheavals caused by the desertion of the cook on wash morn-ing. The repose of well-bred women is not the quite of weakens. It is is not the o the calm of not the quiet of weakness. It is trained faculties balancthe caim of trained faculties balanc-ed so nicely that an earthquake may cause a change of cotor but will not bring forth a loud cry. Well-bred women are a boom to the human race. They help the social and pro-fessional world to maintain a high standard both of morals and behav-ior.

At the devil's booth are all things sold. Each ounce of dross costs its cunce of gold force out the enamel.

#### + + + THE LINEN CUPBOARD.

It is true, though regrettable, that the linen-process is It is true, though regrettable, that the linen-press is no longer the same source of joyful pride to the modern housewife as it was to our grand-mothers. In France, the linen, spun and woven at home, was part of the daughter's "dot" and was expected to last a lifetime. Nowadays, the cheaper qualities, sewn by machine-ry and often ruthlessiy mangled, last but a short period.

ut a short period. Still, with proper care, sheets, table linen, etc., will last thrice as long Choose a good cupboard for the press, with convenient shelves, and in a dry situation. Line the shelves with clean white paper. Newspapers In a dry situation. Line the shelves with clean white paper. Newspapers are not cleanly, and quite unsuitable. If the different sets are to wear evenly, those returning clean must be placed at the bottom of their re-spective piles in the press, otherwise a few of each set get used week after week while those underroth are

week, while those underneath rarely moved. This management soon results

half the set being nearly worn and the remainder being new, but probably yellow

"A STITCH IN TIME SAVES NINE.

An aggravating but true proverb A tiry hole returns a ragged tear; the pin used instead of sewing on a button causes an unsightly rent, and, if forgotten may as likely as not eause a painful, if not serious, injury to the hands of the laundress.

#### BE METHODICAL.

Have a numbered list of all Have a numbered list of all pro-linen, neatly fastened inside the pro-and go through and correct it the least

and go through and correct it at ast once a year. Air everything beford laying it by, s linen soon spoils with damp, and any even become spotted with milas linon

#### MARK EVERYTHING.

Unless everything is nearly and clearly marked, it is impossible to hold the laundress responsible for lost items of house or body linen; but to detect any inaccuracy on her part everything musi be counted when going to and returning from 'the laundry.

#### A FALSE ECONOMY.

A FALSE ECONC. Many, in order to save a few pence, permit towels, dusters, &c., to be used far too long before con signing them to the linen-bag. There in order to remove the dirt will considerably shorten the life of even the stoutest kitchen-cloth.

#### + + + VARIOUS DUSTERS.

Not all housekeepers realize the importance of having the right kind of duster. They will get stiff calico or linty fabrics and rub them over wooden furniture, totally uncon-scious that they are not doing their work.

slinky. A substitute that is quite as good, little more expensive, and saves much time is to buy a supply of red bandanna handkerchiefs for use of red bandanna handkerchiefs for use teaspoonful of tincture of benzoin as dusters. If these are bought at wholesale they are cheaper and can be disposed of among one's friends. Men's old silk handkerchiefs should never be thrown away when worn and thin. They are just the thing for dusting the polished surface of EDESH for dusting the polished surface of

TO MAKE THE ARMS PLUMP.

The best way to overcome scrawny arms is to practice tensing exercises many times daily. Stretch the arm at right angles to the body, holding the muscles very taut : cleach the the muscles very taut; clench thand and draw up to the should using as much force as if lifting Repeat until the arm heavy weight. begins to get stiff

Massaging the arms with hot olive oil for fifteen minutes night and morning will also help to make them plump.

#### + + +

Mother : "Ethel, what are you and Willie doing with your daddy's hair

Ethel: "Going to make your motheaten mie." muff as good as new, mum + + +

#### HOW TO WASH CHIFFON VEILS.

Make a suds of warm water and a good pure white soap, dip the chif-fon veil in and squeeze the veil gent-ly until all the soil has disappeared. If until all the soil has disappeared. Do not rub at all. Rinse in several waters, and pin out on the bed or a flat surface, over which's spread a clean sheet, and just before it is dry iron under a clean white cloth. If one does not object to a crapy ap-pearance it is not norcesper to increpearance it is not necessary to iron chiffon veils at all. Black veils are greatly improved if rusty looking by giving them alcohol and ammonia— a large spoonful of ammonia to giving them alcohol and annumia-a large spoonful of ammonia to enough alcohol to successfully im-merse the veil. Dip it in and squeeze out without wringing and pin on a sheet to dry.

#### BAKE FISH IN PAPER.

The following method does away with fishy dishes, disagreeable odors, etc.: Clean and wash the fish thoroughly, salt, pepper, and flour it inside and out (sparingly), then roll in manilla paper at least three times. Pinch the ends of the pape together, then fold back, and pin ecurely, to prevent the escape of he juices. Bake in a moderate oven the julces. Bake in a moderate oven and allow fifteen minutes more than if baking the same fish in a pan. When ready to serve, remove the paper, to which the skin will adhere, and place the delicious, juic meat upon the platter. Garnish a desired.—Woman's Home Companior inicy for May

## HEALTH AND BEAUTY

A teaspoonful of glycerin in a cup of water will stop a severe paroxysn

of water will stop a severe paroxysm of coughing. A teaspoonful of boracic acid dis-solved in a pint of freshly boiled water is an excellent remedy for a sore throat is used as a gargle. Pumice stone may be used to keep down supporting being on the form

down superfluous hairs on the face There is one objection to and arms. it—that the hairs sometimes retur

For some threat use one glass for some threat use one glass hot water one teaspoonful of so three drops of carbolic acid. Gan

their work. Cheesecloth makes the best general duster for wood, silk for fine orna-ments or polished surfaces, and hea-wy canton flannel for floors. The chief objection to the cheese-little patient should be especially guarded against. All toys that have been used by a child suffering from an infectious disease should be either burned or thoroughly disinfected before they are used again. Books used by the little patient should be especially guarded against. An excellent astringent for tighten-ing loose skin and making it smooth

ing loose skin and making it smooth and firm can be made from oneand firm can be made from one-quarter pint of rosewater and a teaspoonful of tincture of benzoin. This should be rubbed on the face after massaging, and often proves beneficial even when no creams have been used.

water, place on ice and when\* tho-roughly chilled, arrange on a plat-ter and garnish with ripe strawber-

ries. Strawberry Pudding.—Put gelatin flavored with strawberry juice in a border mold and invert when con-gealed on a cold dish. Then fill the center and surround with large ripe berries. Garnish with whipped cream. cream.

cream. Strawberry Waffles.—Have cream waffles, made with heart shaped irons, heap each while hot with large strawberries, sprinkle with sugar and ornament with whipped cream.—Good Housekeeping. H TASTED SO GOOD, BUT—

"Are you the 'Answers to Corres-pondents' editor?" inquired the pale, dyspeptic-looleing caller at a pub-lishing house, on the day after Christmas. "Tam," replied the lady addressed. "What can I do for you?" "First," answered the man, "what will dissolve a chunk of lead in the human stomach? Second, won't you please refrain from publishing reci-pes for plum pudding next Christ-mas?" masi



The sleeveless coat is perhaps the newest touch of fashion, but this is really not a separate coat, as it cannot well be worn with any but really not be worn with any out cannot well be worn with any out the frock it is intended for, unless it is of heavy all-over lace, and then it is usually worn with elaborate usually worn with elaborate is usually worn with elabor gowns of satin or other higher tre materials

One exceedingly smart sleeveles One exceedingly smart sleeveless coat was worn with a gown of old rose silk cashmere with yoke and sleeves of embroidered net. The ooat was really in three distinct parts, the two fronts and back, and these wo were joined with many buttons covered with the material, and sil silk cord loops. and trimmed with bands of embroid ered net like that used on the frock

Top coats of scarlet flannel with pongee collars and cuffs and fas-tening with gilt buttons are con-sidered quite smart for wear with one-piece frocks of pongee. These are quite long, cut on straight lines tailored collars and revers and mannish cuffs, and will be popular for driving and motoring.

The silken scarf to match the hat, The silicen scarf to match the hat, parasol, or slippers and stockings will be quite a necessary accessory to the costume this summer. The shops are showing most attractive ones in filmy, chiffon and soft silks, with great clusters of flowers in pas-tel shades printed or hand-painted on. One is of pink crepe de chine, on.

with

on. One is of pink crepe de chine, shading from the palest to a deep rose with the ends embroidered with tizy crystal beads. Those of ivory white chifon, with a satin stripe and designs of dresden roses, are particularly charming to wear with lingeria fracks on a summer evening. lingerie frocks on a summer evening. Among the new belts which are

shown by the shops are those white linen belting, the soft Chief kind. white linen belting, the soft kind, with the quaintest little Dutch scenes in Delft blue. There are wind-mills in blue, blue cows, and blue Dutch girls carrying pails of blue milk. Cretonne belts with the figures stamped in blue are to be had, and these are quite charming. They are finished at the edges with a narrow piping of Delft blue linen, and have pearl buckles. Belts of

ed acro

a narrow piping of Delt blue linen, and have pearl buckles. Belts of plain white linen may be made very fetching by adding the blue Dutch landscapes of embroidery in the coarse darming stitch. Any girl who is clever with brush and colors could add a distinctive touch to a white moire belt by hand painting it in the deligate tone of blue mode famcrown. A man, amid the turmoil of the world,

the delicate tone of blue made famous by the Dutch pottery workers.

The tub frocks are exceptionally charming. Those for wear about the house in the morning may be made of the inexpensive figured dimities and lawns, simply trimmed with a little touch of embroidery or lace.

For convenience and to make laundering easier, skirts and blouses may be made separately and then joined together at the waist to form a one-piece frock.

Who For the m

have long, narrow sleeves, finished with turn-back cuffs and collar and revers of the same or a harmorizing color of linen. They have real pockets, and fasten single-breasted with linen buttons. All of them are urdined. Seams are lapped over and stitched on the edges.

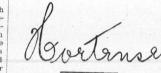
The skirts of these suits are cut quite short and usually have a panel front and oper on the left side, fas-tening with pearl or linen covered buttons that button through. Some of them, however, are cut on patterns having narrow gores, are finished at the back with a th are minined at the back with an in-verted box pleat. They are cut just a little above the waist line, and have an inside girdle of narrow silk belt-ing, which hooks tight around the waist to hold the skirt in place.

A quaint little afternoon gown seen at the rar track created con-siderable comment. It was of black silk with Chartilly lace and Chan-tilly net mounted on tapestry blue crepe de chine. The bodice was made in baby style with a high soft sash of black silk muslin. The guimpe was of old yellow Mechlin and the sleeves were long and tight, ending at the wrist with pleated frills of the same yellow lace. LIVER COMPLAINT. Mr. Geo. Twwest, Hamilton, Ont., writes "Having suffered with hiver complaint for years and tried all sorts of remedies, I we advised to try Milburn's Laxs. Liver Pills, advised to try Milburn's Laxs. Liver Pills, advised to try Milburn's Laxs. Liver Pills advised to try Milburn's Constant trongly recommend them to anyona." Price 25 cents per vial es 5 for \$1.00, at all dealers or mailed disset by the The T. Milburn Co., Limited, Texanto, Ont.

One of the handsomest of the sen-ational gowns was of rose mouss-ine de soie embroidered with cher-Ites and cherry foliage. Over this was worn a lorg coat in tussore of the same tone. The coat had a wide black taffeta hem overworked in Back taffeta hem overworked in pale gold. There was a rolled collar of black taffeta and cuffs of the same. With this was worn a large het with dall. I thought the miles no hardship With this was worn a large hat with a huge black taffeta crown and bunches of cherries.

For the thrushes sang in the cool The panier skirt at the races which The panier skirt at the races which attracted the most attention had an underskirt of mousseline de soie in the old blue shade. The paniers were in taffeta arranged on the hlps in deep pleats and falling to a point nearly at the feet. The bodice of the dress was folded, pointed back and front and had a little lace fichu. My head with many a thought was An' many a dream as I never told; My heart would lift at a wee bird's

Smart looking linen gowns with high Directoire girdles can be had a high Directoire girdles can be had at all the good stores at very moderate prices. By adding a velvet or silk girdle for the plain linen one, trim-ming the neck with a little embroid-ery and changing the buttons, one could make a very distinctive cos-tume that does not look ready made.



# POET'S CORNER FAILURE.

A Pine that grew where all the winds assail Grew gnarled and crooked, but be-cause it grew To all its fate erect, I think it

in the pleasure garden of its

God. ruby formed its facets in the dark Where other growing splendors press

And marred its perfectness ; but perfectly It grew to its conditions, and I think The King of Heaven wears it in his

The harryings of selfishness and

Faintings within and fears and sneer without, Lamely and poorly did a deed for God; But God, because he measured to the

of narrow lot and poverty of mind I think that God has caught the fail

So He sends you the blinding darkure up Within the glowing circle of his ness And the furnace of seven-fold heat, This the only way, believe me, To keep close to His feet, For 'tis always so easy to wander, When our lives are glad and sweet.

grace, And there transformed it into high success

Oh, praise to God, who looks beyond the deed, Then nestle your hand in your Fa-Who measures man by what a man ther's, And sing if you can as you go, would be

sees a harvest in a blighted stalk.

THURSDAY, JUNE 8, 1900

## LIVER COMPLAINT the chief office of the liver is the some of bilo, which is the natural regulater

SDAY, JUNE 8,

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ated 1863; Meets in Hall, 92 St. Alexand Monday of the moni-meets last Wedness Rev. Chaplain, Rev. Shane, P.P.; Presiden Kavanagh, K. C.; 1 dent, Mr. J. C. Wals President, W. G Treasurer, Mr. W. Du ponding Secretary, M mingham. Recording S

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the bowels. Whenever the liver bocomes deranged at the bie ducts elogged, liver complete produced, and is manifested by the pro-noulder, salidow complexion, yellow orse, imy-coated tongue and headen, water brack imy-coated tongue and headen, water brack ing, jeandice, sour stomach, water brack tearth of the stomach, etc. Liver Corm platint may be cured by roiding the above mentioned cause, the reduction of the stomach are and and liver with that grand liver regulate, Liver

LAXA-LIVER

· PILLS·

LIVER COMPLAINT

THE HILL O' DREAMS.

My grief! for the days by an' done, When I was a young girl straight an' tall, Comin' alone at set o' sun Up the high hill-road from Cushen-

Nor the road long weary to my

deep glen An' the evenin' air was cool and sweet.

song, Or at seein' a whin-bush crowned

with gold. An' always I'd look back at the say Or the turn o' the road shut out the sight Of the long waves curlin' into the

bay, An' breakin' in foam where the

I was married young on a dacent

man, As many would call a prudent choice,

choice, But he never could hear how the ri-ver ran Singin' a song in a changin' voice. Nor thought to see on the bay's blue

wather A ship with yellow sails unfurled.

Over the brim of the heavin' world.

The hills seems weary now to my

The miles be's many, and dreams

be's few. The evenin' air's not near so sweet. The birds don't sing as they used

to do. An' I'm that tired at the top of the

hill That I haven't the heart to turn at

To watch the curlin' breakers fill

AFFLICTION.

God would not send you the dark-ness, dear, If He felt you could bear the light, But you would not cling to His guiding hand If the way were always bright. And you would not care to walk by faith

Could you always walk by sight.

Tis true, He has many an anguish For your sorrowful heart to bear, Many a cruel thorn-crown For your tired head to wear—

He knows how few would reach Hea-

ven at all If pain did not guide them there.

The wee round bay at Cushe -New Ireland Review.

Bearin' away a king's young

ree bird's

then,

feet-

throng

with gold.

sands is white.

Of the

man

ter

feet

all.

## THINGS USEFUL TO KNOW.

with hot water and soap, which give it a yellowish tinge. Make a lather it a yellowish tinge. of hot water and a of hot water and a mild-cleaning soap, one without too much alkali,

The bonce on a creating the priskly on the spot. If you cannot separate eggs readi-ly without mixing, get a small fun-nel with a narrow outlet, and break the eggs gently, one at a time, into it, over a plate. The white will go through and the yolk remain. When vegetables boil dry and be-gin to scorch, snatch the saucepan off the stove and set it in cold wa-ter for a minute, then turn off the unscorched vegetables into another dish.

dish.

## NAIL POLISH IN TUBES.

The latest toilet novelty is a nail polish, which comes in a tube, and can be pressed out like artists' pig-ments. The polish itself is of a consistency between a cream and a li-quid, easy to put on.

the piano, ivory ornaments, and fine china and glass bric-a-brac.

+ + +

### White paint should not be washed WAVES SHOULD BE RETAINED.

of hot water and a link alkali, soap, one without too much alkali, and let the water get lukewarm be-fore using. After washing, rinse the paint with clear water, and dry with a clean cloth. To remove solled spots from wall-paper, take up a little dry powder ed borax on a clean rag, and rub briskly on the spot. If you cannot separate eggs readi-If you cannot separate eggs readi-

Their whole aim is to make the hair look as natural as possible. It is only the hail-way hairdressers who advocate the over-built styles that are plainly false. When the wave is carefully, done, it doesn't hurt the hair as much as crimping it in other ways. Even the old-fashioned methods of twisting it around a bairwit brack it Barak

around a hairpin breaks it. Rough-ing it from beneath is the really harmful thing for all hair. This does damage that can never be repaired. It breaks the hair into targled bits. and gives it that rough, choppy sur-face that does not add to the soft-ness of any face

The that does not add to the solution ness of any face. Far, far better any kind of a roll to keep the hair up than this disor-derly practice of tangting the hair to look like a last year's bird's nest.

Strawberry Toast.—Have ready six or eight slices of dry buttered toast. Mix well one cup of sugar and two level tablespoons of cornstarch; pour

over it in a saucepan one cup of boiling water, stirring constantly. It will be a pity if the Marel wave is abandoned. It is a very graceful fashion when done in mode-ration. A large wave running around the head softens the face and gives it more youth than straight hair does.

pour over the toast arranged on a platter and serve immediately.

Strawberry Loaf.—Line a mold with strips of sponge cake and spread it very carefully with cool lemon gelatin. Set on ice and when partly congealed fill with fresh ble. It irressers styles in an interpretation is and interpretation is a spread it very carefully with partly congealed fill, with firm berries. Cover with the mainder of the gelatin that been kept in the kitchen 'to pre-the has it hardening, place the mold on one the

and when thoroughly hard cut out in blocks and garnish with sweetened with hulls and stems left on. and strawberries

with hulls and stems left on. Strawberry Cown-Soften two tablespoons of cornstarch in two tablespoons of vater, stir into one cup of boiling strawberry juice to which has been added one cup of sugar, a pinch of salt and a dash of lemon juice; cook until creamy. When cool fold in the stiffly beaten whites of four eggs. fill individual molds previously dipped in cold whites of four eggs. fill inc molds previously dipped in

purse line and cross-barred and fig-ured batistes and muslins make up into admirable frocks, as do also the silk finished ginghams, which

Embroidery of all kinds may be found in the big shops-this i found in the big shops—this is a year of embroidery, from the finest hand work to the heavy, coarse kind done on wide mesh net—at al-most any price one wishes to pay, and the woman who has a few spare moments and loves such work may beautify her frocks with her own handiwork if she so desires.

Embroidery on tub frocks should be done with mercerized thread ra-ther than silk, for although some silks are guaranteed to wash well, iz the long run it will be found that the cotton thread is better.

One very simple frock of white lin-One very simple frock of white lin-en crash opened down the left side from neck to kriees, very much on the order of a polonaise. It was fas-tened invisibly under a band of linen embroidered in a cool green tone of inercerized floss. The square neck and elbow sleeves were similarly fin-ished.

one issee. The shops are also showing two-of piece suits of linen in the fine weaves, without dressing or glaze, and in the heavy crashes. These are very good looking worn with net or lingerie blouses. The coats are cut on long slim lines, loosely hung, and

Who crowns defeat with his victorious palms. And rears upon our marshes of despair, The thrones and mansions of eterare particularly lovely this season.

nity. + + + OLD MOTHERS.

I love old mothers-mothers with

white hair, And kindly eyes, and lips grown softly sweet With murmured blessings over sleep-

ing babes. is some

something in their quiet There grace That speaks the calm of Sabbath af-

ternoons ; A knowledge in their deep, unfalter-

ing eyes That far outstretches all philosophy. Time, with caressing touch, about

Time, with caressing touch, about weaves The silver-threaded fairy-shawl of age While all the echoes of forgotten songs Seem joined to lend a sweetness to

Seem joined to lend a sweetness to their speech. Old mothers ! as they pass with slow-timed step. Their trembling hards cling gently to youth's strength: Sweet mothers! as they pass, one

sees again Old garden walks, old roses, and old loves

-- The Century.

For song may cheer some behind you Whose courage is sinking low; And well if your lips do quiver-God will love you better so. -Selected --Selected.

MILBURN'S HEART AND NERVE PHLS

Mrs. Andrew Eavor, Grattan's, N.B., writes: In the year of 1906 I was taken slok and did not think I could live any length of time. My trouble was with my heart and people told me that nothing could be done for a case like mine. I consulted the very best doctoms but they could do me no good. For seven weeks I could hardly cross the foor. I had no pain, but was so weak nobody in the world can believe how weak nobody in the world can believe bow and had given my little girl to my sister-in law.

One day a friend came to see ma, one day a friend came to see ma, g me by name, said. 'Lixte, if I w would try a dose of Milburn's H evre Pills as they are good for ouble.' My husband gos me s it woo days I was not feeling an it on the fourth day my husband the burth day my husband

will never be without the God knows if it had no rn's Heart and Nerve Pi have been alive 1

pills are doing you may 'Yes, I feel a g oruing.' He said, 'W

.



COULD NOT GO BACK WAS SO

Baccache is the primary trenhle. When the back a weak it is a warning that i liable to become affected.

Heed the warning; cheel and dispose of any chas

touls. If you don't, serious oo way ept to arise and the how you will have Drop Dright's Disease, the thi forms of Kidney Trouble. Mr. James Bryant, Ari-tomahed with his back as Kidney Fills, he writes--too much about the bonefit ung three borts of Doar the series of Doar una grachty troubled will series the small of my back would have to sit down. If we day have to sit down. If we day have to sit down. If and have to sit down. If we day but would I una advised to try Doa and I must may they complete Price 50 conto reac back

al I must say they comp Price 50 cents per b 1.25 st all dealers or