

Phone
656

ON.

hat's WHY

g. for..... 14c
kg. 14c
g. for..... 20c
d. reg. 20c pgs. for. 18c

eedless large lemons,
a dozen..... 34c
the ordinary lemons and
to-day's prices.

AL
in quart jars, with
get your supply at special

AND FRUIT
get your supply at special

..... 6c, 7c and 8c
..... 5c
..... 25c
..... 25c, 40c, 50c and 65c
..... 5c and 7c
asparagus and cucumbers.

bottle..... 20c
peaches, at special prices,
..... 27c
..... 10c
..... 12c
large bottles..... 8c
special..... 5c
..... 25c
..... 10c
s. for..... 13c
sine, a lb..... 37c
a gallon..... \$2.70
dozen for..... 25c
..... 23c

give best of satisfaction,
trial pack, 10 lbs..... 62c
24 lbs. for..... \$1.45
4 lbs. for..... \$1.45

flakes, a pkg..... 14c
as, a pkg..... 14c
pigs, for..... 23c
ial 2 pigs..... 25c
..... 7c
..... 7c
and Oats, reg. 35c pkg. 33c
2 pigs..... 24c

ool in the shoe or Slip-
have a big assortment of
n we are selling at very
w will save yourself a lot
ow you.

SHOE
STORE

er's Old Stand

VER HAPPEN

ES

THE OWNER

GENE BYRNES

WHY EXPERIMENT?

Food scientists claim that the leavener is largely responsible for the flavor, texture and wholesomeness of your home baking. That on no other one ingredient does so much depend. It is important, therefore, to use a baking powder that you know possesses the necessary leavening qualities.

MAGIC BAKING POWDER

Contains No Alum

and is the only strictly high class baking powder in Canada selling at a moderate price. Its reputation is built on purity and highest quality.

The only well known medium priced baking powder made in Canada that does not contain alum and that has all its ingredients plainly stated on the label.

Made in Canada

TALKING IT OVER

With Lorna Moon

HAI HAI! THE DERBY HAT. to blame for that. He was standing in the doorway. The sun was shining, he showed up in sharp relief with all the other garbage that I have shelled him for good up here again; I think crepe band is lay around. He was puffy, and his

What COMFORT LYE

Comfort Lye is a very powerful cleanser. It is used for cleaning up the oldest and hardest dirt, grease, etc. Comfort Lye is fine for making sinks, drains and closets sweet and clean. Comfort Lye kills rats, mice, roaches and insect pests. Comfort Lye will do the hardest spring cleaning you've got. Comfort Lye is good for making soap. It's powdered, perfumed and 100% pure.



is splendid for -

LIKE NIAGARA YOU CAN'T STOP IT RUNNING



The package with the Handy Little Spout

The Canadian Salt Co., Ltd.



JOE WENT UP IN AN AIRPLANE ONCE WITH RUTH LANE.

EVERY FIELDER, CATCHER, HAVE ONE!!



Joe Schultz was born in Pittsburgh, but in spite of that his hair is blonde. Joe waited a long time before fame shone the spotlight full in his face but when the sporting public heard that it took seven ballplayers from St. Louis Nationals to drag Joe out

of the minors, he took his place among the other baseball "celebs." True they weren't much, as ball-gave Kansas City for Joe, but seven to one is some odds at that. What-d-y-a-say? As a Major League prospect Joe dates back to 1912 when the Boston

shiny serge suit bagged dejectedly at the knees. The suit was almost a Copenhagen blue, and the spots that mottled the front gave it the appearance of being darker in front than it was in the back and under the sleeves. With this he wore a red tie and this is his crowning offence—a derby hat with a band of crepe upon it!

I usually forget a man who wears a derby immediately. I do it with the facility that is gained from many years practice. I don't want to remember a man who is addicted to the derby wearing habit.

The man who invented derbies was a mischievous rogue who did it as a joke, and men took the joke seriously! It is a good joke, but when his face is fat it looks as if it were spilling out of the hat in every direction. But no matter if the face is fat or thin it always looks funny when crowned with that felt abomination. I wouldn't bother to tell a funny story to a man who wears a derby; it would be a waste of time. I have a theory about that band of crepe. His wife died, I'm sure of that; and I'm convinced that I know why; in fact I have known a lot of women who have laughed themselves sick at the same joke.

HOME BRANCH SOLDIER SETTLEMENT BOARD.



MRS. JEAN MULDREW
Director Home Branch
Soldier Settlement Board

Mrs. Jean Muldrew, a leading educationist, has been appointed Director of the Home Branch of the Soldier Settlement Board, and will begin her duties at once.

ENTERPRISING ELMIRA

Events of Interest Among Our Neighbors to the North.

ELMIRA

Messrs. Will Allemang and Albert Brubacher spent the week-end in Toronto. Mr. and Mrs. Robert Lester and daughter, Beatrice of Hawkesville, spent Sunday at the home of Mrs. Frank, Mill St.

Mrs. Melville Fulcher and three children, of Montreal, will have spent the last three weeks with Mr. and Mrs. L. Fulcher, left on Monday for Toronto.

Miss Edith Uttley visited in Kitchener last Saturday evening. A number of friends motored to Kitchener to see her.

Mr. O. H. Vogt, Miss Philip Christman, Mrs. George Ruppel, Mrs. Jane Christman and Miss Hilda Eby motored to Galt on Saturday and spent the day with friends there.

Miss Carletta Starr and Mr. Charlie Starr, of Glenallen, visited at the home of Mr. and Mrs. Louis Fischer, over the week-end.

Miss Nora Heibeln left last week for Sorensburg, Sask., where she will spend a few months visiting her mother.

The Waterloo District Sunday-School Convention of the Evangelical Church will meet in annual session in Elmira on June 5th and 6th. A splendid program has been arranged dealing with various Sunday School problems. The Convention will begin next Thursday, June at 2:30 o'clock. Rev. C. Staehler, D.D. of Cleveland, Ohio, Editor of the Sunday School Literature and an expert on the work of the Sunday School, will be the principal speaker. A hearty invitation is extended to all workers in this cause. On Friday evening an Adult Bible Class Rally will be held. Dr. Staehler will deliver one of his famous addresses to the class.

Pte. George Pepper returned from overseas last Friday evening. A number of friends motored to Kitchener to home in Elmira.

Mr. and Mrs. Rendall, of Plattsburgh, visited in Elmira on Friday and visited their son, Mr. L. D. Rendall, Principal of the High School. Mr. Rendall returned home with his parents for a few days' holidays, as the school was closed Monday instead of Tuesday, the King's birthday.

Mr. Carl O'Neil is visiting Mr. Charles H. H. at Elmwood.

Miss Margaret Abel and Miss Mae Smith spent Saturday in Kitchener.

Mrs. Muldrew was lately Director of Household Economy for the Canadian Food Board and was active in promoting economy and thrift in connection with home management. In one year she gave 115 public addresses in most of the large cities and towns in Canada, and prepared a publicity campaign touching various questions of household science. One of her chief duties was to visit the Women's Organizations in every province for the purpose of enlisting their co-operation in saving food during the war. To her efforts there was a most satisfactory response on the part of the women of Canada. She was able to assist in creating such a spirit of thrift that in cities where statistics were prepared there was a reduction of the amount of kitchen garbage amounting to from 50 to 75 per cent. Mrs. Muldrew "regrets to report," however, that since the armistice the amount of garbage in those same cities has been increased about 50 per cent, which indicates that many still fail to realize the urgency of economy in household matters now that the war has come to a close. "Isn't that astonishing?" exclaims Mrs. Muldrew, "with thirteen hundred million dollars of a debt to pay?"

Mr. and Mrs. Ed. Arnold and family were visitors to Kitchener on Saturday.

Favors Sale of Wine and Beer

KINGSTON, June 3.—In his address to the Synod of Ontario this afternoon Bishop Edwell paid considerable attention to the prohibition question and indicated that he would favor the sale of light beers and wines under strict Government regulations. His lordship was strongly opposed to the restoration of the saloon and the bar, and would not make any change in present regulations in regard to spirits. Incidentally, the policy of the Ontario Government in the matter comes out.

Uric Acid in Meat Brings Rheumatism

Says a Little Salts in Water May Save You From Dread Attack.

Rheumatism is easier to avoid than to cure, states a well-known authority. We are advised to dress warmly; keep the feet dry; avoid exposure; eat less meat, but drink plenty of good water.

Rheumatism is a direct result of eating too much meat, and other rich foods that produce uric acid, which is absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine; the pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly cold weather the skin pores are closed thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate the uric acid which keeps accumulating and circulating through the system, eventually settling in the joints and muscles causing stiffness, soreness and pain. At the first twinges of rheumatism, get from any pharmacy about four ounces of Jao Salts; put a tablespoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities. Jao Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia, and is used with excellent results by thousands of folks who are subject to rheumatism.

Bad Complexions Peeled Off At Home

The girl with the poor complexion complains, "I have to touch up my cheeks. I am called a sight, and only my makeup saves me." Now, as a matter of fact, women spoil their good looks by improving them with cosmetics. The practice certainly is unnecessary, now that the virtues of ordinary mercuric wax as a beautifier have become known. It has been found that the wax has wonderful absorbent powers. It takes the faded and discolored skin to flake off in minutes, almost imperceptible particles, so gently, gradually, as to cause no inconvenience at all. In this way the old complexion is actually removed—like all fine lines, freckles, pimples, blotches, moles patches and other surface defects. A new complexion appears—clear, smooth, youthful, healthy—luscious skin such as no paint, powder or cream can produce. Heretofore, war, to be had at any drug store in convenient packages, is applied like cold cream and allowed to remain on over night.

Wm. METCALFE & Co.

Phone 300.
RETAIL STORE, QUEEN ST., SOUTH
COFFEE, TEA, PLANT AND WAREHOUSES, FOUNDRY ST., S.

On Thursday we will give you the benefit of our experience and purchasing power to assist in reducing the cost of living.

PINEAPPLES AND STRAWBERRIES.

SUGAR.
100 bags best Granulated Sugar, refined from pure Cane Sugar, per 100 lb. sack \$10.38
CANNED GOODS.
50 Cases best Canned Tomatoes, per doz. \$1.90
TEA.
Ten chests of 100 lbs. each, are all that remain of that choice Tippy Tea which has appeared on our Thursday list for the past thirty days, special for Thursday, per lb. 48c
VINEGAR.
Genuine English Malt Vinegar, thoroughly matured for three years, in Oak Casks, special for Thursday, per gallon 90c
This is the highest quality of Vinegar possible, being brewed from barley malt.

LEMONS.
Only 15 cases fancy California seedless Lemons. Special for Thursday, per doz. 35c
These lemons will be selling at 50c per doz. in ten days if present weather conditions continue.

BROKEN FANCY BISCUITS.
In the course of baking these fragile biscuits are broken to a considerable extent and therefore are removed from the ovens and packed in clean new barrels, special price 2 lbs. for 25c
PINEAPPLES (Special for Thursday).
Pineapples will soon be out of season.
Choice Pines for Thursday, 17c, 25c, 30c and 35c
NEW ARRIVALS.
Preserved Figs, per tin 35c
Apricots in heavy syrup, large tins, 48c
Casa Loma Pears, per tin 28c
Best Hawaiian Pineapple, large tins 50c
Cocoanut in its own milk, per tin, 25c
California Peaches in heavy Syrup, large tins 50c

SUNDRIES.
White House Cleanser for scouring, polishing and purifying, large tins, 3 for 25c
Best quality Ammonia Powder, large pkg., special 3 for 25c
Medium pkg., special 3 for 25c
Bon Ami Powder or Cake, special, 14c
English Washing Soda, 5 lbs. for 15c
Chloride of Lime, large pkg. 15c
Caustic Soda, 5 lb. tin, special 38c
2 lb. tin special 13c
Babbitts' Concentrated Lye 13c

COCOA.
Special quality pure Cocoa, in bulk per lb. 28c
Baker's Cocoa, 1/2 lb. tins 23c
Fry's Cocoa, 1/2 lb. tins 23c

COFFEE.
Our special blends of high grade Coffee, fresh from the roaster at the same old prices for Thursday, per lb. 40c and 50c

TEA.
Finest English Breakfast 80c
Fine English Breakfast 70c
Choice English Breakfast 60c
Japan's best uncolored Tea 70c
These are the finest Teas on the Canadian market.

MEAT COUNTER SPECIALS.
Choice Peanut Butter, special per lb. 25c
Dill Pickles, large, 6 for 25c
Heinz's sweet mixed Pickles, per pint 25c
Specially Cured Breakfast Bacon per lb. 60c
Roast Beef, per lb. 75c
Boiled Ham, per lb. 70c
Macaroni Loaf, per lb. 40c
Cooked Ox Tongue, per lb. 75c
Jellied Veal, per lb. 60c
Cooked Corned Beef, per lb. 60c
Best Summer Sausage, per lb. 60c
Pure Leaf Lard, per lb. 40c
Armour's Margarine, per lb. 45c

CHEESE.
Canadian Swiss Cheese, per lb. 36c
Canadian Cheddar Cheese, per lb. 40c
Ingersoll Cream Cheese, large 23c
Ingersoll Cream cheese, small 14c

SPRUP AND MOLASSES.
Golden Corn Syrup, per tin 28c
Lily White Corn Syrup, per tin 28c
Special quality fancy Molasses, per qt. 45c

PICNIC SUGGESTIONS.
Fancy Stuffed Olives, 25c and 35c
Underwood's Devilled Ham for dainty Sandwiches 28c
Potted Beef Ham for Sandwiches 25c
Best red Salmon, small tins 25c
Best quality Tuna 40c

FRUITS AND NUTS.
Fancy yellow Bananas, per doz. 35c and 40c
Fancy red Bananas, per doz. 75c
Sweet California Oranges, per doz. 40c
Fancy large seedless oranges, doz. 90c
Select seedless Lemons, per doz. 35c and 40c
Strawberry Pineapples 17c to 35c
American Strawberries, lowest market price.
Seedless Grape Fruit, 2 for 25c
Select large new Brazil Nuts, per lb. 65c
Fancy shelled Almonds, per lb. 75c
Fancy sweet shelled Walnuts, per lb. 75c
Choice shelled Filberts, per lb. 60c
Choice shelled Peanuts, per lb. 25c

PRUNES, RAISINS AND DATES.
Fancy sweet Prunes, per lb. 22c
Choice sweet Prunes, per lb. 20c
Fancy seeded Raisins, special, per pkg. 18c
Fancy seedless Raisins, per pkg. 20c
Dromedary Dates, per pkg. 27c
Excelsior Dates, per pkg. 23c

SNOWFLAKE MARSHMALLOW CREME.
Miss Emma E. Curtis, Melrose, Mass., is responsible for the name and for the article also, it may be used in many ways and is said to be delicious, per tin 25c

FLAVORING EXTRACTS.
Vanilla, regular 15c, special 8c
Lemon, regular 15c, special 8c
Fruit Color, regular 15c, special 8c
Extra quality Vanilla, large bottles 30c
Extra quality Lemon, large bottles 25c
Extra quality Ratafia, large bottles 25c

SPECIAL SALE OF LUX.
10 Cases Lux for Thursday morning, special, per pkg. 10c

MINORS.
This is the third time he's come up.

Joe Schultz was born in Pittsburgh, but in spite of that his hair is blonde. Joe waited a long time before fame shone the spotlight full in his face but when the sporting public heard that it took seven ballplayers from St. Louis Nationals to drag Joe out

of the minors, he took his place among the other baseball "celebs." True they weren't much, as ball-gave Kansas City for Joe, but seven to one is some odds at that. What-d-y-a-say? As a Major League prospect Joe dates back to 1912 when the Boston

Nationals drafted him from Akron. He went back to Toronto but came up again two years later with Brooklyn, playing there a season, and then going in a trade to the Chicago Cubs. That team sold him to Pittsburgh, where he played part of 1916 and went back again to the minors.

Now he is up to wear his fourth National uniform.
Joe is 25 years old, six-foot tall and weighs 175. He bats and throws right handed and always has been a good hitter of the Wagner type. In 1917 with Toronto he hit .313 and with Kansas City last year slammed

him out for .368.
Not bad, eh?
An injured arm gave Joe trouble up until last year and he reports the wing in good shape now. He is a cousin of Hans Lobert, the old third baseman of the Giants.
Joe is married and has a baby.

ends itself strongly to him. After pointing out that the prohibition measure, introduced by the Government, has the approval of the large majority of the people, he goes on to say that the Ontario Government "are to be highly recommended to their statesmanlike, and constructive policy in the line of action upon which they have determined." He points out that "the referendum to be submitted to the people, is only just and fair, gives an opportunity to all of expressions their opinion, including those who, while supporting prohibition as a war measure, and remaining strongly opposed to the return of the saloon

and bar are not convinced that absolute prohibition of every kind of alcoholic beverages is, in normal times, the best method of securing the object in view."

Regarding the duty of the Anglican Church, the bishop said: "Our church is not committed to prohibition to the exclusion of any other method of abolishing drunkenness and promoting real temperance. Nor can it subscribe to the doctrine that the use of wine as a beverage is in itself wrong. To do so would be to contradict its own sacred sacrament, not to speak of the imputation of Him who instituted that sacrament."