

reduces mental strain, and has resulted in a shorter treatment period.

The North is not without its alcohol problems. The territorial alcohol-education programs, in collaboration with committees of concerned persons in various communities, now educate and counsel individuals, families and employers on the prevention and treatment of drinking problems.

Crime is also being combated at the local level by decentralizing correctional services in the hope that keeping inmates closer to their homes will act as a positive factor in their rehabilitation.

The N.W.T. now provides funds for recreational purposes and leadership-training programs. Wherever possible, existing facilities, such as school gymnasiums, are used; however, other major projects, such as portable swimming pools and an arena, have been undertaken with success. There has been extensive Inuit participation in the Arctic Winter and Summer Games, which include native games and competitions.

Housing and community services

One of the most difficult adjustments imposed on the Eskimos in recent years has been necessitated by the increase in urbanization. Isolated settlements have become organized communities, and a sedentary way of life, with most of the amenities of a Southern Canadian town, has become possible. In spite of the good things that urbanization has brought with it, the Inuit-turned-townsmen still experiences much frustration and much conflict between the new "life-style" and values and those he has been used to.

Northern housing programs are intended to provide adequate shelter for all Inuit at rents they can afford. The homes that are being built in accordance with this policy are of a standard as high as possible consistent with the level of services available in the individual communities. An important element in the success of such programs is the participation of the natives themselves in their operation and administration.

The main housing agency is Northern Rental Housing, which came into existence in the Eastern Arctic and now serves the N.W.T. The rent for a house provided with heat, light, water and sewer services starts at \$5.00 a month. About 2,500 homes have been erected in the N.W.T. under the NRH program, which has paid high dividends in better health conditions and has played an important part in the process of rapid urbanization. Tenant associations have taken over