

MONTREAL HOMEOPATHIC HOSPITAL

HINTS.

Report for February, 1897.

Number of patients admitted.....	32
“ “ patients discharged..	20
“ “ remaining in hospital, Feb- ruary 26.....	13
“ “ patients treated in dispen- sary.....	65

SICK ROOM COOKERY.

CLEAR SOUP.

2 quarts beef stock, which has been strained and cooled, take off all the fat, put into a stew pan with one-half carrot, one-quarter turnip, 1 small onion, herbs and parsley, whites and shells of two eggs. Whisk on the fire boiling. Let it stand on one side of the stove ten minutes, strain through a cloth and serve.

RAW BEEF JUICE.

1 pound beef shredded, 2 or 3 drops hydrochloric acid or lemon juice, 1 gallon water. Stand three hours stirring occasionally. Then squeeze through muslin and serve very fresh.

BEEF JELLY.

½ ounce isinglass soaked in a little cold water, then dissolve in ¼ pint of beef tea or beef juice and set a little cold water, then dissolve in ¼ pint of beef tea or beef juice and set on ice till stiff, makes a nice jelly. This is nourishing, and makes a variety in serving beef tea of which a patient soon tires

SCALLOPED OYSTERS.

3 dozen oysters, ½ pint cream, 3 oz. fresh bread crumbs, a little butter, salt and pepper. Blanch the oysters in their own liquid or milk, beard them. Line some shallow tin or soup plate with half the crumbs, put the oysters on them, add cream and seasoning, cover with remaining crumbs, putting a few lumps of butter on top. Bake till a nice golden brown and serve hot.

HOSPITAL WANTS.

- Wrappers for patients.
- Pieces of carpet for bedside mats.
- Soap.
- Tea.
- Empty vials for dispensary.
- Die for nurses' medals.

For one dollar, you can have the Record sent to five friends for one year.

“Tobacco heart” with intermittent beats has been relieved with *Kalmia latifolia*.

“It is more than probable that one of the causes of constipation is the small quantity of water taken into the stomach by many persons.”—E. M. Hale, M.D.

Dr. S. J. Smith says that *Esculus glabra* (in about the 1st potency) is a remedy for “shaking palsy.” The same writer highly commends *Arnica sativa*, in 20 drops doses of the mother tincture, for epilepsy, and, as internal remedy, for sprained back

Dr. Nancy I. William, of Augusta, Me., reports cases when they were smarting, burning and itching and sores that exuded a watery fluid, that yielded promptly to *Rhus tox*. Also several cases of granular eyelids, not confined to the edges of the lids, that were cured by *Natrum mur*.

Slow, difficult teething and much sweating about the head in babies calls for *Calcarea carb*.

Cantharis is the remedy often needed in burning and bloody urination. Dr. *Cantharis* is also used in *anginis et prohibitorum nocuenti.* *Cantharis* also used arsenic in infinitesimal doses as a remedy for intermittent fever. In China *Cantharis Indica* was used as a sedative 200 years before our era. The Arabs used aloe and camphor as we do. The speculum, the probe, the forceps, were known in the year 700; in fact, specimens of them have been found in the ruins of Pompeii, and are preserved in the National Museum at Naples. *Lechang*.

per, *Bryonia*; hot weather constipation, *Bryonia*; constipation of the sedentary or those affected with piles, *Nux vomica*; from travelling, *Pistina*; with violent colic, *Phumbum*.

From an old Journal (Hom. News, 1854.)

“*Carbo animalis*, cured rending tearing pain caused by salt victuals, with bleeding gums and looseness of teeth.”

For persistent bleeding after having a tooth pulled, rinse the mouth with *Hamamelis* and water. The snuffing of a little *Hamamelis* and water up the nose will stop nose-bleed.

Persistent itching of the anus may be often cured by a few doses of *Ratanhia 3*.

Profuse watery discharges from the nose excoriating the lip, *Arsenicum*.—*Homœopathic Envoy*.