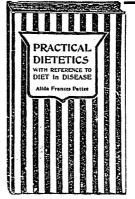
cal science, he who works alone with no one to discover his ignorance; or he who is surrounded by a lot of bright young fellows who have read the last Lancet or the newest Annals of Surgery, and can trip him up if he is not abreast of the times? I always feel at the Jefferson Hospital as if I were on the run with a pack of lively dogs at my heels. I cannot afford to have the youngsters familiar with operations, means of investigation or newer methods of treatment of which I am ignorant. I must perforce study, read, catalogue and remember, or give place to others who will. Students are the best whip and spur I know.—W. W. Keen.

MATTERS OF GENERAL INTEREST.

One of the most interesting inhabitants of a pond is the insect known as the water boatman, which may be observed floating about in the water. However, instead of floating back uppermost like the beetle family, he prefers to swim with his back downwards, an arrangement which, however seemingly awkward from our point of view, is to the boatman an advantage, enabling it to attack its prey from beneath, a mode of assault it is said to practise successfully even



WHAT SHALL THE PATIENT EAT?

Practical Dietetics

solves the question. It contains diet lists for and what foods to avoid in the various diseases, as advised by leadings in America. It also gives in detail the way to prepare the different foods. Also appropriate diet for the different Stages of infancy. A book of great value for the physician, rurse and household.

Pattee's "Practical Dietetics"
Has been recommended by

Governments, United States and Canada (Adopted for use by the Medical Department and placed in every Army Post.

Medical Colleges and Hospitals; Training Schools, (Adopted as a text-book in the leading schools of United States and Canada.)

Fifth Edition just out, 12mo., cloth, 320 pages. Price, \$1.00 net. By mail, \$1.10. C.O.D., \$1.25

A. F. PATTEE, Publisher & Bookseller,

Mount Vernon, New York
NEW YORK OFFICE: 52 West Thirty-ninth Street,

upon small fish. When swimming upon the surface of the water the boatman resembles a miniature boat with oars.



The potato is one of the most valuable plants we have. Besides being

DUNCAN, FLOCKHART & CO.'S CAPSULES Hypophosphites (No. 252)

This Capsule strictly represents Syr. Hypophos (Duncan.)

In each Drachm
Each Capsule equivalent to 30 minims.

A Perfect Nerve Tonic, is extremely useful and malnutrition, especially when associated with anemia,

Of great assistance in treatment of great exhaustion especially that brought on by overstrain, anxiety, etc., and an excellent reconstructive tonic in recovery from typhoid, enteric, malarial and other fevers. It is also a valuable agent in treatment of pulmonary and other types of tuberculosis.

(Full list of D. F. and Co., Capsules will be sent on request.)

Sample sent Physicians on Application—may be ordered through all Retail Druggists.

R. L. GIBSON,

88 Wellington St. West.

TORONTO