

missed among his friends, and even by his enemies, as he is a strong fighter against all iniquities, and will carry all good wishes across the water with him. On his return to the city he will take up the practice of his specialty.

Miscellaneous.

Where you are in doubt as to the diagnosis, examine the urine; and where you think you know, examine the urine.—*Ex.*

A married lady with her little daughter, in visiting a friend, was telling her of how she spent her bridal trip in Europe, when her little daughter spoke up, and asked: "Did I go with you, mamma?" "No, my daughter: you went with your father, but came back with me."—*American Medical Journal.*

Non-elimination of effete materials from the circulation is the foundation of many departures from health, and forms the basis of most diseases. Rheumatism and gout are familiar examples, while

anemia in its protean forms is becoming more and more recognized as having the same *fons et origo mali*. Rapid oxygenation is the true remedy, and pill: hematonic: (Howard's) is the most valuable agent for this purpose.

It is not poverty of diet so much as monotony of diet that exercises an unhealthy influence on the poor. As a matter of fact they eat "stronger" food than the rich, more bread, meat and simple vegetables, but their cooking is rude, and they eat the same things the whole year through. People who are well to do, or who are better cooks, get more variety with fewer things, and always have something to tempt the appetite. Soup can be made to resemble greasy dishwater, or it can be made a really savoury and nutritious thing, and there are a hundred different ways of serving potatoes. Free cooking schools would be a first-class thing in the tenement districts of large cities.—*Ex.*

Some two years ago an Austrian physician advanced the theory that persons who have been stung by bees enjoy an immunity from the effects

[OVER.]

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