

Literary Notes.

Niagara Rainbow is the poetic name of a new periodical issued by the pupils of Loretto Convent at the Falls. From the artistic cover which has a picture of the Cataract, with the Convent in the background, to the last page, it is most creditable to all concerned—the editorial staff, the contributors and the printers. A fine photogravure of Mgr. Satolli forms the frontispiece. Its opening poem on The Rainbow by Dr. O'Hagan is one of the best we have seen from the pen of this gifted writer. The varied subjects of its articles—Shelley, Woman's Empire, The Music of the Mass, Immortal Years, Madame Ball, Niagara, and many others, are treated in a manner that might well excite the envy of more pretentious magazines and more experienced writers. And when we see the name of Dr. Brann of New York as one contributor and the promise of an article from Mrs. Lathrop for the next number we are certain that the young Editors are bent on placing *The Rainbow* at once amongst the first class. One wish we wish Miss O'Brien and her associates. May the sun of prosperity ever shine upon *The Rainbow*, while from its columns there refract the colors of thought that charm the sense and refresh the soul.

The Canadian Magazine for January is to hand brighter, more varied and more sprightly in articles than ever. All the provinces from the Atlantic to the Pacific are represented amongst the contributions. "Howe and his Times" gives an interesting account of Nova Scotia's public men of the last generation. "Longfellow's Wayside Inn," illustrated, is full of historical interest for all admirers of that sweetest of American singers. "A Christmas story," quite realistic in its plot, is well told. The original poetry is above the average—which is saying a good deal, for *The Canadian Magazine* has published several excellent poems. But the article which took our fancy was the description of scenery in Ireland. It recalled not the fair scene only, but the guide, for we also fell in with Dennis Ryan when visiting the lovely valley of Glendalough.

Dangers of the Tea Habit.

The *London Hospital* has been sounding a note of alarm regarding the extent to which the habit of tea drinking is indulged, no less a quantity than 207,055,679 pounds having been consumed in Great Britain last year. This paper states that "not only are we yielding, with all the weakness of an inebriate to the disease of nerve and stomach which excessive tea drinking brings in its train," but, after instituting a comparison between teas of Chinese and Indian growth, it continues: "We drink more tea than our parents; we take it oftner, stronger and of coarser quality. The results are less obvious than those of alcoholic intoxication, but not less serious; and in truth the time may not be far distant when the earnest disciples of the new temperance will plead with us, with tears in their eyes, 'Give up this accursed tea and take to cocoa or even to beer.'"

The proposed monster bell which the Russians of Moscow were to send to Notre Dame, in Paris, has to be withheld, neither of the two towers of the cathedral having been constructed to sustain such an enormous weight.

Mozart And Gounod.

There is a very beautiful engraving of the dying scene in Mozart's life. Propped up by pillows he listens to the strains of his Requiem Mass sung by his friends. The same sad ceremony was repeated in the last days of Gounod's life. A fervent Catholic, he consecrated his genius to Church music; and everywhere the music which he composed in the honor of God and his saints is sung by thousands of Christians, who find in the harmonies invented by Gounod strains which elevate their souls to the contemplation of heavenly beauty. The very last notes that he heard were those of his Requiem Mass, which with a party of friends, he sang at his own home the day that he was stricken with his fatal seizure. It was indeed a beautiful ending of a good life. *Miserere, Domine.*

Deep Sea Creatures.

The queerest thing about deep sea creatures is their arrangement for vision. Fish that live at very great depths have either no eyes at all or enormously big ones. Indeed, there are two ways you may get on in these gloomy abysses—by delicate touch or gans, or by sight that collects the few rays of light due to phosphorescence or other accidental sources. Down to the depth of 200 fathoms the eyes get constantly bigger and bigger. Beyond that depth small-eyed forms, with long feelers, developed to supplement the eyes. Lower still we find functionless eyes, and in the most confirmed abyssal species the eyes have disappeared entirely.

If you want your pathway through life to be smooth and firm, pave it with God's promises.

Installation of Officers.

At the last meeting of St. Michael's Branch, No. 85, C. M. B. A., Toronto, the following officers were installed for this year:

Spiritual Director, Very Rev. J. J. McCann, V. G.; Chancellor, Dr. J. J. Cassidy; President, James Connors; 1st Vice-President, M. Coughlin; 2nd Vice-President, Thos. Ryan; Recording Secretary, T. B. Winterberry; Assistant Secretary, J. L. Kinsman, Financial Secretary, J. J. Burns; Treasurer, P. J. Lynar; Marshal, Jno. Liston; Guard, J. J. Farrell; Trustees, D. F. McCloskey and Wm. Ryan; Representative to the Grand Council meeting at St. John, N. B., in September next, Wm. Ryan; Alternate Representative, D. J. Walsh.

The next meeting which will take place on Tuesday, 23rd, instant, will be a very interesting one, as those now officers will make their inaugural addresses and the members will discuss some proposed amendments to the Constitution, which are to be brought up at the Grand Council meeting. This Branch increased in membership very satisfactorily during the past year, and is now in a flourishing condition. If its increase continues proportionately to last year, it will be at the end of 1894 about the largest and most prosperous Branch in the city.

BRANCH 54, MONTREAL.

The installation of officers for the year 1894 took place on January 11th in our hall, corner of Notre Dame and De Salaberry streets, and was performed by acting Assistant Huwisor, assisted by the retiring President, Chancellor Coleman. The following gentlemen were installed: C. O'Brien, President; N. Chamberlain, 1st Vice-President; Patingale, 2nd Vice-President; T. McDonald, Treasurer; Francis D. Daly, Recording Secretary; E. D. Egan, Financial Secretary; P. Brennan, Assistant Secretary; P. O'Brien, Marshal; F. Leighthead, Guard; Chancellor Purcell, T. McDonald, W. Egan, J. Cuddy, Trustees; Chancellor, J. Coleman, Representative to Grand Council, and Chancellor Purcell Alternate.

Branch 54 shows from its past record that it has in no way retrograded as a Branch. Acting Grand Secretary Howison congratulated the members on their judicious choice of officers, and in an especial manner he referred to Chancellor O'Brien, for whose qualifications as President he has the utmost consideration. Applications for membership are coming into this Branch in a most gratifying manner. We have established a Benefit Association in connection with the Branch. Entrance fee only two dollars; dues 25 cents per month and 50 cents half yearly, or one dollar per year towards seeing a medical man in all four dollars per year to the Benefit Association.

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Hon. Sir R. J. Carrington, K.C.M.G.,
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The Corporation undertakes all manner of TRUSTS and acts as EXECUTOR, ADMINISTRATOR, GUARDIAN, COMMITTEE, TRUSTEE, ASSIGNEE, LIQUIDATOR &c., or as AGENT for any of the above appointments. Estates managed. Money Invested. Bonds issued and countersigned. Financial business of all kinds transacted.

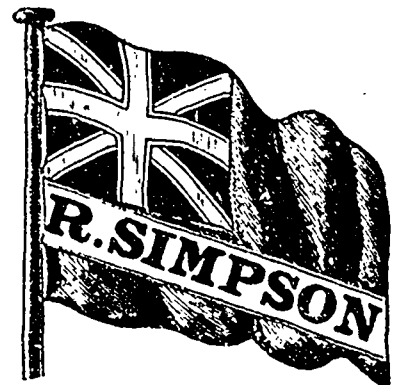
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Weak Lungs.

Comparatively few persons have any intelligent knowledge of the weakness of the lungs, or how easily an inflammatory condition can be induced to jeopardize life. Thousands of men and women work hard all day in over-heated apartments, perspire freely, and then pass into an atmosphere many degrees below freezing point, thus changing in a moment the conditions under which the lungs have been laboring. Persons who do this run great risks, not merely to health, but to life, as they are almost certain to contract dangerous respiratory affections which will require the fullest virtues of Hallam's Expectorant to counteract.



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