

to be aerated and thence onward to the remotest capillaries, renewing and recreating every nerve and muscle-cell; the tired brain is relieved of its weary load of surplus blood, and the happy cyclist returns from his run of five, ten or twenty miles refreshed and rested, with an appetite and digestion like a wood-chopper, and a capability for sweet and restful sleep that goes only with a clear conscience and a healthy body.

"The Pharmacopœia contains no tonic, blood purifier, and hypnotic at all comparable for agreeableness and efficiency to the combination of steel and rubber in a good bicycle. I know whereof I speak, for I rode my wheel out of the valley of the shadow of cerebral exhaustion and insomnia into excellent health.

"The tricycle, though neither so graceful nor so swift as the bicycle, is equally excellent in its effects upon the physical health, and is, I am satisfied, the form of exercise for delicate women, being extremely beneficial to many to whom the jar of walking is unendurable torture. I know of cases of spinal irritation, so-called, that could not bear even short walks and so failed of needed exercise, that improved so much through riding the tricycle that their health is now perfect, and they have made long tricycle runs—50 miles in a single day in one case—and are able to walk five or ten miles at a time without undue fatigue. Of course, like all other human devices, the wheel is capable of abuse. Foolish boys, who will persist in riding wheels too large for them, may suffer strains in consequence. Young enthusiasts who indulge in racing—that bane of athletics, that intemperance of exercise—may, and often do, suffer heart-strain in reward for their foolishness; but the number thus injured is utterly insignificant in comparison to those who are benefited. In a strictly moral sense, the wheel has a good influence. It insists upon sobriety upon the part of the rider; its races, foolish as they are, are at least free from the curse of the bookmaker and the pool-seller.

"Here in Rochester, where wheelmen have always been freely given the rights they have had to struggle for in many other places; where many of the most graceful and skillful riders in the country are grouped in the Rochester and Genesee Bicycle Clubs; where Messrs. Kaufman and Barber have made Breitman's ironical dream of a one-wheeled velocipede a practical reality—here, where the wheel has long been in use and its excellences are well known, there is but little need of an advocate of cycling. Yet I may hope to have shown to some who may not have given the matter much thought, that the bicycle and tricycle are of use for business and for pleasure, for health and for morals in social and political life, and thus are factors, and benevolent factors, in our civilization."

Wheel Tracks.

New York city has over 1200 riders.

A bicycling club has been formed in Port Hope.

The Springfield Bicycle Club has adopted a uniform of black.

It's a curious fact that when the going is the softest it is the hardest.

Thomas Stevens has been elected an honorary member of the Massachusetts Club.

Abbott Bassett will retain the chairmanship of the racing board until after the May election.

The "Central Wheelmen" is the title of a new cycling club organized at Cincinnati, Feb. 15.

Burley B. Ayers has resigned as tourmaster of the League, which means no League tours this year.

The steel cruisers of ancient days were the pirates. The steel cruisers of to-day are bicycles.

The Rear driving Facile, brought out in England this season, is wonderfully like the American Star.

The "Vendome" is no longer a League hotel in Boston. The Tremont House will take its place.

Richard M. Campbell, the wheelman, who is touring in Ireland, will leave for America on 1st of April.

The citizens of Clarksville and vicinity will subscribe \$300 to pay for the world's championship cup.

At their last meeting the Chicagos voted to incorporate the club, and immediate steps are to be taken.

The Montreal Gazette says: "It is a fact that cycling has more newspapers than any sport in the world."

Although the Ghent (Belgium) club was only founded a year ago, it counts already 49 members, and they are always increasing.

Up to last advices it was found that Massachusetts had fallen off in League membership about one-half from what it was last year.

There are one hundred and fifty wheelmen in Oregon and Washington Territory, and there will be twice that number in two years.

Thomas Stevens says he has suffered much from the heat in India, and never expects to see much cycling done there, unless by natives.

Doesn't being jerked into the air off a bicycle by an obstreperous spring remind the soaring enthusiast that "spring-time's come again"?

England and the continent seem to be the El Dorado of fancy riders of the cycle. The last exportation was that of Wilnot and Lester.

At Stonebridge, England, over 800 riders put in an appearance in one day, 27th Feb. The roads and the weather were reported as "grand."

J. F. Ives writes Percy Stone, and says he is going into the professional ranks this season, and he feels he was a "damned fool" not to have gone in last year.

In June a Napanee bicyclist will try a course from Napanee to Kingston, Kingston to Belleville, and Belleville to Napanee. He will make the best time he can on a wager.

The New Orleans lantern parade was a great success. There were not more than fifty men in line on cycles, but they made up in quality what they lacked in numbers. The costumes were elegant.

Mr. E. P. Baird, late of New York, now resident in Montreal, was on a trip west a couple of weeks ago. The 1st of July will find him at Brantford to get better acquainted with the Canadian fraternity.

The Springfield Bicycle Club decided by a vote of 15 to 11 not to hold a tournament this fall. Mr. Ducker says there will be one nevertheless.

The Pennsylvania Bicycle Club, of Philadelphia, now has over a hundred members. It has purchased ground, and, it is said, will soon build.

We are told that the recent earthquake travelled at the rate of 500 miles an hour, but the dispatches fail to state what make of wheel it rode.

Holyoke, Mass., has a new club that proposes to step into the shoes of the Springfield Club and give a big tournament, if the latter-named organization decides not to give a meeting.

The Detroit Bicycle Track Association will expend several hundred dollars on the track in the spring, and it is expected that some good time will be made on it this summer.

The annual tour and sports of the Illinois Division will be held July 2, 3 and 4. The route is from Chicago to Aurora, thence to Princeton, Senachwine Lake, and down the Illinois River bank to Peoria.

Mr. E. H. Draper, one of Drayton's enthusiastic wheelmen, was in London on March 8th and 9th, and reports that cycling is booming in a small way in Drayton. Their club will be in Brantford on the 1st of July.

A verdict for \$82 and costs has been given in favor of Arthur J. Hance against the town of Guildford, Ct. He fell off a bridge, the sides of which were improperly guarded, and over which he was riding his bicycle.

Mr. Geo. H. Hill, lately in the employ of Mr. Lane, of Montreal, has accepted a position with W. B. Everett & Co., as travelling salesman. He will take to the road shortly, and push the Singer machines with energy.

In England it is held that a man hiring a machine may collect damages, direct and indirect, in case the machine breaks through any defect in the make or mechanism of the wheel. This is an important precedent established.

We learn from the Lynn (Mass.) Bee of the 5th ult. that Wm. A. Rowe has signed with the Pope Mfg. Co. to ride their machines next season. So the often-asked question, "Will Rowe race this season?" is at last settled.

A new bicycle club has been organized in Detroit, called "The Star Bicycle Club of Detroit." It has about fifteen members for a start, and as only Star riders are allowed to join, will not at present overreach the Detroit Club.

The L.A.W. Bulletin will, in future, be issued from 22 School st., Boston. A Mudge & Sons have secured the contract for printing. The Bulletin has also coincided with removal wisely decided to advance its advertising rates.

The Springfield Bicycle Club has limited its membership to 100, and the age of membership at 21. The initiation fee has been reduced from \$15 to \$7, and the possession of a wheel as a requisite for membership has been done away with.

John A. Wells has attached all the effects of the L.A.W. in Philadelphia, preliminary to a suit against the L.A.W. business committee, as publishers of the Bulletin, for an alleged debt of \$572.52 due to commission on advertising contracts.

Says The Wheel: "Kennedy Child has an article in the Boston Globe on tricycling for ladies. Mr. Child thinks that tricycling would be detrimental to but three out of every 1,000,000 women. We ask our readers to try and conjure up the spectacle of only 1,000,000 women!"

At a meeting of the active members of the Boston Bicycle Club it was the unanimous sentiment not to make it obligatory upon the members to join the League. Everyone thought they ought to join as individuals, but not as a club. Men don't like to be compelled to do even what they believe in.

In Serbia, Thomas Stevens found to his surprise that a bicycle club of 20 members existed. There, each owner of a bicycle is proud of the name which his bicycle bears, such as "Joy of the Road" and "Oriental Beauty."

Chicago is all on an end preparing for the handicap road race to be given next Decoration Day in that city over the Pullman road. The "toughs" are working the home-trainers and the gymnasiums, getting up muscle and wind.

Manufacturers report that the demand for bicycles and tricycles is already greater this year than ever. They attribute this fact largely to the notoriety given to Mr. Thos. Stevens' tour around the world. Many orders have been received from abroad.

Mr. Stevens seems to think that Japan affords a magnificent field for the bicycle in the near future. The "Japs" are progressive, and know a good thing when they see it. Who will be the first enterprising firm to establish an agency in Japan?

Paris boasts of a parrot that rides a bicycle. The bird may be seen nightly at the Folies Bergères. The other night the bird shrieked out, "Oh, I know I shall"—"Shall what, Polly?" said the owner. "Fall off and break my bally neck," said the bird, in agonizing tones—and then the curtain fell. This is a fact from *Wheeling*.