### Selected Recipes.

ORANGE SALAD.—Peel eight or nine oranges, and remove all seeds and every particle of yellow skin; divide into small bits and mix with nearly as much crisp celery finely cut; lay this on lettuce leaves, and pour over it a large spoonful of salad dressing made from the following rule: Salad Dressing.—Beat lightly the yolks of three eggs, and add one half teaspoonful each of salt and mustard, and one teaspoonful of sugar; beat again very lightly, then add slowly four tablespoonfuls of melted butter and six tablespoonfuls of vinegar; cook in a double boiler until it is like custard, and when ready to remove from the stove, add the well beaten whites of the eggs; before serving and when perfectly cold, add a cupful of whipped cream. This dressing will keep a week before the whipped cream is added.

PLAIN CAKE.—Sift two cupfuls flour with one and a half teaspoonfuls baking powder for a plain cake; stir one heaping tablespoonful butter with one cupful powdered sugar to a cream; add two eggs, one at a time, stirring a few minutes between each addition; flavor with half teaspoonful grated nutmeg; add last alternately the flour and three quarters cupful milk; stir just long enough till the flour is mixed with the other ingredients. Butter a cake mould and dust with flour or bread crumbs; pour in the mixture and bake in a slow oven till done.

When a cake is required in a hurry, try this recipe. The cake can be prepared, baked and on the table in half an hour if necessary. Sift a heaping teaspoonful of baking powder into a cupful of flour. Cream a cupful of sugar and a tablespoonful of butter, add the flour, one-third cupful of milk and a teaspoonful of vanilla or any other flavoring that is desired. Beat quickly and thoroughly for five minutes, turn into two shallow tins, well-greased, and bake in a hot oven.—'Catholic News.' PLAIN CAKE.—Sift two cupfuls flour with

#### God's Plan.

O mothers, lonely in your house to-day, From whence the voice of glad young life has flown.

Where joy once reigned, sits silence cold and

gray, The children now have dear homes of their own.

That this might come to us one day we knew, For always, ere the frost has kissed the flowers

The full-fledged birdlings from the home-nest

But ah, the autumn seemed so far from ours!

And not for us the hope the fond birds share, That brings them hastening over hill and

plain
To build and rear anew with tend'rest care;
For never may we build and rear again.

But would we keep our dear ones, though we might:

Nay, mother hearts, not self-love do we know;
When once they prove their strong young wings in flight,
We hide our tears, and, smiling, bid them

Some day, perhaps, when little fingers twine In chinging trustfulness about our own.

And eyes so strangely like to yours and mine Look up with loving glances we have known.

With joy we'll clasp the precious thing and

say

This is reward for all our loss and pain;
his is God's plan, that haply thus we may,
Through children's children, build and rear

-Helen Marquis.

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samples and fashions.

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Eternal blessings crown my earliest friend, And round his dwelling guardian saints at-

tend! Blest be that spot where cheerful guests re-

To pause from toil and trim their evening

Blest that abode where want and pain repair, And every stranger finds a ready chair!

How small, of all that human hearts endure, That part which laws or kings can cause or cure!

Still to ourselves in every place consigned, Our own felicity we make or find; With secret course which no loud storms an-

noy, Glides the smooth current of domestic joy

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THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building, at the corner of Cra and St. Peter streets, in the city of Montreal, by Joh Redpath Dougall and Frederick Eugene Dougall, both of Montreal.

business communications should be addressed 'Live

Montreal.

business communications should be addressed 'John Dougall & Son,' and all letters to the editor should be addressed Editor of the 'Northern Messenger.'