

THE HORRORS OF INDIGESTION

Relieved by "Fruit-a-lives" the Fruit Medicine

Indigestion, Weak Digestion or partial digestion of food, is one of the most serious of present-day complaints—because it is responsible for many serious troubles.

Those who suffer with Indigestion, almost invariably are troubled with Rheumatism, Palpitation of the Heart, Sleeplessness and excessive Nervousness. "Fruit-a-lives" will always relieve Indigestion because these tablets strengthen the stomach muscles, increase the flow of the digestive juices and correct Constipation, which usually accompanies Indigestion.

50c a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Guide-Advocate

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W. C. Aylesworth, Publisher.
T. Harris, Editor.

ADVERTISING RATES

Display Ads., set, transient 25c in.
Display Ads., set, year contract 16c in.
Display Ads., plate, 16c in.
Special Position 25c in.
Theatrical Advt's. with reader or cut 35c per in.
Business Locals, Front Page 10c per line, inside pages 5c per line.

FRIDAY, DECEMBER 8, 1922

NOTE AND COMMENT

Earl Haig says that there were no shock divisions in the British army. But the Canadian corps that headed the attack near Amiens, and later headed into the Hindenburg line, in 1918, were regarded by Foch as shock troops.

Germany has been enjoying or otherwise, a new cabinet crisis. At the same time her issue of paper money has broken all records. The country has a long way to go before it wins back to the peace it so recklessly threw away.

The advertising rates of the New York Globe are \$4.90 an inch, the New York Journal \$12.04 an inch, the New York Mail \$15.60 an inch, the New York Post \$4.75 an inch, the New York Sun \$6.72 an inch, and the New York World \$8.26 an inch.

It has just occurred to us that if the Sultan had stopped to kiss his wives goodbye before sneaking out over the back fence and taking refuge on a British warship he would probably have been delayed a couple of days and his escape would have been frustrated.—Sudbury Star.

London Free Press:—When one reads of the violence worked by the Bolsheviks and the unlimited power which the self-styled leaders of freedom, the Communists, have arrogated to themselves it is not to be wondered that the people of Russia are longing for some sort of government which would be genuinely limited in its power.

Ottawa Journal:—What a pity that a country so advanced in civilization as the United States—the home of millions of gallant men and splendid women whose humanitarian emotions are comparable with our own—should have to bear the stigma of being the only country on earth where human beings are burned at the stake.

Sheep killed by dogs usually bring a higher price than sheep in the open market. If the valuers were buying the sheep for themselves, the case would be different, but they are buying for the township and they do not stop to consider that a trifle of the price comes out of their pockets. Instead of having sheep valuers the councils would be wise to employ a licensed auctioneer.—Ailsa Craig Banner.

The Renfrew Mercury looks at the question from an angle that is important. "The moral effect of homework," says the Mercury, "must not be lost sight of. The great idea is not to have the pupils perform an extra amount of work as to have them work without the supervision of the teacher. To do this is one of the most important parts of the child's training. When he comes to earn his own living he will not have a superior standing over him at all times directing his efforts, but will be required to carry on at least part of the time without direct supervision. The young man who will work only when the eye of the boss is upon him never gets very high up the ladder."

More wheat is being received daily at Winnipeg than at Duluth, Chicago and Minneapolis combined. The Canadian railways have not fallen down in the West, as have some of the lines over the border.

Each week a leading Toronto paper, carries a full page of advertisements in which Toronto merchants offer for sale by mail special articles such as violins, furs, dress goods, blankets, men's furnishings, etc. It is another attempt to draw money by mail from the small town to the city, is another attempt to build up the city at the expense of the small town and the country. And that it will succeed in accomplishing its purpose is a foregone conclusion. There is always the short sighted person who for the sake of a few cents will buy by mail, forgetting that every dollar spent in the home stores means better times for all in the town. To offset this campaign, which the city paper is putting to increase its own income and the income of its advertisers, the small town merchant must advertise his own wares and his own prices. If the buyer can learn the price while seated in the home, he or she will buy in nine cases out of ten. This is the charm of the city advertisement you know just exactly how much you have to pay before you make up your mind to make a purchase.

INTERESTING ITEMS FROM FAR AND NEAR

The British cattle embargo legislation may not get through the British House at this session, but Canada has the satisfaction of understanding the embargo will end some time.

Harry Bain an Owen Sound merchant who went into voluntary bankruptcy some months ago, was last Wednesday convicted on a charge of not keeping proper books, thus preventing an adequate investigation of his affairs by the assessor, and was sentenced to three months in jail.

A woman writer protesting against the recrudescence of militarism in many quarters since the war, says: "The war monster is hungry again, hungry for the men children that we women bear in anguish. No one else has so good a right as we to demand that there shall be no more war. People of noble spirit are trying to avert another world disaster. Every woman in the world ought to help."

Send out invitations to a dance and the place will be filled with young people who will gladly pay for the privilege of being present. Send out invitations for a course of lessons which will make you more efficient and better equipped as a citizen and the fact that the course is free may fail to induce them to come. It takes hard work and application and striving to reach the top in the race of life. Will the young people of to-day reach that goal?

An American paper says "hooking rides" is not the sport it used to be. "There was a time when a slowly moving grocery cart was fair game for alert youngsters, and there was little danger that they would be run down by someone's fast-stepping trotter, when they hopped off. Now it is different. Not a week goes by in any of the large cities that some boy does not drop from the rear of a truck or alight in front of a swiftly moving automobile that cannot be stopped or turned aside."

The Post Office Department is determined that parties owning rural mail boxes shall in future keep their mail plainly painted on the one side of their box so that the carrier shall have no trouble in delivering mail. Notices are being sent out to the box holders to this effect that they must comply with this law. There is no excuse why the farmer should not do this anyway as it is a great advantage to others than the mail carriers. It is also a very simple operation to paint the name on the box, as all box holders have been furnished with a stencil for that purpose.

A Scottish journal says: "Those who compare the good old days and compare them favorably with our own should be told that 'till the beginning of the seventeenth century chairs for ordinary household use were unknown. Hats were worn at meals. Washing formed no part of the morning toilet even in Charles II's time, and very few in any country in Europe washed their faces every day. The use of forks did not become general until the eighteenth century, and food was picked from the general dish and raised to the mouth with the fingers." As one reads such records one comments heartily. Give me the twentieth century and its ways."

Internally and Externally it is Good.—The crowning property of Thomas' Electric Oil is that it can be used internally for many complaints as well as externally. For sore throat, croup, whooping cough, pains in the chest, colic and many kindred ailments it has qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it at hand.
LOOK AT YOUR LABEL
How does your Subscription stand?

QUESTIONS and Bible Answers

If Parents will encourage children to look up and memorize the Bible Answers, it will prove a precious heritage to them in after years.

When will you be perfectly satisfied? Psalm 17:15
What are some of God's manifold and marvelous blessings? Psalm 18:25-32
What is to be desired more than gold? Psalm 19:7-9
What should be sweeter than honey and the honeycomb? Psalm 19:7-9
As a shepherd, what will the Lord do? Psalm 23:1-16
Who is the King of glory? Psalm 24:8-10

A WOMAN'S RIGHT TO GOOD HEALTH

It Can be Her's if She Keeps Her Blood in Good Condition.

To every woman belongs the right to enjoy a healthy active life. Yet nine out of ten suffer, often in silence, from splitting headaches, torturing backaches or some other of the many evils that follow anaemia or bloodlessness.

That is why one sees so many women with pale, thin cheeks, dull eyes and drooping figure—all signs that the blood is out of order. These women should win the right to be well by refreshing their bodies with the new, rich blood of health that so promptly transforms them into healthy, attractive women.

There is no other medicine can supply this rich red blood so speedily and so surely as Dr. Williams' Pink Pills. Through this medicine thousands of tired, suffering women have found new health. For example, Mrs. F. Lane, Paris, Ont., says:—"A few years ago I was in a badly rundown condition. My appetite was poor, I fell off in weight, and could with difficulty do my housework. Nothing I took seemed to do me any good until a neighbor advised me to try Dr. Williams' Pink Pills. I had only taken a few boxes of the pills when I began to feel stronger and I continued using them until I had taken ten boxes, when I felt as well as ever I did, and had regained my lost weight. My husband and I have also used the pills with good results, and I would advise anyone who is rundown to give them a fair trial."

You can get these pills through any dealer in medicine or by mail postpaid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A power of its own—Dr. Thomas' Electric Oil has a subtle power of its own. All who have used it know this and keep it by them as the most valuable liniment available. It users are innumerable and for many years it has been prized as the leading liniment for man and beast.

Profitable Money

He is a wise farmer who keeps his surplus funds working for him in a Sterling Bank Savings Account. His money not only increases in value through the interest earned, but he has the privilege of consulting the Bank regarding other financial matters as well.

Get acquainted with our local manager.

THE STERLING BANK

OF CANADA

SAVE Because

Sarnia Business College

IT'S A GOOD SCHOOL

Xmas Gift Suggestions

For Daughter or Sister---SPATS
The ideal practical gift. Any shade.
\$1.00 to \$2.50

For Dad, Mother, Kiddies, Everyone
COMFY SLIPPERS

We have them all styles, all shades, all sizes and all prices for all the family. See our display.

HOCKEY BOOTS for Boys and Girls
Rink's Flooded! Ice, Skating and Hockey will soon be here. Get new boots for your skates now

P. DODDS & SON

"WATFORD'S BUSY STORE"

HOLIDAY SUGGESTIONS

Leather Goods

Ladies' Purses and Handbags, all prices



CAMERAS and Supplies

All Cameras both box and folding, at pre-war prices. You need one.

CHOCOLATES

Page & Shaw Candies. Fancy packages for an acceptable Xmas gift.

DOLLS & TOYS

Come in and see our room full of beautiful Dolls and wonderful Toys. You will here find a splendid variety of practical, interesting toys all rightly priced.

EBONY GOODS

By the single piece or in box sets, reasonably priced.

FRENCH IVORY

Exceptionally large display of various pieces. Ivory makes one of the most cherished gifts.

Writing Papers in Fine Linens

in boxes priced from 25c to \$4.00

Personal Greeting Cards

We must have your order early so see our big sample book early.

Cards, Booklets

Priced from 5c to 25c

Perfumes and Toilet Waters

Fancy packages of Perfume for Xmas giving, 25c to \$3.50

Sleds & Wagons

Just the thing for both the boy and girl.


SIDDALL DRUG CO., WATFORD

BOARD OF
Minutes of a
the Watford Board
in the Library Bldg.
day, Nov. 27th, 1922.
Present—Dr. S.
Wm. Harper, D.
McKeeher, W. E.
Vail, J. W. McL.
Gillieuddy.

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