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SIDE TALKS.

By Ruth Cameron.

DO YOU SPEND MONEY WELL?



Someone was speaking the other day of a woman whose husband had recently had a sudden rise in fortune, and who has been buying many beautiful things with the money he has been able to give her.

"Her new house is adorable and her clothes are simply lovely," said our informant. "I didn't realize she had it in her."

"Had it in her to spend money?" scoffed someone else. "I don't call that much. I should call it about the easiest thing in the world."

"To spend money, yes, but to spend it well, that's another thing," said the first woman. "I call that a big accomplishment."

She Was Sure She Could Do It.

The second woman still looked exceedingly skeptical. It was plain to see that she had no doubt she would be perfectly capable of spending any amount of money well. Incidentally, it was equally plain from what we knew of her that she would be one of those women who never would spend money well, because she has too little taste to do it naturally and too much self-conceit to learn the art.

You see I agree with the first woman—that it is a big art to spend money well. And by spending money well I mean to buy with it the maximum of utility and beauty and joy in life.

I know absolutely that it would not be easy for me because I have not the natural taste. I do think that I might learn because I feel the need (perhaps that is just another form of conceit).

Have Money and Cannot Spend It Well. I knew quite a few people whose ability to spend money well has not kept pace with their ability to get it, and as many people who have a great ability to spend money well without having the money.

The former ought to be used as teachers for the latter, don't you think?

Of course anyone can hire someone to spend his money. One can give over the decoration of the house to a decorator, the planning of the garden to the landscape gardener, the selection of one's clothes to a couturier, but that is not learning to spend

money oneself. Something of oneself goes into every thoughtful, successful purchase. You grow by your successes and your failures—if you delegate all responsibility to someone else you won't grow.

The Modern Miracle Workers.

Of course there are not many of us who are faced with the responsibility of spending large sums wisely. But the art of spending money well can be practised just as well, if not as freely, on small sums as large. For myself I have the greatest admiration for the woman who with a small income contrives to spend it so wisely that she supplies her family with a tasteful homelike home, good food and attractive clothes. I think women like these are the modern miracle workers. I rank some of them that I have known with the great artists. The latter may reach a larger circle but the former influence the circle they do reach more intensively.

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"Pape's Dipsepsin" has proven itself the surest relief for Indigestion, Gases, Flatulence, Heartburn, Sourness, Fermentation or Stomach Distress caused by acidity. A few tablets give almost immediate stomach relief and shortly the stomach is corrected so as you can eat favorite foods without fear. Large case costs only few cents at drug store. Millions helped annually.

Leap to Death.

HONEYMOON COUPLE'S FATE.

From a blazing ship into a dark raging sea—not the most vividly imaginative novel can surpass the concentrated drama of this death jump of a young married couple married three weeks ago who were on a honeymoon voyage. They and nine others on the German steamer Vesta were lost when she caught fire after an explosion in her cargo of naphtha and arsenic some 40 miles to the south-east of Lowestoft. The others were rescued by the trawler E. W. B. of Lowestoft, with magnificent seamanship and courage. Survivors describe, in an interview

with a "London Evening News" representative, the fire horror on the Vesta.

The second mate, William Mretwurst, said:—"A gale sprang up on Sunday afternoon and increased in force as the day wore on. Shortly before two on Monday morning there was an explosion caused by two barrels of naphtha rolling together and bursting. Instantly the ship's side was lapped by tongues of flames, and those of the crew who were free were called on deck. At two a second explosion occurred.

"I saw the young wife of the chief mate standing beneath the bridge in her nightdress. She seemed frantic, and her husband could be seen speaking to her. Suddenly he took her in his arms, and almost before anyone could realize his intention he jumped overboard with her. They were instantly swept away by the heavy seas.

"The port boat having been burned, three of the crew launched the starboard boat. But they no sooner got off with it than it was dashed to pieces, and they were drowned.

"The flames gradually spread, and the ship became a rolling furnace. The crew were more or less mad with the heat and fumes. They huddled together beneath the bridge to get a foothold away from the flames. The foremast and mainmast had by this time gone overboard. Flames and smoke became so dense that we were compelled to stuff our mouths with clothing.

"We saw two steamers some distance away, and we tried to hail one by flying white bedsheet, but it was of no use. She went on. At three o'clock the whole deck was a mass of living flame, and there was hardly a plank on which we could stand. We were just about to give up hope when the Lowestoft trawler hove into view and rescued us. They took a very great risk in coming up alongside us."

THE MISFITS.



WALT MASON

In my tall rocking chair I sit, and think about the human race; how seldom 'tis a man will fit just right in his appointed place! I see the failures drifting by the men who've fought their fight and lost; they view their records with a sigh, and know the future is a frost. Von failure tinkers at the law, and finds the statutes are a bore; why did he such a lemon draw. He's built to run a corner store. Oh, he'd be happy selling quarts of vinegar, all flecked with foam; but he is doomed to talk of torts and leases till the cows come home. He'd wrap salt codfish in a poke, and weigh out prunes with glee and vainglory; then why did fate spring such a joke, and make a lawyer out of him? And yonder grocer, selling slaw and pickled figs and potted steers—he has a talent for the law; he'd make a jury melt in tears. In dreams he argues in a court, and hears astonished people say, "Dan Webster seems a thorough sport compared with this topiary jay." He hates to labor in a store, and sell old cheese and marmalade, and so he makes his patron's sore, and every day he loses trade. Would there be failure if all men might do the things they most desire, if every author had a pen, and every poet had a lyre?

For Coughs or Colds take Stafford's Phoratorine, it will cure.—Jan 4/22

How to Make Pine Cough Syrup at Home

It is as easy for parents to prepare, and saves you about \$1.

You know that pine is used in nearly all prescriptions and remedies for coughs. The reason is that pine contains several peculiar elements that have a remarkable effect in soothing and healing the membranes of the throat and chest. Pine is famous for this purpose.

Pine cough syrups are combinations of pine and sugar. The "syrup" part is usually plain sugar syrup. To make the best pine cough remedy the money can buy, put 2½ ounces of Pine in a 16-oz. bottle, and fill up with home-made sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, you make 16 ounces—more than you can buy ready-made for \$2.50. It is pure, good and very pleasant—children take it eagerly.

You can feel this take hold of a cough or cold in a way that means business. The cough may be dry, hoarse and tight, or may be persistently loose from the formation of phlegm. The cause is the same—inflamed membranes—and Pine and Syrup combination will stop it—usually in 24 hours or less. Splendid, too, for bronchial asthma, hoarseness, or any ordinary throat ailment.

Pine is a highly concentrated compound of genuine Norway pine extract, and is famous the world over for its prompt effect upon coughs. Beware of substitutes. Ask your druggist for "2½ ounces of Pine" with directions, and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pine Co., Toronto, Ont.

Where Fog is Unknown.

LORD MORRIS ON DELIGHTS OF NEWFOUNDLAND.

Lord Morris, in a paper entitled "The Birth of the Overseas Empire," read before members of the Royal Colonial Institute last night, spoke in glowing terms of Newfoundland. Life in that, the only one of our Colonies occupied entirely by people of British stock, he said, had many compensations for the settler.

The idea that Newfoundland was somewhere near the North Pole, and that ice, snow, and fog abounded there, was most erroneous. In reality, Newfoundland was much less cold than the neighbouring provinces of Canada, and in some parts of the country the thermometer rarely dropped below zero. In the interior and on the western slopes fog was unknown and a more delightful climate it would be difficult to imagine. The idea that Newfoundland was a land of fogs and bogs, and fit only for summer fishing stations, was created and fostered in the seventeenth century by the English "venturers" so that they might enjoy monopoly of the fishery themselves.

The nursery of the American nation was the English fishery in Newfoundland. Fully a century before the Pilgrim Fathers landed at Plymouth Rock, Newfoundland was the resort of the West-country fishermen.

SPEAKING FROM EXPERIENCE



THE DOCTOR: "At last, restful and peaceful. Give him a Steadman's Powder and he will be all right."

STEEDMAN'S SOOTHING POWDERS Contain no Poison

Minnows as Life-Savers.

The worst plague to be found in tropical parts of the world is yellow fever, which carries off white men like flies. Its germs are borne by a mosquito, which plants them in the bodies of those whom it bites. One of the reasons why the Panama Canal could not be completed until recently was that the whole region was infested with fever-bearing mosquitoes. Several attempts were made, but each ended in failure owing to the ravages of fever.

At length scientists discovered that the mosquitoes could be kept under by the use of paraffin, which spreads in a thin film over the surface of the water in which the young mosquitoes live, and prevents them from sticking out their tails in order to obtain air. Hundreds of men had to be employed constantly in oiling ponds and marshes, for mosquitoes breed so rapidly that the briefest spell will enable them to become as numerous as ever.

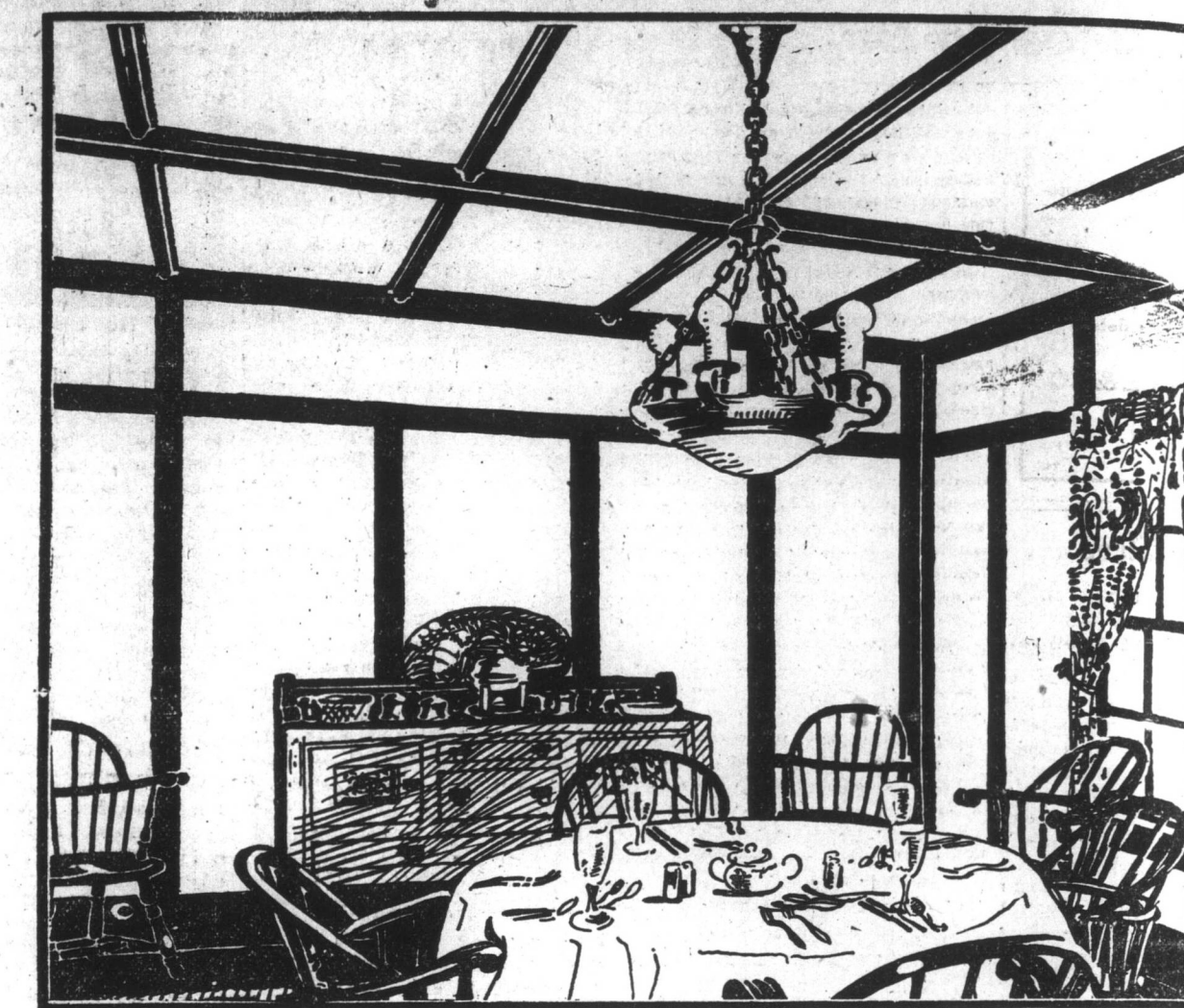
Then came the most remarkable discovery of all. A minnow was found in Japan whose sole food was young mosquitoes. The minnows were bred, and large numbers were turned into the waters of infested areas. Mosquitoes were kept in check and thousands of human lives were saved.

General Von Moltke

HAS ADMITTED WAR WAS LOST AT FIRST BATTLE OF MARNE.

Though the First Battle of the Marne was fought a few days after the Great War began, military experts believe that it was the really decisive battle. Once lost, the Germans never again were in a position to win swiftly, and if they could not win swiftly, and if they could not

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win in a hurry they could not win at all. This view was held by Gen. Von Moltke, who was in supreme command of the German military operations when the war began and for some time afterward. His memoirs, which were written during the illness that eventually caused his death, were intended for publication, but when all arrangements had been made for the issue of the book the German Government forbade and the work remains unpublished. The manuscript was given by Mme. Von Moltke to Rudolph Steiner, a mystic and theosophist, who conducted a college of higher culture near Basle in Switzerland. Steiner is a friend of one of the editors of the *Matin* and has communicated to him some of the introductory passages which indicate what the book would have attempted to prove. These confirm the general impression that has been held of the German military plan and the long

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DAVIS & LAWRENCE CO. MONTREAL

preparation for the war which the German staff had carried out. According to Von Moltke, even the Kaiser was not informed of what was intended. The real purpose of the general army manoeuvres was kept a secret in the breasts of two or three of the higher command.

Three times before the great rush on Paris in 1914 the attack had been rehearsed. Each time Von Kluck made a mistake and it was precisely the same mistake that led to the loss of the battle. He went forward too fast. He was warned by Von Moltke that if he did the same thing after the war began Germany would lose. If this incident is authentic it throws a curious sidelight upon the mentality of the German staff, which gave the general an opportunity to make a mistake a fourth time when it knew that disaster would be the result. Von Moltke says that after the Battle of the Marne he relinquished his expectation of a German victory, and it was this despondency that brought about the final illness. He says that not either the Kaiser or the Minister of War knew the intention of the army in the great war. The general staff and the Chancellor alone were aware that the attack through Belgium had been long ago decided upon. The matter was kept from the Kaiser not because it was feared he would not give his consent, but because, according to Moltke, "he was far too much a babbling and too indiscreet. He would have told all the world." We learn from the memoirs that both the Kaiser and most of his advisers believed the war would be fought wholly in the East. Wilhelm was convinced that Britain would not come in, and that she would keep France out. After he had signed the mobilization order he wanted the troops halted and recalled an hour's march from the French and Belgian borders. Von Moltke refused to sign the order, and it was not until some hours later that the Kaiser, having received a new tele-



Nervous Breakdown

The extreme depression and discouragement which comes over one at times is the most alarming symptom of nervous exhaustion.

This letter is a message of hope to all who find themselves in this unfortunate condition.

Mrs. Geo. T. Tingley, Albert, N.B., writes:—

"For years I was in a very nervous, run-down condition, was much depressed in spirits and suffered a great deal at times. The least noise would irritate me and at times I felt as though I certainly would go crazy. I consulted different doctors to no effect. A friend advised the use of Dr. Chase's Nerve Food and I can truly testify today to the great benefits received. There was a marked change before I had finished the second box and when I had used a dozen boxes my nerves were thoroughly restored and I was entirely relieved of those terrible feelings I used to have. I shall ever be ready to testify to the benefits of this wonderful medicine, feeling sure that it will give to others the quick and permanent relief it has given me."

As ALL Dealers.

Distributor:

GERALD S. DOYLE.

gram from King George saying that he could make no engagement of neutrality, consented to let the military party do as it liked, so long as it would promise a victory.

Fads and Fashions.

The panel skirt is popular. Tiered skirts droop at the sides. Narrow, pointed trains are featured. Puff sleeves are used on dance frocks.

Bright colors are coming in for spring.

Tailored suits have standing collars of fur.

Classic lines are followed by evening gowns.

Spring frocks persist in showing the short sleeve.

Buttons play an important role in trimming sleeves.

Silk waists have criss-cross plaiting of self-fabric.

Straight lines are as smart as ever, if not more so.

Wreaths of silver leaves are used as evening bandeaux.

Colorful crepe neckties are worn with tailored blouses.

Mode and gray are fashionable in both gloves and hosiery.

A striking gown of black monkey

skin satin has side panels of white velvet.

Some sleeves flare at the wrist to show a contrasting lining.

Paisley is used in charming combination with plain crepe.

The duplex costume consists of sleeveless dress and a suit coat.

The bridal gown needs now a train lined with cloth of silver.

Printed crepe side panels are on a gown of plain colored crepe.

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financial comfort too, on

flannelette Night

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collars; made of

tripped flannelette, with

colored designs,

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MILL

UTT

MY KODAK CHAMBER

IS ALMOST USELESS

AND AS USUAL

IN FOR A B

OF WORRY; I

BROKE AT

SEASON OF

YEAR.

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Secrets of Sleep

MORE IMPORTANT THAN

TO THE HUMAN BODY

OF WHICH WE KNOW

ITTLE.

study of dreams has been

a popular hobby, but few

have given a thought to the

of sleep.

at all—except day-dream-

kind of sleep we enjoy has

on the dreams we expect

true dream is closely asso-

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we are partly conscious of

on around us, prevents

which we call dreams. T

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in his dream. An explosion

dreams corresponds with a

as he wakes up.

this connection it is interest-

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of sleep.

In a person feels "sleepy"

103