World Short of Food

farmer. He is the mainstay. But the coming of spring sunshine and the lure of the out-of-doors permit many to operate in a small but substantial way. There are tens of thousands of village, town and city dwellers with garden spaces and back lots the careful cultivation of which would yield in the aggregate an enormous addition to the food-producing achievement of the country.

Let everyone who can lend a

Let everyone who can lend a hand. Pleasure and profit are waiting for every volunteer.

The Best Medicine For Little One

Thousands of mothers state positively that Baby's OwnTablets are the best medicine they know of for little ones. Their experience has taught them that the Tablets always do just what is claimed for them and that can be given with perfect safety to children of all ages. Concerning this Mrs. Joseph Therrien, St. Gabriel de Brandon, Que. writes: "Baby's Own Tablets are the best medicine I know of for little ones. I thought I would lose my baby before trying the Tablets but they soon made him healthy and happy and now I would not be without them." The Tablets are sold by medicine dealers or by mail at 25 c:nts a box from the Dr. Williams Medicine Co., Brockville, Ont. are the best medicine they know of

When Car Smokes --- Some Causes

One of the greatest nuisances that the public has to contend with is the smoking automobile that leaves an evil-smelling smudge as it travels through the

This evil is due mostly to carelessness and in most instances can be avoided. Much of the smoke we see comes from too much lubricating oil being applied to the engine. This may come from having the reservoir too full, that is, well above the level indicated by the manufacturer. The remedy would be to draw off the surplus. Again the fault may be in the construction with too much dil feed to the engine even when

the reservoir level is normal.

Some of the trouble with oil comes when driving at low throttle opening. When touring there is likely to be very little smoke, as the engine is run with fairly wide throttle most of the time. When this same car enters the city, where there must be much throttling down, there may be trouble with smoke. The reason is that with a closed throttle the gas drawn in does not fill the vacuum in combustion chamber and this draws oil past the pistons.

Smoke caused by excess of gasoline may be distinguished by its being black, while that from excess oil is blue, and there is always steam issuing from the exhaust and as soon as it strikes cool air it is white. One of the products of combustion in the cylinders is water, which is vaporized and passes out with the exhaust, becoming steam.

The Overall campaign is spreading through the United States and professional men, business men and work men are donning these overalls.

The Gounty Council

The Globe (Toronto) says:

The advent of spring brings to the great majority of Canadians a full Council present and Warden Sanford.

The County Council met last following appointed: R. L. Palmer, George McLean, and John Sanford. opportunity and responsibility.

The world is short of food.
There is need for production at its maximum. This vast agricultural Dominion can contribute in a really wonderful way to the solution of the present pressing problem of humanity if its people do their part. Everything done will prove practical and profitable.

There is a tendency on the part of others to leave the whole project of land production to the farmer. He is the mainstay. But the coming of spring sunshine and the lure of the council present and Warden Campbell in the chair. Council.

At the January meeting a committee was appointed to deal with the matter of the amalgamation of the County Poor Houses and the segregation of the sexes. The committee only reported on a part of it, and that was "that there should be only one Poor House," recommending that the County, instead of the various townships, take charge of it. This recommendation was unanimously adopted by the Council.

Burns resigned, and the other two were released this week, and the



Have You A "Twenty Pay Life Policy?"

A true story of a Canada Life Policy issued over forty years ago.



t age 30 he secured his \$5,000 Twenty Pay Life Policy.



age 35 he received his first Dividend which was added to the Policy.





At age 60 his Policy, still earning Dividends, helped him to finance the purchase of a new home,



70 he withdrew the Cash Value personal use. He received a heque for \$6140 in return for his

A Policy on your life may do much that you intend to do-if you live. It may pay off the mortgage, supply food and clothing for your family, keep the children at school and prevent a forced sale of your other property.

It may be all that is left of your life work -to keep you in comfort in your old age.

But-your Policy must be large enough.

The Twenty Payment Life

Our new up-to-date policy provides

- That premiums will cease in 20 years.
- That dividends will be paid during the 20 years, and afterwards.
- 3. That if you should be totally and permanently disabled before age 60, all premiums will be cancelled, and a monthly income paid to you.
- 4. That such monthly payments will not be deducted from the policy at your death.
- 5. That after 3 years you may take a Cash Value, or receive a paid-for policy or pledge the policy as security
- 6. That the policy cannot lapse while a cash value exists; that the policy is indisputable after one year; that you may reside or travel in any part of the world or engage in any occupation without affecting your insurance.

(There are many other valuable privileges.)

An Immediate Estate

The great advantage over any other form of investment is that a small percentage paid yearly creates immediately as estate of \$5,000, \$10,000 or more.

These active, progressive years of life in which you are earning the most money are the years in which premiums can be more easily met.

Twenty years is a convenient period and premiums spread over that length of time are moderate and easy

Do not delay this important matter. Ask for particulars today.

H. E. Woodman,

District Manager, Wolfville, N. S.

Life Assirance Contracty, working the