

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

EXPLORER MAY DIE.

Vancouver, B. C., Mar. 12—Despatches from Dawson, Y. T., said fears were expressed for the recovery of Vilhjalm Stefansson, the Arctic explorer, now wintering at Herschel Island, in the Arctic ocean.

SUPPLY NEWSPRINT.

MONTREAL, Mar. 12—The necessary supply of newsprint to the Canadian papers will be continued for the time being, so it was decided at a meeting of representative manufacturers of news print paper.

This decision was in accordance with a request made by Commissioner Pringle, at Ottawa.

COBLENZ BOMBED.

LONDON, Mar. 12—British aviators have dropped a ton of bombs on the town of Coblenz, capital of the Rhine province of Prussia, according to an official communication issued to-night. The city has a population of 60,000.

FARM FOR LEASE.

Well situated on Main Road 15 acres in orchard besides tillage land. For particulars Apply, Box 173 New Minas via Greenwich or at Advertiser Office.

RECIPROCITY IN FISHERIES FOR WAR TIME.

New Regulations Enable Canadian Fishermen to Land Catch in United States and Vice Versa.

OTTAWA, March 8—The new International Fisheries regulations affecting a practical wartime reciprocity and pooling of interests in fish catching and marketing on the Atlantic coast, outside the three mile limit, have been agreed to by Canada and the United States and will be promulgated forthwith.

The new regulations are made as a war measure and will continue in effect until normal conditions are restored after peace is declared. They are the outcome of the International Commission which met recently in Boston and on which Canada was represented by Hon J. D. Hazen, Deputy Minister Desbarats and Superintendent of the Dominion Fisheries Department.

Under the new Modus Vivendi, Maritime Province fishermen gain the right to land their catch in American ports and clear from there directly for the fishing grounds. United States fishing vessels, line, are now to be allowed to enter Canadian ports with-whether sailing, steam or gas-out extra tonnage tax and ship

OVER 40 YEARS ON THE ROAD

The name of W. G. Reid of Hamilton, Ont., is a familiar one to thousands throughout the Dominion. For over forty years Mr. Reid has seen service as a commercial traveller. A letter recently received from him indicates how he suffered from Rheumatism, and at last found relief.

Read this letter: Hamilton, Ont. "About four years ago I wrote you of my condition from Muscular and Inflammatory Rheumatism and Kidney Trouble and my efforts through travel and change of climate to rid myself of these unwelcome guests, and how I only found relief in Gin Pills after spending a lot of time and money in foreign lands. Since then Gin Pills have been my sheet anchor. I find in advancing years a tendency of the kidneys to get out of order more easily than formerly but a few doses of Gin Pills puts them right and wards off other and more serious trouble. I feel it not only a duty but a pleasure to recommend Gin Pills for Kidney and Bladder Troubles to my thousands of personal friends throughout Canada to whom I am well known as a commercial traveller of over forty years' service."

Yours truly, (Signed) W. G. Reid. A sample of Gin Pills sent free upon request to National Drug & Chemical Co. of Canada, Limited, Toronto, or to the U. S. address—Na-Dru-Co Inc., 202 Main St., Buffalo, N.Y.

their catch in bond to American ports. They may also take on crews and supplies in Canadian ports and clear direct for the fishing grounds.

HOUSE WANTED.

Wanted to Rent—A house, centrally located in Kentville, containing all modern conveniences. Apply at once stating particulars to DR. J. P. McGRATH, Kentville.

CAREFULLY SEALED IN GERM PROOF TUBES

PURITIS OATS

BRINGS TO YOUR TABLE THE DELICIOUS NUTRITIVE FLAVOUR OF THE FAMOUS ALBERTA OATS

MANUFACTURED BY Western Canada Flour Mills Ltd. Ltd.

BOY WANTED.

Apply personally to Accounting Department, Dominion Atlantic Railway, Kentville, sw 2 ins.

MARGARETVILLE NAMED AFTER WIFE OF SAM SLICK.

In a recent number of the St. John Daily Globe, one of the best of our Maritime exchanges, there appeared a sketch of a visit to several points taken from an old document. In this sketch reference was made to Margaretville and how that place received its name.

"Not very far from St. John as the crow flies, on the Nova Scotia side of the Bay of Fundy, is a little village, Margaretville, rich in tradition and scenery. Before its door lies the Isle of Hout, up whose one safe landing place scrambled the sailors of the first Norwegian explorer, who came in to this country. Here later Champlain's soldiers and sailors paused for a brief survey. Today its great revolving light swings ceaselessly over the wide stretch of waters, warning those who go down to the sea in ships of the dangers

that lurk in its majestic presence. Margaretville was named for the wife of Thos. Chandler Hlaburton, some time Chief Justice of Nova Scotia, and always Sam Slick, the beloved clockmaker. Here the Hlaburtons had a summer home and brought to the lovely place many friends who are now only long ago a shipyard of considerable activity and along its shores are still great piles of silver chips that mark the site of where such and such a boat was built. It has its stories of piratical happenings, as has every well accredited port-of-call, but these belong to a by-gone generation. The war has brought the loyalty of this place to the fore; its young men have enlisted and its older men have turned to the thing they knew best, and once more ships will be launched from its natural bays to join their fellows in keeping free mans ancient highway."

UNITED STATES LOANS BELTAIN \$200,000,000.

Credit of \$15,000,000 Also Extended to Cuban Government—Total Loans to Allies, \$4,949,400,000.

Washington, Mar. 12—Great Britain was today given another credit of \$200,000,000 by the United States. A credit of \$15,000,000 was also extended to the Cuban government, to assist it in war preparations. Both loans were made at the new interest rate of five per cent.

These credits raised the total of loans for the Allied governments to \$4,949,400,000, distributed as follows:—

Great Britain, \$2,520,000,000; France \$1,400,000,000; Italy \$550,000,000. Russia \$325,000,000 of which only \$137,000,000 has been paid out; Belgium \$93,400,000. Serbia \$6,000,000 and Cuba \$15,000,000.

American Red Cross Mission To Russia



American Red Cross Mission on the "Empress of Asia" en route to Russia. Dr. Frank Billings on left.

A DISTINGUISHED party of physicians, surgeons, bacteriologists, professors of food chemistry, sanitation experts and dentists, making up the first unit of the United States Red Cross mission to Russia, numbering twenty-nine in all, left Vancouver the other day on the "Empress of Asia," en route to the eastern front.

Lieut.-Col. Frank Billings, professor of medicine in the University of Chicago, is in charge of the party and is taking to Russia over \$100,000 worth of medical supplies, surgical instruments, dressings, water sterilizers and other necessary articles, including vaccine for the prevention of typhoid, smallpox, cholera, diphtheria, bubonic plague, meningitis and other diseases. A heavy task lies before them in Russia, and they are going abundantly prepared to go immediately to work.

The mission is being sent out by the United States Government, and the United States Red Cross Society will see that they are kept fully supplied in order to meet all demands for alleviating the suffering among the Russian soldiers and people. The move has been gratefully welcomed by the present Russian Government as an expression of the friendship of the people of the United States for Russia.

During the past month the United States Red Cross has raised over \$125,000, and while the work has been already begun in France, Italy, Serbia and Belgium, the present is the first of similar units to be sent to Russia. The present party will investigate and report on Russia's needs and upon this report the United States Red Cross headquarters are now being taken to get together complete equipment, even to motor ambulances.

Col. Billings and the other members of the mission are a sturdy and affable lot of men and are fitted out in uniforms very similar to those worn by the British. The colonel is exceedingly proud of his organization and the promptitude with which it was effected.

"Every man who was approached to go on this mission, Winslow of Yale and Whipple of Harvard, and all the others, at once offered their services," said Col. Billings. They got ready in four days, leaving their families behind them, to undertake this work, which is going to be of such tremendous importance to the Russian nation and to the military in particular.

These men are leaders in their professions and are the heads of the

largest universities in the United States, but they did not hesitate a moment when the call reached them.

Several of the party have already seen active service in the present war. Major M. Grov spent twenty months on the Russian Muzurian front, and he has received the Military Order of Saint George for services in the Russian campaign, as well as being honored in other ways. Major (Dr.) H. McCarthy has been in France making a survey of the prison camps in that country before the break between Germany and the United States; while Colonel Billings has been in Russia several times.

Some of the members of the party took occasion to obtain several motion pictures of various points of interest, and as they have already a large supply of film, they will be able to produce before the Russian people graphic pictures of interesting events and things on this continent.

Mr. G. M. Bosworth, Vice-President of the C. P. R., has received a letter of appreciation for the very many courtesies the delegation received en route to the Pacific Coast. It was sent at the instigation of Lt.-Col. Billings. The names of the mission are as follows:

Lieut.-Col. Frank Billings (chairman), professor medicine in the University of Chicago; Lieut.-Col. W. B. Thompson, director of the Federal Reserve Bank, New York; Major B. Thatcher, lawyer, New York; Capt. J. W. Andrews, auditor, St. Louis, Mo.; Major W. S. Thayer, professor clinical medicine, Johns Hopkins University, Baltimore; Major D. J. McCarthy, fellow of Filippi Institute, Philadelphia; Major H. C. Sherman, professor of food chemistry, Columbia University; Major H. H. Swift, of the Swift Company; Major G. C. Whipple, professor sanitary engineering, Harvard University; Major C. E. A. Winslow, professor bacteriology and hygiene, Yale Medical College; Major W. Post, assistant professor of medicine, Rush College, Chicago; Major Robins, Chicago; H. J. Horn, transportation expert, Brooklyn; Major S. Wightman, professor clinical medicine, New York Polytechnic Hospital; Capt. H. Brown, publicity; Capt. R. L. Barr, vice-president Chase Securities Company, New York; Capt. W. Cochran, Capt. A. Wardell, lawyer of New York; Capt. Grov, of the Medical Officers' Reserve Corps, Washington; Capt. Pirnie, civil engineer, New York; Lieut. C. Kelleher, attaché; Lieut. H. B. Redfield, law secretary of Brooklyn, attaché; Lieut. W. C. Nicholson, of the Swift Company, Chicago, and Lieuts. H. D. Hardy, H. M. Wyckoff and N. C. Travis.

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A Good Impression.

First impressions are tenacious. The customer who gets an unpleasant impression on his first visit to a store, is not likely to be a permanent customer. On the contrary, a favorable first impression will insure a steady patronage.

First impressions are often obtained from a firm's advertising, even before the store is visited. A frank, straightforward statement of values and advantages, will create an impression of fair dealing, and bring the customer to the store in a receptive state of mind.

Our advice to merchants is to give careful thought to their advertising and to advertise regularly.

REGISTERED TRADE MARK