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"O dear!" sighed the fox "if I were only a little vounger, what a rare supper I could make off that young thing. But I can't eatch her.' Then ar idea struck him.

"Hem! hem! hem!" said he in a

The hare was startled and looked

"Sweet miss," said the fox coaxingly, "I'm old and feeble and I can't fetch my supper; will you get it for me?"

"() yes," said the hare, who was a giddy, thoughtless thing, but very goodnatured. "What would you like? Some fresh, dewy clover.

"Dear me, no," said the fox; "that would not suit me at all."

"But what would you like" " Just walk into my house,' answered the fox; and I will show you the sort of things I like.'

"O, it is delicious! said the hare;

Now his den was strewn all over with the bones of rabbits and ducks and pheasants and chickens.

"Wait a minute," said the hare, "tlll I finish this turnip top." Then she skipped gaily up to the fox, " Now, I'm ready," said she.

And so was the fox. He just gave her backbone one nip and she was as dead as dead could be.

Do not listen to the fine words of strangers, whoever they may be. And do not choose your friends until you know something about them.

## SUNDAY EVENING.

The evening shades are gathering, And day light fades anon. The Sunday sweet and restful Is well-nigh spent and gone.

Have I its moments wasted, Or have I gained a store Of precious thoughts and blessings To cheer me more and more?

Is there a deed recorded In God's own book above Have I one soul made thankful By any act of love?

Or have the precious moments Passed on without a trace Of earnest thought and purpose To grow in fath and grace?

## A LEAF FROM MABEL'S LIFE.

It was plain to be seen that somehing was amiss with my little friend when she took her seat at the lunchtable, for she usually enters her home with a beaming face and bringing with her a fresh breeze from her glad school life.

This day, however, she looked so grieved that it was evident that the lump in her throat made eating out of the question, even before she pushed away her plate, saying, with a sob in her voice:

" I—I can't eat any dinner."

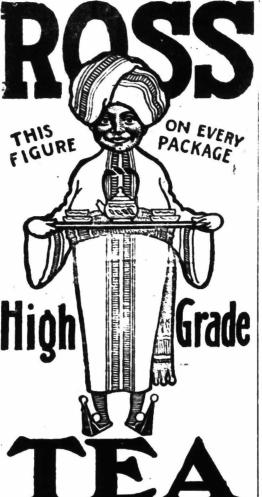
"Why, child, you must, or you'll be sick!" urged grandma, whose sight was so dim that she did guess that her one grandchild was too sore at heart to care for food.

"I can't, grandma, when I feel so

-so bad!"

Mabel could control herself no longer, and sobbed as if her heart would break, until her feelings had vent, and then, after much urging, it on herself by telling her teacher she brokenly told how she had to that her best loved playmate had go home from school all alone, "'Cause not one of my chuns would speak to me."

come from Cey'on, whence come you? I know a thing or two you do too. You and I together know, and everyone agrees, There's never been such goods in town as ROSS'S HIGH GRADE TEAS.



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"Our little boy suffered greatly from constipation, and could obtain no relief until we began using Shredded Wheat. I wish to let parents know this.

A. H. YODER,

Vincennes University, Vincennes, Ind. For sale by all grocers Send postal for our Book of Food Facts and Food Values, containing 262 recipes for preparing and serving Shredded Wheat

Dishes. Address P O Box 511, C. HEWITF,

## Miss Dalton

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When Mabel had unburdened her heart to some extent, her wise mother questioned her as to the cause of the trouble, and learned that her impulsive child had brought whispered.

"I didn't mean to be a tell-tale. mamma, truly," sobbed the child

Teacher looked straight at me when she isked who whispered when her back was turned, and I up and sold, fore I thought. Then Hazel was so mad she began making up faces at me; an' then, at recess, she set all the other girls against me so that not one of them would walk home this noon with

Here the child, who is usually the favorite among the little folks, cried again as if quiet heart-broken, saving, between her sobs :

"I can't go to school this after noon! You know Hazel always calls for me-an'-an' it would break my heart to go all alone; and then, nobody will speak to me when I get there, either !

"But you must, dear," said the mother. "You lose so much time on account of sickness, that it is not best for you to remain at home just because it is trying for you to go alone.'

Then, bathing the swollen eyes, and smoothing the tangled curls, the loving mother said:

"Now be a brave child, and start right off for school."

Mabel made an effort to do as she was told, and cried plaintively: "I can't go all alone!"

Drawing her child to her the mother asked:

"Can you repeat the Golden Text of last Sunday?" and very brokenly came the answer:

" Jesus Christ—the same -yesterlay-to-day-and forever.'

"That means, dearie, that you have a Friend who never changes. Yesterday Hazel seemed to love you better than any of her playmates, but to-day will have nothing to do with you. You will find it this way all through life, darling; your friends of to-day will turn the cold shoulder to-morrow; but I want my little girl to always remember that Jesus into the room, with radiant face sayn ver changes. He loved you ing:

About the New Catarrh Cure

The new Catarrh Cure is a new departure in so called catarrh cures because it actually cures, and is not simply a temporary relief

The new Catarrh Cure is not a salve, oint. ment powder nor liquid, but a pleasant tasting tablet containing the best specifics for catarrh in a concentrated, convenier

The old style of catarrh salves and oint. ments are greasy, dirty and inconvenient at the best; the new preparation being in tab. let form is always clean and convenient.

The new Catarrh Cure is superior to Catarrh powders because it is a notorious fact that many catarrh powders contain co.

The new Catarrh Cure is called Stuart's Catarrh Tablets, a wholesome combination of blood root, beachwood tar, guaiacol and other antiseptics, and cures by its action upon the blood and mucous membrane, the only rational treatment for catarrhal trouble.

You do not have to draw upon your imagination to discover whether you are getting benefit from Stuart's Catarrh Tablets; im. provements and relief are apparent from the irst tablet taken.

All druggists sell and recommend them. They cost but 50 cents for full sized packages, and any catarrh sufferer who has wasted time and money on sprays, salves and powders, will appreciate to the full the merits of Stuart's Catarrh Tablets.

A little booklet on cause and cure of catarrh sent free by addressing F. A. Stuart Co., Marshall, Mich.

yesterday, he loves you to-day, and you may count on his love as long as you live. So cheer up, and go to school, happy in the thought that Jesus is close beside you, dearie."

"Yes, I know, mamma," said Mabel, with a smile, "but it isn't like having hold of the hand of some one you can see."

Then, kissing her, the mother gave these parting words: "Keep up good courage, and ask Jesus to make you sweet and loving even if

the others are unkind to you." A few hours later Mabel bounded

