#### The Daughter of Jairus.

Again returns the solemn hour of night, Once more we yield ourselves to gentle sleep, That mystery and marvel of our God, Who takes us in His arms, and cradles us The whole night long, with more than mother's love. Without Him, could we e'er thus willingly Resign ourselves to blank unconsciousness, Become a prey to death and helplessness, Through the long hours of darkness till the dawn?

My children, ye are young, but I am old, And many times have slept to wake again To this world's sights and sounds. How wonderful One waking, ye know, for ye have heard The story often :-How, when I was twelve, I slept that deep, calm sleep, which men call "death," But which to me, now looking back thereon, Seems but a common, ordinary sleep.

Not so the waking! That became for me The moving spring and pivot of my life. My withered hand still feels the thrilling touch -Still linger in my ears the clear, sweet tones Of Him who waked me. Ye have heard the tale; Yet seldom from my lips, for I have held His prohibition sacred, nor have made With common talk the lovely marvel cheap. Nay, rather have I sought to bury it In holy depths of silence, so to be A root from which all flowers and frui s might spring. I know not why to night the hidden glow At length has kindled into flame of speech, Unless it be that I am near the end Of this my second term of earthly life, And He, my Master, bids me ere I go Bear this my humble witness to His love.

I thought it was my father's voice that said, "My little maid, arise!" And when my eyes Unclosed upon a stranger's face and form, No more was startled than if I had seen My father standing there, so soft the shine Of those love deepened eyes. Eternal life Beamed forth from them upon a dying world, Life manifest as love, for love is life.

He lingered not, but saying, "bring her now A little food," and, "Do not spread the tale," Passed from my sight, but never left my heart. 'Twas long ere from my father's lips I heard A full account of that eventful day How, half beside himself with grief, he sought The aid of that great Prophet, of whose power So much was heard. And then (my father said), As through the steeets they passed to come to me, The Prophet paused to praise a woman's faith, Which by a touch had won from Him a cure. Poor woman! she had suffered for as long As I had lived. I love to think of her, Not cured alone, but also with His praise Returning happy. Haste is not of God, Who never lacks the time to do us good. My father chafed, however, for he thought This brief delay might cost him dear. And when The messengers appeared, he knew full well, Before they spoke, the tidings they had brought. The Prophet read his thoughts, and gently said, "Fear not, believe!" and then He came to me, And raised me from my sleep, as I have told.

And afterwards those blessing Hands were nailed Upon the cross—that life compelling Voice Itself was hushed in death, and those dear Eyes Grew dim with anguish—all for love of men. (It almost broke my heart to think of it!) But then He rose again. God's Holy One The grave could not retain, and we with Him Are risen. O my dear ones! I, who stand Between two sleeps (two "deaths," as those would say Who know not that the Christ abolished death), I charge you, live for Him who died for you, And lives for you-for most men lie asleep, Or, at the best, are only half awake. Perchance within their graves they sometimes turn From side to side, and dream they are awake. Be ye alive! That His life in you dwell, Let His love thrill your being through and through, And keep the fire of life up. Live for Him, And for your brethren, who to Him are dear. Intensely live, with energy of love. For selfishness is death unto the soul. But it is growing late and we must go To rest. God's Peace be with you evermore. -E. D.

-Frequent Communion should involve a change of life, more collectedness in God, more retirement, at times, from society, deeper consciousness of His Presence, more sacredness in our ordinary actions whom He so vouchsafeth to hallow, greater love for His Passion which we celebrate, and carrying it about, in strictness of self-rule and self-discipline and self-denying love, "Thy Will be Done."

You may do your daily work, whatever it be, with this for its motto, "The will of the Lord be done." And they who thus can look at their trade, or profession, and see the trivialities and monotonies of their daily occupations, in the transfiguring light of that great thought, will never need to complain that life is small, ignoble, wearisome, insignificant. As with pebbles in some clear brook with the sunshine on it, the water in which they are sunk glorifies and magnifies them. If you lift them out, they are but bits of dull stone; lying beneath the sunlit ripples they are jewels. Plunge the prose of your life, and all its trivialities, into that great stream, and it will magnify and glorify the smallest and the homeliest.

### Certificate of Analysis.

Laboratory of Dr. R. Bryce-Gemmel, Consulting and Analytical Chemist,

> 228 Boylston Street, Boston, Mass.

I hereby certify that I have carefully examined the sample of K.D.C. submitted by the K.D.C. Co., Ltd., Feb. 10, 1893, and have been unable to detect any objectionable or injurious ingredients therein. It is a compound prepared from pure drugs, and it is my opinion that, if properly administered, it will give ready relief to sufferers from the different forms of the disease for which it is intended. It is a perfectly safe remedy.

Respectfully, R. BRYCE-GEMMEL, "Late Analyst, Surgeon's Hall," Edinburgh, Scotland.

#### Influence.

A man's influence lives forever. He dies, is buried, and goes to his reward; but his influence is left behind to work, and it will build up or wreck lives down through the coming ages, according as it is good or bad. "Gather up my influence and bury it with me," were the dying words of a wrecked young man to his weeping friends. How his request startled them, and lacerated their bleeding hearts with a deeper agony! How impossible to comply with the request! By living as he had lived he had created a working force which only the Omnipotent could annihilate—and God does not annihilate.

## Unfinished Tasks,

Every man inherits unfinished tasks from his predecessors, and leaves unfinished tasks to his successors. It is, as it used to be in the middle ages, when the men that dug the foundations, or laid the first courses of some great cathedral, were dead, long generations before the gilded cross was set on the apex of the needle-spire, and the glowing glass filled in to the painted windows. Enough for us, if we are represented, though by but one stone in one of the courses of the great building.

# Poor Digestion

Leads to nervousness, fretfulness, peevishness, chronic dyspepsia and great misery. Hood's Sarsaparilla is the remedy. It tones the stomach, creates an appetite, and gives a relish to food. It makes pure blood and gives healthy action to all the organs of the body. Take Hood's, for Hood's Sarsaparilla cures.

Hood's Pills become the favorite cathartic with every one who tries them. 25c.

## Fragments.

St. Luke has left plenty of blank paper at the end of his second treatise, on which he meant that succeeding generations should write their partial contributions to the completed work. Dear friends, let us see that we write our little line, as monks in their monasteries used to keep the chronicle of the house, on which scribe after scribe toiled at his illuminated letters with loving patience for a little while, and then handed the pen from dying hands to another. What does it matter though we drop, having done but a fragment?

Hints to Housekeepers.

CREAMING POTATOES.—Slice cold boiled potatoes very thin, and have ready a saucepan of boiling milk, in which place the potatoes with salt, a good sized piece of butter, and while boiling thicken with flour mixed with water, stirring until delicate and creamy. When ready dish for the table. The goodness of this dish depends much upon catering just when ready, ten minutes being sufficient time to prepare it.

JENNY LIND CAKE.—Half cup butter, one cup milk, two tablespoons cream, two cups sugar, three eggs, one teaspoon cream of tartar, one-half teaspoon soda, four cups flour.

NICE DELICATE CAKE. One cup white sugar, five tablespoons butter, whites of six eggs, one cup sweet milk, three cups flour and two spoons baking powder sifted in the flour. Flavour with orange, lemon or vanilla.

Pop Oyers.—One egg well beaten, one cup sweet milk, one cup flour. Heat the gem pans before pouring in the mixture, and bake in a hot oven.

Bread Pudding.—One pt. stale bread, one qt. milk, the yolks of four eggs beaten, a small cup white sugar, the grated rind of a lemon, and a piece of butter the size of an egg. Mix all well together, bake; when cool, spread it well with jelly, beat the whites of the eggs very stiff with five spoons white sugar, with the juice of a lemon, pour over the top of the pudding, put in the oven to stiffen.

To Make Apple Fritters.—Take one pt. milk, three eggs, salt to taste, and as much flour as will make a batter. Beat the yolks and whites separately, add the yolks to the milk, stir in the whites with as much flour as will make a batter. Have ready some tender apples, peel them cut them in slices round the apple, take the core carefully out of the centre of each slice, and to every spoonful of batter lay in a slice of the apple, which must be cut very thin. Fry them in hot lard to a light brown on both sides.

Molasses Cake.—One-half cup molasses, onehalf cup sugar, one-half cup sour milk, piece of butter the size of an egg, two cups flour, spices and a few chopped raisins; spice with a little ginger, cloves and cinnamon.

FRENCH TAPIOCA PUDDING.—Take two ozs. tapioca and boil it in half pt. water until it begins to melt, then add one-half pint milk by degrees, and boil until the tapioca becomes very thick, add a well-beaten egg, sugar and flavouring to taste. Bake gently for three-quarters of an hour.

OLD ENGLISH PLUM PUDDING.—One lb. raisins, one lb. currants, one lb. suet, one-quarter lb. nour or bread-crumbs, three ozs. sugar, one-half oz. grated lemon peel, a blade of mace, one-half a nutmeg, a teaspoon of ginger, six eggs. Work well, tie in a cloth with room to swell. Boil five hours.

APPLE PUDDING.—Apples pared, cored and sliced, placed in alternate layers with stale bread crumbs, very fine; add a little water, mix a few fine crumbs with butter for the top. Bake. Eat it with a hard sauce.

Cold boiled ham, or roast or boiled beef, left from one day's dinner, may be acceptably served at the next day's lunch or dinner, cooked in a chafing-dish in the following way: Slice a quarter of a pound of the meat in thin slices. Heat a tablespoonful of tomato catsup, with the same quantity of butter and of sherry. When hot, put the slices in the sauce, turn them over while heating, and when boiling serve.

Consumption follows neglected colds. Norway Pine Syrup cures coughs, asthma, sore throat, bronchitis and lung troubles.

SCRAPED WITH A RASP.—Sirs,—I had such a severe cough that my throat felt as if scraped with a rasp. On taking Norway Pine Syrup I found the first dose gave relief, and the second bottle completely cured me. Miss A. A. Downey, Mano-

Reasons for Success.—The success of Norway Pine Syrup as a cure for coughs, colds, asthma, bronchitis, and all throat and lung troubles, is due to the fact that it is the best and pleasantest remedy ever discovered, and because its action is prompt and certain.

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