Conducted by HELENE.

One of the most irritating feelings ing a letter at such a time. Things are distorted, nothing is seen in its to be on their guard is meddlesome The chances are that by our The probability is that. cook broiled the breakfast babetter than we could have done it, and the tailor cut the coat better than if he had followed our directions. No one can ever be happy in this world who fancies himsel or herself born to "set it right." It would do us all good at times to sit with the pupils instead of taking uninvited the seat of the master and the critic. One of the most useful lessons any man can learn is to let things alone. Let the chair stand where the maid placed it. Let the dinner be served without protest as the good wife ordered it And remember that the world will have to get along without us some day; that if we keep hands off from it a little while it may be learning, as it must learn, to eventually get along without our suggestion or in terference.

TWO ACTRESSES AND THE LE-GION OF HONOR.

Although the Legion of Honor, re marks a contemporary, has been refused to Mme. Sarah Bernhardt, the mere fact that the thing was considered at all, let alone being very seriously considered, indicates much There was a time France when a foolish actress who was ambitious enough to want a decoration and so ill-advised as make application for it to one of the ministers, was punished by imprisonment. It was during the reign Louis XV., and the first gentlemanin-waiting of his majesty wrote this to the governor of the Fort l'Eveque

Dear Sir,-Having been informe that Mile. Clarion has had the insolence and has been mad enough to solicit one of the King's decorations to which neither her sex nor her profession entitles her, I write you this letter in the name of the King You are to lock her up in your good prison of le Fort l'Eveque, make things sufficiently uncomfort able for her to teach her a lesson. Every evening, however, one of your men will have to conduct her to the Comedie Francaise, in order that the this indiscreet woman.

RUSKIN ON GAMBLING.

of all the vilest, because it wastes preached a notable sermon on "The not time only, but the interest and Mother's Influence in Home Life." energy of great minds. Of all the Taking his text from the book of can fall, the vilest is betting interesting yourselves in the issues lows: of betting. It unites every condition of folly and vice, you concentrate chance, instead of upon a subject of memory's true knowledge, and you back opi- graph is the fairest and the nions which you had no ground of The mother makes the home. forming, simply because they are word itself-Mother-is sweeter tism is in this, and so far as the honeycomb. love of excitement is complicated turn yourself into the basest sort of tradesmen-those who live by spe ground for industry this would be a passions sufficient one that it protected you ous a vice. Work faithfully and you glorious and enduring happiness; not such as can be won by the speed of a horse, or marred by the obliquity of a ball."

WHEN NOT TO WRITE.

Words spoken in excitement are dangerous; words written at such a time are far more so. No letter ever written under pressure of antagoniz

true perspective, when feeling runs high because of another's r or opposition, or seeming unfairnes or wrong. The danger that accom panies righteous indignation is no thing to be ashamed of; but to fail to recognize this danger is right folly. The sharp word evident hotness of feeling that put down in black and white in letter rankles and remains and tranges to an extent that is so well Think twice before you speak, and wait overnight before you write.

IN SIGHT

The path is gone; I've lost my way Far from the light.

Grant me, O God, the strength-day by day-To walk aright! In pity cast a feeble ray

Across my night; O Father, be my guide, my stay-Keep me in sight! -Mary E. Redmond.

CHIVALROUS BOYS.

A boy should be taught to wait upon his mother and to consider himself shamed if she performs any tasks that are for the "hewers of wood and drawers of water" about There have been any number of good men spoiled by mothers mistaken devotion. The boy who will let his mother bring in the kindling will let his wife chop. the wood; for laziness is the progressive quality in the world. More than that. The sense of valry once dulled is not easily stored, and chivalry is as fair thing in woman's eyes to-day as it was in the time of Sir Galahad. All love is humble. But there is

none so abject as mother love. woman pours her youth, her strength her every hope into the chalice that she proffers to baby lips and grieves that she has nothing dearer than her life to give to the imperial stranger And so, while she holds his little feet in her hand and her bosom is the only world he knows, wraps him in the fulness of her love without restraint. It is only when he has grown a little wise and exacts tribute that she, if she is have future happiness, withholds the sake of her soul's future.

some measure of her service. For the sake of her declining days, for for the sake of his character now being moulded, she must deny herself much public shall not be deprived of the pleasure that she would find in servpleasure of applauding the talent of ing and exact, instead, that tribute from him.—Catholic Columbian.

WOMAN'S INFLUENCE.

Rev. Dr. Patrick Farrell, recto There is one way of wasting time, of St. John's Cathedral, Cleveland. ungentlemanly habits into which you Proverbs, "Who shall find a valiant woman," he spoke in part as

paramount importance is that of the your interest upon a matter of mother. As we turn the pages of album, the first photobest The your own. All the insolence of ego- the heart of man than honey and the

"The influence of a character, and the memory of her and a happy home has always ex-Were there no other ercised a restraining power upon the the clergyman; brings brightness to the home. Let from the temptation to so scandal us analyse that love. It has two elements—sacrifice and devotedness ous a vice. Work latinfully and you will find yourself in possession of a The duties of the Christian mother are solemn. She was free in entering into the compact, but one entered upon her course she became a power for the full force of the ne tural law and its consequent obligations for the good of the race and the preservation of public order.
"Maternal love implies devoted-

ness. The whole being of the mother should be wrapped up in the interests of her children. She is the ed feeling is just what it ought to great priestess of the natural order be. No man can afford to run the —her altar, the family fireside. While heavy risk that is involved in writ- her husband is busy with the affairs



Gladly Tells About It.

has been used with gre REV. E. B. KILROY, D.D.

KOENIG MED. CO., CHICAGO, ILL. Sold by Druggists at \$1.00 per bottle, \$for \$5.00 Agents in Canada:—The Lyman Bros. & Co., LTD., TORONTO; THE WINGATE CHEMICAE.

of the world, into her hands is committed the care of an immortal soul, the most precious treasure ever fashioned by the hand of God.

"The moral training of her children must begin at her own knee. She must teach his tiny feet to walk in the ways of virtue and in the counsels of God. To do this she must make the home holy. The grace of the sacrament of matrimony alone will enable the Christian mother to accomplish this work. Insist on public order, as you will, and persuade parents of their natural duties and after all it is religion that sanctifies the home. And if mothers los sight of the Christian obligation. everything nure and holy is lost.

'Women may not be called to great deeds in order that they may great. Joan of Arc and the Amazons of history are exceptions. Many unknow heroines, pure, sinless, un complaining, are working for glory of God in misery and poverty, and they shall obtain their reward.

TIMELY HINTS.

Warm salt water used with brush will clean bamboo or rattan

To keep an open pail of paint fresh, stir it well to dissolve all the oil, then fill up the pail with water When the paint is again needed for use pour off the water.

After sash curtains, washstan splashers and other articles washed, it is very difficult to run the tape or string through starched goods. ' A bodkin invariably pushes through the material There is nothing nicer than a large safety pin for this purpose. sheath pushes through the casing very easily

Hot lye will cut the grease out of the pipes of the kitchen sink, but water as a "chaser." If the lye cools in the pipes crystals are apt Chloride of lime, copperas to form. water and carbolic acid are disinfectants and will kill odors, but should be used after the pipes have cleansed by the hot lve

Table oilcloths or the linoleum or the kitchen floor can be kept fresher and cleaner with oil than with soap and water

FUNNY SAYINGS.

An ancient villager, during a serious illness, refused to see a doctor, relying instead upon a certain quac medicine. The minister urged upon the man's wife that his conduct was ost equivalent to suicide. "Yes, sir," replied the wife, "I know it; with the hope of winning money you has saved souls in the forming of and many a time have I prayed Dr. Chase's portrait and signature against it in church service." don't quite follow you," remarked "are you talking 25 cents a bottle. about the prayers for the sick?" "Oh, no, sir; I mean when we say in the litany, 'From all false toring, good Lord, deliver us."

Tommy.-Pa, what is the Isthmus

of Panama?
Pa.—The Isthmus of Panama, Tom my, is a narrow strip of land necting Central America with the United States Treasury.-Life.

"The news of English, we tell the atest. Writ in perfectly style and nost earliest. Do a murder get com-

CAUTIOUS ALL AROUND. Hotel Clerk (suspiciously): Your on Judle has come apars. Way lesk hat that queer thing is?"

Grest—'This is a new patent fire

escape. I always carry it, so in case of fire I car, let myself down from the hotel window. See ?"

Clerk (thoughtfully)-"I see. Our terms for guests with fire escapes sir, are invariably cash in advance.

"What strikes me about you Ne forkers, is the total lack of appreciation of a fellow-man's finer sensib lities," said the visiting Englishman 'For instance, I was going up town heastly the other evening in your tuppenny tube. By dint of activity I managed to get a seat and had just disposed myself fortably when a chap standing front of me began to whistle 'God Save the King.

patriotic Englishman "As any patriotic Englishman would do, I immediately arose and stood in respectful attitude; then the blooming bounder stopped whistling and took my seat."

HOPING FOR THE BEST.

"I hear," said Mrs. Oldcastle that there is some talk of having calisthenics in our Sunday-school. "My goodness!" exclaimed ostess. "I hope it ain't true. exclaimed her children caught the chickenpox there and it seems to me that's enough, at

"They thought he was dead and all the papers printed obituary tices."

"And then ?" "Why, then he turned up, and since he's read those notices he's too proud to speak to anyone.

The Season for Croup and Colds

But Serious Results Can be Avoided by the Timely Use of

DR. CHASE'S STRUP LINSEED AND TURPENTINE

With the return of wintry wes ther there comes again mothe iety for the health of her little one wet feet and chilled bodies and then croup or severe colds. And what is to be done to prevent serious trouble?

Because it is pleasant to baste, composed of simple ingredients of proven value, and positively fre from anything of an injurious ture, Dr. Chase's Syrup of Linseed and Turpentine is especially suitable as a treatment for children, and its popularity is due to its wonderful success in the prevention and cure of croup, chest colds and bronchitis

In the hour of emergency you can depend on Dr. Chase's Syrup of Linseed and Turpentine to loosen thi cough, aid expectoration, allay inflammation and bring speedy relief and cure.

This well-known preparation not a mere cough mixture, but medicine having thorough and reaching action on the whole system and hence its remarkable success.

Miss Ada O'Brien, Cape Cove Gaspe Co., Que., writes: "Eight months ago I was taken with a se vere cough which lasted thre months and though I had tried all sorts of medicines they failed to me any good. A friend advised use of Dr. Chase's Syrup of Linseed and Turpentine, and I was complete ly cured by two bottles. I can re commend it as a splendid medicine. Don't take anything said to 'just as good.'' There is no throat and lung medicine just as good as

Dr. Chase's Syrup of Linseed you are buying, and insist on having of Dr. A. W. Chase, the famous re cefpt book author, on every bottle. Edmanson, Bates & Co., Toronto.

Destroying Faith.

ber of daily papers we find in the syndicated "Sunday School Lessons" the following three paragraphs

bread." "Blessed it." He asked. God's blessing upon it, or. according to Luke, gave thanks. "This is my body." This represents my body.

V. 27. "The cup." The third or fourth cup of the Passover service. "Gave thanks." From this the name Eucharist, meaning thanksgiving, is applied to the sacrament. "Drink ye all of it." Jesus wishes all those who love Him to partake



OUR LITTLE LIFE.

(Imitated from the French.)

Our life is hard A little love, a little scorn; A little kiss for love's reward; And so-good morn!

A little work, a little play: A little pleasure, also pain; And so-good day! III.

A little dark, a little light; A little joy, a little grief; And then good-night!

OUR GREATER LIFE

Our life is high: With prayet and Sacrament Along our road, We climb the battlement; And there find God.

Our life is sweet: To hearts of honest will Sweet peace is given; We here have faith, until Earth turns to Heaven.

Our life is long: Its measure is not days, But zeal of souls, that see Their works of love and praise O'erflow eternity. -J. T. Durward.

THE LAND OF REGRET.

There is a city whose gates are wide Its pavements pure and clean. Where shadowy forms flit side by

On the road called "Might Have But folks walk there with their

heads bowed low, And heavy eyelids wet, For ev'ry corner is haunted so In this, "The Land of Regret."

They meet the ghosts of those other years

In dreams of memory sweet And wet with passionate, frenzied The graves which lie at

feet; But never, long as their lives shall last. Can they again forget

Who once have walked with ghosts of the past

In this, "The Land of Regret." They feel the touch of a hand grown

still, Its fingers softly press, The tender passion of kisses thrill

Their own in a fond caress Ah, me!-but pity the folks Where long the sun hath set,

And walk with the ghosts who're laid away In this, "The Land of Regret." -Pall Mall Gazette.

of this Sacrament and participate in lances, instead of taking our stand

the blessing it symbolizes. "This is my blood." Let represent my blood. this who will accept For all many." Him as their Saviour. "For the reand mission of sins." One who truly takes Jesus to his heart is delivered as clear in Holy Writ to-day as in made clean and pure.

The terrible effects of inherited unbelief are demonstrated by the perisal with eyes of faith of the above paragraphs. The early Christians did not presume to misrepresent the words of our Lord. The unbeliever spoke of "a hard saying, and who can hear it," but the faithful, in the language of the apostle, accepted His doctrine, "Lord, to whom shall we go? Thou hast the words of eter nal life."

In the so-called "evangelical" Sunday school lesson above quoted, no Journalism in Burman.

A paper published in Siam lately for free conversation. "Jesus took bread." "Blessed it." He asked "The news of English, we tell the following upon it, or according the following is represented by the following in the following in the following is the following in the fol

Which saying is right? Our Lord's or that of the modern Sunday school

If thou must love me, let it be for Except for love's sake only. Do not

"I love her for her smile. Of speaking gently-for a trick

That falls in well with mine, and A sense of pleasant ease on such

For these things in themselves, loved, may Be changed, or change for thee-and

love so wrought be unwrought, so. Neithe May Thine own dear pity's wiping my

cheeks dry, A creature might forget to weep, who bore Thy comforting, and lose thy ,love

thereby, But love me fer love's sake, that evermore Thou mayst love on, through love's

eternity. -Elizabeth Barrett Browning.

LITTLE TOWN OF LONG AGO.

Little old town of Long Ago, Little white town in the low green hills,

Houses all in a straggling row, Drowsy, dusty, stupid, slow; Little old town, I love you so (O the clamor and roar of these

marts and mills!)

Little old town where the roads go

down To the four great ways that mortals tread: To Hearts' Desire and great Re

nown; El Dorado and Fortune's Frown-Four roads, winding and long and

brown, That meet in the Land of Dead.

Little town of the single street. And the dust blown up by

wandering wind, And the patter of children's bare, brown feet And the smell of the forest and sweet

When folks shake hands and smile when they meet; (O tender ties that bind!)

Little town of the Little Maid With the golden curls and the eyes

And the little boy who dreamed and played. But said no word, being much afraid Who dreamed and dreamed, and dreaming straved

Away from the little maid, and you. And he cannot find that little old

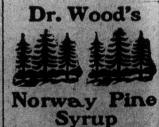
The little lost town he used to know, roads that go up and many down

To El Dorado and the great Re-To Hearts' Desire or Fortune's

Do not lead back to Long Ago

with St. Peter and those who, in spite of difficulties of sense, clung to Him who had the words of ete

nal life. Our Lord says, "This is my body, This is my blood." The words stand te centuries gone by. Strange those professing to accept the Bible as their sole guide reject its plainest testimony.



eros Coughs, Colds, Broncht Hearagness, Greup, Asthma Pala or Tightness in the Ghost, Etc.

DID HE DO IT ON I The owner of an

tells a good story of hi by the conduct of a ne which is too lazy to h its own consumption, enjoys unearthing the When Dash prived of several cho this way he evidently n the vexing matter, as bright idea came to his after dinner, when the dog was out of the way to dig a hole not far fr master sat watching hi he deposited a big and ly desirable bone. The well with earth, di moment, and came with a small bone, wh its best and second-be was still good enoug opinion, for a thief. laid on the earth which bone, and scraped the with elaborate care. had the satisfaction of the ruse was successful, morning, he saw the leaving the premises bone in his mouth. L day Dash reaped the r wisdom as he sat munc bone at his leisure.—'l

HOW TO GET

A young man asked. I get on in the world?" 1. Get at some work f are suited. bottom. Excel in it. about it than any of more skilful in it than

competitors. 2. Save money. Beg the cents if you can n lay by \$1 a week. Ac bit of thrift.

2. Get a good reputat esty, truthfulness, restructworthiness. It is ital. Deserve it. Don

By the Author of "Ser

CHAPTER XVII.-C "Auntie Clara, do c minute," she cried softly The little mother came

and when she saw Box softly behind her. "He's been so funny a day," Liese said; "he do me a bit, Auntie."

Madame Bruder took I hand and led him back ting-room. There she t her lap by the fire, w mained quietly for a f but then started up and tering again.

"Feel his hands, Liese 'they are burning hot, a are wild and restless. A the child is ill, I fear m this is trouble on troubl She rang for Fritz, and to wait on his master,

senger of the hotel was for a doctor, and also to one of the nursing insti the great city a compet Madame Bruder was r was very ill. It was no had not stayed in bed, thing as sleep came ne that night, He would tearing about the room over again, impelled by fancy that no one could less the nurse had been prevent him. He did no notice that a stranger wand when the little move in many times during the

other.
That was a dreadful ni Madame Bruder. Her he passed through the fierce the relapse, which had ton by excitement and except, but he was so were this second illness that said care and quiet were things that could save I he had, but the noisy a pay capital, the continuous

most earliest. Do a murder get com-mit, we hear of and tell it. Do a mighty chief die, we publish it, and in borders of somber. Staff has each one been colleged and write like Kipling and the Dickens. We circle every town and extortionate not for attractions and its contractions. nt the too early appearance of gray hairs LUBY'S PARISTAN HAIR RENEW-ly be applied as a hair dressing when its valuable properties will be appreciated. It imparts a most beautiful gloss and solor to the hair, and keeps the head cool and free from dandruf.

For sale by all chemists. What a bless