

Constipation.

Is an effect rather than a disease—the result of irregularity in the system, error of habit, or diet. Still, a torpid condition of the bowels should never be suffered. When the bowels become clogged with fecal matter, the general health is sure to be seriously impaired, giving rise to impure blood, headache, piles, fistula, and many serious disturbances. An inactive state of the liver is sure to lead to costiveness. The bowels, in connection with the skin and the kidneys, constitute the grand outlets for impurities of the system and the channels by which diseases are expelled. All strong drastic and repeated purgatives should be avoided, as they tend to debilitate the already weakened condition of the bowels. Injections of tepid water, with a little castile soap, or molasses, or oil, may prove beneficial, but Burdock Blood Bitters is the true remedy, acting upon the bowels and giving them tone without a reacting constipation. Careful attention to diet should be observed—Graham bread, ripe fruits, rice, oatmeal, etc., are most serviceable. Food that sours on the stomach or requires a long time to digest should never be tolerated.

Cure.—Burdock Blood Bitters is the key to unlock the clogged secretions and bring health to the sufferer. Over indulgence in eating while the bowels are inactive is a prolific source of serious diseases.

Burdock Pills in connection with Burdock Blood Bitters will sometimes be necessary.

Cholera, Cholera Morbus, Cramps, Colic.

(See also Diarrhœa and Dysentery.)

In the absence of a Physician, use for the painful Cramps or Spasms of Colic, etc., Hagyard's Pain Remedy, and for the Flux use Dr. Fowler's Extract of Wild Strawberry, according to directions.

Congestion.

Is a general term, signifying a stoppage in the circulation with a local inflammation or determination of blood to some special organ or part of the body, as Congestion of the Brain, Congestion of the Lungs, etc.

Cure.—Hot packs of Hops or Smart weed, cloths wrung from hot-water; equalize the circulation by rubbing with stimulating liniments, the foot-bath, sweating, evacuating stoppages of the bowels, kidneys, skin, etc., are always in order whether there is general fever or not.

Canker.

This is the result of an inflamed state of the mucous membrane and a bad condition of the blood, and consists of raw sores spreading over the throat, mouth, lips, lining of the nostrils, etc. Dr. Fowler's Wild Strawberry will be found beneficial, and Burdock Blood Bitters to correct the state of the stomach and general health.

Chilblains.

Bathe the feet for ten or fifteen minutes in as hot water as can be borne; then apply Hagyard's Yellow Oil, and you will have a perfect cure.

Corns.

These troublesome excrescences may be removed by the use of our Chinese Corn Remover, in a few days without pain or soreness. The feet should be often bathed and tight boots or any pressure or friction must be avoided.