WILL CURE YOU FIRST

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NOT ONE DOLLAR NEED BE PAID UNTIL CURED There is no guess work, no experiment about my method. I am a known expert in my chosen spacialities, and offer you the best and only the best treatment. When your life or your health is at stake, inferior treatment (which leaves after effects worse than the disease tizelf), is dear tany price.

Have 14 Diplomas and certificates from the verious colleges and state hourds of my standing and abilities. It makes no difference who has failed to cure you, it will be to your advantage to get my opiniou of your case free of charge.

PHYSICAL DEBILITY

I Cure Nervous Debility, Varicocele, Stricture, Early Decay and Waste of Power, All Nervous, Chronic, Blood and Skin Diseases.

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HOME TREATMENT

n or near the city you skould apply for treatment in person, but if you ay, write me a full and unreserved history of your case. You will re, conscientious and painstaking attention as if you were in my office daily,
ifferent parts of Canada and Mexico, as well as all over the United States,
by my system of home treatment. I feel fully justified in claiming that if
ect and successful system ever devised. All physicians coming to me for er obstinate cases which they are occasionally called upon to treat will
al courtesies of the profession. Medicines for Canadian patients shipped
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DR. GOLDBERG, 208 Woodward Ave., Suite 411 Detroit, Mich.

The Wishbone.

The wishbone in birds is called by cientists furcula and is in reality the enion of what are in man the two sepasate collar bones. These in the birds reweive the brunt of the strokes of the wing that turn the creature in its might. Few realize the strength of Stroke of the bird's wing. It is said that a swan has been known to break man's leg by a blow of its wing, and the like manner the wing beatings of the Carger birds are dangerous if they strike the head or face. If, therefore, a starge bird is in the habit of making sudden turns to right or left in its sight it must be fitted with a wishbone competent to withstand the great Strain of the wing stroke on one side, with no special action on the other side. For this reason we find in the eagle mad size birds of quickly turning flight a furcula that is a perfect Roman arch, widely at variance with the Gothic erch, which is the shape of the wishbone of our common fowls. The eagle's Eurcula is a solid rounded arch, everywhere equally strong and not develop ing those points of weakness that make sur sport of breaking the wishbone

The variety of beneficial motions that may be had in muscular exercise is almost unlimited. It is interesting to notice that children, when free to play as they choose, instinctively make so many different motions that they seem to use all their muscles. When people's ideas of propriety shall have be come what they should be grown peo-ple can exercise like children without being considered daft or silly. Many of the performances of children seem to older persons purposeless and use

There is such a state of ignorance and prejudice that many people of considerable education lack very much of having a proper conception of the relation of exercise to life and health. One may learn and practice with benefit a system of exercises, as many do, without having the acquaintance with the principles involved that makes possible the greatest benefit and interest and enjoyment. There is an important advantage in knowing the reasons for the various movements and what mus cles make each movement and how muscles use bones as levers.



If you require any fuel to finish the season, try

GAS COKE

and see what a large saving you make. Coke is suitable for Furnace, Range, Baseburner or Grate.

Chatham Sas Company, Limited.

ADVERTISE IN THE PLANET

WHAT WOMAN WEARS

The Long Skirts-A Three Plece Suit.

The long skirts are so full and so many yards of material unconfined at many yards of material unconfined at the botton that nothing short of manila rope will support the volume of some drapery and keep it hanging in grace-ful flaring folds upon the ground. This rope is concealed in a silk casing at-tached to a flounce trimming of the drop skirt. Softer cotton ropes are also used, as well as cotton cording of a thick sort. This necessity bids fair to be the subject of further exploiting and a new style of under support may be introduced later.

The dark blue veiling "three piece" suit illustrated is trimmed with fancy blue braid. The blouse of dark blue chiffon has a deep yoke and straps of veiling edged with taffeta. A taffeta belt is worn.

A directoire hat, with its high stiff

box crown and its dashing brim curves is by long odds the smartest for tall, well made women, although it does often add too much to their height. If this style of hat is not too exaggerated in size they may be worn becomingly by women anywhere from five feet five to six inches, as the gain in height then is of advantage according to the present ideal of figure lines. Women who are undersized should shun them, as they impart a certain burlesque air that is most objectionable.

Many of the smartly set up among

the young contingent are traveling in tweed skirts and open three-quarter coats, severely plain, but on the best tailor lines. The shirt waists worn with them are dainty white lingerie affairs. very high in the neck, with prettily trimmed sleeves that show at the



"THREE PIECE" SUFT IN VOILE.

wrists. Chain bracelets and a short neck chain in gold workmanship inest kind are quite a good style of ornamentation, look very fit and are be-coming. With such a suit is worn a French sailor. One black straw hat of this shape was trimmed with two nar-row crown bands, one of bronze galloon, the other of dull silver. On the left was a small black and white bird.

Most of the well dressed matrons are traveling in tailor made siciliennes or heavy, silky mohairs. Dark blues, browns and sober grays prevail. Strap trimming is quite in the best taste. The utmost simplicity is observed on

For traveling gloves white wash kids seem the favorites for day journeyings and tans for longer ones. Both kinds are worn large enough to be an easy, roomy fit, while the kid should be beavy enough to prove serviceable. Upon economical grounds tan gloves are the best selection.

are the best selection.

An idea much exploited is that or using colered leathers, soft and fine, for trimming. When cut into strips, or small figures, they are applied and embroidered upon lace shoulder collars, stocks, yokes, etc. Red upon ponges suits is very telling, so are the being thans. Small plaits and fine shirrings, with these leathers are rest. trimmings.
Tailor made voile suits of a quality

Pine Tree, combined with Wild Cherry Bark and the southing and expectoran properties of other excellent herbs and barks. as firm as canvas have become favor-ites with the best failors. Lace waists are wern to match the browns and grays—in fact, any color—of the voile.

—Vogue. Norway Pine Syrup in our family for the past six years, and have always found it a reliable remedy for the cure of coughs and colds,"

Fruit Strups For leed Drinks. Fruit siraps For lead Brinks.
Fruit siraps and shrubs are healthful drinks for hot weather. As they are all made in much the same way, the right proportions of juice and sugar will answer for svery variety of fruit, the rule being one pound of sugar to each pint of juice. Let this come to a boil and keep in it self scaling jars or bottles. A little lemon juice added to sweet insipid fruits is an improvement, or several kinds of fruits may be combined when extracting the juices.

bined when extracting the juices, or again two or more kinds of sirup may be blended when serving. Allow two or three tablespoonfuls of the sirup to a glass of water.

Stewed Blackberries, To a pint of water add half a pound of sugar and a few bits of lemon peel. Pick over the blackberries and place in it. letting them simmer for a short time. Then pour off the sirup, let it come to a boil and strain over them.

London, March 28.—Starvation threatens Armenia, according to a cabre message from Van Ried yesterday by the Bible Lands or Turkish Mission Aid Society to the local agents of the society. The message reads: "Suffer-ing from poverty. General food supply in many villages nearly exhausted. Deaths from hurger beginning." YOUR

Dying of Hunger.

Confirmed Bishop of Montreal

Those Can't Taste,

If you have you had better get rid of a immediately. If you don't, that terrible and disgusting malady, Catarri, is sure to take hold of you and make you miserable, and an object of repugnance

to your friends. The best and quickes

DR. WOOD'S NORWAY PINE SYRUP It contains all the virtues of the Norway

Mr. Harry Mosher, Mosher's Island, N.S., writes:—"We have used Dr. Wood's

brought to our notice. Do not be hum-bugged into taking any other pine syrup which unscrupulous dealers say is just as

good.

Dr. Wood's is the original, put up in a yellow wrapper; three pine trees the trade mark, and the price 25 cents.

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Some men profess to know more than most other men ever dreamed of having had an existence.

Powder is a boen to any home. It disin fects and cleans at the same time.

Lever's Y-Z(Wise fread) Disini

cure for your cold is

Can't Smell Colds?

Have You One of

Rome, March 28.—The Pepe held a secret consistory vesterday without creating any cardinals, merely precon-ting bishops. Monsignor Zetico Raci-cot was confirmed as auxiliary bishop of Montreal.

Are surely worth more to you than the price of a pair of glasses. If you value your eyes have them properly fitted at once. Delay and your eyes may become so bad that no glasses will help them, then you will regret it the rest of your days. This is true every word of it Do not trust travelling Optioians and peddlars to fit you with glasses. They get your money and you get the experience. This we know because it is told us by people that comes to us for glasses after having bought of the Spectacle peddlar. Our Optispectacle peddar. Our Opti-cian is a graduate of the Detroit Optical college and is fully equipped with all the modern con-veniences. We will examine your eves free of charge, at the sign of the Big Clock.

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YOUR BUILDINGS Need repairing. Who will furnish you with better Lumber at more reasonable prices than we can?

rough or dressed in large or small quantities. Give us a chance to figure on your contracts and we will prove that our prices are the lowest.

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House Work Need Not Wear Her Out The drudgery of house work seems never ending to tired-out, dispirited women who suffer from female complaints or irregularities. Inflammation and ulceration of the womb and ovaries cause fearful bearing down pains which are aggravated by much standing on the feet, and lifting necessary in house work. But let no woman despair of relief from this torture. That famous tonic reconstructor of diseased or disordered female organism,

Lydia E.Pinkham's Vegetable Compound

has cured more than five hundred thousand American Women, and it will cure you. When monthly periods are painful or irregular, when backaches and headaches drive out all ambition, Lydia E. Pinkham's Vegetable Compound will bring back health, strength, and happiness.

It Made Me a Well Woman

Dear Mrs. Pinkham:-Lydia E. Pinkham's Vegetable Compound has done more for me than doctors or medicines. I suffered for four months with suppression of monthly periods. Headaches were a daily occurrence. Pains in my back and limbs made it hard for me to attend to my domestic duties.

The medicines I had taken did not help me, and I was in misery and despair until one day I read an account of your Vegetable Compound, and decided to try it, and I thank God that I did so, for it not only regulated mymonthly periods, but made me a well woman

MADAME CAROLINE MARTINEAU, 22 La Chapelle St., Quebec, Que

Do not let disease make headway. Write at once to Mrs. Pinkham, Lynn, Mass. Her advice is free and will contain information of great value to you.

Lydia E. Pinkham's Vegetable Compound Cures Where Others Fail

Y-Don't EYES

you have a neat Photo of yourself taken at the

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I have for anic 190 acres, more er tess, of part lot 16, concession 8, in the Township of Dover, east of Baldoon street, owned by William H. Buhnke.

I also have money to ioan at the lowest rate of interest.

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