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ous irresolution of a measure that subsides with a coma and wakes up into a thunderclap—such things are not good form for the violin either. Miss Barstow conveyed the apparent intention of the composer very intimately.
In her rendering of the Pagnani-

Kreisler Praeludium and Allegro she was more at her ease and very much at her best, as she was in the Prelude by Emmanuel Moore.

A Great Programme.

BIG programme is a long way towards a big recital. And a big programme with a sterling artist behind it is the rest of the jour-The programme to be given by Mr. Rudolf Larsen at the Toronto Conservatory of Music on October 28th is one of the finest ever heard in Canada, and it will be done by a man who since he came here from Leopold over two years ago, has been making big studies in his art based upon hard work and much digging. The programme follows:

Prelude, Allegro — Pagnani B	reisler
Ave Maria So	
Concerto, F Minor	Ernst
Chaconne	
Wotan Prize Song V	
Rondina Beethoven-K	

Yvette Guilbert Again.

Y VETTE GUILBERT sang in To-ronto again last week after an absence of ten years. This rather indescribable French cantatrice has preserved most of the peculiar charm that made her work a classic to English audiences years ago. To a Toronto audience, for the most part innocent of the French language, the re-cital last week was a sort of musical pantomime. The melody was not always obvious. The words were obscured by the foreign idiom. The rhythm was varied to suit the mood of the singer. But with all its precarious character the meaning of the songs was at no time in doubt, thanks to excellent programme notes and the expressional gifts of the singer.

W. O. FORSYTH expects a very busy season, and will, as is usual with him, bring out a number of solo pianists in recital later on. Among them will be the exceedingly brilliant and splendidly temperamental artist-pupil, Jessie McAlpine.

* * *

What's What the World Over

(Continued from page 20.)

but, by an irony of his own construction, they all lived longer than he did. Metchnikoff, it must be said at once, did not, despite his seventy-one years, die of old age. By following his own teachings he had kept young, and he would probably not have died for a good many years if it had not been for heart trouble hereditary in the family. He had known for a long time it was going to kill him. In fact, he lived longer than any of his immediate relatives, all of whom had succumbed to the same complaint. Within the last year or two he had said a number of times that he could not expect to last much longer. At the time of the Metchnikoff jubilee held at the Pasteur Institute last year on his seventieth birthday, he even predicted his own early death. He drew a chart, which can be found in the published annals of the Pasteur Institute, showing the ages at which his grandparents, parents, his brothers, and his sising the ages at which his grandparents, parents, his brothers, and his sisters had died. The chart shows their lives ended at 45, 51, 54, 64, 65, 67 and 68.

and 68.

"They were all gone before they attained my age," he said, "so I am tempted to attribute my old age to my manner of living. For years I have rollowed a system based on the conviction of the harm caused by our digestive apparatus. There is a commonly accepted idea that the organisms that flourish in our digestive tube are capable of doing us no injury; I hold the contrary opinion. I believe that we harbour a large number of harmful microbes which shorten our existence by bringing on premaber of harmful microbes which shorten our existence by bringing on premature old age. So I have conducted an experiment on myself for the last eighteen years, in the hope of fighting off this unhappy result. I have abstained from all raw food (including salads, uncooked fruit, etc.) and I regularly drink soured milk containing micro-organisms capable of fighting the harmful organisms we all have in us.

in us.
"I have done this for only eighteen years. It should be followed from childhood. Then old age will come normally and not far too soon as now. normally and not far too soon as now. Nowadays we consider ourselves favoured if we arrive at my age of seventy still capable of doing our daily work. In the future the limit of human activity will be much later in life. But to attain this happy result there will have to be a long, scientific preparation."

When I began looking into the personal side of Metchnikoff's life I soon

discovered he was no less interesting as a human being than as a scientist. He was not always the technician, and as a human being than as a scientist. He was not always the technician, and never the pendant. In fact, he tried so consistently to keep science on a simple, practical basis that he was in danger of being regarded by those who did not know his work as a seeker after notoriety. His scientific essays are always written so any one can understand them, and he avoided purely scientific terms even when lecturing to biological students. But his popular essays, such as the collection translated into English under the title "The Nature of Man," are in the original French called merely "introductions" to the various studies he outlines. The real work was in the laboratory. His books, clearly and delightfully written as they are, give a mere surface idea of his researches. Metchnikoff speaks in one of his essays of the keen desire to live that grows more tense with years. He had it himself and with it went a limitless appetite for work. His laboratory was

grows more tense with years. He had it himself and with it went a limitless appetite for work. His laboratory was more than home to him. Even during the war he was there from eight in the morning until six at night. He missed just one day in the last two years and that was during a sleet storm last winter. He usually ate luncheon in the laboratory.

Many interesting particulars of Met-

storm last winter. He usually ate luncheon in the laboratory.

Many interesting particulars of Metchnikoff's life were told me by his pupils with the careful regard for exact details one might expect to find in students of pathology. They were also aware of the question that had arisen ir the mind of the world over the cause of his death at seventy-one. They were afraid it might reflect upon his life's work and appear to negative its value. So they were at great pains to explain how young and vivacious he was even on the occasion of his last visit to the laboratory, the thirteenth of July. He came as usual in the morning, working all day, but he did not attempt to hide his uneasiness at the weakness of his heart. He surprised them, however, by saying, as he put on his things to go home, "To-morrow is the fourteenth, isn't it? So we won't work. I am afraid, then, this will be my last day here. I cannot last two days. I shall die to-morrow."

'He died, in fact, on the fifteenth, and his pathetic farewell made a deep impression even on the pathology students. They said, sentimentally, he would probably have preferred to die on the anniversary of the fall of the Bastile, he loved his adopted country



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