FAMOUS CHINESE FOOD

10% DISCOUNT ON PICK-UP FOOD ORDERS OF \$4.50 OR MORE OR FREE DELIVERY AFTER 5 P.M.

> OPEN Monday to Saturday 4 p.m. till 1 a.m. Sunday 4 p.m. till 11 p.m.

> > **TELEPHONE: 667-8282**

1033 STEELES AVENUE WEST

(1 block west of Bathurst; Willowdale

Get Out (Outdoors, That Is)-

Calumet College Outdoors Club -

Climbing, hiking, canoeing, camping, skiing,

Organizational Meeting Thursday, September 29 4 p.m. Calumet College Lounge
(Atkinson I)

All Welcome

Contact R. Seaman (667-3641) for Information

JOHN SEXTON'S

PREPARATION CENTER FOR CANADIAN STUDENTS

- SUPERIOR FACULTY
- SPECIALIZED INSTRUCTION
- & CURRICULUM
- EXTENSIVE HOME STUDY **EXERCISES**

GUARANTEE: IF YOU ARE DISSATISFIED WITH YOUR LSAT SCORE AFTER TAKING OUR COURSE YOU MAY ENROLL IN COURSE AGAIN AT NO ADDITIONAL COST

> Still Seats available for **Next Weekend course**

Fri. Sept. 30 - Sun. Oct. 2

Contact us For Free Information Kit Classes begin Fri. Sept. 30 5:30 p.m.

Sheraton Four Seasons Hotel Center Downtown Toronto, Ontario

FOR REGISTRATION AND INFORMATION

CALL (416) - 630-4602 (24 hrs.)

STUDENTS' NIGHT

at the Karlsberg Haus Kitchener - Waterloo



include \$2.50 admission price Tickets AND return bus trip

October 11. Tuesday

HTIW

Oom - PAH BANDS

AND STUDENTS FROM : MCMASTER U.W.O.

For information and tickets call Doug at 661.0043 or Chris at 661-5250

or any member of the YORK Rugby Club



Monster moves to Quebec?

OUEBEC CITY (ENS-CUP) --'Ponik", a serpent-like creature similar to the Loch Ness Monster, has been sighted and photographed by a team of divers in Lake Pohenagamook in Quebec.

There have been reports of Ponik for more than 60 years. This time, the sightings followed 10 days of searching with sonar equipment.

Claiming they didn't see a fish, one of the divers described Ponik as more than 25 feet long and almost 10 feet wide, black, making a lot of noise and swimming in the centre of the lake.

Photos of Ponik, taken from a mountaintop through a telephoto lens, have been submitted for scientific evaluation.

Student dining: health without wealth



Chili is fodder for chilly weather

Now that fall has officially arrived and the weather is colder, a bowl of hot chili is an excellent way to warm up. Chili is an economical and quick meal as well as being tasty. It can be made with or without

hamburger, in varying amounts. You will need:

1 large onion

1 clove of garlic 1/4 or 1/2 lb. of hamburger

(optional) 1 tin of red kidney beans

some cooking oil

1 tin of tomatoes

1 green pepper

(optional) 1 stalk of celery

(optional)

1 tsp. chili powder salt and pepper to taste

Chop up your onion and any other veggies that you're using, and fry them lightly in a few tablespoons of oil with a minced garlic clove. After a few minutes, add the hamburger and continue frying until it is completely browned, but not burnt.

Then add the tins of tomatoes and beans (do not strain, use the liquid, too) along with the chili powder and salt and pepper. Cover and simmer for at least 15 minutes, hopefully half an hour to an hour.

Eat and enjoy at any time but keep in mind that chili tastes even better on the second day. If you're only cooking for one or two people, chili freezes very well too.

This is a very simple recipe, but tasty and nutricious. One can easily vary it by adding things like mushrooms, lentils, soy grits or whatever inspires you.

So be creative!



The story of two women whose friendship suddenly became a matter of life and death.



20th CENTURY-FOX Presents A RICHARD ROTH Presentation of A FRED ZINNEMANN Film

JANE FONDA · VANESSA REDGRAVE

also starring JASON ROBARDS · HAL HOLBROOK

ROSEMARY MURPHY and MAXIMILIAN SCHELL as "Johann" Produced by Screenplay by

FRED ZINNEMANN · RICHARD ROTH · ALVIN SARGENT · LILLIAN HELLMAN

GEORGES DELERUE · PRINTS BY DELUXE*

