

CANADIAN NATIONAL COMMITTEE FOR MENTAL HYGIENE

ACTIVITIES 1930 - 31

Foreword

During the period 1930 - 31 the Canadian National Committee for Mental Hygiene has been active in all parts of Canada in the promotion of mental hygiene progress. The outstanding pieces of work include a survey of the Province of Prince Edward Island; organization of a post-graduate centre in psychiatry in Toronto; integration of mental hygiene into the school system of Montreal; activities leading to the enlargement of the mental hospital at Brandon, Manitoba; arrangement in collaboration with the Federal Census Bureau to secure uniform statistics from the mental institutions of the country; publication of weekly articles in two hundred newspapers; demonstration of the value of social work in the parole of mental patients in British Columbia; establishment of a Division of Mental Health in connection with the Department of Public Health of the Province of Saskatchewan; organization of psychiatric wards in connection with the Regina General Hospital; educational publicity; continuation of important research activities at four leading Canadian universities and the knitting of mental hygiene activities through co-operative efforts between the National Committees of Canada and the United States.

These items will be elaborated briefly.

1. Mental Hygiene Survey of Prince Edward Island.

At the request of the Government of Prince Edward Island, the National Committee conducted a survey in 1931. The study