

## HOUSE OF COMMONS

Wednesday, May 2, 1990

The House met at 2 p.m.

[Translation]

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*Prayers*

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### ADMAIL

**Mr. Louis Plamondon (Richelieu):** Mr. Speaker, most of Quebec's regional weeklies are distributed free of charge and depend on advertising to make up their costs.

Outside major urban centres, they reach nearly three-quarters of the population. By carrying flyers, they can afford to set aside more space for local news that is not picked up by the larger media.

By creating Admail, the Canada Post Corporation is taking a slice of the market and threatening the very survival of the weekly press in Quebec. Furthermore, the Corporation is abusing its privileges, thus the consumer and business.

At a time when our government is trying to create a French news channel that stresses local news, it would hardly be appropriate to undermine another channel for local news that is also directed mainly to Francophones across Canada.

In concluding, I want to ask the minister to demand the dismantling of Admail.

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[English]

### FISHERIES

**Mr. Peter L. McCreath (South Shore):** Mr. Speaker, the 1990 groundfish plan introduced a cap on the participation of fishing vessels from west of Halifax in the 4VSW fishery. This has caused considerable hardship to many fishermen, particularly those from Halifax, Lunenburg and Queens Counties.

With the beginning of the second trimester and with the Haché recommendations not yet in place, I urge the Minister of Fisheries and Oceans to immediately lift the cap and allow boats from southern Nova Scotia to participate fully in their historic fishing grounds.

### STATEMENTS PURSUANT TO S. O. 31

[English]

#### MENTAL HEALTH WEEK

**Mr. Rey Pagtakhan (Winnipeg North):** Mr. Speaker, four and a half million Canadians suffer from emotional disorders that exact great personal and financial grief. It is thus fitting that May 1 to 7 is designated National Mental Health Week to ensure that mental health remains a priority of every Canadian, indigenous and new.

New Canadians face additional risk factors insofar as threat to their mental health is concerned. Negative public attitudes, separation from family and community, inability to speak the language fluently, and difficulty in finding suitable employment are known causes of emotional distress among the newcomers to Canada. Indeed, mental health involves every aspect of our lives.

This year's focus, mental health in the workplace, reinforces a universal belief that a sound mind is needed for efficiency in the working environment. The Canadian Medical Association is to be commended for holding week-long events to increase national awareness of mental health.

National leadership is challenged once more to control the forces that increase risk of mental ill health, to eliminate the stigma attached to it and to increase resources for treatment approaches.

I ask the Department of Health and Welfare to accept the challenge. I ask the government to make mental health one of its continuing priorities. A sound mind and a sound body make every Canadian prepared to meet the challenges of our country today and tomorrow.