# BOVR

IS ALL-BRITISH

But Bovril is not merely all-British-it is the only food which has been proved by independent scientific investigation to possess bodybuilding powers from 10 to 20 times the amount taken.

Therefore remember it must be Bovril.

Of all Stores, etc., 1-oz. 25c.; 2-oz. 40c.; 4-oz. 70c.; 8-oz. \$1.30; 16-oz. \$2.25. Bovril Cordial, large, \$1.25; 5-oz. 40c., 16-oz. Johnston's Fluid Beef (Vimbos) \$1.20.



#### GOOD LIVING-KEEN ENJOYMENT

Why not have the best in bread for your family by using

#### REINDEER FLOUR

Reindeer Flour makes sweet, wholesome bread because it contains all the nutriment of the rich plump grains of the very finest Western Wheat. Reindeer Flour costs no more than ordinary flour but gives a full 100 cents' value for every dollar. You'll like the bread you make from Reindeer Flour.

Insist on getting Reindeer Flour from your Grocer. Accept no substitute.

THE PETERBOROUGH CEREAL Co., Simcoe St., PETERBOROUGH, Ont.

# O a Week and Expenses

That's the money you should get every week. I mean it. I want county sales managers who will accept a liberal, square partnership. No experience needed. My folding bath tub is the finest thing ever. Solves the bath problem in every home, without plumbing or water works —full size, movable, and folds up like an umbrella. I tell you it's great! GREAT! Rivals \$100 bath room. Everybody wants one AT SIGHT! Listen to the big money in this for you! I want YOU to handle your county. I'll furnish demonstrating tub on liberal plan to any energetic, honest man or woman, Why not YOU? There is big money in this chance. Opportunity only comes once in a lifetime.





### DEMONSTRATING TUB FURNISHED

Little capital required. I grant credit. Run your own busines.

—I back you up and help you out believe—accept—act right now—you must win big money, like my other agents. Get your own bank nt like the others. Act quick. Send NO money—just on post card for particulars of free tub offer. Hustle!

H. S. Robinson, President
THE ROBINSON CABINET MFG. CO., Ltd.
83 Sandwich St. Walkerville, Ont.

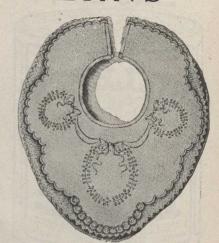


## NEW PATTERNS



N February, the housewife is quite certain to be thinking of her linen supply and of the replenishing that may be required and each member of the family is planning such additions to the underwear as may be needful. The designs that we are illustrating give timely suggestions and provide for a generous variety.

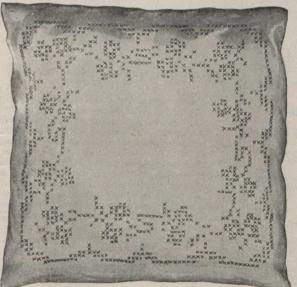
Every woman likes hand-made corset covers and dainty underwear of every sort and what are known as French garments really owe their distinction to the hand work. Such a corset cover as the one shown here can be made of fine lawn on betiete and can be just as charming or batiste and can be just as charming



for the purpose is linen lined with heavier linen or pique, and perhaps with an inner lining to give weight and stability.

Sofa-pillows and doilies are always sure to be required. The designs that are shown here are most attractive and at the same time have the great advantage of being simple. The sofa-pillow is worked in the cross-stitch that is so popular and which requires no special skill. The pattern is of the transfer sort and by the use of a hot iron, the crosses can be stamped on the material. It also can be used as a guide for counting the threads and the stitches after the same familiar method. The flowers are roses. In the pattern they are indicated by heavier crosses and consequently can be distinguished with ease. Shades of rose are pretty for them with green for the leaves and perhaps, wood-color for the border. The doilies are

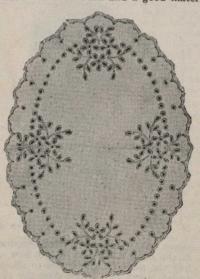
with green for the leaves and perhaps, wood-color for the border. The doilies are round, each nine inches in diameter, and one oval of generous size that can be used beneath the platter or as a tray cloth and it has various other uses. The edges are all scalloped. The designs within the edges may be embroidered in eyelet work or in raised work or in a combination of the two. The oval doily is especially handsome with the dots in raised work and the remainder of the design in leyelet and the same effect would be found a good one for the doily shown to the right of the picture. The smaller doilies will, of course, be worked upon white linen, but the oval doily can be put to so many uses that it can be worked upon white be put to so many uses that it can be worked upon white linen for the dinner table, or



just as dainty as any imported garment that could be imagined. The design is a graceful one, yet not over-elaborate and consequently does not mean a great deal of work. The needle-work can all be made in the raised or English style or with the leaves in eyelet and the flowers in raised work. raised work.

raised work.

Almost every family has a baby, or if there is not one that is a member of the actual household, the demand for pretty bibs and for trifles of the sort will be realized in behalf of a friend or relative. No. 815 shows an exceedingly practical as well as attractive bib. The design is unusual and effective without meaning too great labor. Preferably it could be done in raised work and a good material



811—Design for Embroidering a Table Cover Transfer pattern alone......\$ .10 Stamped on pure white linen, 18 x 24 inches, with mercerized floss to work......35

upon gray linen and used beneath the lamp and for any similar practical purpose, although the shape and the design seem to render it especially well adapted to table use. It is very charming to lay over a serving tray, and it has indeed the advantage of being available for many household needs. All the scalloped edges require to be well padded and then button-holed, and sometimes to give extra strength, it is well to cut the material out a little beyond the to cut the material out a little beyond the button-holed edge and then to turn this edge under and then hem it firmly

All the designs of the month are good, each in its way. No one of them is at all difficult, and the transfer patterns are so easy to handle that the work comes well within the reach of even the beginner. To transfer successfully, it is necessary to have a hot iron, but care must be taken have a hot iron, but care must be taken not to scorch the material, while the design must be placed accurately before the work is begun. There is a peculiar quality in the ink which causes it to stick instantly heat is applied, and as a result. instantly heat is applied, and as a result, the pattern cannot slip out of its place. But as a matter of course, it must be placed evenly before heat is applied.

Patterns of styles shown above will be mailed to any address upon receipt of price. When retering be sure to state clearly your name and address, and number of pattern wanted. Address, attern Department, Everywoman's World, Toronto, Ont.