

better preparations than ever will have to be made for the usual sports.

If the Committee can get matters so far arranged as to be able to announce the programme of sports on or before Convocation day, it would be a good idea. There is another matter that an energetic committee might attend to, and that is the place where these sports might be held. Hitherto owing to our want of campus we have had to hold them either in the Cricket Field or in the City Park, now, however, there is a far better ground attached to the College which a little preparation would soon turn into such a campus as is not possessed by any College in Canada. Now if the committee would set to work to make that necessary "little preparation," we are sure they would be aided by the College authorities. Apparently also there is going to be an unusually early spring, hence they would be able to do nearly all that has to be done before the present session closes.

THE amount of aid in the literary line given to the JOURNAL by the students generally is something enormous. As we announced at the beginning of the session, two prizes were offered by the JOURNAL for the best literary articles contributed to it during the year. The conditions being that the contributor must be a registered student, and that the articles must be in by the 1st day of December. Our readers generally will be surprised to learn that there was not one competitor. The contributors of the articles we have published have either not wished to compete or else did not fulfil the conditions. We have, however, some faith still in the developing ability of a prize, and, in all probability, the prize last session offered will be repeated. However we would prefer that the prize should be given in a different way. We have just seen the following item :

"A medal, valued at sixty dollars, the gift of Joseph Santini, Esq., of New Orleans, is conferred yearly by the faculty upon that student who shall give the best essay published in the *Collegian* during the session.—*Southern Collegian*."

Now we are too bashful to say much, but it is refreshing to see a good example followed, and, as we rejoice in being generous, we offer this chance to the general public. Who will take it up? Don't all speak at once!

A LETTER in another column from the Captain of the Foot Ball Club will, we hope, be read with interest, and the proposal therein suggested adopted. Anything that will revive and maintain the interest in the foot ball club is important. As we have many times said, it is here our principal source of exercise, and does any one need to be told how necessary exercise is to the healthful life of the student. It was Prof. Tyndall, who is surely a good authority on the subject, who said: "Did fortune ask me what she would give me on re-beginning my life, I would reply. Give me a fair amount of brains, but a stout, strong physique, with a good appetite and a stomach to digest my food." How often has the wearied dyspeptic, a few years after he has left College, bitterly bemoaned his insane folly in debarring the muscles of his body (and *ergo* of his stomach) from that exercise which they must have to keep them in good repair. *Mens sana in sano corpore* is a faithful saying and worthy of all acceptance, and a *sine qua non* to this "*sano corpore*" is exercise. We speak thus strongly on the subject, for it is beyond a doubt, that interest in out-door sports seems to be declining among the large majority of our fellow students. Perhaps this is partially due to the unseasonable weather which has so greatly interfered with winter sports, but symptoms appeared in the fall, and we fear if the decline is not arrested it will have a very demoralizing effect.