

The Russian Blouse, which came in with such a flourish, seems doomed to die out just as quickly.

It has been found much too difficult for any but a first class dressmaker to make and even then only fit for a very slight figure. (1) So we must turn our attention to the ordinary

blouse which is pretty and always fashionable; also the waist which is suitable to everybody.

The sketch given this month is of a pattern that I hope will be helpful to the amateur in doing over a last year's dress as it is made in a way suitable for using two kinds of material.

The upper part and sleeves could be of one sort or colour and the lower part and little shoulder wings of anything that would blend a little and not be too pronounced in colour with or against the upper part.

The lining is made in the ordinary way; two darts in the front, two side pieces, and two back pieces, or if one had an old waist lining it would come in handy and save time and work in making a new one.

The back is made over the lining and joined with it to the front under the arms.

The front is joined only on the right side it being fastened to the left shoulder and under the left arm by an invisible fastening of hooks and eyes.

Where the upper part of the waist joins the under, to hide the gathers a little trimming of some sort will be wanted, such as fringe, lace, or a bit of itself, quilled, would do.

The collar is made with very little stiffening in it and finished with a lace frill only at the back where it fastens, nothing but a brooch or pin in the front, to be quite fashionable. The waist is belted with a ribbon and tied on the left side.

Soup Meat

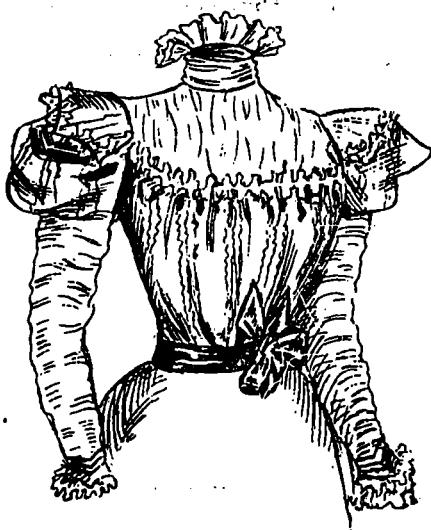
Soup, as every body knows, is made from scraps and the inferior parts of joints of meat, this after being boiled down till every particle of the goodness is extracted is strained and put by for future use, after this is done there is no nourishment left in any part but the soup.

In spite of this well known fact, I have noticed several articles written lately on the use to be made of this boiled down fibre: one can call it by no better name. Dogs have been known to refuse it and yet we are told that a small family can be fed well on fifteen cents worth of meat prepared in various ways from this same stuff after the goodness has been taken away.

Imagination will carry one a long way, but to get nourished from such stuff in spite of a little of the gravy being used in preparing the delicate dishes indicated is far fetched.

Sensible people will let the pigs, or chickens have it, and spend their time in a more profitable way.

(1) In the editor's opinion, the R. B. is the most disfiguring article of dress ever introduced.



A Waist.