

powers of physical endurance to their French progenitors, even to the peasantry of Bretagne—still the home of the healthiest, most vigorous and most prolific, and let me add the most virtuous of the French nation; while the descendants of the English, Irish, Scotch and Germans have more than held that superiority of *physique* enjoyed by their progenitors on the other side of the Atlantic. They, too, have gained in height and lumbar strength and exhibit nowhere those evidences of deterioration which Knox and other writers gloomily foreboded.