If you must draw the line at tard

and have, like thousands of other people, to avoid all food prepared with it, this is to remind you that there is a clean, delicate and healthful vegetable shortening, which can be used in its place. If you will

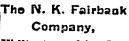
USE COTTOLENE

instead of lard, you can eat pie, pastry and the other "good things" which other folks enjoy, without fear of dyspeptic consequences. Deliverance from lard hascome.

Buy a pail, try it in your own kitchen, and be convinced.

Cottolene is sold in 3 and 5 pound pails, by all grocers.

Made only by



Wellington and Ann Stag MONTREAL.



STAINED x GLASS x x

OF ALL KINDS

FROM THE OLD ESTABLISHED HOUSE OF

JOSEPH McCAUSLAND & SON 76 KING STREET WEST TORONTO.

WANTED 1000 MORE BOOK AGENTS DARKNESS and DAYLIGHTIN HEW YORK To the fine state of the funded land ruph they have the first the first three that the first three first

Pure Calf's-foot Jelly

Contains no gelatine, and is particularly nourishing and appetizing for Invalids. We make it tresh every day, and deliver it at the hospitals free

of Charge. Put up in tumblers, price 25c. each.

HARRY WEBB,

447 YONGEST. TEL. 3907.

British and Foreign.

Plans are developing for the holding of a Pan-American Congress of Religion and Education in this country the coming sum-

Canon Scott Robertson gives his twenty-eighth annual summary of British contributions to Foreign Missions, giving a total of £1,288,257.

By the death of Mrs. Florentine Franke, of Charleston, S. C., about \$45,000 will be secured for the founding of a Lutheran hospital and home in that city.

An interesting mission has been opened among the Algerian Jews. Miss L. Trotter and her associates are doing a good work in that North African country.

Mr. John D. Rockefeller has offered to add two dollars for every three dollars given by the Baptists of New York city for the prosecution of the city mission work.

It is proposed, as the outcome of a recent tour in the interests of Jewish evan-gelization, to establish a permanent Jewish mission at Johannesburg, in South Africa.

During the past year 64,000 Bibles and Scripture portions, together with tracts in various languages, have been put into circulation by the Budapesth mission to the

One of the last acts of the House of Representatives of the U. S. was the passage of the bill to suppress traffic in lottery tickets between the States and with foreign

The Board of Managers of the Allegheny Day Nurserv were last week presented with a check for \$1,000. The gift was made by Mrs. Harry Darlington of Irwin avenue,

Jewesses of St. Louis have formed the Sisterhood of Personal Service, a charit-able organization which will care for the poor of their own denomination and educate their children.

Prince Metternich, son of the famous Austrian diplomat of that name, was found dead in bed in Vienna, March 1st. The cause of his death was apoplexy. He was 66 years of age.

After a long illness, Ismail Pasha, ex-Viceroy, or Khedive, of Egypt, died in Con-stantinople on March 2nd. He was the stantinople on March 2nd. He was the grandson of the celebrated Mehemit Ali, and was born in Cairo in 1830.

Dyspepsia seldom causes death, but permits its victims to live on in misery. Hood's Sarsaparilla cures dyspepsia and all stomach troubles.

Mrs. Ballington Booth, of the Salvation Army, was, March 6th, granted a minister's license by Probate Judge Ferris in Cincinnati, Ohlo. The document gives Mrs. Booth the right to officiate at weddings.

The Woman's Foreign Missionary Society of the Methodist Episcopal Church has issued over 5,000,000 pages of missionary literature during the past year. It has 6,128 organizations with 153,503 members.

Rev. Daniel Vrooman, for twenty years a missionary of the Presbyterian Church in China, died at his home in San Francisco, Cal., Tuesday, March 5th. Latterly he has been engaged in compiling a Chinese-English dictionary.

An unnamed deacon in Brooklyn has made an offer, through his pastor, to give Dr. Gordon's last book on "The Ministry of the Holy Spirit" to every minister in New York state whose salary does not exceed \$600 a year.

PLAIN FACTS.

As a prompt, pleasant and perfect cure for coughs, colds, hoarseness, sore throat, pain in the chest, asthma, bronhitis, croup, whooping cough, quinsy, influenza and all throat and lung troubles, Norway Pine Syrup is the best remedy known.

The University of Chicago graduates have a "college settlement" at the stockyards, in charge of Miss Mary McDowell, who was for some time connected with Hull House, in that city, where she gained experience for her present work.

The Jews in Jerusalem who have hither-to been divided into three sections—the Sephardim, or Spanish Jews; the Ashkenasim, or German Jews; and the Kollelim, or poor Israelites, are about to be united into a single congregation.

THE EDITOR'S EXPERIENCE.

A SUFFERER FOR SEVERAL YEARS FROM ACUTE DYSPEPSIA.

Food Distressed Him and it Began to Have a Weakening Effect on the Heart-Many Remedies Failed Before a Cure Was

From the Canso, N.S., Breeze

While newspaper men are called upon in their capacity as publishers to print from week to week words of praise spoken in favour of proprietary medicines, it is not often that the editor himself feels it his duty to say a the editor himself feels it his duty to say a good word on behalf of any of these preparations. And yet, if a newspaper has actually found benefit from the use of a proprietary medicine, why should he not make it known to his readers, and thus perhaps point out to some of them the road to renewed health. The editor of the Breeze believes it his duty to say a few words of praise in favour of a remedy that has proved an inestimable boon to him, and to say them without any solicitation on the part of the proprietors of the medicine, who, as a matter of fact, had no reason to know that he was ailing or was using their medicine. For several years the editor of the *Brees*, had been subject to that distressing complaint, dyspepsia, and only those who have been similarly troubled can know how much misery this trouble entails. know how much misery this trouble entails. He had but very little appetite, and what he did eat caused an unpleasant feeling of fullness, and made him feel languid and heavy, often causing intense pain in the stomach only relieved by vomiting up the food which he had taken. He was also troubled with palpitation of the heart, brought on no doubt by the dyspepsia. Numerous remedies alleged to cure dyspepsia were tried, but without success, and the trouble was approaching a chronic state. At the suggestion of a friend Dr. Williams' Pink Pills were tried and relief soon followed their use, and after a few boxes soon followed their use, and after a few boxes had been taken the editor was able to assert positively that he had been cured of his dyspositively that he had been cured of his dyspepsia by this remedy that has proved so great a blessing to mankind. To any one troubled with this complaint he would strongly recommend Dr. Williams' Pink Pills. To newspaper men particularly they will be found just the thing to impart health and vigour to the whole system and enable them to pursue their work free from that tired, despondent feeling so prevalent among the craft. The editor of the Breez's firmly beheves that what they have done for him they will do for others, and he gives them his hearty and unsolicited endorsation.

Dr. Williams' Pink Pills are an unfailing cure for all troubles resulting from poverty of

cure for all troubles resulting from poverty of the blood or shattered nerves, and where given a fair trial they never fail in cases like that above related. Sold by all dealers, or sent postpaid at 50 cents a box, or 6 boxes for \$2.50, by addressing the Dr. Wilhams Medicine Co., Brockville, Ont., or Schenectady, N.Y. See that the registered trade mark is on all prelaters. on all packages

With E. B. EDDY'S MATCHES, a point has been reached where all demands made upon them are fully satisfied.

They represent the highest attainment known in modern match-making.

BEST QUALITY

Coal & Wood

FOR CASH AND PRESENT DELIVERY.

STOVE \$ \$5.00 NUT 5.00 EGG \$5.00 GRATE 5.00

HEAD OFFICE AND YARD:

Cor. Bathurst and Farley Ave

Telephone 5393.

BRANCH OFFICE AND YARD:

429 Queen Street West.

Wm. McGill & Co.

M. Gowland,

Marriage Licenses Issued. 191 KING EAST. OPEN EVENINGS.

Mrs. E. Smith, Dress and Mantle Maker,

282 Church Street.

Evening dresses and dress making of all styles made on the shortest notice.

SUBPRISE SUBPROAP ON WASH DAY AND EVERY DAY.

Calvin Fairbank, a noted abolitionist leader, lives in retired life at Angelica, N.Y. He spent seventeen years in the Ohio penitentiary before the war for a violation of the fugitive slave act. He was pardoned before the expiration of his sentence by President Lincoln.

HOW TO CURE DYSPEPSIA.

Dyspepsia arises from wrong action of the stomach, liver and bowels. Burdock Blood Bitters cares Dyspepsia and all discases arising from it, 99 times in 100.



SEE THAT MARK "G.B." It's on the bottom of the best Checolates only, the most delicious. Look for the G.B.

Ganong Bros., Ltd.,

ST. STEPHEN, N.B.