

## HIGH EXAMPLE.

Sir Robert Peel, for many years, and had set an example of using his own feet on the Sabbath, to the relief of servants and horses. He might be met frequently walking on that day with some of the female members of his family, mixing freely with the foot-passengers in their walks, and setting an example of a mode of exercise which does not involve the labour of others.

## "SAID" AND "DONE."

Once upon a time, on a Sunday afternoon, a lad was so lazy in his motions that he did not get to the Church door till the congregation were coming out; and he said to the first man he met:—

"What! is all done."

"No," said the man, "it's all *said*, but I'm thinking it will be a long time before it will be all *done*."  
—*Dayspring*.

## TOUCHING INCIDENT.

A touching incident occurred recently at a steam-boat sinking on the Missouri river, near St. Louis. Among the persons who were swept overboard, were a woman and a boy about twelve years of age. A man on board, the steamer seeing the boy buffeting the waves just beyond the boat, threw him a rope, and called to him to take hold of it. The little fellow replied, "Never mind me—I can swim—save mother." They were both rescued.

## BROTHER JONATHAN.

The use of this epithet as applied to Americans, is said to have originated with General Washington. He was very familiar with Jonathan Trumbull, then Governor of Connecticut, a man of sterling worth and patriotic spirit, whose advice was much relied on in matters of moment. On one occasion when

an important movement was under consideration, Washington, before giving his decision, said, "I must consult brother Jonathan." The consequence was that, in pursuance of "brother Jonathan's" advice, the enterprise resulted favourably. Hence a by-word arose among our soldiers; thence it reached the British army, and finally brother Jonathan became a national epithet.

## NEVER DESPAIR.

This life is a constant warfare.—The good triumph to-day, the evil to-morrow. But the young and the old should toil on, toil ever, and never say "die." Life is full of hope and happiness, if the purposes for which it is given are properly used. We want but little in order to make us really happy. We want much to supply all our imaginary wants, to supply the desires which arise from the foolish pride of the heart. There are too many in this age who sigh for wealth, large possessions and splendid establishments, and endeavour to make themselves miserable because they have them not. If you are unhappy *work*—toil on, be busy, be industrious, do something, and you will be somebody and be happy. The really industrious man is the really happy man. Idleness is misery—idleness is corruption. If the waters are stagnant, they are impure. If the air is confined, it is unfit for the lungs. Motion, action, are necessary to health and virtue.

The young man should never despair. He may think it hard to work, but work is a real substantial blessing. Labour, all useful labour, is honourable. Adam was a gardener. Eve was a dress-maker, and the great and good have ever been labouring men and labouring women. We know there are those who look upon all labour as degrading and we know too, that *such* people as those are wanting in common sense.