

DEVOTED TO TENPERANCE; SCIENCE; FDUCATION, AND LITERATURE.

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MONTREAL \& NEW YORK, MAY 15, 1891.
30 Cts. per An, Post-Paid,
THE PEOPLE OF THIBET. |of prayers. As a matter of fact, under the are no pawnbrokers' shops, which aro such them scour the country, collecting every The people of Thibet are reported by cloak of sanctity the lamas are engaged in an institution in Chima. The business is thing they can. travellers to be well-disposed and kind, all kinds of trading at Tsa ChinLu. There in the hands of the lanas, and bands of All the villages are perched upon some but completely under the control of the Lamas or priests. These Lamas, snys one writer, have all the riches of the country in their hands, so that no matter how well people are disposed toward you, a word from the lamas is enough to set them agninst you the objection of the lamas to the entry of foreigners was that they would seek the treasures of the country. The Chinese governmient, which oxercises $\quad$. nominal sovereignty over Thibet, will not issue passports to travel there because they camnot afford sufficient protection for foreigners. They say that the people are easily excited and they cannot be responsible for them.
Lamnism is the prevailing religion. They have a tremendous literature, and reading prayers is their constant employment. They have prayer wheels, some run by water and some by wind, on the tops of the houses. These are filled with prayers, and the fact that they are turned from left to right is the same as reading them, for the words pass before the eyes. If thoy are turned the other way, however, the effect is bad.
The peoplo engage the lamas to come and read prayers for them. They pay about ten cents a day aud give them tea and food The rich people will give large sums of money for the reading
 inaccessible rock because, on account of the scarcity of farming land, they do not wish to put the village on any ground that can bo cultivated. The people live on the barley, which they call somba. They mix it with teat. They have no regular time for meals. Whenever they feel hungry the pot is ready and they make a little of this misture. Now and then they havoashecp. It is a miserably poor country, and they do not kill much game because they have not the improved firearms.
Tho peoplo have rather clear-cut features, and thin, aquiline noses are quite common. I saw many with curly hair, alhough some of them wore a falso cue. It is quite an item with tho Chinese to sell them different colored silks to make these cues.

The Thibetan woman invests her spare cash in jowallery. Sho will buy all the silverjewellery she can and then, when she can afford it, exchanges it for gold.
the lama mbligion.
The essence of all that is sacred is comprised by Lamaism, says another writer, under the name of dKon, mChhog, gSsum-the "Buddha jewel," the " doctrine jewel," and tho " priest-hood jewel." The first person and the most important of this trinity is the Buddha, and to him范

