

## When Days are Dark.

When days are dark, remember  
The brightness that is past;  
Call up the glad spring music  
To mingle with the blast,  
Think of the merry sunshine  
And host of scented flowers,  
Let memories of the summer  
Take gloom from off sad hours.

When days are dark, be cheerful;  
Because the leaves must fade,  
Thy hopes need not be cast away,  
Nor thy heart be dismayed.  
This is the time for laughter  
And happy household song;  
Hours that are filled with cheer-  
fulness

Are never sad and long.  
When days are dark be thankful  
Light is not always best,  
And useful are the shadows,  
The silence, and the rest.  
God gives whatever is good to  
come,  
The days and then the night,  
And those who find their joy in  
Him  
Live always in the light.

## "God Bless You."

I seek in prayerful words, dear  
friend,  
My heart's true wish to send  
you,  
That you may know that, far or  
near,  
My loving thoughts attend you.  
I cannot find a truer word,  
Nor fonder to caress you;  
Nor song or poem I have heard,  
Is sweeter than "God bless  
you."  
God bless you! so I've wished  
you all.  
Of brightness life possesses;  
For can there any joy at all  
Be thine, unless God blesses?  
God bless you! so I breathe a  
charm,  
Lest grief's dark night oppress  
you,  
For how can sorrow bring you  
harm,  
If 'tis God's way to bless you?  
And so, "through all the days  
May shadows touch thee never"  
But this alone—God bless thee,  
dear,  
Then art thou safe forever.

## The White Rose.

Dom Paschal had passed the age  
of sixty when, one night in mid-  
winter, on entering the choir  
for Matins, he was struck with a  
sudden thrill of awe on seeing a  
white rose lying on the desk of  
his stall. For this sign, traditional  
in his Monastery, was wont to  
appear when the Master of Life  
and Death was about to call one  
of the brethren to Himself.

He thrust the rose quickly into  
the sleeve of his habit, before the  
lights were turned up in the  
shadow-filled church. God forbid  
that he should be guilty of caus-  
ing distraction to his neighbors  
at such a solemn moment. (The  
sense of being in touch with the  
supernatural was renewed on  
noticing that the rose, with a  
single green leaf had no thorn.)  
For himself, he never had been  
so free from distraction nor  
relished with such intensity of  
devotion the hidden manna of  
the inspiring words of the liturgy  
in which he was probably joining  
on earth for the last time. Would  
that his soul was pure enough to  
be admitted without long delay  
to the divine liturgy of Heaven.

Dom Paschal was uplifted by  
gladness at the near prospect of  
the new sphere so far beyond our ken,  
to which he was to be raised on  
beholding his Lord face to face.  
But his heart sank at the thought  
of his unworthiness.

He was burning with desire to  
share his momentous secret. It  
was the time of the Nocturnal  
Silence, which might not be  
broken save with grave necessity.  
He hesitated whether or not to  
speak to the abbot that night. In  
answer to his prayer for light in  
this dilemma came the conviction  
that God would have him wait  
till the verse "Petra in con-  
spectu Domini" of Prime gave  
the signal that the solemn silence  
was over.

The night office being ended,  
Dom Paschal raised his eyes to  
glance with tender affection at  
his brethren as two by two the  
cowed figures began to move  
from their places and genuflect  
before the altar. They would be  
chanting his Requiem Mass sooner  
than any of them suspected. The  
snow now softly falling round  
perchance, still be lying on the  
ground when they made his grave.  
There was a strange sense of

## Pains in the Back

The symptoms of a weak, rapid or  
irregular condition of the kidneys  
are a warning of a seriously  
hazardous condition of the organs.  
They are commonly attended by loss  
of energy, lack of courage, and some-  
times by gloomy foreboding and de-  
pendency.

"I was taken ill with kidney trouble, and  
came so weak I could scarcely get around  
took medicine without benefit, and finally  
decided to try Food's Sarsaparilla. After  
a first bottle I felt so much better that I  
continued its use, and six bottles made me  
new man. When my little girl was a  
boy, she could not keep anything on her  
stomach, and we gave her Food's Sarsapa-  
rilla which cured her." Mrs. Thomas is  
a Wallaceton, Ont.

**Food's Sarsaparilla**  
cures kidney and liver troubles, re-  
stores the back, and builds up the  
whole system.

finality and significance in the  
apparently most insignificant  
details. It seemed to him that he  
was seeing things in their true  
light and perspective for the first  
time in his life. He must set his  
affairs in order without delay.

Having reached his cell, he  
knelt down and prepared a general  
confession of his sins. Next he  
drew out the pages of his precious  
manuscript—the work of half a  
lifetime—which had absorbed  
long hours of deep thought and  
application. He had hoped time  
would have been given him to  
reach the end, but since the  
Author of his life had ordained  
to write "Finis" to the work of  
His own Hands, who might gain-  
say His will! Yet, on arranging  
and labelling his rough notes, he  
could not repress a sigh at the  
thought how enigmatically they  
might prove to any who had not  
the solution of his own brain.

He felt his strength ebbing,  
and did not know how soon the  
summons might sound. With  
feverish longing he awaited the  
moment when he could confide all  
to the abbot.

The dark winter morn had not  
yet dawned when the bell pealed  
for the brethren to rise for the  
work of God. Dom Paschal awoke  
from the fitful slumber into which  
he had fallen to find himself  
unable to move from his hard  
pallet. Again the bell sounded  
the signal for the end of the  
nocturnal silence, and making a  
supreme effort, he gathered up  
sufficient strength to totter to the  
door of his cell and summon one  
of the lay brothers who was  
hastening down to the Mass.  
Would Brother Felix have the  
courage to come to him without delay?

The brother's curiosity, which  
quickly gave place to anxious  
sympathy, was aroused at notice-  
ing how feeble and old the  
Father Librarian appeared. It was  
seldom he was absent from his  
place in the choir. Should not he  
—Brother Felix—bring him a  
cordial? Dom Paschal only  
reiterated his entreaty that there  
might be no delay in calling the  
abbot. It was a truly urgent  
matter.

Brother Felix obediently with-  
drew, only to return in a few  
minutes to say that the abbot was  
already vested for Mass, and it  
had been impossible to get a word  
with him. Dom Paschal united  
the sacrifice of his life with the  
Great Sacrifice then being offered,  
praying of His mercy that after  
such a solemn warning it might  
not be permitted him to depart  
hence without the Last Sacraments.

On hastening to his side, the  
Father Abbot found him in a  
slight fever, his eyes bright, his  
limbs trembling. Yet there was  
only the portent of the white  
rose which Dom Paschal produced  
to give any weight to his request  
to receive the Holy Anointing.

The abbot regarded the rose  
with puzzled air and shrewdly  
withdrew, nor did he deny the monk's  
earnest desire.

"And pray let the brethren be  
assembled," besought the sick  
man in tones growing weaker,  
"so that if I have offended any  
in word or deed I may crave  
their forgiveness and die in  
charity with all."

To this the abbot made haste  
to comply.

A bell was solemnly tolled, and  
it was given to the brethren to  
know that it was the will of  
the abbot that all should assemble  
without lack of time in Dom  
Paschal's cell, from the most  
ancient father in the house to  
the youngest novice.

**BUILD UP**  
In spring and summer, it's  
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**Scott's Emulsion**  
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**CHOLERA INFANTUM**  
By DR. FOWLER'S  
EXTRACT OF WILD STRAWBERRY.

Cholera Infantum is one of the most  
common summer complaints of infants,  
and many die who could be saved if  
properly looked after on the first sign of  
the trouble.

It begins with a profuse diarrhoea,  
very often accompanied by vomiting,  
and the matter ejected from the stomach  
has a bilious appearance. The child  
rapidly loses flesh and becomes weak  
and languid.

On the first sign of cholera infantum  
Dr. Fowler's Extract of Wild Straw-  
berry should be administered and thus  
check the diarrhoea before it becomes  
serious.

"Dr. Fowler's" has been on the market  
for the past seventy years, so you are  
not experimenting with some new and  
untried remedy when you use it, but be  
sure and get "Dr. Fowler's" when you  
ask for it.

Mrs. B. A. Currell, Rosway, N.S.,  
writes: "I can recommend Dr. Fowler's  
Extract of Wild Strawberry most highly.  
A friend of mine had a little daughter  
who was ill with cholera infantum, and  
was given up by the doctor. I bought  
Dr. Fowler's, and asked her if she  
would try it. When the bottle was half  
used the child was well. This cure was  
a miraculous one, for I thought the  
child was dying at the time."

The genuine Dr. Fowler's Extract of  
Wild Strawberry is manufactured only  
by The T. Milburn Co., Limited, Toronto,  
Ont., price, 35 cents.

Of those who, by the favor and  
purity of their lives, "being made  
perfect in a short space fulfilled a  
long time."

Brother Henry kept his word.  
He was not only more simple,  
good-natured and generous than  
before, but to these qualities was  
added the indefinable grace of  
God.

Six months went by. The  
garden was sweet with June roses  
when the younger brother fell  
sick. It was the first time he had  
sailed anything since the first day  
of his entrance into the monastery.

None thought much of it except  
the abbot. He alone looked grave  
and regarded the boy half en-  
viously. He had not looked to keep  
him long, as the time had now  
come to tell the brethren.

"One night I was in church  
while Brother Henry was kneeling  
at the altar of Our Lady—  
it was the night before he was to  
have been sent away—then I saw  
the Blessed Mother bend down  
from her pedestal and the child  
in her arms was holding out a  
white rose..."

It was not until Brother  
Henry's last moment was at hand  
that the abbot told him, too,  
of the vision which concerned him  
so nearly.

And with a happy smile on his  
lips and the schedule of profession  
in his hand, the little brother slept.

A white rose-bush marks the  
spot where he lies. It was planted  
there by Dom Paschal's own hands.  
He, too it was who wrote down  
these things in the annals of the  
monastery, and there is a blot on  
the page where a tear may have  
fallen ere the ink was dry.

"Would it had been for me to  
go instead," he said to himself.  
"I could have been the better  
served, yet truly he was the more  
meet for Paradise."

—The Irish Rosary.

Minard's Liniment Co., Limited,  
Dear Sirs,—I had a breeding  
Tumor on my face for a long  
time and tried a number of  
remedies without any good results.  
I was advised to try MINARD'S  
LINIMENT, and after using  
several bottles it made a complete  
cure, and it healed all up and  
disappeared altogether.

DAVID HENDERSON,  
Belleisle Station, Kings Co., N.B.  
Sept. 17, 1904.

The bravest of the brave are  
the Catholic priests of France  
who are fighting in the trenches.  
When this is over, remarks  
the Brooklyn Eagle, France will  
hear nothing more of religious  
quarrelling.

**MILBURN'S**  
**HEART AND NERVE PILLS**  
CURED  
Salvation Army Captain.

Capt. Wm. E. Sanford (Salvation  
Army), 38 Barclay Street, Toronto, Ont.,  
writes: "A short time ago I suffered from  
heart trouble, which seemed to come on  
me very suddenly. I was so bad, that  
at times it seemed as if it was all I could  
do to breathe. I noticed an announce-  
ment of Milburn's Heart and Nerve  
Pills, and decided to give them a trial.  
After taking two or three days' treat-  
ment I felt fine, and my heart has not  
bothered me since. If this testimony  
would be of any service to others you are  
at liberty to use it."

To all who suffer from any form of heart  
trouble Milburn's Heart and Nerve Pills  
will give prompt and permanent relief.  
They strengthen and invigorate the action  
of the heart, and tone up the whole sys-  
tem.

Milburn's Heart and Nerve Pills are  
50 cents per box, or 3 boxes for \$1.25.  
For sale at all dealers or mailed direct  
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but the very best in trimmings of every kind  
allowed to go into a suit.

We guarantee to fit you perfectly, and all  
our clothes have that smooth, stylish, well-  
tailored appearance, which is approved by all  
good dressers.

If you have had trouble getting clothes  
to suit you, give us a trial. We will please  
you.

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the best selling chewing tobacco  
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MENDS  
HOLES IN  
POTS & PANS  
IN FIVE  
MINUTES  
WITHOUT  
TOOLS

MENDS — Graniteware  
Tin — Copper — Brass  
Aluminium Enamelware —  
Cost 1/2¢ Per Mend

PRICE 15c. PER  
PACKAGE

**VOL-PEEK** mends holes in all kinds of Pots, Pans  
Boilers and all other kitchen utensils, in two minutes, at a  
cost of less than 1¢ per mend. Mends Graniteware, Iron  
Tinware, Copper, Brass, Aluminum, etc.

Easy to use, requires no tools and mends quickly  
Every housewife knows what it is to discover a hole in a  
pan, kettle or boiler just when she wants to use that article.  
Few things are more provoking and cause more incon-  
venience, a little leak in a much wanted pot or pan will  
often spoil a whole morning's work.

The housewife has, for many years been wanting  
something with which she could herself, in her own home,  
mend such leaks quickly, easily and permanently, and she has  
never found it.

What has been needed is a mender like **"VOL-PEEK"**,  
that will repair the article neatly and quickly and at the  
same time be always at hand, easily applied and inexpen-  
sive.

A package of **"VOL-PEEK"** will mend from 30 to 50  
air sized holes.

**"VOL-PEEK"** is in the form of a still putty, simply cut  
off a small piece enough to fill the hole, then Burn the  
mend over the flame of a lamp, candle or open fire for two  
minutes, then the article will be ready for use.

Sent Post Paid to any address on receipt of 15 cents in  
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OF YOUR EYES. Don't let  
them become strained or  
overtaxed when the use of  
glasses will obviate any  
weakness or difficulty of vis-  
ion. If you need spectacles  
the sooner you will get them  
the greater service they will  
render you. If you will let us  
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determine the question of  
what you need, and supply  
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By procuring from us you  
save the exorbitant charges  
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avoid the possibility of get-  
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If not convenient to come  
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ticulars of your require-  
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of eyeglasses or spectacles  
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Office of the Post Office Inspector,  
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