



MENTHOLATUM

A Healing Salve

Quickly Relieves

Headaches
Neuralgia
Hay Fever
Catarrh

Anyone troubled with sore, tired or aching feet should use Mentholatum according to the directions with the jar.

Always keep a jar handy.

Mentholatum is sold and recommended by the leading druggists throughout the Maritime Provinces.

2 sizes—25c and 50c

Send 3c in stamps for a generous size sample.

The Mentholatum Co.
Bridgeburg, Ont.
11-6-17.

MINARD'S "KING OF PAIN" LINIMENT

Extract from a letter of a Canadian soldier in France.
To MRS. R. D. BAMBERICK:
The Rectory, Yarmouth, N.S.
Dear Mother:—
I am keeping well, have good food and well protected from the weather, but have some difficulty keeping uninvited guests from visiting me.

Have you any patriotic drugs that would give something for a gift overseas—if so do you know something that is good for everything? I do—Old MINARD'S Liniment.

Your affectionate son,
Rob.
Manufactured by the
Minard's Liniment Co. Ltd.
Yarmouth, N.S.

THE SAFEST MATCHES IN THE WORLD also THE CHEAPEST are EDDY'S "Silent 500's"

SAFEST because they are impregnated with a chemical solution which renders the stick "dead" immediately the match is extinguished.

CHEAPEST because there are more perfect matches to the sized box than any other box on the market.

War Time economy and your own good sense, will urge the necessity of buying none but EDDY'S MATCHES.

PUBLIC AUCTION

There will be offered for sale at Public Auction Lots No 36 and 37, belonging to the Municipality of Northumberland and facing on the cross roads in Newcastle, on Friday the 15th day of March next at twelve o'clock noon in front of the Court House, Newcastle.

Terms two per cent. of the purchase money at the time of sale and the balance on the signing of the deed.

Dated this twenty second day of January A. D. 1918.
By order of the Land Committee.
E. F. WILKINSON,
Secretary-Treasurer

KICK OF THE MULE.

It is Not Treachery, but Fear, That Moves the Springs.

Handled intelligently, a mule is a most willing worker, but there are a few unwritten laws that cannot be transgressed with impunity. A mule will seldom make more than two attempts to move a load. On the first strain he will throw his whole force into the collar, and a mule can pull 50 per cent more in proportion to his weight than a horse. Science is dumb at the question whence comes that latent force which neither horse nor ass possesses.

After a short rest the mule will make a second attempt, but this is seldom as successful as the first. If the load still refuses to move, the team might as well be unhitched. At times the mules will not even exert enough force on a third attempt to move an empty wagon. Mules are charged with treachery only by those who have never given an intensive study to their habits. Mules defend themselves from that which they do not understand. They become accustomed to being harnessed and unharnessed while colts, and it is traditional that a mule never kicks while being saddled or harnessed. The beast knows what that means.

But it is also traditional that a mule sleeps with one eye open. He is always alert to what is going on about him. It is never safe to stoop down suddenly to pick something up behind or at the side of a mule. That is to him an unexplained action. He cannot fathom the intent back of it, and he generally lets fly with one or both heels by way of protest.

A person who has harnessed and unharnessed a mule for months may forget himself and stoop for something at the animal's heels. Then the mule, docile for so many days, begins to kick. When the luckless driver regains his senses he imagines the mule had been waiting craftily all those weeks just to get a good opportunity to kick him.

ENDLESS CHAIN LETTERS.

The One That Started the Ball Rolling In This Country.

The first of the "endless chain" schemes that have proved such an annoyance to postal officials in all countries was launched on June 27, 1898, by a young girl, Natalie Schenk, of Babylon, N. Y. Her project was purely benevolent and was animated by a spirit of patriotism. Desiring to raise a fund for the aid of American soldiers then fighting Spain, she originated the endless chain idea as an adaptation of a scheme that had been a vogue in England until it was stopped by act of parliament.

The "chain" was started with four letters written by Miss Schenk to as many girl friends. Each was asked to contribute 10 cents and write four similar letters to other friends. A few days later the Babylon postoffice began to get busy, and as the days went by the postal officials got busier and busier until they were fairly buried under the weight of mail which descended upon them like an avalanche.

A hurry call went to Washington for extra help, and mail was delivered to Miss Schenk by the truck load. Now that young lady began to feel the effects of the scheme. Her home was littered from cellar to garret with letters, letters and more letters, all containing dimes. Before the thing died out of its own accord she had received more than a quarter of a million dimes. Fakers all over the world heard of it, and, as fakers will, they immediately got busy. Hundreds of thousands of people were swindled out of money in this manner until the postal authorities put an end to it. The famous endless chain prayer, which threatens endless punishment to any person who breaks it, has been one of the hardest survivors of all.

Despotism as a Government.

Unlimited power is the ideal thing when it is in safe hands. The despotism of heaven is the one absolutely perfect government. An earthly despotism would be the absolutely perfect earthly government if the conditions were the same—namely, the despot the perfect individual of the human race and his lease of life perpetual. But as a perishable perfect man must die and leave his despotism in the hands of an imperfect successor an earthly despotism is not merely a bad form of government; it is the worst possible.

A Use For Old Rubber.

Old hot water bags make fine holders to use when wringing cloths out of hot water, for compresses, facial massage, etc. Cut the bag all around the seam. Cut the stiff top off and you have two flat pieces of rubber. This is a great protection to the hands, and better water can be used.

Tomb of a Song.

The manuscript of "Home, Sweet Home," is said to be buried in a grave in a little southern "garden of rest." The grave is that of Miss Harry Egan at Athens, Ga. She was the sweetheart of the composer, John Howard Payne.

Love and Friendship.

Love is the shadow of the morning, which decreases as the day advances. Friendship is the shadow of the evening, which strengthens with the setting sun of life.

As Usual.

Wills—How did the automobile accident occur? Girls—in the annual year; the road turned one way and the car the other.

Only the man who is in the wrong must win at once. Those who are right can afford to wait.

MOTORCAR ECONOMY.

How to Make a Gallon of Gasoline Go Further Than It Does.

In the first place, use care in the selection of fuel. Gasoline which does not vaporize with sufficient readiness to remain in a gaseous state eventually condenses in the cylinders and is either burned or lost without developing its power. Furthermore, the gasoline must be pure, with a minimum amount of residue which will serve to form carbon.

Secondly, the gasoline must be burned under the most favorable conditions conducive to a development of maximum power following each explosion. Such conditions require tight piston rings and valves, which prevent the leakage of compression or the power of the explosion; a uniform and quickly attained engine temperature; a hot, fat spark occurring as early as is possible without producing a knock, and a sufficiently flexible carburetor which will give proper mixtures at all engine speeds. The above mentioned maintenance of engine temperature is an important consideration, especially in cold weather.

Thirdly, the carbon should be removed from the engine as soon as an undue accumulation is indicated, usually every 500 to 1,000 miles, depending upon the kind of oil used, the condition of the rings, the nature of the fuel, and the like.

In the fourth place, the mixture should be set to lean a point as will run the motor under normal conditions when the engine is warmed to its average temperature. Slightly every carburetor should be adjusted so as to be screwed down one or more notches. In fact, it is well to set the carburetor to lean a mixture that the engine will not pull properly before it is thoroughly heated. The difficulty thus encountered may be overcome by the use of the choke or other adjustments of the carburetor which serve to give a richer mixture when starting. A lean mixture may be further assured by the use of some of the well tried out attachments designed to furnish auxiliary air to the engine under certain conditions.

Fifth, the carburetor should be inspected by an expert and the strainer drained frequently to prevent the accumulation of dirt which may lodge under the float valve and cause the latter to leak when the engine is shut down.

Dynamite Whiskers.

The name "whiskers" is applied to feathery crystals which gather upon the outside of the wrappings of dynamite. The "whiskers" are more "irritable" than dynamite itself. A case is on record where sticks of dynamite had been thawed out in hot water and the can of hot water in which it was done left in the blacksmith shop without being emptied of the residual scum of grease and whiskers. The first blow of the blacksmith's hammer on a nearby anvil was sufficient to set off the "whiskers" by concussion. The car was blown to pieces, but fortunately, no one was hurt.

Waste From Small Leaks.

The importance of mending the tiniest leak in a water pipe is shown in a circular issued by a small city in which water meters are used. This, as quoted by Popular Mechanics, states that under a pressure of forty pounds in twenty-four hours 170 gallons of water will pass through a hole a shade larger than the period at the end of this sentence. An orifice the size of a fairly large pinhead will permit 3,000 gallons to escape in the same time.

Sap of a Tree.

Sap is pumped up through the wood in a tree and will even go through dead wood, but will not return by the same medium. Therefore a tree may live until the roots starve. Sap ascends on the inside and descends on the outside. Therefore the descending sap alone builds new tissue of wood and bark.

Three Legs of a Steer.

Andrew Carnegie was once asked which he considered to be the most important factor in industry—labor, capital or brains? The witty Scot replied, with a smug twinkle in his eye, "Which is the most important leg on a three-legged stool?"

Well Defined.

"Dad," said little Reginald, "what is a bucket shop?"
"A bucket shop, my son," said the father, "is a bucket shop in a modern cooperative establishment in which a man takes a barrel and bucket, both the buckets."

An Epitaph.

Tommy-Pop, what is an epitaph? Tommy-Pop, an epitaph, my son, is a man who thinks he can form an epitaph on himself.

Severity of the man who offers you advice at the expense of a personal friend.

Severity of the man who offers you advice at the expense of a personal friend.

DOLLARS GIVE COURAGE.

To Be Penniless Makes a Man Feel Dependent and Cowardly.

There is this to be said about wealth: It gives courage to the owner. Poverty makes cowards of us all. "The man who is suffering with fear," says a writer, "because he does not know where the next dollar is coming from is in no condition to earn or to attract dollars. Fear always makes a man think he is weak, a nobody. It always pictures the worst, sees no light ahead."

We hear a great deal these days about efficiency and about inefficiency. The fellow who has saved a few dollars and has them in the bank or where he can put his hand upon them is more efficient than the fellow who is penniless. Start out to find a job with never a dollar in your pocket. You'll have a hard time. You appear at a disadvantage when you approach a business man. You feel your dependence. You are a cowardly abject you, an inefficient air. You realize that you will have to accept anything that is offered. You are in no position to look the business man in the face and tell him your qualifications. Want is at your back, causing you to cringe.

Be with your hand upon your pockets you assume a different attitude. You realize that you are to that extent independent. You meet the business man more nearly upon an equal footing. You are more courageous, more self-assertive, more efficient. You know that you are not compelled to accept the terms offered. You can discuss wages and contracts and conditions of employment if you are not "broke." So if for no other reason the young man should seek first of all to have a bank account, to have something right in the beginning.

PUFFBALLS ARE GOOD FOOD.

And of All the Edible Fungi They Are Called the Safest.

Puffballs are the safest of all fungi for the beginner, none of them being poisonous, and they are at the same time excellent and easy to obtain. writes William A. Murrill, assistant director of the New York botanical garden, in the American Museum Journal. Being tender, they cook quickly and are easily digested. They should as a rule be cut open before cooking to see that they are not too old and that they are really puffballs. If they are white and firm like cream cheese inside, showing no yellow or brownish discoloration, they are of the right age to use. If the interior shows no special structures, but is smooth and homogeneous, then one may be sure he has a puffball. The "egg" of the deadly Amanita contains the young cap and stem inside, which are readily seen when the "egg" is cut, and the "egg" of the stinkhorn shows the stem and a green mass inside, surrounded by a layer of jelly-like substance.

Puffballs may be cooked alone in various ways or used in steaks and omelets and for stuffing roast fowls. When used in omelets they should be stewed first. All kinds except the very small one should first be peeled and cut into slices or cubes, after which they may be fried quickly in butter or dipped in beaten egg and fried like eggplant or cooked in any of the ways recommended for the ordinary mushroom. The smaller kinds are much inferior in flavor to the larger ones and need a few specimens of some good mushroom to make them attractive.

Seasickness.

The old fashioned notion that a good dose of seasickness was beneficial was due wholly to the fact that upon recovery the victim of mal de mer is usually so delighted that he is apt to imagine that he never felt better in his life, while feeling normal again is merely so great a contrast to the exceedingly wretched condition which this disorder brings about that exaggeration of one's feelings is the most natural thing in the world. Seasickness is far from pleasant. It is not beneficial, and in rare cases it terminates fatally.

Round Shoulders.

An excellent exercise to straighten round shoulders—good for girls or women who have to sit a good deal—is performed by placing a thin stick or wand across the back and letting it run out through the bent elbow. The arms are bent so that the hands rest on the chest. Keep the arms and shoulders pressed back and down and walk about the room in this way for five or ten minutes.

Moisture and Temperature.

A cubic foot of air at the temperature of zero (F.) can contain only 5 of a grain of water vapor, at 32 degrees it can hold 2.13 grains, at 65 it can contain 6.8 grains and at 95 it can hold 18.96 grains of moisture in suspension. These figures go to show that summer air can hold at least nine times the quantity of dampness that air can when reduced to the temperature of freezing.

Longer Than Expected.

Vandewater—So at your request he spoke at your dinner?
Broadway—He did.
"And did he come up to your expectations?"
"Why, he went an hour beyond it."

One of Life's Tragedies.

Among the tragedies of life is the good wife who has just observed her twenty-fifth wedding anniversary, but is still hoping for a set of silver spoons.

To enjoy true happiness is impossible while those about us are unhappy.

To enjoy true happiness is impossible while those about us are unhappy.

FLY, FINGERS AND FLIES.

These Are the Most Potent Factors in Spreading Disease.

Fingers as disease carriers rank next to flies. Dirty fingers and finger nails may carry about with them as many disease germs as dirty flies. For this reason fly, fingers and flies are said to be the most common means by which disease is spread. A safe rule that has been given with reference to avoiding any infection that the hands might carry is to wash the hands immediately before eating, before handling, preparing or serving food, after attending the sick and after handling anything dirty.

A common habit with many people that is not only dangerous from a health point of view, but is disgustingly indecent from every point of view, is the constant picking of the nose and mouth with the fingers. A safe rule and a decent one is to keep the hands away from the face, particularly the nose and mouth, and if these parts need attention use a clean handkerchief. A dirty handkerchief is as dangerous and may be as much a means of spreading disease as dirty fingers.

The United States public health service says: "Disease germs lead a hand to mouth existence. If the human race would learn to keep the unwashed hand away from the mouth many human diseases would be greatly diminished. We handle infectious matter more or less constantly, and we continually carry the hands to the mouth. If the hands have recently been in contact with infectious matter the germs of disease may in this way be introduced into the body. Many persons wash their fingers with saliva before counting money, turning the pages of a book or performing similar acts. In this case the process is reversed, the infection being carried to the mouth of some other careless person."

If anybody doubts the filth of their own hands and fingers let them take note of the many unclean things they handle within a day's time. The doorknob which everybody handles will be only one source where the hands may get the germs and filth of some careless person.

HIS SEXTON'S SUGGESTION.

It Was Meant to Be Sarcastic, but It Hit Dr. Hale Just Right.

The sexton of Edward Everett Hale's church suffered from that convenient form of deafness that prevents a man from hearing what he does not wish to hear and enables him to hear what he does wish to hear. Occasionally when sweeping the sidewalk in front of the church some stranger would ask him for information, and his usual answer was a wave of the hand. "I'm totally deaf, totally deaf. You will have to ask some one in the church."

It often happened that Dr. Hale in the midst of a busy day, would find the lichen hour at hand and an important appointment still unmet. It was his custom to invite his caller into his study and ask the janitress to make an oyster stew. The sexton resented Dr. Hale's informality.

The time came for a new sign to be placed on the front of the church, and Dr. Hale and the assistant pastor were standing in the vestry aisle discussing just what the wording of it should be. To their surprise the conversation was suddenly interrupted by the deaf sexton, who stood far enough away to make doubtful the ability of a normal person's overhearing what had been said. "I'll tell you what to put on that sign!" he exclaimed. "Come in! Everybody welcome! Meals served at all hours of the day and night!"

"All right," said Dr. Hale quickly. "That's what we will do. I've always wanted to call this church the Exeter club!"

Power of Big Guns.

It is not easy to understand what the power of a gun really is—its penetrating and destructive power. What we call a fifteen inch gun, which means one whose muzzle or hollow part is fifteen inches in diameter, will hurt a shell right through a plate or wall of the hardest steel twelve inches thick seven miles from the muzzle. The power of the very largest land guns ever made, the German howitzers or 16 1/2 inch guns, is such that one of their missiles cracks open a steel and concrete fort as if it were a nut.—Popular Science.

Our Precious Document.

The original engrossed copy of the Declaration itself is safely shut up in a safe in the state department in Washington. It is inspected every twenty-five years. As its faded lines were inspected in 1903, they will not be again brought to view until 1928.

Other Views.

"So you want to marry my daughter, young man? Why, we hardly know you. Have you enough to support her on?"
"Sir, I thought you had too much pride to let any of your family take money from strangers."

An Unappreciative Audience.

"What this country needs"—began the oratorical man.
"Wait a minute," interrupted Senator Borah. "If you know what this country needs don't stand around and lecture on it. Hustle out and help get it."

Generous.

"Could you lend me \$5?"
"No, I'm going to be married. But I'll see to it that you don't get an inheritance. The bank says it's all yours."

NO MORE NERVOUS HEADACHES

Since She Tried "FRUIT-A-TIVES", The Famous Fruit Medicine.



MISS ANNIE WARD

112 Hazen St., St. John, N.B.
"It is with pleasure that I write to tell you of the great benefit I received from the use of your medicine, 'Fruit-a-tives'. I was a great sufferer for many years from Nervous Headaches and Constipation. I tried everything, consulted doctors; but nothing seemed to help me until I tried 'Fruit-a-tives'."

After I had taken several boxes, I was completely relieved of these troubles and have been unusually well ever since."

Miss ANNIE WARD.
'Fruit-a-tives' is fresh fruit juices, concentrated and increased in strength, combined with finest tonics, and is a positive and reliable remedy for Headaches and Constipation.
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or Fruit-a-tives Limited, Ottawa.

F. E. NEALE IS DANISH CONSUL.

F. E. Neale of Chatham has been appointed Danish Vice-Consul for Kent, Northumberland, Gloucester and Roskilde, with Coleraine at Chatham.

How to Purify the Blood

"Fifteen to thirty drops of Extract of Roots, commonly called Mother Selge's Carative Syrup, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Persistence in this treatment will effect a cure in nearly every case." Get the genuine at druggists.

J. D. KENNEDY LADIES' and MEN'S Fine Tailoring

Embroiding Style, Workmanship, Service and Value.
CLOTHING CLEANED AND PRESSED
Next door to Miramichi Hotel
21-st. Newcastle N. B.

BECAUSE THEY FIND SATISFACTION HERE

Many of the most particular families in Newcastle buy their meats and groceries regularly at this store. To satisfy our customers in every respect is our first consideration. And we do satisfy them by selling them the best and freshest Groceries, Meats, Vegetables and Fruits; by charging fair prices, and by according every customer fair and courteous treatment.

We would like you to become one of our satisfied customers. In this store you will find a carefully selected stock of groceries, fresh meats in variety, and the season's range of vegetables and fruits.

You can telephone your order. Our delivery system insures prompt service.

H. S. MILLER GROCERIES, MEATS, ETC. Cor. Chalk and Pleasant St. Telephone 27