

means the same attractive styles—the same easy comfort—the same sound economy—that Fleet Foot means in the city. Have two or three pairs of Fleet Foot—brown ones for work about the farm—white ones when work is over and pleasure begins. You can have several pairs of Fleet Foot for the price of one pair of leather shoes.

There are styles and sizes for men, women and children—for week-day and Sunday—for work and holiday time.

Ask your dealer for Fleet Foot

TRALL TO

Strawberries for Winter Use

DIMIMO

s soon as strawberries get to their ebb in price is the time to put them up for "inter use. More things can be done with this luscious berry than one would suppose, and in the case of vinegar and pickles the ripest fruit can be used, enabling one to pick up a bargain in berries some afternoon and get up early the next day to prepare them for winter use.

STRAWBERRY PICKLE.

Seven pounds of strawberries, three and a-half pints of cider vinegar, one and a-half pints of sider vinegar, oune ounce each of cloves and stick cinnamon. Place the strawberries and spices in alternate layers in a deep or stone crock. Boil the sugar and vinegar three minutes and pour



it over them, letting them stand in the liquid until next day. Then pour off the vinegar, boil it again for three minutes and pour it back over the strawberries. Let stand for another day and boil all together over a slow fire for hall an hour. Put away in

STRAWBERRY VINEGAR.

Select full, fresh, ripe fruit, hull the berries and place them in wide-mouthed jars. Pour over them the best white vinegar, allowing a quart for every pound of berries. Cover the jars tightly and let them stand for three days. Drain the vinegar off and pour it back over fresh berries, let stand for three more days and repeat the for three more days and repeat the process, so that the vinegar has been used over three batches of berries. Strain it through a muslin bag, and allow one pound of sugar for each pint of liquid. Stir the sugar until nearly dissolved before you boil the vinegar for five minutes. Then pour the vine-gar into another pan, let stand for 10 minutes, skim, and bottle for later use. SUN PRESERVES.

This old-fashioned method of preserving strawberries is liked by a great many housewives because it improves the flavor of the berries and makes a clearer juice. Hull, cleanse and weigh clearer juice. Hull, cleanse and weigh the fruit. Allow a pound of sugar for every pound of fruit. Mix the sugar with the berries, place over the fire and boil for five minutes, timing very carefully. Turn onto large plat-ters and place in the sun for about three days, or until they have thickthree days, or until they have thick-ened to the right consistency. Don't put them out in the morning until the dew has gone, and take them in at night before the sun sinks. If rain interrupts the sunning, keep them in a dark, closed room. Of course, be car ful to keep them away from in-sects. If your table is placed in the yar', put the four legs in pans of water and arrange some kind of a canopy of mosquito netting above the plat-ters.

Rock Dust to Save Lives. Perhaps the oddest, yet one of the nost effective means of preventing or, at all events, minimizing-disasters

in coal mines is the use of rock dust,

in coal mines is the use of rock dust, says an exchange,
A lot of it is packed on boards fung by chains from the roofs of mine tunnels. Obviously in case of an explosion the boards will swing and the dust will be thrown off.

Following an explosion a roaring flame let us say is coming through the tunnel. The air is filled with coal dust or possibly with inflammable gas, to feed it. But it meets a curtain of non-inflammable rock (dis charged from the board shelves) and is thereby stopped. Rock dust will is thereby stopped. Rock dust will not burn under any provocation. Suspended thickly in the air, it acts like an asbestos curtain. The flames cannot get through it.

Minard's Liniment Relieves Garget In

A DIFFERENCE.

"What did Columbus prove by standing an egg on end?"
"That eggs in his day were cheap en-ough to be handled carelessly."



Seal in all the Flavor

IMPERIAL Parowax—seals in all the natural flavors of fresh fruit into your preserves. The safe and sanitary way to preserve fruits, jams, pickles or vegetables. Saves time, labor and money.

The Parowax way is the easy way. Just pour the melted was over your cooled preserves and it solidifies into a clean, air-tight seal—dust-proof and moisture-proof.



—a pure refined white wax, odorless, tasteless, colorless, absolutely sanitary—no chemicals or acids.

Placed in your wash-boiler, Imperial Parowax loosens the dirt, bleaches the clothes and removes the greasy spots that otherwise require so much rubbing. Rubbed over your iron, and mixed with your starch, it gives that finished lustre to ironing that is so much desired. Imperial Parowax, a household necessity.

For sale by good dealers everywhere. "MADE IN CANADA"

IMPERIAL OIL LIMITED

Power Heat Wight Lubrication

Branches in all Cities

An Old-Fashioned Cottage Garden

(London Advertiser).

The kies of the sun for pardot.

The song of the birds for mirth-One is nearer God's heart in a garden Than anywhere else on earth

Of all gardens perhaps the old-fashloned cottage garden is the most interesting and at the present time the
rarest. Though not intentionally, it
carries out most perfectly the freedom
and beauty of the bloom of the summer woods, but its real purpose is to
produce a tangle of loveliness entirely free from measured plots and
straightly marked paths. It revels
in the charm of old-fashioned flowers
and in arrangement undersigned. Tall
plants and lowly, brilitant-hued
blooms and delicately-tinted flowers
grow luxuriantly side by side in irregular little clumps, and fellowing
each its own loved way. One could
imagine a dreamer had scattered
varied seeds idly in days long gone
with never a memory of what had
been sown or where the seed had fallen. Communing together in the June
sunshine are sweet-scented units been sown or where the seed had fallen. Communing together a the June sunshine are sweet-scented pinks, sweet william, lowly bleeding-heart. clambering purple lupin, fluttering bachelor's buttons, gaudy lilles, iris almost past blooming, brilliant rarigolds, budding larkspur and holly-hocks, lack-like dropwort, jolly little Johnnie-jumpups, swaying Canterbury bells and gorgeous blooms of peonies, and "flaming popples their soft petals strew, then stand and shiver all their bravery gone."

their bravery gone."
There is a story of sweet sentiment

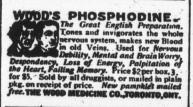
TEMPLETON'S RHEUMATIC CAPSULES For fifteen years the stan

Rheumatlem, Neuritis, Geut.
Soluties, Lumbago, Neuraigia
Mans doctors practribe them.
Write to Templeton, 160 King St. W., Toronta & Ire sample. Sold by reliable drugglets everywhere it gl. 10 per hes.

about a certain old-fashioned garden in South London. Nearly every bloom and shrub finding its own par-ticular place therein has been brought with loving care from a garden still older and very much loved. Not one beautiful memory of the other old garden has been overlooked in parden has been overlooked in the new. and thus do the flowers and shrubs we have planted and caressed live on after we have passed them with regret to those who will love them in the days to come.

Near to this garden of old memories is a bit of clover meadow and in a small cultivated field a little tangle of tall grass attracts one's attention.

a small cultivated field a little tangle of tall grass attracts one's attention. Investigation reveals a plover brooding on her ground nest, which is but a lump of earth, beside which she nestles. Hearing approach, she stands and screams protest, flutters in pretended broken-wing fashion away a few feet to return to her three



bits of nestlings and one unhatched egg. Her beautiful gold-tinged wings and deeper gold back are all ruffled feathers. Her snow-white throat with its narrow black bars swells with indignation as she watches, with golden-eyed alarm, the rocess of taking her picture. While the horses and plow went up and down near her little ground home she stayed bravely by her chosen nestling place, and so small and defiant were she and her mate, the horses afraid to go even around the carefully preserved spot. The screaming protests of possession were entirely justified by three successive ears' occupancy.

Not far from the plover's nest over

in the strawberry patch is a sand-piper's nest, which careful searching proved to be unoccupied. Stealthy lifting of the canopy of green leares revealed a neat nest in which lay three speckled eggs, shadowed by clustering red berries and wind-stir-So trustful is the sand piper of this particular little nest, the strawberries may be picked by care-ful fingers while she watches with alert interest but apparent fearless-

Just a continuation of the joys of the cottage garden were the visits to the two nests on a June day of raro beauty, and the confidence of the birds a part of the reward of those who give nature her way in the planting of sweet old-fashioned flowers.

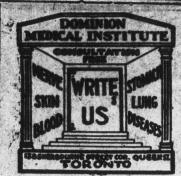
Love's Labor Lost.

A young and enthusiastic golfer at a dinner party started to enumerate to his partner the details of a golf match that he had been playing that day. It was not until dessert was brought in that he suddenly bethought himself that he had been talking all the time, indeed the course lack at nimself that he had been talking all the time; indeed, the young lady at his side had not said a single word during the progress of the meal. "I am afraid I have been boring you with this talk," he said in half apology. "Oh, no—not at all!" was the polite response. "Only, what is golf?"

Minard's Liniment Relieves Colds, Etc.

TRUE ECONOMY. "You know, Marge, I've joined the economy movement. How do you like my new gingham?"
"Lovely! Real lace trimmings and genuine amethyst buttons!" genuine amethyst buttons!"
"Oh, yes; you know one must have something to set it off."

SHE OVERLOOKED THAT. "Gracious! Forty cents a box for those strawberries? Why, they're such miserable little, half-ripe things they'd be sure to give one colic."
"But look at de size o' de boxes, lady." returned the huckster. "Youse don't ret enough o' dem to do youse any harm."



DOG DAYS

And How They Came to Get This Name.

The belief in a period of the year designated as "dog days" comes down from the Romans, and through them from the Egyptians.

There is no immovable date for the arrival of the "dog days." In Roman days the period began July 3rd and ended August 11th, but these dates are constantly moving forward, very

constantly moving forward, very slowly, itis true, but nevertheless sureslowly, it is true, but nevertheless surely. In the course of time "dog days" will synchronize with Christmas and New Year. The "dog days" are governed by the rising and setting of the Dog Star, or Sirius, and tis is a varying date, not only moving forward, but differing slightly is different parts of the world.

The Egyptians, like other primitive peoples, watched the heavens closely, and observed that the rising of one prominent star came with the annual overflow of the Nile, the one great event in the Egyptian year. So the priests of the Pharaohs decided that this star either caused the overflow or

this star either caused the overflow or was sent as a warning, and in grati-tude they called the star by a name

signifying "watchdog."

But the same star came to the
Romans at the beginning of a period of great heat and much sickness and they were convinced that the added heat of the summer was due to the One of their writers records

star. One of their writers records:

"The day of the star's first rising in the morning the sea boils, wine turns sour, dogs begin to go mad, the bile increases and iritates and all ant-mals grow languid. The diseases at usually occasions in man are burning fevers, hysterics and phrensies."

To appease Sirius the Romans every

year sacrificed a brown dog.

The discovery later by astronomers that Sirus was something like 150. 000,000,000 miles from the earth, ren-

Cook's Cotton Root Compound

dered it rather imporbable that any of its heat could make itself percept-



A apre, reliable requisiting medicine. Sold in three de-grees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$5 per box. Sold by all druggists, or seat prepaid on receipt of prigs. Free pamphict. Address: prepaid on receipt of price Free pamphlet. Address THE COOK MEDICINE CO.

ible here, but the superstition as to "dog days" still persists, and with it the notion that dogs are particularly prone to run mad at this season, thus perpetuating a Roman belief. There are many persons who suppose that the designation "dog days" is given because of this supposed canine pr pensity to rabics.

And where is the boy who has not

looked askance at the old swimming hole at this period of the year, hav-ing been warned by an old-fashioned mother that there is something noxi-ous about the water during "dog ous about the water during days"?

Minard's Liniment Relieves Diphtheria

INFALLIBLE TEST. Johnny Jones was studying botany, and he had an infallible way to tell the difference between mushrooms and toad-

stools. "'When you git vi'lent spasms," feet, and partial loss of vision endin' in insanity and death—then it ain't mush-

UGLY CUT.

Customer—I see that the barber across the street has slashed his prices. Barber—Yes, and if he'd only confine his slashing to prices his customers wouldn't holler.

SALESMAN Of ability and good local connections preferably

Can Earn Big Money

selling Men's Made-to-Measure Clothes in his locality. Style, quality and value of garments known from Ocean to Ocean. Address—in first instance—with full information to P.O. Box 105, Montreal.

STAINED GLASS

Wonderful Specimens in Old World Cathedrals.

In the cathedra. at Charfres there are 1,350 subjects in 143 windows. York Cathedral has 117 subjects in one great wir low. Canterbury, Lincoln and Salisbury have beautiful ex-

coin and Salisbury have beautiful examples of early glass.

There are many more in France, and often the same workmen had windows in different towns. They travelled in companies or guilds. In the event of an English military invasion of France they carried on their peaceful craft in England, and during a tranquil season across the furing a tranquil season across the

Channel there they were.

It is of this epoch that subjects in medallions are typical. Circles alternated with squeres to the full height of the window. each space having its story from the Old and New Testaments with counciling nations and ments. with connecting patter s of or-nament. The figures were smaller, of

DR. MARTEL'S PILLS FOR WOMENS AILMENTS Thousands of women have testified in the last 28 years everating the healing qualities of Be. MARTELS FIRMALE FILLS. A Scientified propared semedy for delayed and painful meanstruction, Scid only in a Patented The-Hings-Cower Box, At your Druggist, or directly Mail, price 22.00 Knickerbocker Remedy Ge., II Fresh St. East Terente, Canada.

course, when so enclosed, but the or derly repetition of forms and colors and the assemt irg of so many pieces of glass resulted in magnificent har-monies carried aloft in varied cources. The great number of subjects in

Chartres Cathedral were made up in this way, indeed, Chartres is preemin-ent for Biblical legends in medallion windows. Glass of unusual thickness and radiance was used and substantial leading.

The modern awakening of interest is strined glass as a fine art is largely due to the initiative of the pre-Raphaelite group of devoted artists in England. About sixty years ago Edward Burnes-Jones, at the instance of his friend Rossettl, designed some windows following the early examples and in after years contributed many

more to the art of his country.

Painted glacs of Europea manufacture is uusually of excellent finish. Under its native roft gray skies it is at its best. The brilliant sun-shine of other lands tends to disintegrate its composition, especially in its black painted surfaces in sudden contrast with the glare of white glass The details of its delicate grisaille often fuse in a cold, u. pleasant glit-

Life of Concrete Ship.

A false impression seems to hav been taken from some remarks of R. J. Wig, chief engineer of the concrete ship division of the Emergency Fleet corporation, relative to the short life of a concret- ship. He says, in correcting this error. "that experiments and investigations have shown that concrete ships will last a minimum of several years without any presented." several years without an protection whatever. The colication of protec-tive coatings are certain to extend their life s eral years, and with the further developments of protective means upon which we are now working, I believe the concrete ship can be made as permanent as steel, if not more so. He further stated that if the concrete ship is built of the new concrete mixture devel ped by the Emergency Fleet corporation, the ship will be 20 per cent lighter than the wooden ship

ISSUE NO. 29, 1920

HELP WANTED-FEMALE

WOOLLEN MILL HELP WANTED, our new Mill is now under completion and we now require female help for the following work, weaving, winding, specking, finishing. Previous experience not necessary. Every consideration shown to apprentices and good wages paid while learning. Boarding accommodation arranged. Several good positions now open. For full particulars apply to Slingsby Mfg. Co., Ltd., Brantford, Ont.

HELP WANTED

WANTED

FIRSTCLASS KNITTER, EXPENdent of the leneed on Dubled Flat Fashioning Machine. Good wages paid to capab man. Best working conditions in daylig mill. Mercury Mills, Ltd. Hamilto

FARMS FOR SALE. 100 ACRES, WITH CROP, AND IM-mediate possession; hardwood bush and running water; good stock farms 55 acres adjoining, with house, if de-sired. Robert J. Hodgson, Tyrone; Ont.

BUSINESS CHANCES. FOR SALE—AS GOING CONCERN, TO close an estate, splendid old, established general store business, with building and dwelling in connection, located in good village, between Owen Sound and Falmerston, in fine farming district. Fer full particulars, apply to John Mills, Hanover, Ont.

MISCELLANEOUS WANTS

CANOE WANTED SEND PARTICU-lars and price to R. M. Glenesk, P. O. Box 866, Sudbury, Ont.

MISCELLANEOUS KNITTING YARNS. SAME AS BE-fore. Sample Skein and prices twenty five cents. Georgetown Woollen Mills, Georgetown, Ontarlo.

THE SAFE WAY TO SEND MONEY by mail is by Dominion Express



In fact it in the meanest thing to sproying your home t

THE WALKER HOUSE TORONTO PANGUS MITE.

FOOD HOARDERS.

Mr. B. Z. Ant, a well-known citi-n of this community, was arrested at his home last night on orders of the food administrator and charged with oarding food. A large quantity of bread coumbs and other high-priced foodstuffs were found in the basement o. Mr. Ant's home. The discovery is somewhat of a surprise as Mr. Ant has always forne an excellent reputa-tion for industry; in fact the proverb Go to the Ant, thou Sluggard," "Go to the Ant, thou Sluggard," so often used was originally written about a direct ancestor of Mr. Ant. Witnesses testified that ther had

witnesses testined that they had seen Mr. Ant on many occasions carrying food to his home and it is thought he has gone far as to enlist the aid of his friends and relatives in carrying food. Enough edibles to last all winter were found at the Ant

Mr. Ant is una to give any satisfactory explanation of his offense except that some unseen force compelled him to store the food away, as he would need it later on. He denies vigorously that he intended to hold it for higher prices. His case is being considered by the food administrator. This is the second arrest made by

food officials in this eeighborhood e-cently. Mrs. Camel having been found guilty of violating the food regulation regarding the hoarding of fat. Other arrests are lively to follow.—"Bugtown Bungle," Correspondence of the Indianapolis Star.

Tapestries Brought High Prices.

A collection of rare and costly tap-estries and furniture belonging to the estates of Augustus Kountze, James Stillman, and others, was sold at the American Art galleries in New York American Art gaileries in New York recently, and brought a total of \$57,-117.50. Charles, of London, paid \$9,-000, the top price, for a set of four allegorical tapestries, Italian, of the sixteenth century; \$6,500 for an Italian Renaissance tapestry, "Harvesting," and \$5,600 for an Italian Renaissance bunting tapestry. aissance hunting tapestry.

Minard's Liniment Relieves Distemper

Little Chance for Confession.

"A good husband ought to tell his wife all his faults." exclaims the pro-fessional solver of domestic problems in a Milwaukee newspaper. A very original idea, but what is the pre-scribed method of conduct when she persists in telling about them first?





As to your trouble? Have you some skin eruption that is stubborn, has resisted treatment? Is there a mervous condition which does not improve in spite of rest, diet and medicine? Are you soing down hill steadily? ARE YOU NERVOUS and despondent, weak and debilitated; tired mornings; no ambition —lifetess; mornery gone; easily fatigued; excitable and irritable; lack of energy and confidence? Is there falfingspower, a drain en the system? Consult the aid reliable specialists.

SYMPTOMS OF WARTOUS AILMENTS.

Weak and relaxed state of the body, nervousness, despondency, poor memory, lack of will power, timid, irritable disposition, diminished power of application energy and concentration, fear of impending danger or misfortune, drowsiness and tendency to sleep, unrestful sleep, dark rings under eyes, loss of weight, insommia. Dr. Ward gives you the benefit of years' continuous practice in the treatment of all chronic, nervous, blood and skin diseases. The show symptoms, and ganny ethers not mentioned, show plainly that semething is wrong with your physical condition and that you need expert attention.

Men, why suffer lenger? Let me make gan a vigorous man. Let me restore your physical condition to full manhood. Don't be a weakling any longer. Make up your mind to come to me and I will give the best treatment known to science—the one successful vigoriment based on the experience of 2 years in treating men and their aliments.

Dr. Watte facting if you have early say if to to thee—do you realize that you are missing mest of that life by fit health? A life worth living is a healthy life. Noglect of one's health has put, many a man in his srave. I have boes celling men these things for samy years but still there are thousands of victims who, for var our reasess, have not had the good sense to come and get woll.

Specialist in the treetment of nervous each willions, nervous exhaustion, stemped and liver trouble, acme, skin disease, eaterth, asthma, rectal troubles, piles, fistula and blood conditions.

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ons, OPPICE HOURS: 9 a.m. to-5 p.m. Sandage 10 a.m. to 1 p.m. -FREE CONSULTATION - EXCHIPTRATION.

Before beginning treatment you must name one visit to my office for a perconal physical examination. Raifroad fare will be considered as part payment of fee. Canadian money accepted at full value.

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