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in use for over 30 years, has borne the signature of and has been made under his per-Charff, Fletcher. sonal supervision since its infancy.
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Our New Method Treatment can cure you and make a man of you. Under its influence the brain becomes active, the blood purified, so that all pimples, blotches and ulcers disappear, the nerves become strong as steel, so that nervousness, bashfulness and deers pondency vanish, the eye becomes bright, the face full and clear, energy returns to the body and the moral, physical and sexual systems are invigorated; all drains cease—no more viral waste from the system. Don't let quacks and fakirs rob you of your hard earned dollars. We will cure you or no pay.

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WASHING THE DISHES.

club Weman's Husband. Tonight I want to offer my brother husbandettes a valuable hint about

When you do the dishes don't set the dispan in the bottom of the sink, as most men do. Sinks may be the right height for women, but they are too low for men.

For months I suffered from crick in the back, aching shoulders, stiff neck o ir family physician without obtain-

At last, quite by accident, I lit on the cause of my trouble. A pile of skillets and saucepans had been left in the sink, and I put the dishpan on them. Then I was not oblige bend over so far as usual, and that day I had hardly any lumbago pains

Since then I have rested the dishpan on a couple of bricks placed in the bottom of the sink, and I wash the dishes standing almost erect. The roses are coming back into my cheeks, and our whole home is brighter as a result of my lucky discovery.

I am sure that my men readers will be saved many miserable hours if they will follow my suggestion. The bricks may be used between times as door stoppers, foot warmers or nutcracke Tomorrow evening i will tell you what I know about washing granite

DEEPEST SLEEP.

It Always Occurs During the First

Hour of Slumber.
"Yes," said the doctor, "sleep is a very puzzling mystery. Nobody knows what the cause of it is, but we do know that it is always accompanied by anaemia of the brain. In other words, when you sleep the blood drains away from the head to the limbs. If you fell asleep on a balanced bed, the moment you dropped off the foot of the bed would begin to sink, and the deeper the sleep the greater the slant.

"That is why a hot bath tends to sleepiness. It brings the blood to the skin and so lessens the supply in the brain. Curiously enough, great cold has the same effect and for the same reason. You know how cold swells and reddens the hands.
"Recent experiments have shown

conclusively how pale and bloodless the brain grows in sleep. How? Well, a piece of bone has been removed from the skull of a puppy and a watchglass inserted instead. ment the puppy under observation wakes its brain at once grows pink again. No; the puppy doesn't seem to

"Experiments made by dropping heavy balls have shown that sleep is always at its deepest in the first hour. After that unconsciousness gets shallower and shallower." - London An-

Maul Rock.

Among the numerous natural cu-Mesities of West Virginia is one in Lincoln county called the "Maul rock" because of its similarity to a maul. The base of the rock is about a thousand feet above sea level and is made up of large bowlders, says an exchange. The stem of the rock is twenty feet high and will average about seven feet in diameter. The cap, or maul part, is about six feet thick and is thirty-eight feet in cir-The stem is of a soft cumference. formation and is fast crumbling away. since the timber has died that was a great protection from the force of strong winds. By mounting the rock by means of a ladder that is kept there a magnificent view of the West Virginia hills can be obtained .- Christian Science Monitor

Leve Letters of a Husband. "Dear Jane—Arrived here with morn ing O.K. It's a poor looking town, but business is good. I'll write more next time.-Your loving husband, John."
"Dear Jane—Got here last night. Train was three hours late. No news, but business is good. Longer letter next time.-Yours as ever, John." "Dear Jane-Sorry to hear you weren't feel ing well. Hope you are better by now. Getting a good many orders here. news, but more next time.-Lovingly, "Dear Jane-Just to let you know I'm all right, though the rheumatism has been bothering me again Got here this morning and have done a lot of business already. Nothing to write, but I'll do better next time.-With love John."- London Mail.

An Artist's Trials.
Brownly-Dauber certainly has his

own troubles. Pinder-Why, I thought he was do ing splendidly. Brownly-He was until he painted

that last undscape. He painted the sun in too entural. Pinder- How could that be?

Brownly- Well, it dries up the water in the pond so fast that he has to paint in new water every two or three days.-New York Times

In Plain Words.
Father (to bis daughter, whom he sees whispering to her mother) - Elsie how often have I told you not to do that? Speak out if you want anything Elsie - Well, father, I wanted to know why the woman near me has such a red nose - Fliegende Blatter.

Small In a Double Sense. "After all," remarked smithers, "It has to be," snapped Smuthers, to match some of the people in it."-Dincinnati Commercial Tribune.

HARD METALS.

They Come From Titanium and Are as Firm as the Diemend. The diamond has ever been regarded as possessing one quality that placed it beyond rivalry—namely, that of hardness. There are several gems that compete with it in beauty, and at least one

—the ruby—when of rare size outranks it in costliness, but none in the whole list equals it in hardness. The hardest steel cannot equal the diamond in that

But there are at least two products of chemical experiment that have proved, according to French cher to be as hard as diamonds. These are produced from the rare metal titanium, One experimenter, it is claimed, suced in preparing titanium in the electric furnace. In the pure form it is much harder than steel or quarts, and when combined with silicon or carbon so as to form a silicide or bomond itself in hardness.

Titanium resembles tin in its chemical properties, and it is the characteristic element in the beautiful red and brown crystals of rutile. These, in the shape of needles, are sometimes found rating large white quarts crystals, forming gems that the French call "love's arrows."—New York Press.

KEPT ABOVE GROUND.

Ingenious Way Major Hook Evaded

the Terms of a Will.
Among ingenious ways of evading a will the plan followed by Major Hook and recorded in "Ancient, Curious and Famous Wills" may be commended:

A county newspaper some years ago recorded the death of a Major Hook and spoke of him as "a singular "He died," says the port, "on Monday sennight at his house, Ham street, Ham common. He was an officer in the East India company's service and reached the age of seventy-five. His house was remarkable for its dingy and disapidated condition."

His wife had become entitled to a life annuity, bequeathed to her in these ambiguous terms: "And the same shall be paid to her as long as she is above ground." When, therefore, the good lady died her husbaud very naturally objected to forfeit his income by putting her below ground and ingeniously devised a mode of keeping her in a room which he allotted "to her sole and separate use," placing a glass case over her remains. For thirty years he thus prolonged his enjoyment, if not of his wife's society, at least of her income.

Da Vinci's Writings. Although Leonardo da Vinci was a voluminous writer, he never published single line during his lifetime. After the master's death in France his manuscripts were taken back to . His heirs proved unworthy, and the precious writings were gradually dispersed. Loose pages were often detached and were either given away as relics or stolen. No attempt was made to publish any of his treatises, except that on painting, for more than 300 years after his death. This was partly owing to the great difficulty of deciphering his handwriting. Da Vinci was left handed and always wrote in oriental fashion, from raphy is peculiar to himself. He abbreviates some words and joins others together and employs neither stops nor accents.-London Chronicle.

The flag at Trenton.
The flag "that Washington had with him when he crossed the Delaware to attack Trenton" was not the "stars and stripes." Washington crossed the Delaware in December, 1776, and the stars and stripes did not have an existence until the June of 1777, when it was voted into being by the congress. The flag that waved over General Washington on his way to and from Trenton consisted of thirteen stripes, alternate red and white, as at present. with a blue canton emblazoned with the crosses of St. George and St. Andrew, as in the British flag. The first time the present stars and stripes were flung to the breeze was on the day of the battle of Oriskany at Fort Stanwix, Aug. 6, 1777.-New York Ameri

Bad Shots.
A certain Yankee was touring through

Devonshire, and, calling at an inn, be ordered some of the famous cider. Not inding it to be what he had expected, he inquired how it was made.

"Oh," said the publican, "we stood barrel of water at one end of a room and threw applies at it."

This caused a general laugh, but the Yankee was equal to the occasion. "Waal," he said, "I guess you didn's hit is very often."—London ideas.

Ways of the Oyster. Oysters after they have been brought way from the sea know by instinct the exact hour when the tide is rising and approaching their beds and so of their own accord open their shells to receive the lood from the sea as if they were still at home.— London Telegraph.

It Reminded Him. "I have so n in my journeys several ribes," said the traveler, "who voluntarily und wall sorts of self in-

"That's nothing. answered Mr. Tutt. I know a lot of people who insist on thaving themselves."

Great Little Sight. "Where are you going so fast?" "My wife has just telephoned me that the baby is asleep, and I am going home to see what it looks like."— Coledo Blade.

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