(L'Avenir du Nord, St. Jerome, Que.) Throughout Canada much alarm has been felt during the past few months at the outbreak of smallpox that has occurred in various localities and thousands of dollars have been expended-and rightly so-in suppress ing it. And yet year in and year out this country suffers from a plague that claims more victims annually than have been carried off by any epidemic during the past quarter of century. Consumption-the great white plague of the north-is more to be dreaded than any epidemic. Its victims throughout Canada are numbered by the thousands annually, and through its ravages bright young through its ravages bright young lives in every quarter are brought to an untimely end. Why? There are two reasons, the insidious character of the disease, and the all too prevalent belief that those who inherit weak lungs are foredoomed to an early death, and that the most that can be done is to give the loved ones temporary relief in the journey towards the grave. This is a great mistake. Medical science now knows that consumption, when it has not mards the grave. This is a great mistake. Medical science now knows that consumption, when it has not reached an acute stage, is curuble. But better still, it is preventable. Sufferers from weak lungs who will keep the bioot rich and red, not only need not dread consumption, but will altimately become healthy, robust people. Among those upon whom consumption had fastened its fangs, and who have proved the disease is curable, is Mr. Ildege St. George, of St. Jerome, Que. His story as related to a reporter of L'Avenir du Nord, will be of interest to similar sufferers. Mr. St. George says: "Up to the age of fifteen years I had always enjoyed the best of health, but at that age I became greatly run down. I lost color, suffered convantly from headaches and pains in the sides; my appetite left me and I became very weak. For upwards of three years—though I was having medical treatment—the trouble went on. Then I was attacked by a cough, and was told that I was in consumption. Then the doctor who was attending me ordered me to the

and was told that I was in consumption. Then the doctor who was attending me ordered me to the Laurentian Mountains in the hope that the change of air would benefit me. I remained there for some time, but did not improve, and returned home feeling that I had not much longer to live. It was then that my parents decided that i should use Dr. Williams' Pink I ilis, and I began taking them. After using several boxes my appetite began to return, and this seemed to mark the change which brought about my recovery, for with the improved appetite came gradual but surely increasing strength. I continued the use of the pills, and daily, felt the weakness that had threatened to end my life disappear, until finally I was again enjoying good health, and now, as those who know me can see, I show no trace of the illness I passed through. I believe Dr. Williams' Pink I ills saved my life, and I hope my statement will induce similar sufferers to try then? tion. Then the doctor who was at-

lieve Dr. Williams' Pink I ills saved my life, and I hope my statement will induce similar sufferers to try them."
Dr. Williams' Pink I ills make new, rich, red blood. With every dose the blood is strengthened, the quantity increased, and thus the patient is enabled not only to resist the further inroad of disease, but is soon restored to active health and strength. If you are ill, or weak, or suffering from any disease due to poor blood or weak nerves, take Dr. Williams' Pink Fills at once and they will soon or weak nerves, take Dr. Williams' or weak nerves, take Dr. Williams' Pink Fills at once and they will soon make you well. These pills are sold by all dealers in medicines, or will be sent post paid at 50 cents a box or six boxes for \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

"Hello," the first deaf-mute's fingers signalled rapidly; "did you get that jeb as office-boy?" replied the other deaf-mute, the man said he didn't think I'd an-

I believe MINARD'S LINIMENT will cure every case of Diphtheria. MRS. REUBEN BAKER, Riverdale

I believe MINARD'S LINIMENT will MRS. CHAS. ANDERSON,

I believe MINARD'S LINIMENT is best household remedy on earth Oil City, Ont. MATTHIAS FOLEY,

Great is the condition of a man elves—come if they will, or fail to ome—but goes on his way true to be truth simply because it is true, it county here! loyal to the right for its

a steplather is even a more doubt-ful success than a stepmother. She knows men are proud of hav-ing children, and she feels

The Second Husband's Children

would hold his heart, and supplant

BABY'S HEALTH.

small-simply procaution and the ex-

Baby Has Gone to School. The baby has gone to school; ah, me!
What will the mother do,
With never a call to button or pin,
Or tie a little shoe?
How can she keep herself busy all

day, With the little hindering thing away? Another basket to fill with lunch,

Another "good-bye" to say,
And mother stands at the door to see
Her baby march away;
And turn with a sigh that is half re-And half a something akin to grief.

She thinks of a possible future morn, When the children, one by one, Will go from their homes to the dis-

To battle with life alone; And not even baby be left to cheer The scattered home of that future

She picks up the garments here and

there,
Thrown down in careless haste,
And tries to think how it would seem
If nothing were displaced,
If the house were always as still as this, How could she bear this loneliness?

THE YOUNG WIDOW. Ought She to Marry a Second

Now as regards the widow. There are two kinds of widows. The one who is young and attractive, the other who dons a widow's bonnet and cuffs, and never puts them off again, taking a chility air of miserable resignation in her wake.

Let us look at the young widow. Every proposal she had as a girl is multiplied by ten when she is free again. At first sight this seems strange, but in reality it is not so. As a girl her horizon was small; she only went to parties with a chaperone; she had to make her young friends. The boys of her own age—her brothers' school chums—were too young and too penniless to marry; therefore a saitable husband only presented himself now and again. Her choice was limited. Five or ten years later all is changed. Her husband's friends are older than herself; they are probably in a position to marry. They have seen what a good wife sho made, what an excellent mother she is. They know how charmingly she runs her house, how smart she looks at the head of her table, what sort of a home she has smart she looks at the house, how smart she looks at the head of her table, what sort of a home she has built up around her, and naturally— quite naturally—fall in love with the fascinations of the young widow, and

propose.

The widow's horizon is unbounded. The widow's horizon is unbounded. She has made many friends during her married state. She has had men to dinner, they have stayed with her in the country, she has been at the theatre parties in town; she knows men, she is not afraid of them. They have called upon her and chat-They have called upon her and chat-ted upon every conceivable subject over the teacups; ridden or cycled with her, and they one and all look upon her as a "rattling good sort," or a "regular chum," and—they pro-"regular chum," and-they pro-

Thus it is that the young widow has so many chances of marrying again. Does she do it?

Looking Ahead. She lifts the veil and looks ahead. Suppose she re-marries and her son goes to the dogs, or her daughter turns out badly, would she not blame herself for taking other ties, and leaving those she hal, incompleted? Of course one may say, "uo woman meant to sacrific meant to sacrifice her own happiness for her children. They will grow up and leave her." That is true, but who influences the child's life? What has every great man written again and again in his biography: "I owe everything to my mother." If each by the case, the woman who sacrifice her own happiness for her case to a Mother-How to Care for the Little Ones.

No price would be too great to pay for the preservation of the perfect, rosy, sturdy health of a buby, No price would be too great; but, as matter of foot for the little Ones. woman who sacrifies her own life a matter of fact, the price is very for her child is amply repaid, if that son can feel and write such sentiments. Was it not worth eacrificing

small—simply precaution a son good judgment.

It is not good judgment.

wrote of Margaret Ogilvy?

But by far the larger proportion of women have children, and the question arises, which is it to by? Is she to consider her own inclinations, or the happiness of her offspring? It is often a great tussle; but somehow, when one looks round among one's acquaintances, one sees that the ordinary young widow often sacrifices her own life to her children.

Is she Right?

chief or attle ones, because it is promptly effective and absolutely harmless. For nervousness, seeplessness, constitution accompanying the entire of the they are given life and expected to live it. Is it not the duty, therefore, of the parent, to do the best he or she possibly can for their children's sakes?

Suppose a woman be left with two To cure a county of their children's sakes?

To cure a cold in one day their little ones speak of it in the mast enthusiastic terms—that is the best proof of its efficacy. Miss. Alonzo Feltmate, Whitchend, N. S., siys: "In my opinion Baby's Own Tablets are sweet and pleasant to take, and dissolved in the world. The youngest infant, Mothers who have used this medicine for their little ones speak of it in the most enthusiastic terms—that is the bost proof of its efficacy. Miss. Alonzo Feltmate, Whitchend, N. S., siys: "In my opinion Baby's Own Tablets. It is not the world. They take it readily, and it regulates the bowels, cores them of peevishness, and is a great helper in teething. I would not think of being without the Tablets," Sold by druggists or sent post paid on receipt of price, 25 cents a b.x. by addressing the Dr. Williams' Medicine Co., Ereckville, Ont.

Take Laxative Bromo Quinino Tablets. All druggists refund the money if it fails to onra E. W. Grave's signature is on each box. 20a.

OTTAWA MAN WHO WRITES THIS TIME

Grants Full Permission to Use His Name in Behalf of Dodd's Kidney Pills,

Was in the Clutch of Bright's Disease
—Suffered all the Symptoms of This
Fearful Maiady—But He Took
Dodd's Kidney . Ills in Time.

Ottawa, Nov. 13.—(Special)—A fortunate young man is Frank Chartrand, of this city for by the merest chance he was saved from that modern curse so dreaded by doctors, Bright's Disease, the incurable malady of the Kidneys.

The story of Mr. Chartrand's escape from this dreadful disease is best told in his own words:

or perhaps three children—civilized families do not go beyond that number nowadays—and she is barely thirty years of age. The responsibility on her shoulders is enormous. Her income is usually about a quarter of what it was in her husband's lifetime—perhaps an eighth — and that at a time when expenses are really only beginning, when the seriousness of school bills are facing her for the first time. Is her position an enviable one? Crowded with responsibility, worried at which end to begin to cut down expenses, utterally alone without the helpmate on whom she has learns to rely, the first year or two of her widowhood are days, weeks, and months of trial indeed. The story of Mr. Chartrand's escapo from this dreadful disease is best told in his own words:

"I had been greatly troubled by my Kidneys for two years, since having a dose of the grip. I suffered with backache and I always felt drowsy and very heavy in the limbs, with frequent severe headaches and oftener still severe pains in the top of my head which prevented me from doing my work as I would like to do it. Often my fingers and legs would cramp and occasionally I telt pains in the loins and a very heavy dizzy feeling with shortness of breath and pain in the left side. Sometimes I would eat very good meals and other times I would take a bicuit and a cup of tea and that would finish my meal. I had bender spots over the back of the spine and felt very tired in the region of the kidneys, with a dragging heavy feeling across the loins, in short, there was no doubt I was suffering from Bright's Disease.

"I kept taking the medicines the doctors gave me all this time, but of trial indeed.

She hourly realizes her responsibilities, she feels the loss of the strong man's aid, the loneliness and worry of her life; but she feels the children ought to be her first care, that she must bring them up to take their position in life, help them to work their way to honorable success. The first year goes by and

work their way to honorable success. The first year goes by and then some man comes forward and proposes, others quickly follow suit. The question of re-marriage faces her. Shall she do it? She looks around and gradually realizes that a stepfather is even a more doubtful success than a stepmother. "I kept taking the medicines the doctors gave me all this time, but they did me no good. A few weeks ago I chanced to tell a friend that I had given up hope.

"Why don't you try Dodd's Kidney Pills?" he told me.

ney Pills? he told me.

"I went directly to the drug store and got three boxes, which I have used, and which have so much improved my health, that without heeltatlon I say I am sure it is but a matter of a short time till I become completely and permanently cured."

would hold his heart, and supplant any little love he might have tried to acquire for hers. She knows that if she really loves te man, and he if she really loves the man, and he herself wholly to him, and how can she when she has other and pressing calls? There is a melanerally petticoated procession of 1.082,610 women in Great Britain who can never hope to become brides, says the Melbourno Argus. There are not enough husbands to go around! The only apparent remedy is polygamy. Who will refuse to drop a sympathetic tear over this monstrous procession of Eaglish maldens, pre-doomed by Nature itself to the doom of lean and unfruitful spinsterhood! unfruitful spinsterhood!

Minard's Liniment Cures Distem-

she when she has other and pressing calls?

If the woman, after weighing the circumstances of both sides of the case in the scales, decides to give her life to her children, is she not right? If unkind fate ordain that those children do not turn out well, she cannot blame herself. If, on the other hand, she marry, it is unlikely the new husband has any real sympathy with her children, if gradually they drift away from her, and she finally loses her influence over them, well, she has herself to blame, remorse is bitter.

Children are a grave and serious responsibility, and, alas, few parents of either sex comprehend how grave or how serious until the children are actually there; nor do they realize how utterly unfitted they often are to become parents until it is too late. But the wilow and the widower have bought their experience and have no right to make a second blunder.

That the childless widow should marry again is surely only right. Why waste a good life when it be Promised Not to Mention it.

A well-known clergyman tells of driving along a country road one winter's night, when just ahead of him he nothered a woman walking.

Drawing up his lorse, he asked the woman if he could give her a lift. The woman got in and they drove along for some distance.

When he had set her down at her cown gate she thanked him, and he politely answered "Don't mention it."

"No. I won't," said the matter-of-fact lady in an obliging tone. Promised Not to Mention it.

That the childless widow should marry again is surely only right. Why waste a good life when it is at its very best? That the widow with children should re-mirry is really a necessity; but that the young widow with children should marry again, alas, often means unhappiness to all, and misunderstandings in several lives. There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years noctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Scionce has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Chenov & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It sets directly on the blood and mucous surfaces of the system. They offer one hund'ed dollars for any case it fails to cure. Send for circulars and restimonials.

Address F. J. CHENEY & CO., Toledo, O. happiness to all, and misunderstandings in several lives.

Women are often sacrificed in life! After all, if they do their duty as far as they have knowledge, they must be praised, not blamed, if the issue turns out wrongly.

Should widows marry again? Certainly, if they have no one else to consult but themselves. If they have, let them pause and think before they take a step which may bring unhappiness to so many."

end for circulars and estimolians.

Address F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c.

Hall's Family Pills are the best.

The Most Precious Thing in the World The chairman of the lecture committee of a literary society sat restlessly on the stage before a large and walting autience, wondering why the expected lecturer did not arrive. Finally, he felt that come sort of an excuse was necessary, and stepped

to the footlights. Lacies and gentlemen," he said, "I much for such words as J. M. Parrie the tender, little infant remedies account for the absence of Professor It is not good judgment to give Smythe, who was to lecture here to-night. He told me that he would be on time if he was alive, and, as is not here, we must conclude that he is dead.'

he is dead."

Just then the professor rushed on
the stage all out of breath. "Ladles
and gentlemen," continued the chairman, "allow me to introduce to you
the late Professor Smethe, who will
now address us on "Tae Inferno.""

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Authorized Capital - \$1,500,000 The policies of this company or brace every good feature of Life Lasurance contracts, and guarantec traininghest benefits in regard to loans, cash surrenders, and extended insurance.

Good agents wanted in this district Hon. Jno. Dryden, Geo. B. Woods, President. General Manager.

ENGLISH ODDITIES. ISSUE NO. 47, 1901. Language Full of Pitfalts for For-

school earlier than usual. Am I

"Break up her school, she must

"Oh, yes. I remember; break up her school."
"Why does she do that?" I asked.
"Because her health is broken into."

"Broken down."
"Broken down? Oh, yes. And, indeed, since fever has broken up in

"She thinks she will leave it for a few weeks."
"Will she leave her house alone?"

"Certainly, it is what I meant to

say."
"Is her son to be married soon?"
"No, that engagement is broken—

broken"—

"Broken off."

"Yes, broken off."

"Ah. I had heard that."

"She is very sorry about it. Her son only broke the news down to her last week. Am I right? I am anxious to speak English well."

"He merely broke the news; no preposition this time."

"It is hard to understand. That

young man, her son, is a fine young fellow; a breaker, I think."
"A broker, and a fine fellow. Good day!"

'So much for the verb "break."

Minard's Liniment Cures Diph-

His Business.

Tess-Did you notice how that man

Jess-Yes, he's a reporter.
Tess-But why should he stare as

Joss—He was probably watching your nose. He's supposed to keep his eye on everything that turns up.— Philadelphia Pross.

Minard's Liniment Cures Colds, etc.

Smythe—So you're is favor of wom-an suffrage? But how would you feel if your wife should vote in opposition

to you?
Tompkins—Oh. go 'long! Haven't I
been married fifteen years?

Mrs. Winslow's Soothing Syrup should always be used for children toething. It soothes the child, softens the gums, cures wind colic and is the best remedy for diarrhoe a. Twenty-five cents a bottle.

RUIT FARM FOR SALE—ONE OF THE finest in the 'Niagara Peninsula, at Winona, 10 miles from Hamilton on two railways. 130 acres in all, 35 of which is in fruit, mostly peaches. Will be sold in one parcel or divided into jots of 15 to 20 acres to suit purchasers. This is a decided bargain Address Jonathan Carpenter, P. O. box 409, Winona Ontario

"No. she is afraid it will be -broken-how do I say that?"

right there?"

town"——
"Broken out."

broken"-

stared at me?

have said."

eigners. Getting "I begin to understand your lan guage better," said my French friend, Monsieur Dubois, to me; "but your verbs trouble me still; you mix them up so with prepositions. "I saw your friend, Mrs. Murketon, just now," he continued. "She says she intends to break down her

is all right, if you are too fats and all wrong, if too thin already.

Fat, enough for your habit, is healthy; a little more, or less, is no great harm. Too fat, consult a doctor; too thin, persistently thin, no matter what cause, take Scott's Emulsion of Cod Liver

There are many causes of getting too thin; they all come under these two heads: overwork and under-digestion.

Stop over-work, if you can: but, whether you can or not, take Scott's Emulsion of Cod Liver Oil, to balance yourself with your work. You can't live on it-true-but, by it, you can. There's a limit, however; you'll pay for it.

Scott's Emulsion of Cod Liver Oil is the readiest cure for "can't eat," unless it comes of your doing no work--you can't long be well and strong, without some sort of activity.

The genuine has this picture on it, take no other. If you have not tried it, send for free sample, its agreeable taste will surprise you. SCOTT & BOWNE

Toronto.

50c. and \$1.00; all druggists.

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effective system for collecting dobts in
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using offensive methods to your debtors; remittance on day of collection guaranteed;
reasonable charges; call, write or phone Main
2527, and one of our representatives will call
on you. The International Mercantile Agency,
lames Building, corner Yonge and King Sts.,
Toronto.

FOR SALE—200 ACRES, NEAR BUR-lington, all cultivated; 70 acres fruit railway, postoffice, blacksmith shop, basket factory and school, half mile; will sell in whole or in part on easy terms. Geo. E. Fisher Freeman, Ont.

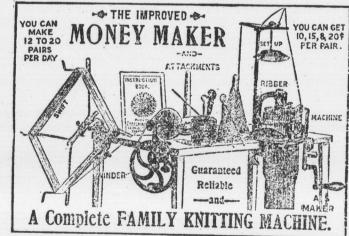
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