Rev. Father Wilberding, S. J., recently addressed the young men of St. Francis' parish on "Self-Improvement." He spoke practically and forcefully of the need among Catholic young men of an ambition for culture and intellectual

an ambition for culture and intellectual development.

"aff you wish to be somebody," he said, "if you wish to rise from a lower to a higher grade of society, if you wish to heap up wealth, if you wish to gain distinction and power and influence, you must cultivate your mind, form your will. You may object in your mind now, thinking, how can we, who are so overburdened with hard, manual labor, devote our energies to the improvement of our mind and will? I believe I am able to show you that you enjoy special advantages to do so, if you make a good use of the opportunities offered to you, of the means at your disposal. Much time is at your disposal during the long winter evenings. Shun dangerous or advantages to do so, it you make a good use of the opportunities offered to you, of the means at your disposal. Much time is at your disposal during the long time is at your disposal during the long winter evenings. Shun dangerous or useless amusements or enjoyments. As to means there are libraries, contact with quick witted, sharp men. But be select in the choice of your books and friends. Read under direction and widesome. guidance.

THE INTELLIGENT VOTER. "To induce you to give your attention to your intellectual improvement, I may call to mind the manifold advantages of education. Without a considerable degree of culture, it is impossible to move in the higher circles of society. Is it not almost impossible to ascend to a position of honor in city or state without a well disciplined mind? Besides, does not a trained mind feel the highest and noblest enjoyments? How superior are knowing for what they cast their ballot To vote reasonably you must understand the points at issue of the different parties and be able to form a correct judgment in regard to their usefulness and practicability. Finally, who possess influence and power? Power is the prerogative of the educated man."

Father Wilberding also spoke of the necessity of moral culture. "You may e an educated man, a learned man," he said, "and yet you may be a failure. You may be an educated man and yet be a curse to your fellowman. Knowledge is power, but power is useful only when it is under control. This necessary control comes from our meral train-We must keep our passions in check; learn to master them; else they cause our ruin. Our passions are powers stored away in our being to be used at the bidding of reason, but if we let them do as they please, if we let them rule, they will soon drag us down to irreparable misery and ruin. Every boy or man who is ruined, is ruined by his passions. Judas affords an example avarice; Herod of sensuality; Pilate of

human respect. PRISONS CANNOT DESTROY CRIMINALS. "Religious principles, the voice of conscience, the means of grace, help us in our arduous struggle to conquer whatever is low, mean and base within ourselves; to draw forth whatever is high, noble and virtuous. No other power on earth is strong enough to accomplish this work. Prisons and gallows may frighten, they cannot destroy criminals. There must be a more potent agent. Religion alone is equal to the gigantic task. There is but one institution that possesses the power and in-fluence to uplift the masses and that institution is the Catholic Church. Here I may call to your minds the indis-putable fact that wherever civilization has made headway since the coming of the Redeemer the Catholic missionary paved the way. The history of the world testifies to this statement. St. Patrick brought civilization with Cathelicity to Ireland, St. Columba to Scotland, St. Austin to England, St. Clotilda France, SS, Paul and James to Sp St. Boniface to Germany, Father Marquette and De Smet to America."

As the primary means to mental and noral self-improvement, Father Wilberding urged the cultivation of good

p

St.

-

"Habits once formed, good or bad," he said, "become the ruling powers in our lives. In unforeseen, in unexpected ircumstances we act according to the habits we have formed in hours of deliberation. What then is a habit? How is formed? A habit is a more or less lasting quality that disposes a faculty to act with readiness and with ease. A habit is formed by the frequent repeti-tion of the same act. Almost all boys have the same ideas about right and wrong. But one boy is good because he acts in accordance with his ideas of goodness, obedience, holiness, charity the other is bad because he has accus tomed himself to act contrary to his ideas of goodness and has formed the habit of disobedience, rudeness and impiety.

TO BECOME USEFUL AND HAPPY. "Do you wish to become us ful, happy men? Do you wish to be a power for good in the circle in which you will Why is one family peaceful happy? Why is the other family, quarel-ling, miserable? Good habits make the difference. Your personal interest, your temporal and eternal welfare, your own self-respect, above all, your higher and nobler aspiration—all these depend on good habits. Your aim must ever be to do good-not only to self, but also to the community in which you happen to be. Every boy must desire, not only to make money, to gain honors, and to secure happiness for himself, but also to bestow ese advantages upon his family, parish receive benefits—is it not fair and just to make some return? How hateful and mean is a selfish and narrow spirit, How attractive a noble-minded one. I repeat it, the betterment, the improvement of all in our society, morally and mentally, must be our motive-power in our high endeavors. Nobility of soul is so necessary in our material age. Be noble-minded, world-embracing in your views and aims, Be men ever ready to defend our holy religion: become men. views and aims. Be men ever ready to defend our holy religion; become men, Take Hall's Family Pills roconstipation.

CHATS WITH YOUNG MEN. ever acting in keeping with the high principles of our holy faith, men who are independent in doing freely what their conscience bids them do."

## OUR BOYS AND GIRLS.

Worthless Bobby.

"Please, Mr. Harro! Oh. please try

that would be no test: but I shall put you on your merit once more, Bobby, and see what you will do; but if there is no improvement, it is your last chance—you will lave to go. You understand now, do you?" said Mr. Harro, as he stepped into the carriage.

Bobby turned away to hide the tears, as Marion Harro, a sweet girl of nine-teen years, ran merrily down the nath

as Marion Harro, a sweet girl of inheteen years, ran merrily down the path and took the seat beside her father.

"Well, Marion, that youngster has gotten the best of me again, and I have

gotten the best of me again, and I have taken him another week on probation."

"Dear father, I am so glad"—her face brightening—"I thought you would give him another trial."

"What a tender heart you have, dear;

but I love you to be so; the more of your sainted mother I see in your character not a trained mind feel the highest and noblest enjoyments? How superior are the pleasures of art and literature to those of the senses. Without a considerable amount of education, you cannot, even intellectually, discharge the duties of citizenship. How many vote without sense wound even those whom they ness wound even those whom they

They were driving along the beautiful country road to the station, and as they drew up to the platform for Mr. Harro to alight, Marion put her hand tenderly over his face and said, "Dear father, I am trying to be like her."

Surely, the mantle of the mother has fallen upon the daughter," replied Mr. Harro, with quivering voice, "and you will never know, my darling, what hope and joy you bring into your father's

As Marion drove leisurely home her thoughts turned to Bobby. How could she help him? He was one of seven. his father was dead, and his struggling mother trying to keep the family together. They were honest and respectable but very poor. Bobby was thirteen. John, the eldest, a boy of fifteen, had a position in the village grocery store, which was a great help to his mother. He was an industrious, hard-working boy, but Bobby did not love work, and would shirk everything that he possibly could to pore over his beloved books. History, geology, anatomy, astronomy—anything that fell into his hands—he ould read, and think and wonder, ough he could not understand. That, in fact, was the fascination. He wanted to know about things, and he knew there were men in the world who did know, or these books would never have been written. Mr. Harro, knowing how the boy yearned for education, offered to take him in his home, allowing him the school privileges, and paying him the school privileges, and paying him well for doing chores about the place thereby laying some money aside for his higher education, for it was very plain that Bobby would never earn a living by the sweat of his brow. "Absolutely worthless!" was the opinion nearly everybody had of poor Bobby, and it was through much apparent tribulation on their part that Mr. Harro and Marion were trying to make something out of the boy. He had been with them six months, and Mr. Harro, thoroughly discouraged, had threatened often to send him back to his mother—only to be won over every time either by the stress of the boy or the coaxing of his likelized daughter. idolized daughter.

This was a day earlier in November, and the light clouds that had hovered around in the morning thickened and gathered, and by noon rain was falling, A great storm was upon them, that hourly increased in its fury. Trembling hands were held on either side of the anxious face that peered into what was already the darkness of night as faithful John, who acted as coachman drove down the carriage drive and out into the street on his way to meet his

master. Two hours passed and they had not Marion walked restlessly about the house.

"Where is Bobby, Hannah," she said. stopping at the kitchen door, where the odor of the savory dinner would have been most appetizing had it not been for the great anxiety for her father's

"'Clar to godness, Miss Marion, I dun know! Seem's if dat boy don't know 'nuff to come in out a' de rain. He tok de lantern and went out to de barn, an' I just 'spects he's scared to come back."

In the meantime John had safely reached the station, and after waiting a long time for the belated train, Mr. Harro finally appeared at the carriage door. The usually sluggish little stream that ran between the home and the station was a river. It had risen until even with the bridge, and the opposite end had loosened from its foundation and was ready to break away; but they

## Deafness Cannot be Cured

SAVE YOUR FACE

CAMPANA'S ITALIAN BALM

E. G. West & Co., 176, King Street E.

did not know that, and were about to urge the frightened horse above the bellowing waters when they saw a lantern swung back and forth upon the

other side. "Stop, John," cried Mr. Harro, quick-ly: "that's a danger signal."
"I see it, sir," said John, backing the horse and taking to the street; "that

means a five-mile drive to the upper Yes, but our lives are spared. Nothing could have saved us if we had got-ten into that torrent. I haven't seen such a freshet for many years. Some brave fellow has risked his life for others in this storm to-night."

The upper bridge was found intact,

and as they neared home the storm seemed to abate somewhat in its fury. Both looked with eager eyes for the lantern at the lower bridge. Finally they reached the spot. The light was still there—but the bridge was gone! Mr. Harro leaped from the carriage to thank his benefactor, just as the bearer of the lantern came rushing forward. "Dear, dear Mr. Harro! Are you

"Oh, Bobby! Brave little Bobby!" cried Mr. Harro; but Bobby had faint-ed. Tenderly he was lifted into the carriage, and Mr. Harro supported the dripping unconscious little form as John drove home as rapidly as possible.

"Why, Bobby, you saved my life, and

am not going to let you go away from ne again; this is your home now. You shall go through college and choose for your life-work whatever you love best. You have a bright mind and I am sure I shall not be disappointed in you."

And be it said for Bobby that Mr.

#### A BLASPHEMOUS TOUGH.

While standing on the platform of a Fulton street car a few evenings ago Fulton street car a lew evenings ago I noticed three young men, fellow-passengers, chatting in a seemingly gentlemanly manner. Suddenly the car gave a jolt and one of them, whose back was turned to me, let an oath that was blood-curdling. His companiors, seeing me, tried by winks, nods and facial contortions to inform him that some one was near whose ears were offended by such language. But he was too occupied, too boisterous in his too occupied, too boisterous in his blasphemy to notice anything or any-body. Finally I said to him: "Why do you use the name of our Blessed Lord so foully? I am a priest, and to me as to all gentlemen such profanation is horrible."

The young man's face showed pain,

indignant if told that his blasphemor expressions proved him the tough. what else is such a one, knowingly unknowingly, but the worst kind of tough—a blasphemous tough?

Why will men, young or old, insult the sacred name of Jesus Christ, a name at whose mention the angels in heaven and the demons in hell bow? "God hath exalted Him and hath given Him name which is above all names, that at the name of Jesus every knee should bow of those that are in heaven, on earth or under the earth." No man has even or under the earth." No man has ever advanced a reason for the blasphemy of reasons, fallacious or otherwise, may be adduced, but for the blasphemy Christ's name none can be adduced. The hungry man steals to appease his hunger, the liar hopes to gain by deceiving others, the hypocrite simulates or disimulates to accomplish his ends and the lutton, the drunkard or the impure man wallows in the mire of sensuality to satisfy his animal cravings, but what it profit or what gratification is derived by the lips that blaspheme the sacred name of Jesus Christ? Does the possessor of such lips feel himself more a man by his blasphemy? Does he think his value to society is enhanced, his word more honored, his voice more

You cannot possibly have a better Cocoa than A delicious drink and a sustaining Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

in 1-lb. and 1-lb Tins.

IF YOU WANT A BIG SALARY YOU OWE IT TO YOURSELF TO WRITE US A LETTER OR A POSTAL. CANADA POST CARD Don't you often wish you had a go position and a big salary? You see
other men who have. Do you
think they get them by wishing?
Don't you feel if you had the chance
you could do their work? Of
course you could, Just say, Winnipeg Get your pen. Write us a letter or postal. We will show you how. We teach and qualify you by We teach and qualify you by mail in from 8 to 14 weeks without loss of time from your resent work. Positions are ecured; in fact, there are many penings right now if you were qualified to fill them. Our Course is the most complete treatise on he subject of Railroading in existnce. We defy any school to show course anywhere meanings. YOU CAN EARN BIG MONEY. WE WILL START YOU FOR nce. We dely any school to show

course anywhere nearly as
horough. Don't tamper with your
ducation by buying cheap bargain
courses. Ours is the only School of its
kind in Canada with textbooks written for use of Canadian Railways. FIREMEN Our free booklet AND BRAKEMEN! Earn from \$75 to weight and height. With the rapid progress of railway building in Canada it takes only two or three years to be ad-vanced to engineer or conductor whose salaries ADDRESS : THE DOMINION RAILWAY SCHOOL Dept M

Winnipeg.

are from \$90 to \$185 per

#### Professional.

DR. STEVENSON, 391 DUNDAS STREET London. Specialty-Surgery and X-Ray Work Phone 510.

D.R. P. J. MUGAN, Physician and Surgeon. Office, 720 Dunday street, Hours—11 to 12 a.m.; 1 to 3; 6 to 8 p. m. House and Office Phones.

JOHN F. FAULDS, Barrister, Solicitor, Notary Public, &c. Money to Loan. Robinson Hall Chambers, Opposite Court House, London, Canada

### JOHN FERGUSON & SONS

180 King Street The Leading Undertakers and Embalmers. Open Night and Day. Telephone-House, 373. Factory \$43.

W. J. SMITH & SON UNDERTAKERS AND EMBALMERS 113 Dundas Street

D. A. STEWART Funeral Director and Embalmer

104 Dundas St. Phone 459
George E. Logan, Assistant AND AND A STREET AND A STREET AND ASSESSMENT OF THE PARTY OF THE PARTY

SAVE All the Canselled Postage Stamps you can get; Par-

noderate. Open day and night.

# Weeks of fever followed, and with moist eyes Mr. Harro would bend over the little sufferer as in his delirium he would trantically swing the imaginary lantern or cry out to Mr. Harro not to cross the treacherous bridge. One day, while convalescing, Bobby put his little, thin hand upon Mr. Harro, or most afraid to get well, for fear I will not be good, and you will send me away." "Why, Bobby, you saved my life, and lare will not be good, and you will send me away." "Why, Bobby, you saved my life, and lare will not be good, and you will send me away." "Why, Bobby, you saved my life, and lare will not be good, and you will send me away." "Why, Bobby, you saved my life, and lare will not be good, and you will send me away." "Why, Bobby, you saved my life, and lare will not be good and you will send me away." "Why, Bobby, you saved my life, and lare will not be good and you will send me away." "Why, Bobby, you saved my life, and lare will not be good and you will send me away." "Why, Bobby, you saved my life, and lare will not be good and you will send me away." "Why, Bobby, you saved my life, and lare will not be good and weeked? Well has it been said: "Most sinners serve the devil for pay. But swearers and blasphemers serve him gratis, and these the devil for pay. But swearers and blasphemers serve him gratis, and these the devil for pay. But swearers and blasphemers serve him gratis, and these the devil for pay. But swearers and blasphemers serve him gratis, and these the devil for pay. But swearers and blasphemers serve him gratis, and these the devil for boys' kneep and we will cut out pants free. Add-a3 cents for postage. N. SOUTHCOTT & Co., 9 Coote Block, London Canada. "Why, Bobby, you saved my life and the set of the lare will not be good and weeke them into a web of joy and hope; but to those the that is gone and weave them into a web of joy and hope; but to those of the life that is gone and weave them into a web of joy and hope; but to those of the life that is gone and weave them into a web o If You Have Rheumatism

Read this Offer A Fifty-Cent Box Mailed Free to All.



Mr. JOHN A. SMITH Discoverer of the Great Rheumatism Remedy, "Gloria Tonic."

On the theory "that seeing is believing," John A. Smith, of Windsor, Ont., wants everyone to try his remedy for the cure of rheumatism at his expense. For that reason he proposes to distribute Fifty thousand 50-cent boxes among all persons sending him their address. Mr. Smith had suffered all the agony and torture from rheumatism, tried all the remedies known and yet utterly failed to find relief.

At times he was so helpless that he had to take morphine and after considerable doctoring he gave up in despair. He began studying into the causes of rheumatism and after much experimenting, finally found a combination of drugs which completely cured him. The result was so beneficial to his entire system that he called his new remedy "Gloria Tonic." Those of his friends, relatives and neighbours suffering from rheumatism were next cured and Mr. Smith concluded to offer his remedy to the world. But he found the task a difficult one as nearly everybody had tried a hundred or more remedies and they couldn't be made to believe that there was such a thing as a cure for rheumatism. But an old gentleman from Seguin, Texas, wrote him saying if Smith would send him a sample he would try it, but as he had suffered over thirty years and wasted a fortune with doctors and advertised remedies, he wouldn't buy anything more, until he knew it was worth something. The sample was sent, he purchased more and the result was astonishing. He was completely cured. This gave Mr. Smith a new idea and ever since that time he has been sending out free samples boxes to all who apply. At National Military Home, Kansas, it cured a veteran of rheumatism in hips and knees. In Hannaford, N. Dak., it cured a gentleman who writes; "Since taking "Gloria Tonic

am as supple as a boy." In Stayner, Ont., it enabled a lady to discard her crutches. In Westerly, R. I R. R. No. 1. it cured a farmer, 72 years old In Fountain City, Wis., it cured and old gentleman after suffering 33 years and after seven physicians had tried in vain. In Hull, Quebec, it cured a gentleman of chronic inflammatory rheumatism which was so severe that he could not walk a block without sitting down. In Lee Valley, Ont., it cured a gentleman of lame back and Salt Rheum. In St. John, West N.B., it cured a case of Sciatic Rheumatism after other remedies had failed. In Oconto, Ont,, it cured an old gentleman 80 years of age.

Mr. Smith will send a fifty-cent box, also his illustrated book on rheumatism, absolutely free of charge to any reader of the Catholic Record who will enclose the following coupon, for he is anxious that everybody should profit by his good fortune. Don't doubt, fill out coupon below and mail to-day.

#### COUPON FOR A FREE 50 CENT BOX OF "GLORIA TONIC."

JOHN A. SMITH, 266 Laing Bldg., WINDSOR, ONT.

I am a sufferer from rheumatism and I want to be cured, If you will send me a 50 cent box of "Gloria Tonic" Tablets free of cost and post paid. I will give it a trial and will let you know of the result. My name and address is: