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## The Upward Look Do Not Grow Weary

February 24, 1910.

Praying always with all prayer and supplication, in the Spirit, and watch-ing thereunto with all perseverance and supplication for all saints.—Eph. 6:18

and supplication for all saints.—Eph. 6:18. When we read and meditate upon this passage from God's word we must be overcome with a sense of our utter unworthiness to lay any claim to righteousness in the sight of God. How few of us pray always in the Sprit; and watch theremuto with all persoverance for all saints! And yet that is what we must do if we are to overcome the temptations that sur-round us on every side, and if we ex-pect to be able to work in the power of God's Holy Sprit. It is through neglect of earnest, constant, humble, believing prayer in the Sprit that we often wander from God. We may pray and pray earnestly, but if our pray-ers are not in the Sprit they avail us nothing.

often wander from God. We may pray and pray earnesety, but if our pray-ers are not in the Spirit they avail so to neglect the study of God's hold for unhearts, but should be this work, un-lease was as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love of ease also as soon as they lead love and need and prayer. Here, again, is where the comforts of this work, un-lead was are constantly on our guard, is dead. But never bind and deaf and need and it is nartifue for us the behaviour ease of thinking to much of self and too little of God. God desires us to enjoy ourselves. Hey is the giver of every good and every perfect gift. But God does not want us to us these gifts as fieldly for our own pleasure and confort. Each blessing we receive from God is also an added responsibility. We should we should strive to use it is as the east in and with a singer of an old is a delight to do so. As, howevers, in enters our lives, prayer becomes more and more burdensome and diffi-cuit. When, therefore, we feel that we are not working and living in the is we are not working and living in the we are not working and living in the is an addid to is easy to pray, and it we are not working and living in the is we are not working and living in the is an addid to is easy to pray and the prove the tarring of the curtain and will also save time.

...

Opportunity

"They do me wrong who say I come

when once I knock and fail to find you in; For every day I stand outside your door And bid you wake, and rise to fight and win.

Wail not for precious chances passed

away, Weep not for golden ages on the

wane! Each night burn the records of the day\_

At sunrise every soul is born again !

no more When once I knock and fail to find

## A Winner in the Competition

A clance at the score of the vin-ners of the dairy farms competition as published in the January 13th issue of Farm and Dairy, shows that the winners of fart prizes di not neces-sarily have the most up-to-date homes, nor did they in all cases score the highest in the points offered for the homes.

highest in the points offered for the house. A look at the scores, or totals for the house, will show that Mr. Rich-are Penhale of Elgin Co. acored the highest total for house, having a to-tal of 129 points in all. Mr. D. Dun-can's house, York Co., acored second; third came the home of Mr. E. Ter-rill of Northumberland Co. We have received letters from nearly all the housewires of the homes entered in the competition, and shall take much heasure in publishing then for the benefit of our readers, as space will permit. A rather interesting one fol-lows, from the home of the highest set. "Sin Mr. Benhale. She writes: "Sin Mr. Benhale. She writes: "Sin Mr. Benhale. She writes: "Sin Are Benhale. She writes: "Sin Are benhale the home of the highest set.""Sin Are Benhale. She writes:

newest and, may I say most desirable, additions to our home has been the ploring of the Chamberlain weather strips to doors and windows. These completely shut out the cold in win-ter and the dust in summer, without the trouble of putting up storm sash in the fall and removing them in the

HEATING THE HOUSE.

We have a hot air furnace in the basement, which is so arranged that we can heat any one room or as many as desired.

as desired. In our kitchen is placed a range, that is supplied with a top oven which I find very convenient when waiting a meal that cannot be served on time. In addition the kitchen is supplied with a dumb waiter, which goes to the basement below and is a great convenience. enience

Convenience. The pantry is closely attached to the kitchen and is supplied with flour chest, bread box. kettle cupboard, table, shelving and sink with hot and cold water

table, shelving and sink with hot and cold water. We have hot and cold water in hed rooms, buth room, kitchen, pantry and basement. The hot water is fur-nished by a 20-gallon tank attached to the kitchen rance. The water sys-tem was put in the house when first built 17 years ago, and was the first of its kind in this locality.

AN INCENTIVE TO BETTER LIFE.

This farm competition can surely have nothing but a good effect on the farming community as it brings

farm and has a tendency to elevate the standard of farm life." See front cover page, also floor plans on page 16—showing Mrs. Pen-hale's home. ...

to light the better conditions on the

17

## Hard on the Baby

Here is some advice that appeared in a paper for mothers the other day : "The hottle must be kept perfectly clean. When the babe has finished drinking it should be unserewed and laid in a cool place under the tap." One feels rather sorry for any babies the treated

thus treated. ... Renew your subscription now.





you will want a "CHAMPION" Washing Machine Fight of, The Momentum -the up-and/own struke of the Lever, which means greatest power will be will be the struke of the Lever, which means greatest power will be "CLAMPION"-will make you was to one for our home. "CLAMPION"-will make you was to one how of your dealer does not hand on the struke start. Start and the start."

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