

PREFACE.

IN presenting this, our Annual for 1882, we most cordially tender our thanks to an appreciative public for their patronage, which has rendered the past year the most eminently successful of any in the annals of our business; at the same time, we are led to believe that our success has been largely due to the intrinsic merit of our medicines, and more especially to the introduction of our now famous preparation, Burdock Blood Bitters, which, although but little more than twelve months in the market, has attained a popularity seldom observed in long established remedies, its sales having reached enormous proportions, and thousands of suffering humanity are testifying to its virtue and efficacy. In preparing this Almanac we have spared no effort to render it accurate and reliable, while its medical hints, advice, and recipes must prove of incalculable value to the people. The remedies and the recipes may be implicitly relied on. With kind regards to our patrons all,

We remain, yours truly,

T. MILBURN & CO.

Ague.

A disease brought about by malarial influences. It consists of a hot, cold and sweating stage in succession. The first thing to be done is to thoroughly cleanse the stomach and bowels, and arouse the action of the liver by antibilious purgatives. Our National Pills are useful for this purpose. During the fever, arm teas, the hot foot-bath, and other heating means may be employed; and during the intermission Hagar's Ague Remedy should be used to break the chills. Quinine given in 5 to 10 grain doses is the sheet anchor of the regular practice, but is objectionable to many. Our Burdock Blood Bitters should be taken after chills are broken, or as a preventive for those living in Ague districts.

Asthma.

The symptoms of this distressing disease are tightness across the chest, difficult breathing, and a wheezing noise accompanying respiration, worse at night or after retiring. During the paroxysm the tincture of Lobelia given in teaspoonful doses with sweetened water every quarter or half hour is considered specific, or Hagar's Yellow Oil should be freely rubbed over the throat and chest, and taken in doses of 20 to 30 drops, or more if necessary, and Hagar's Pectoral Balsam given freely to keep the bronchial tubes free, and to render expectoration easy, after the immediate paroxysm is over. Climates should be chosen where the air is dry, pure and bracing.

Abscesses

Are large sores or cavities in the flesh containing pus caused by inflammation, and are often of Scrofulous origin, liable to locate upon any portion of the body, and when upon the brain are suddenly fatal. Psoas Abscess

or Hip Disease is one of the most serious varieties. Burdock Blood Bitters is nature's true specific for all tainted with Scrofula or impure blood, and should be resorted to without delay. Sores difficult to heal, however trifling they may seem, should not be neglected. Our Burdock Healing Ointment, or the Victoria Carbolic Salve should be used as a dressing to the sore while the system is being toned and purified by the Bitters.

Biliousness and Liver Complaints.

It is the office of the Liver, the largest gland of the body, to secrete the bile, which is nature's proper cathartic. The Liver in common parlance acts as a sieve to cleanse impurities from the blood. During any irregularity of its action or suspension of its functions the bile is liable to overflow into the circulation, giving rise to Jaundice, a sallow complexion, yellow eyes, and causes many very unpleasant and troublesome complaints. Liver Complaint, as it is commonly called, may be known by this and other signs, such as pain in the region of the shoulders, irregular action of the bowels, headache, faint or sick stomach, alternate costiveness and looseness of the bowels, bad taste in the mouth, capricious appetite, etc. Treatment.

—The system should be aroused by thorough action of the bowels to carry off the overflow of bile, and our National Pills or Hagar's Pills are the best in use. Burdock Blood Bitters, the great system regulator, should be perseveringly used, and proper attention given to the diet. Fat meats and greasy food, hot biscuits, pastry, pickles, and all indigestible or highly stimulating food or drinks should be avoided, including tea and coffee. Ripe fruits may usually be taken, and mild acids, such as lemon juice or oranges, will generally be beneficial. Burdock Blood Bit-