

CURES CONSTIPATION WITHOUT MEDICINE

For The Benefit of Our Readers, We Are Pleased to Publish Prof. Midgley's Wonderful, Clean, Straight Talk, on How You Can Cure Constipation Without Pills or Medicine.

I can and do cure the worst cases of chronic constipation—cure them to stay cured, and restore the patient to a state of health and happiness such as they had never known before. I can cure constipation, no matter how bad it is. I can show you how to cure yours—if right in your own home without the use of drugs. Constipation is cured for all time when cured my way.



"You Simply Can't Cure Constipation with Pills, Powders or Potions. Force is Folly. I Tell You how to Cure Yourself Permanently at Home by the 'Midgley Way' Without Medicines."

Don't delay a moment. It matters not how many doctors have tinkered on your case, or how many pill propositions have discouraged you, my past record of success is sufficient to quickly prove that I can do what I claim. Fill out free coupon herewith and mail to-day.

Most Diseases Caused by Constipation.
Sewage of the Brain.

"When there is a backing-up in the bowels the poison is soaked up by the little capillaries on the inside lining of the bowels and all this poison is rushed right through the blood."

"It goes to the brain naturally, and to every part of the body, every organ being fed on this polluted blood, or sewage. It goes to your face in the form of pimple-poison and breaks out on the skin. It goes to your head and gives you headache and dizziness, it goes to your brain and makes you drowsy, it weakens the stomach and causes dyspepsia and bad breath, it goes to the liver and causes biliousness, it goes to the kidneys and eventually gives rise to Bright's Disease, it goes to the heart and makes it thump, it goes to the eyes and they lose their lustre, it makes your nerves flabby and weak and out-of-sorts and this is the advance agent of all kinds of disease, which you couldn't get at all if there was pure, rich, red blood flowing in your veins and your whole body was in prime condition."

Free Coupon.

Fill in your name and address on dotted lines below and mail to Prof. T. H. Midgley, 2308 Midgley Bldg., Kalamazoo, Mich., and by return mail he will send you free his 60-page illustrated book, showing the simple way of curing constipation permanently without medicine. Write plainly.

Name.....
Street.....
City..... State.....

YOUR HEART



Does it Flutter, Palpitate or Skip Beats? Have you Shortness of Breath, Tenderness, Numbness or Pain in left side, Dizziness, Fainting, Spells, Spots before the eyes, Sudden Starting in sleep, Nightmare, Hungry or Weak Spells, Oppressed Feeling in chest, Choking Sensation in throat, Painful to lie on left side, Cold Hands or Feet, Difficult Breathing, Dropsy, Swelling of the feet or ankles, or Neuralgia around the heart? If you have one or more of the above symptoms of heart disease, don't fail to use Dr. Kinsman's Celebrated Heart Tablets, the remedy which has made so many marvelous cures. Not a secret or "patent" medicine. One out of four has a weak or diseased heart. Three-fourths of these do not know it, and thousands die who have been wrongfully treated for the Stomach, Lungs, Kidneys or Nerves. Don't drop dead like hundreds of others when Dr. Kinsman's Heart Tablets will cure you. Here is a sample of what they are daily doing:

"Upon my word as a minister of the gospel I could not have lived had it not been for your Tablets. I had heart trouble severely for fifteen years and many doctors had failed. I could scarcely walk fifty steps, could not lie on my left side, had fluttering and pains most excruciating. I am now well."—W. H. Thompson, Adams, Ky.

One thousand other recent genuine endorsements will be mailed you with the free treatment.

FREE TREATMENT COUPON
Any sufferer mailing this coupon with their name and P. O. address, to Dr. F. G. Kinsman, Box 957, Augusta, Maine, will receive a box of Heart Tablets for trial, by return mail, postpaid, free of charge. Don't risk death by delay.

Temperance Talk.

Victor Ayer on Temperance.

But I believe everything on earth is here for a purpose, and I believe drink is here for a purpose. I notice that all the greatest nations are those in which intoxicants are drunk. Hence I believe that alcohol is the greatest possible benefit to a nation in the purpose it serves of killing off the weak and permitting the strong to live. It is God's hoe, with which he chops down the weeds, and lets the fit vegetation survive. In nations where intoxicants are prohibited the weeds are permitted to grow up with the fine vegetation, sapping their strength and vitality. In nations where intoxicants are drunk all the weeds are chopped out, and only the strong live. The children of the strong inherit their strength and hence that nation is bound to grow strong. God strives to improve the race of men. He employs the material at hand in developing future strength and greatness. One little human life does not count for much more than a grain of sand in His great order of things. He gives to each person the capacity to do right and be strong, but if the person weakens that capacity by his own in-adviciency and obstinacy, the quicker the world is rid of that person the better for the world. Nothing will get the world rid of such weaklings as alcohol. It hoes them down by the thousands. It has wiped out the Indians because their savage minds were not strong enough to cope with this deceptive foe. It has wiped out the savages of many islands, who had never before known of its terrors and who were not capable of combatting with it. It is the weapon that is going to solve the race problem, if the Southern states will let it remain. It will kill off the negroes, just as it has killed off the Indians of this nation, and the savages of other nations, and just as it is killing off the weak minded among the civilized people of other nations.

A person may improve his mental strength by effort, just as he may improve his physical strength by exercise, and I hope all our people will realize this truth, these facts about drink, and strengthen their minds to withstand its allurements, to avoid it as the draught of hell. It is liquid destruction, sent

by God to destroy all those who are so foolish as to tamper with it. And nothing is so awful in its destruction as that which God prescribes.

Its Artistic Work.

It is the one business that cannot be proud of its work. The humblest worker can joy at the result of his endeavors. The farmer is solaced by the fruit of his labors. The men who put thought into marble, canvas, books, every toiler who feels that he is making the world better, that his life is useful, must have the consolation this side of the grave—the consciousness of work well done. But the liquor-seller cannot take any pride in the record of years behind the bar. He must stand aghast at the finished product of his saloon. He would not exhibit the poor wretch who has, at the expense of health, ambition, moral worth, helped him on to fortune, as the thing he had assisted to turn out. And yet, in a sense it is a very artistic piece of work. As a personification of degradation, of brutish indulgence and callousness, it is a marvel of malignant artistry.

Alcohol and Work.

Dr. W. H. R. Rivers, of Cambridge University, England, has made elaborate experiments and investigations, and finds that small doses varying from five to twenty centimeters of absolute alcohol have no effect on the amount or nature of the work either immediately or within several hours of their administration.

With a large dose of forty cubic centimeters the evidence was uncertain and inconsistent. With larger doses experiments showed a larger falling off in the amount of work. In the case of mental work the evidence points to decrease, but in some instances no effect is detected, and there would appear to be great individual differences. Any pleasurable emotion excited by the injection of alcohol was excluded by Dr. Rivers' method of disguising the alcohol. Tobacco proved to have a most unfavorable effect on muscular work, and a distinguished physiologist declares that he can confirm this from his own experience. He found that the giving up of smoking had a most evident and beneficial effect on his energy and power for work.



THE HOUSE FLY IN ITS TRUE CHARACTER

This isn't a pleasant picture, is it? Yet if you had a microscope powerful enough to show you all the living malignant creatures on your table where an ordinary house fly is walking you would find conditions approximating just what is here shown. A government bulletin says that one-half pound of manure may produce 1200 flies and one load 2½ million flies. One fly carries 100,000 fecal bacteria. Never forget that every fly has his birth in decay and filth. It is quite likely he is loaded with germs of typhoid, tuberculosis, dysentery or other diseases. Remember that when food over which flies have walked is offered you.

Troubled With Backache For Years.

Backache is the first sign of kidney trouble and should never be neglected. Sooner or later the kidneys will become affected and years of suffering follow.

Mrs. W. C. Doerr, 13 Brighton St., London, Ont., writes:—"It is with pleasure that I thank you for the good your Doan's Kidney Pills have done me. Have been troubled with backache for years, and nothing helped me until a friend brought me a box of Doan's Kidney Pills. I began to take them and took four boxes. I am glad to say that I am entirely cured, can do all my own work and feel as good as I did before taken sick. I am positive Doan's Kidney Pills are all you claim them to be, and I advise all kidney sufferers to give them a fair trial. You may use my name if you wish."

Doan's Kidney Pills are 50 cents per box or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by the T. Milburn Co., Limited, Toronto, Ont.

When ordering specify "Doan's."

EYEGLASSES NOT NECESSARY

Eyesight Can be Strengthened and Most Forms of Diseased Eyes Successfully Treated Without Cutting or Drugging.

That the eyes can be strengthened so that eye-glasses can be dispensed with in many cases has been proven beyond a doubt by the testimony of hundreds of people who publicly claim that their eyesight has been restored by that wonderful little instrument called "Actina." "Actina" also relieves Sore and Granulated Lids, Iritis, etc. and removes Cataracts without cutting or drugging. Over seventy-five thousand "Actinas" have been sold; therefore the Actina treatment is not an experiment, but is reliable. The following letters are but samples of hundreds we receive.

J. J. Pope, P.O. Box No. 43, Mineral Wells, Texas, writes: I have spent thousands of dollars on my eyes, consulted the best doctors in the United States, dropped medicine in my eyes for years and "Actina" is the only thing that has ever done me any good. Before using "Actina" I gave up all hope of ever being able to read again. Had not read a newspaper for seven years. Now I can read all day with little or no inconvenience.

Kathryn Bird, 112 Lincoln Street, Milwaukee, Wis., writes: "I was troubled with astigmatism and had worn glasses from ten years of age. I could not read or write without them. In a surprisingly short time, after using 'Actina' I laid aside my glasses and I will never use them again."

E. R. Holbrook, Deputy County Clerk, Fairfax, Va., writes: "I very seldom have headache now, and can study up to eleven o'clock after a hard day's work at the office."

"Actina" can be used by old and young with perfect safety. Every member of the family can use the one "Actina" for any form of disease of the Eye, Ear, Throat or Head. One will last for years and is always ready for use. "Actina" will be sent on trial prepaid.

If you will send your name and address to the Actina Appliance Co., Dept. 84 N. 811 Walnut St., Kansas City, Mo., you will receive, absolutely FREE, a valuable book—Prof. Wilson's Treatise on Disease.

CANCER CAN BE CURED

I will gladly furnish to every sufferer positive and indisputable proof that my Mild Combination Treatment does cure Cancer.

The past ten years of my professional life has been devoted to the exclusive study and treatment of Cancer in Kansas City. I have received scores of testimonials from grateful people who will gladly write you personally of their own experience. Many claim that my Mild Combination Treatment saved their lives.

I will also furnish ample evidence of my integrity, honesty, financial and professional ability. No matter how serious your case may be, no matter what treatment you have tried,

DO NOT GIVE UP HOPE

but write for my new book, "Cancer and Its Cure," which is sent FREE together with large new book of testimonials. If you want proof get these books. They tell you just what you should do.

If you know of anyone suffering from this dread disease do them a favor by sending them this advertisement.

DR. JOHNSON REMEDY CO.
1233 Grand Ave., Suite 510 KANSAS CITY, MO.

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