

HIS LIFE RUINED BY DYSPEPSIA

Until He Tried "FRUIT-A-TIVES"
The Wonderful Fruit Medicine



MR. FRANK HALL

Wyeval, Ontario.

"For some two years, I was a sufferer from Chronic Constipation and Dyspepsia.

I tried every remedy I heard of but any success, until the wife of a local merchant recommended 'Fruit-a-tives'.

I procured a box of 'Fruit-a-tives' and began the treatment, and my condition commenced to improve immediately.

The Dyspepsia ceased to be the burden of my life as it had been, and I was freed of Constipation.

I feel that I owe a great debt to 'Fruit-a-tives' for the benefit I derived from them."

FRANK HALL.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

"SYRUP OF FIGS" IS LAXATIVE FOR CHILD

Look at tongue! Remove poisons from stomach, liver and bowels.



Accept "California" Syrup of Figs—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California."

MINARD'S "KING OF PAIN" LINIMENT

I was cured of terrible lumbago by

Minard's Liniment
—Ev. Wm. Brown.

I was cured of a bad case of rheumatism by

Minard's Liniment
—Mr. S. Kaulbach.

I was cured of sensitive lungs by

Minard's Liniment
—Mrs. S. Masters.

Manufactured by the
Minard's Liniment
Yarmouth, N.S.

CABBAGE

Dozen more of choice solid cabbage. This is our last lot. Make your arrangements now, as cabbage is scarce. per doz. \$1.50

LABRADOR HERRING

Choice large pickling herring just arrived, extra large fish, 4 for. 25c

OYSTERS, HADDIE

Choice solid oysters, shipped in sealed tins, direct from the oyster beds, per pint. 60c
Choicest finnan haddie, per lb. 20c
Choicest homeless haddie, per lb. 25c
New cod fish, 1 lb. pkg. 20c

SCHELL BROS.

A. J. BOCK

Taxi

Phone 785.

FALL STABLE CLEAN-UP

The Health and Comfort of Live Stock Demand It.

Need of Ventilation, Light and Cleanliness to Avoid Tuberculosis and Other Diseases—Use Whitewash, Whether Sprayed or Brush-handled, and Brighten Interior.

(Contributed by Ontario Department of Agriculture, Toronto.)

THE observance of the laws of health, so vital to the well-being of man, is regarded even in this enlightened age, with considerable indifference in the treatment of animals upon whose good health that of man himself depends to a considerable degree. That animals are not more affected by disease, of some form or another, to a greater extent, is purely providential, for the sanitary conditions under which they are often reared is of the worst. Why this apathy concerning the state of the stables, in which frequently valuable animals are housed, is difficult to understand, since cattle, any more than man, cannot maintain their health and vigor for long in such unfavorable conditions; yet the stockman who keeps cattle for profit must know that to gain maximum returns for his investments and trouble, and to guard against loss from disease and death reasonable care and comfort and sanitary conditions are necessary.

The first considerations to this end are ventilation, light and cleanliness. These essential elements of sanitation should be attended to at least once every year. This may be most conveniently done during the early fall before the cattle are housed for the winter. Effective ventilation is required to carry away the foul air and maintain constant and adequate supply of fresh air. The window space should be ample so that every corner of the interior may be flooded with light and sunshine, the source of health and destroyer of germs. Dirt and filth make productive breeding places for insects and bacteria. Cleanliness gets rid of conditions which produce them and prevents the possibility of infection and contagion, reducing possible loss from disease to a minimum. That much-dreaded disease, tuberculosis, is in a measure the product of dark, dirty, ill-ventilated stables. It is caused by organism or germs gaining entrance into the animal's system with the food. It is not easy to detect, and usually when symptoms become evident it is too late to apply any remedy, hence the necessity of making every effort to secure and maintain sanitary conditions in the stable. Every fall, then, the stable should be systematically cleaned; cowbells swept from wall and ceilings, accumulated dirt and debris cleared from manger, trough, window-sills and all recesses in walls; the fresh air intakes and foul air outlets put in order; fill all cracks and holes in floor and walls with cement; replace all broken glass in windows and clean them; disinfect the whole stable thoroughly with some good disinfectant, such as chloride of lime, crude carbolic acid, or zenoleum, which can be easily applied with a scrap pump or a watering can with a fine nozzle. Give particular attention to pens or stalls which have been occupied by stock suffering from contagious disease or have been used by animals during parturition.

Then prepare your whitewash and don't postpone it because you do not possess a barrel spraying outfit. The whitewash brush is an effective and efficient tool—use it. Small brushes are best and may take you a little longer time to do. There are many good whitewash recipes. President Grant used the following to whitewash the White House in Washington: Take a bushel of unslaked lime, slake with warm water, cover it during the process to retain the steam, strain the liquid through a fine sieve or strainer; add a peck of salt, the same previously well dissolved in warm water, add three pounds of ground rice boiled to a thin paste and stir in boiling hot, add one-half pound of glue which has been previously dissolved over a slow fire and add five gallons of hot water to the mixture; stir well and let it stand for a few days, covering it up to keep out dirt. It should be put on hot. One pint of the mixture, properly applied will cover a square yard. There is nothing can compare with it for outside or inside work and it retains its brilliancy for many years. Disinfectant may be added or coloring matter may be put in and made to any hue desired.—Prof. J. Evans, O. A. College, Guelph.

Live Stock Scarce In Europe.
France has 2,366,000 fewer cattle than in 1914; Italy, 996,000; Denmark, 345,000; Sweden, 599,000; Germany, 2,200,000; and Austria-Hungary, considerable. These figures alone show a decrease of 6,366,000 head of cattle and many countries which have suffered are not named. The sheep decrease in France, Italy, Denmark, and Holland alone is over two and one-half millions, and in pigs there has been a wholesale decrease to the number of 24,952,000 in France, Italy, Denmark, Sweden, Holland and Germany. Denmark, Canada's strongest competitor on the British bacon market is 1,873,000 short of a normal supply of pigs. Germany is 19,396,000 short of her 1914 hog population.

These figures should prove interesting to the Ontario live stock breeder. Reserves of food material in the world are very low. Stock with which to increase these reserves is not up to normal numerically. Indications are that a good demand must continue for the finished product of the farm.

Bill Brennan, the Chicago heavyweight, is after a return match with Champion Jack Dempsey. A broken ankle forced Bill to quit in the seventh round of his previous meeting with Dempsey.

Walter Coffey, who was a popular boxer around New York a few years ago, tried to make a comeback in Australia recently, but he did not meet with any great measure of success in his attempt.

The Cough Syrup that Stops the Cough

NADRUCO Syrup of Tar with Cod Liver Oil Compound

A pleasant yet most efficient cough medicine; its soothing effect on raw and husky throats is felt almost instantly. It strengthens the breathing and makes expectoration easy, and quickly cures the most stubborn cough.

Contains no harmful ingredients and can be given with confidence to infants and children. The genuine is in a Red Box with Na-Dru-Co trademark.

Manufactured by National Drug and Chemical Company of Canada, Limited.

LIGHT AND HEAVY SHOEMAKER WANTED

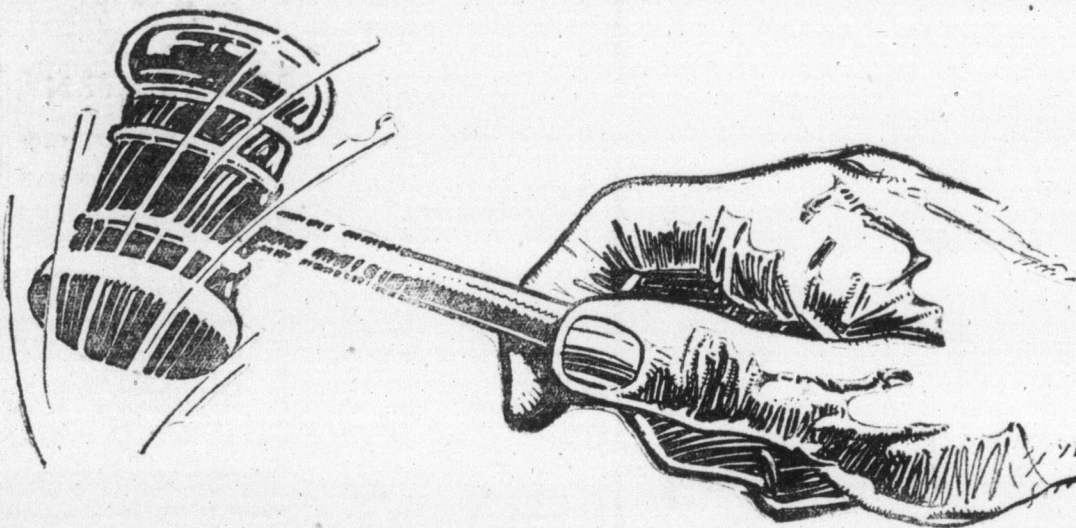
Also girls for Quarter Room. Experience not necessary for we are prepared to take beginners.

Very good wages paid while learning.

Apply

Merchants Rubber Factory.

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BUY TO-DAY—Get in before the hammer strikes at midnight and your opportunity is gone to buy Victory Bonds.

BUY TO-DAY—Get in now before you have lost your chance to buy Victory Bonds—they insure good times and good wages.

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Issued by Canada's Victory Loan Committee in co-operation with the Minister of Finance of the Dominion of Canada.