## POOR DOCUMENT

## MC 2035



## DAY, SEPTEMBER 30, 1922

## 

## An Old Friend

Nothing is more natural for the woman who bakes her own bread than to compare Royal Yeast Cakes to an old friend that has been tried and tested under many and varying conditions. They both respond to the demands made upon them in such a way that she knows they can always be relied upon. Royal Yeast Cakes have been the Standard Yeast of Canada for over 50 years and have never failed to meet the most exacting requirements.

Good home made bread is the finest food on earth. Statistics show that bread eating countries produce the sturdiest races of people. Bread is the one food which perfectly combines in itself all the elements which give strength to the body

> ROYAL YEAST CAKES MAKE PERFECT BREAD

Bread made with Royal Yeast will keep fresh and moist longer than that made with any other

> QUICK IN ACTION RELIABLE IN RESULTS SANITARY

Royal Yeast Cakes are packed in individual air tight wax paper wrappers, thus protecting them from all forms of contamination.

E. W. Gillett Co. Ltd.

Toronto, Canada.
Winnipeg.
Montreal.


