POOR DOCUMENT

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EVENING TIMES-STAR MAGAZINE PAGE FOR



ping with the adventure in which I had had a hand. I felt puzzled. How was it that Mrs. Gold's Nursing Home lay in Guelf street? Then I remembered that the next turning on the left was Royal Place, which is the address of the home. I was standing before the back door. Well, I had come so far; I had better face the trouble. Perhaps it was too late to repair what I had done. So I mounted the steps, and with a trembling hand rang the bell.





BY DR. CLIFFORD C. ROBINSON NURSING THE INFANT

If mothers follow the plan of carefully using a regular schedule for nursing periods, much better results, both in infant growth and contentment as well as the condition of the mother in well, nutritional breasts and normal milk supply, will follow. In many hospitals and community homes, where regular time period feedings have been carefully carried out, the following plan has been found most satisfactory:

In infants of eight pounds and above, five to six nursings in 24 hours.

In infants between seven and eight poungs, six nursings in 24 hours.

In infants between five and seven pounds, seven or eight nursings in 24 hours.

In infants below five pounds, seven or eight nursings in 24 hours.

A well-developed, healthy, thriving nursing baby should, under ordinary condition, go through the night (from 10 p.m. to 6 a.m.) without being fed.

Nursing mothers will do well to try

and put this programme in use at the earliest possible time. Don't delay, as the longer you put it off the more difficult it will be to induce baby to think well of it. Of course, undeveloped, period in fellow in pursing a verages through a period of three years, I find that the average infant usually takes, while nursing in the first two or three weeks, from six to ten ounces a day. After this time, there is a marked increase. The rule seems fairly constant that the baby should receive of breast milk, in each 24 hours, two times as many ounces as his weight in pounds.

This will necessitate the weighing of the infant each day, to correctly determine the proper growth in weight. The well-being of your baby depends on the amount of food digested and assimilated, not on the amount fed.

When infants on the completion of the ninth month.

ADVENTURES OF THE TWINS

By Olive Roberts Barton



Daddy Gander Land was up at 6 in order to get an early start.

And you may be sure that things at home got little more than a lick and a promise as far as work went. Breakfast dishes were washed and dried without rinsing and stuck away in cupboards. Beds were made up as lumpy as anything and half of them weren't so much as aired. And as for sweeping! Well, I may as well tell you right here that there was no sweeping done at all outside or in!

And by 9 o'clock everybody was off to the Market Town Fair, from Mother Hubbard's dog to the five little pigs.

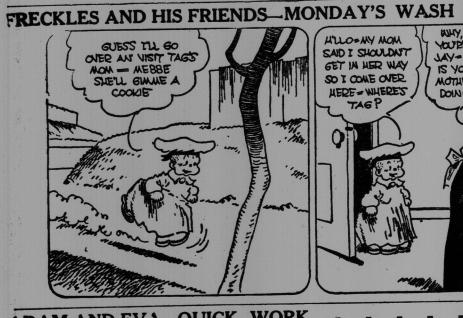
Nancy and Nick liked the Ferris Wheel and they were having such a gorgeous time that houses and housekeeping were as far from their minds as China.

Nebedy noticed a little shadow pass

China.

China.

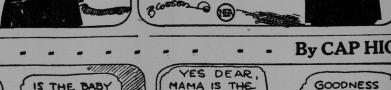
Brazil's senate recently passed a strict newspaper censor law.











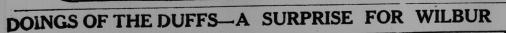




















My Experience is that DR. CALDWELL'S LAXATIVE SYRUP PEPSIN Is just what you need

This Will Make Digestion Easy torpid liver, sour stomach, bilious-ness, coated tongue, offensive breath, headaches and such ailments that indicate deranged stomach and bowels. Many serious diseases are prevented by this timely aid.

What the dyspeptic needs is not soda and charcoal and breath perfumes but a medicine that will help his bowels to move regularly, for dyspepsia and constipation are allied. If you will take Dr. Caldwell's Laxative Syrup Pepsin systematically as the directions on the package call for you will soon digest your food properly and pass it out normally, and heartburn, belching, dizziness, nervousness and bloating will vanish. In time you can dispense with all medicines as Laxative Syrup Pepsin will have exercised the intestinal and stomach muscles so they act for themselves. Mr. E. N. Gagni, 338 St. Patrick St., Ottawa, Ont., Mrs. Uhriah Stewart of Crousetown, N. S., and hosts of others will verify this.

World Acclaims Success

Dr. Caldwell's Laxative Syrup Pepsin is the prescription of a well-known physician of that name who practiced successfully for 47 years. It has been on the market.

"Syrup Pepsin," 24 Caldwell Bldg.," "Syrup Pepsin," 24 Caldwell Bldg.," "Syrup Pepsin," 24 Caldwell Bldg.,"